

Mazingira Bora



TIST

The International Small Group & Tree Planting Program

www.tist.org

English Version

An Environmental, Sustainable
Development and Community Forestry
Program.



Athi TIST Cluster during their monthly cluster meeting day last month.

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TIST: Your Legal Concerns Answered.

TIST has partnered with Bowmans Law Firm to answer legal questions and receive advice that may improve the lives of TIST farmers. If you have a question that you think may be appropriate, please email it to martinweru@tist.org, or send it to the Kenya Leadership Council through your Cluster Servant. Please look for more questions and answers in upcoming Mazingira Boras.

Some of the questions that have been asked by TIST participants are discussed herein below. You can send to us your questions as well.

Question:

As social media becomes more common, what are some steps we can take to protect ourselves?

Answer:

The use of social media exposes users to certain risks, data protection and loss being key. Some of the precautions TIST can take include:

- giving administrative rights to TIST social media platforms to persons who are known to the organisation;
- exercising caution when sharing information online, taking care not to post inaccurate or misleading information;
- keeping confidential any personal information shared by users through social media platforms (such as addresses and phone numbers), and using it only for the intended purpose;
- sending critical or private information directly to intended recipients, without posting such information in a group forum; and
- reporting any suspected criminal activity to the police for investigation.

Question:

What is the process of registering a company, co-operative society or SACCO?

Answer:

1.1 Registration of a company

The procedure for the incorporation of a company in Kenya is as follows:

- **Name reservation:** An application is made to the Registrar of Companies (Registrar) to search and reserve the proposed company name. This application is made online via the eCitizen portal. The cost of each name search and application is KES 150 per name. When approved, names are valid for use within 30 days of the reservation of the name.
- **Registration:** Once a name has been reserved the applicant may proceed to fill the online application and register the company.

The requirements for registration are:

- a. **Articles of Association** – a company can opt to adopt the model articles, as prescribed by the Companies Act, which provide that the objects of the company are unlimited, or it may adopt its own set of articles and prescribe specific objects within the articles if it so wishes.
- b. **Executed Application Forms** – the system will generate forms for signature based on the information provided by the applicant. For this purpose, the applicant will need to complete names and addresses of the directors and shareholders, and upload scanned copies of identification documents, PIN certificates and coloured passport photographs.

The applicant then pays the registration fee of KES 10,650 and submits the application for review by the Companies Registry. Registration of a company typically takes between two to three weeks from the submission of the relevant documents.

1.2 Registration of a co-operative society or SACCO

The process of registering a co-operative society in Kenya entails submitting an application to the Commissioner for co-operatives, in the prescribed form, accompanied by four copies of the proposed by-laws of the co-operative.



Note that a proposed co-operative must:

- I. have as its object the promotion of the welfare and economic interests of its members
- II. incorporate the following principles in its by-laws: voluntary and open membership, democratic member control, economic participation by its members, autonomy and independence, education/training and information, co-operation among co-operatives and concern for the community in general; and
- III. comprise of at least ten (10) qualified persons (i.e. at least eighteen (18) years of age, engaged in an occupation that falls within the category for which the co-operative is formed, and is resident or owns land within the area of operations of the society.

If the Commissioner is satisfied that a society has complied with the registration requirements and its proposed by-laws are not contrary to the Co-operative Societies Act, he may register the society and its by-laws and issue a certificate of registration.

The Rains Have Come - Time to Plant Many More Trees.

Preparing seedlings for transplanting (Hardening Off)

Now that the rains have come, seedlings need to be planted out. It is important this month to make sure that seedlings will be ready to be moved from the nursery and planted in the field.

Seedlings first need to be prepared for the harsher conditions of the field. If seedlings were properly looked after in a nursery, they may have received more water and shade than they would have, once they have been planted. Gradually reduce the watering and expose the seedlings to full sunlight to make this transition successful.

Characteristics of good seedlings.

As a general guide (remember different species have different characteristics) good seedlings for planting out have the following characteristics:

- ✓ The shoot should be twice the length of the roots or the pot.
- ✓ The stem should be strong and woody.
- ✓ The seedlings should have many thin roots in addition to the main roots.
- ✓ Many seedlings will achieve these characteristics two months after germinating.

Transplanting

- Transport the seedlings in an upright position
- Mark out a circle with a diameter of 30cm in the field
- Remove the topsoil and place in a pile

- Remove the next soil layer to a depth of 30cm and place in a separate pile
- Put in a 5cm layer of grass (dry grass in rainy season, fresh grass in dry season called mulching). Some groups add manure as well.
- Remove the seedling from the polythene bag; do not break the earth-balls around the roots
- Place the seedling in the hole
- Replace the topsoil first, then the second soil layer
- Some groups do not fill the hole completely, but leave a gap of a few cm. This helps the rain-water enter the hole and infiltrate the soil.
- This can be especially helpful in dry areas
- Any remaining soil can be placed in a mound on the downhill side of the seedling. This will help trap any rainwater and divert it into the hole.
- Water the seedling

Also, remember that to give your seedling the best chance of survival you should plant them 3m-4m apart. If you plant them closer together then the seedlings will not get all the water, or soil nutrients, they need because there is much competition. They will become weak and may die, so follow the best practice of a spacing of 2.5-3m.

Where trees are closely spaced, TIST does skip count with a spacing of 2m. In tightly spaced trees, (less than 2 m), it is advisable for the farmers to continue thinning trees for firewood, or fodder, as trees mature and canopies get thicker.



Growth in TIST: Is your Cluster and Small Group Growing?

TIST Vision is to empower Small Group members to reverse the devastating effects of deforestation, drought, and famine through identifying local sustainable development goals that include tree planting, sustainable agriculture, health education and nutrition. TIST also strives to provide long-term revenue for the Small Group participants through the sale of greenhouse gas credits (GhG).

The individual growth of a Small Group is paramount. It is the desire of TIST to see each individual member of a Small Group reap TIST benefits that help raise their livelihoods and income. Through tree planting, a number of TIST farmers have reported to have earned more income, or made household savings through selling of fruits, firewood, fodder for livestock, honey, increased soil fertility and biodiversity, and improved water level in our streams. In practicing Conservation Farming, a significant number of farmers have witnessed increased crop harvest, more soil fertility, reduced soil erosion, and less farm labour, among other benefits. Health and nutrition education has helped many household take preventive measures against diseases and nutritional deficiency issues. Further, through TIST energy saving jiko, many families have made significant savings in wood fuel, as well as in reducing indoor smoke pollution.

Growth in your Small Group?

Your Small Group should now sit down and evaluate its growth since joining TIST. How many trees have you planted? How many of those trees are fruit and indigenous? How many farmers in your group have practiced Conservation farming? How were the results in comparison with conventional farming? How many members have the TIST clean and energy saving jiko? Have any of your group members done a raised seed-bed? How are the results?

What goals do you have for this coming rainy season? How many additional trees are you going to plant? How many plots of CF are you preparing? How many raised-seeds and seedlings do you require for this coming rainy season and the next? What other goals do you have?

Remember, for a Small Group to be profitable for its members, it should plant more than 5,000 trees within the first five years of joining TIST.

Please prepare your Small Group report and present to other groups in your next Cluster meeting. Ask for help and ideas from other Small Groups to improve your **Action Plan for growth with goals (Conditions of Satisfactions - COS)**.

Growth in your Cluster?

At your Cluster meeting, please evaluate your growth as well. How many trees does your Cluster have? How many Small Groups have been registered? How many additional trees have been planted each year? How many CF plots have been done this and last season? How many farmers are doing CF, honey, riparian, fruit trees, stoves, raised-seed beds?

What are your goals for this year? How many additional trees, CF, energy saving stoves, raised-seed beds, fruit and indigenous trees? What other goals do you have?

In Quantification, how many of your Small Groups have been quantified in the last 18 months? What are your plans to get every Small Group quantified within 18 months period?

In Small Group payments, how many groups have received tree incentives? How many are qualifying for tree incentives, having achieved more than 500 trees, has signed GhG contract agreement form and has been quantified in the last 18 months? How many are not qualifying? What are the reasons for not qualifying? How are you going to help or encourage those not qualifying? What are your Conditions of Satisfactions / goals in Small Group payments?

Cluster leaders are requested to work with your Cluster Servant to prepare a report and an **Action Plan for growth with goals (Conditions of Satisfactions - COS)** and present it in the next Cluster meeting and further to the GOCC.



The Importance of Trees.

Trees are very important for environmental and material reasons:

A. Environmental improvement:

- Trees cover soil, which protects it from wind and water erosion.
- Leaves and twigs fall to the ground and provide the soil with extra nutrients.
- Trees increase soil moisture by covering the soil and hence reducing evaporation.
- Tree roots help bind the soil and therefore reduce erosion.
- Tree roots also help water to enter the soil and improve underground water circulation.
- Trees improve local weather conditions by increasing the amount of water vapor in the air (increased humidity).
- Trees improve air quality by absorbing carbon dioxide and releasing oxygen.

- Trees provide shade and shelter.

B. Material and nutritional value:

- Construction materials (furniture, posts, fences, rope etc.)
- Fuel wood
- Medicine
- Food/fodder

These benefits are really valuable for farmers and for the world. A recent survey of TIST farmers in Kenya showed that the value of fruits, nuts, fodder, and firewood from trees they have planted in TIST and improved yield from using Conservation Farming averaged almost 37,000 shillings per farmer. It's harder to put a value on the benefits of cooler, moister soil, cleaner air and some of the other benefits of the work we do in TIST, but we feel it on our farms every day.

Promoting tree planting is of great importance to the community. Imagine what we can do when we plant more together!

Controlling Mosquitoes.

During wet seasons, malaria infections become common. Mosquitoes, which are responsible for the spread of malaria pathogens, breed fast. It is important to look after your homes to reduce the presence of mosquitoes.

These steps can help:

- Clear your compound of any unwanted bushes or grasses

- Drain away any stagnant water near your compound; stagnant water provides breeding ground for mosquitoes.
- Clear away any leftover food over-night
- Keep rubbish outside the house in a covered container or rubbish pit
- Sweep your house and compound daily
- Remember to use mosquito nets when possible



Kujengana: Don't miss the blessing for your Small Group and Cluster.

Kujengana is a very important part of your Small Group weekly meeting. It says in Ephesians 4:15,16 that we are to build each other up into the fullness of Christ. Each person in your TIST Small Group brings his or her own special talents and gifts to the entire group. One of the wonderful things that happen in the Small Group is recognizing, sharing and using those God-given talents.

Kujengana is a way to let those talents be seen and be used. There are two parts to Kujengana:

- Before the closing prayer, every person in the group says **one specific, positive thing** that the leader did at that meeting. For example: they smiled, kept to time, made good plans, encouraged all group members to speak, greeted me and made me feel welcome, pointed out something that was going very well in the meeting or in the work the group was doing, etc. Each member needs to say something different. This is not optional. Everyone gives Kujengana to the servant leader. Some groups also give Kujengana to the co-leader.
- In addition, if someone sees a gift shown by the leader, a group member can also say that.

With Rotating Leadership, each week a new leader will receive Kujengana. Through Kujengana, we encourage each other on the good things that week's leader did in the meeting and the talents the person showed. Kujengana is also the way we learn to look for positive things about people and then say them. We all need to train our tongues to say the positive. In addition, the whole group learns what that group thinks is important in a servant leader. The next leaders will benefit from what they have heard in Kujengana about previous leaders and know what the groups think is important in being a servant leader.

In response to Kujengana, that week's servant leader just says, "Thank you" after each group member's specific, positive statement. There is no discussion about how it could have been done better, or differently. Often, the person is happy when he or she is told the good things he or she did during the meeting. Sometimes we learn things about ourselves we didn't know! Kujengana helps the leader on that day recognize his or her talents and keeps on using them. Kujengana also helps the Small Group because all the members improve their servant leadership as they learn. Kujengana is a double blessing!

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Clusta ya TIST ya Athi mweri muthiru bari mucemano.

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TIST: jiuria jegie watho kugwata macokio.

TIST ni igwatanirite na n Bowmans Law Firm nikenda yomba gucokia biuria bionthe biegie watho na nkinya yomba kugwata mataro jaria jaumba gutetheria kuthondeka mituririe ya arima a TIST.uUkethirwa wina kiuria ukuthugania ni kia gitumi,tuma kiri martinweru@tist.org, kana utume kiri atongerria ba Kenya Leadership Council gukurukira mutari wenu wa miti jawe Cluster Servant. Geria ucue biuria biingi na macokio kiri ngatheti iji jia Mazingira Bora. Biuria imwe iria biuritue ni amemba amwe a TIST nijiariritue aja. No ututumire biuria biaku nkinya gwee.

Kiuria:

Nandi uria mitandao ituikire ya gutumirwa muno,Ninjira iriku tugatumira kwigitira?

Macokio:

Utumiri bwa mitandao iji ni ikaga atumiri bayo kiri thina imwe,utumiri bwa data na nkinya gwita acara.Imwe jia njira iria TIST igutumira ni ta iji:

- Kunenkeria rutha antu baria baijikene ni TIST kiri Mitandao ya TIST bonka;
- Kugijaga na umemenyeri bu nene riria ugutuma ntumiri kiri mitandao,kumenyeera utatuma ntumiri iria iti jia uuma kana ntumiri yumba kuangaratania ;
- Kwiga bweega nteto jia o muntu iria jikagirua kiri mitandao ja(namba jia posta kana ji thimu) na gutumira aria onka ikwendekana ;
- Gutuma nteto cia gitumi kana cia ciri aria onka ikwendekana,nteto ja iu itigutumwa kiri mitandao ya ikundi ; na
- Kuthitanga untu bunthe bwa ki wamba kiri borici nikenda buthingatua.

Kiuria:

Ni njira iriku ithingatagua kiri kuandikithia kambuni,co-operative societi kana SACCO?

Macokio:

1.1 Kuandikithia Kambuni

Njira ya kuandikithia kambuni aja Kenya ni ta iji:

- **Gucua Riitwa:** Iromba ritumagwa kiri andikia ba makumbuni (Registrar) nikenda bacue na baige kanya ritwa riri.Iromba riri ritumagwa gukurukira mitandao jayo ya eCitizen.Marihi ma gucua o ritwa na iromba ria kwandikithia ni ksh 150 o riitwa.
Ja kurukua,maritua mam no jatumike ntuku 30 cia thira kuuma ntuku ya gucua riitwa riri.

- **Kuandikia:**

Riria ritwa rietikirika uria ukwenda kwandikithia kambuni no athii na mbere kwandikithia kambuni kiri mitandao na andikithie kambuni yake.

Jaria jendekanaga kiri wandikithia ni:

- a. Gicunji kia Gwataniro-kambuni no ithure kujukia icunji iria jiiitikiritue kiri watho wa Companies Act, iria yugaga ntumiri jia kambuni nijio jii na inya nkuruki kana no ithure icunji ciayo na yonanirie ntumiri ciayo kiri icunje oo uria ikienda.
- b. Fomu cia kwiandikithia-mitandao ikaruta fomu jia saine kuringana na ntumiri iria iejanitwe.Nontu bwa gitumi giki uria ukwandikithia kambuni akendekana kuejana maritwa na nkinya kuria directors na shareholses baumite na atume kiri mitandao copy ya kwimenyithania,PIN certificate na mbica.

Uria ukwandikithia kambuni akina riaha ksh10,650 na akina iromba riri kiri Companies Registry. Wandikithia uu wa kambuni ujukagia wiki 2-3

1.2 Wandikithia wa Co-operative society kana SACCO

Wandikithia bwayo Kenya bwendaga gutuma iromba kiri Commisioner wa Co-operatives kiri fomu iria jendekanaga amwe na copy inya jia mawatho ma co-operative.



Ririkana co-operative no nkinya:

- i. Mubango wayo uria munene withirwe wi gukiria na kumenyeera mabataro ma amemba.
- ii. Yongerere mauntu jaja kiri mawatho: kwirutira na amemba kwi endera kwi andikithia, amemba gwita democratically, amemba gukura ki mbecha, na nkinya kuumba kwi rungamira, kuthomithua na kuwera ntumiri na gutegeza mabata ma community na

- iii. Nonkinya ithirwe ina antu 10 bathomelete ngugi na bena miaka 18 na be aturi kana bena miunda kiri ntuura iria society igwitira ngugi

Commissioner eganira ni mauntu maria society yareta jegie wandikithia na mawatho jayo ni jagwitania na co-operative societies Act no andikithie society na mawatho jayo na akanenkanira Certificate ya kwiandikithia.

Mbura ikwija- Ni igita ria kuanda miti ingi imingi.

Kuthuranira miti iria iumithitue ithamua ita muundene (Kumithithia uria ikomba kuumiria muundene)

Nandi niuntu mbura ikwija, miti iria iumithitue nigwiia kuandwa ome ya munanda. Burina bata mweri juju kumenyeera ati miti iu yaku iri tayari kuthamua kuuma munandene iandwa muundene. Miti iji iumithitue mbele nikwenda kuthuranirwa niuntu bwa mantu jamomu nkuruki naria muundene. Kethira miti nithiritwe ikimenyagirwa bwega munandene, no ithirwe ikiiri ruuji na kirundu gikingi nkuruki ya kiria kiri muundene yarikia kuandwa. Mpari mpari nyiyia ruuji ruria ukumikiira na umirugurire riu rionthe nikenda yumba gukara bwega yathama.

Miti ya kuanda iria miega ithagirwa irina jaja

Ta njira ya kawaida (ukirikanaga mithemba mwanya irina mantu mwanya) miti imiega ya kuanda niithagirwa irina jaja:

- Gitina kiria kiumirite kithirwe kiri na uraja bwa miri kana mubuko jairi
- Gitina kithirwe kirina inya na kiri gikiumu
- Miti ithirwe irina miri imiceke imingi na imwe iminene
- Miti iria mingi nikinyithagia mantu jaja na igita ria mieri iiri yarikia kuuma

Kuthamiria miti muundene

- Kamata miti irungi
- Maka kithiururi kiri na warie bwa 30cm muundene kana aria ukwenda kuanda
- Rita muthetu jwa iguru na urikire amwe
- Rita muthetu jou jungi mwanka 30cm kwinama na urikire muthetu juju angi.
- Ikira nyaki centimeter ithano (nyaki imbumu riria gukuura, nyaki itiumi igitene ria uumu)
- Rita muti mubukone. Ukagwithia muthetu jou jugwatene na miri.
- Ikira muti kirinyene
- Cokia muthetu jwa iguru mbele, riu jou jungi jwa iiri
- Ikundi bimwe bitiujuragia kirinya buru, indi nibatigaga kanya ga cm inkai. Bubu nibutethagia ruuji rwa mbuura gutonya kirinyene na kwou gutonya muthetune. Bubu nobutethie mono mono naria kuri gukuumu
- Muthetu jungi juria jumba kwithirwa jutigere nijwikagwa na kibango bwagaiti ya muti. Juju nijugwatagia ruuji rwa mbuura na jukarutongereria gutonya kirinyene
- Ikira muti ruuji.

Ririkana kinya ati nikenda ua muti kanya gakanene ga gukura nuubati kuanda utarenie meter ithatu gwita inya. Waanda ikwianiritie nkuruki miti itikinyirwa ni ruuji na irio biria ikwenda nontu kwina gushindana gukwingi. Ikaaga inya na no ikue, kwou thingata mwitire jumwega buru jwa gutarania na meter ijiri na nusu gwita ithatu.



Gukura ndeene ya TIST: Cluster yenu na ikundi bienu biniini ibigukura?

Kioneki gia TIST ni gwikira inya amemba ba ikundi biniini gutetheria gucokia na nyuma mantu jamathuku jaria jaretagwa ni gutema miti, mpara na thano gukurukira gutegera njira injega cia gutetheria gukuria ntura cietu na mworoto ya waandi bwa miti, urimi bubwega, kithomo gia ugima bwa mwiri na irio bibiega bia mwiri. TIST nigeragia kwejana mbeba iria iriagwa nyuma ya igita kiri arimi ba ikundi biniini gukurukira wendia bwa marandu ja riera ria C a r b o n kuuma kiri nyomba cia waandi cia marataci.

Gukura gwa ogikundi kiniini kuri na gitumi gikinene. Ni wendi bwa TIST kwona o mumbemba wa gikundi kiniini nakwona mawega jonthe ja TIST gutigiira bagukiria uturo bwao na mbeba ciao.

Gukurukira waandi bwa miti arimi babaingi ba TIST nibaringite riboti mpongeri ya mbeba ciao kana uria batigaragia mbeba inyingi gukurukira wendia bwa mbegu cia miti, matunda, nku, iria ria nyomoo cia ndithia, naincu, mpongeri cia muthetu jumunoru na mpongeri cia kithimi kia ruuji miuro yetu. Kiri urimi bwa kurigiria, arimi babaingi nibonete mpongeri ya maketha, mpongeri ya muthetu jumunoru, kutauka kwa muthetu gukamatwa ni ruuji, kunyiya mbeba iria itumirikaga kiri kurima miunda amwe na mawega jangi jamaingi. Kiri kithomo gia ugima bwa mwiri na irio bibiega, nigitethetie nja inyingi kumenya njira inyingi cia kurigiria mirimo na kwaga irio bibiega. Ogukurukira TIST na njira ya riko riria rititumagira nku inyingi, nja inyingi nicithithitie mpongeri cia mbeba cia gwika kiri kugura nku na makara jakuruga amwe na kuthiria togi nyomba.

Gukura gwa Gikundi Kienu Kiniini?

Gikundi kienu kiniini kibwiri gukara nthi na gutega gukura kwenu kuuma bugutonya TIST. Ni miti ing'ana bwandite? ni miti ing'ana kiri iria bwandite iri ya matunda na ing'ana iri ya gintwire? Ni arimi banga'na kiri gikundi kienu bathithagia urimi bwa kurigiria? mpumi cienu ciringathanitue na urimi buu bungi ikari atia? Ni arimi bang'ana bari na riiko riritheru riti ria gutumira nku inyingi? Kuri na arimi kiri gikundi kienu bathithitie munanda jukiritue? Mpumi ikari atia?

Ni mworoto juriku buri naju igita riri ria mbura rijite? Ni mathithio jariku bukajukia kenda bwona mawega jamaingi ja amemba ba gikundi? Ni miti ing'ana mpongeri bubangite kwaanda? ni tumiunda tung'ana twa CF bukuthuranira? ni mbegu

ing'ana cia minanda yukiritue bukeenda niuntu bwa mbuura iji ijite na iu ingi? Ni mioroto iriku ingi buri nayo?

Rikaneni, kenda gikundi kiniini kiona baita kiri amemba bakio, kibwiri kwaanda nkuruki ya miti ngiiri ithano (5,000) ndeene ya miaka itano ya gutonya mubangone jwa TIST. arimi baria baingi ba TIST batiromba gukinyira mworoto juu indi babaingi ibakinyirite mworoto juu.

Nibukurombwa kuthithia riboti ya gikuundi kiniini na kumireta na kumionania kiri ikundi bingi kiri mucemano juu jungi jwa Cluster. Burie utethio na mathuganio ja ikundi bingi biniini kenda butethia mubango na mworoto jwenu jwa witi na mbeere na gukura (**Action Plan for Growth with goals (Conditions of Satisfaction – COS)**)

Gukura Ndene ya Cluster

Kiri Micemano yenu ya Cluster, nibukurua butegere gukura kwenu kinya ku. Ni miti ing'ana Cluster yenu iri nayo? Ni ikundi biniini bing'ana biciandikithitie? Ni miti ingana mpongeri bwandite omwaka omwaka? Ni timiunda tung'ana twa CF buthithitie sisoni iji na iria nthiru? Ni arimi bang'ana bakuthithia CF, naincu, miti ya matunda, mariiko na minanda yukiritue?

Ni mioroto iriku buri nayo mwaka juu? Ni miti ingana ya mpongeri, CF, mariiko ja kwonokia mwanki, Minanda yukiritue, na miti ya matunda naya gintwire? Ni mioroto ingi iriku buri nayo?

Kiri utari, ni ikundi bingana bitariri miti ndene ya mieri ikumi na inana (18 months) ithiri? Ni mibango iriku buri nayo ya gutigira ati ogikundi kiniini ni gitari ndene ya mieri ikumi na inana (18 months) ijite?

Kiri marii ja ikundi biniini ni ikundi bing'ana biamukirite marii ja miti? Ni bang'ana bagwitikirua kuwera marii jaja barikitie gukinyithia miti nkuruki ya Magana jatano (500) na basaina witikanario bwa GhG na batarirwa ndene ya mieri ikumi na inana ithiri? Ni bang'ana baitigukuruka? Ni mawatho jariku bwikirite kenda jaingua na mioroto ya marii ja gikundi kiniini?

Atongeria ba Cluster nibakurua kuritaniria ngugi na ariti ngugi ba Cluster na bathuranire riboti ba mubango na mworoto jwenu jwa witi na mbeere na gukura (**Action Plan for Growth with goals (Conditions of Satisfaction – COS)**) na buminenkanire kiri mucemano juu jungi jwa Cluster na bumitume kiri GOCC na atongeria ba kancu.



Bata ya miti.

Miti iri bata mono niuntu bwa mantu jeienaria gututhiurukite na biria tutumagira:

A. Kuthongomia naria gututhiurukite:

- Miti nikunikagira muthetu, untu buria buebithagia gukamatwa kwa muthetu ni ruugo na ruuji.
- Mathangu na maang'i nijagujaga muthetune na jakongeera irio muthetune
- Miti niingiagia ruuji muthetune gukurukira gukunikira muthetu na kwou kunyiyia gukamatwa kwa ruuji ni riuu.
- Miri ya miti nitethagia kugwata muthetu na kwou kunyiyia gukamatwa kwa muthetu.
- Miri ya miti nitethagia kinya ruuji gutonya muthetube na kwou kuthongomia kuthiuruka kwa ruuji nthiguru ya muthetu.
- Miti nitethagia kutongomia rera ya aria iandi gukurukira kwingiyia ruuji ruria ruri ruugone.
- Miti nithongomagia uthongi bwa ruugo gukurukira gukucia ruugo ruruthuku na kurita ruugo rurwega.
- Miti niejanaga kirundu na antu a gwikunikira.

B. Into na irio biria miti iejanaga:

- Into bia gwaka (into bia nyomba, ikingi, ndwego, mikanda)
- Nkuu na makara
- Ndawa
- Irio bia antu na ndithia

Baita iji icithiritwa ciri inene mono kiri arimi na nthiguru yonthe. Uteri bwarua bwa arimi ba TIST ndene ya Kenya nibwonenie ati baita cia matunda, nkandi, iria ria ndithia na nkuu kuumania na miti iria baandite ndene ya TIST na maciara jamathongi nkuruki kuumania na urimi bubwega niikinyite baita ya ngiri mirongo ithatu na mugwanja kiri o murimi. Burina inya nkuruki kuthima baita ya muthetu juri na ruuji rurwingi nkuruki na ruugo rurutheru nkuruki na kinya imwe cia baita ingi cia ngugi iria turitaga ndene ya TIST, indi nitucigagua ndene ya miunda yetu ntuku cionthe.

Kwou gwitithia na mbele uandi bwa miti kurina bata mono kiri antu betu. Thugania jaria tuthithia tukeja kuanda miti ingi turi amwe!

Kunyiyia rwagi.

Igitene ria mbura, rwagi nirugwatanangaga mono. Rwagi, ruria rutumaga antu bagwata ni murimo juju jwa rwagi, niruciarangaga. Buri na bata kumenyeera njaa cienu nikenda bunyiyia rwagi. Matagaria jaja nojatethie:

- Theria njaa yaku ukiritaga mathaka na nyaki iria itikwendeka
- Riita ruuji runthe ruria rwigari akui na kieni giaku. Ruuji rwigari niruejaga rwagi antu a guciarania

- Rita irio biria bitigaraga ugoro.
- Rita ruko wikire kiri gikebe gikunikiri kana kirinyene oome ya nyomba
- Egera nyomba na kieni giaku ntuku cionthe
- Ririkana gutumira net cia kurigiria rwagi riria kuumbika



Gwakana: Bukaaga kitharimo kia gikundi kienu.

Gwakana ni gicunci kirina bata mono ndene ya mucemano jwa gikundi kienu jwa o kiumia. lugaga ndene ya Aefeso 4:15,16 ati nitubati gwakana tugakinyira uujuru bunthe bwa Kristo. Muntu wonthe ndene ya gikundi gikinini gia TIST naretaga talanta na biewa bia mwanya kiri gikundi kionthe. Gintu kimwe kiria kiri gia kurigaria kiria gikarikaga ndene ya gikundi gikinini ni kwona, kugaana na gutumira talanta iu tuei ni Murungu.

Gwakana ni njira ya kureka talanta iu cionwa na citumirwa. Kurina icunci biiri ndene ya Gwakana:

- Mbele ya iromba ria muthia, o muntu ndene ya gikundi auge gintu kimwe gikieega gikwirungamira kiria mutongeria athithirie ndene ya mucemano. Mung'uanano, nathekerie, nekire mathaa, nathithirie mibango imiega, neekire amemba bonthe inya, nanketherie na natumire ndaigua nkinyite, naugire akwona gintu gigita bwega mucemanione kana ngugine ya gikundi, na jangi jamaingi. O mumemba nagwitia kuuga gintu mwanya. Bubu ti bwa kwithurira. Muntu wonthe naakaga mutongeria wa uthumba. Ikundi bimwe ibakaga kinya mutetheria wa mutongeria.
- Kwongera, kethira muntu akwona kiewa ndene ya mutongeria, mumemba noauge.

Gukurukira utongeria bwa kithiuruko, o kiumia mutongeria umweru agakwa. Gukurukira Gwakana, nitwikanagira inya kiri into bibiega biria mutongeria wa kiumia athithitie mucemanione na talanta iria muntu ou onenie.

Gwakana ni njira ya kinya kuthoma mantu jamega kwegie antu na riu kujauga. Twinthe nitugwitia gwitana nduume cietu kuuga mantu jamega. Kwongera, gikundi kionthe nikimenyaga jaria gikundi kithuganagia jarina bata kiri mutongeria wa uthumba. Atongeria bangi bakoona baitakuumania na jaria baigitue ndene ya Gwakana kwegie atongeria bangi na bakamenya jaria gikundi kithuganagia jarina bata kiri mutongeria wa uthumba

Ariki gwakwa, mutongeria wa kiumia kiu naugaga, 'lbwega' nyuma ya o mumemba wa gikundi auga gintu gikithongi na gikwirungamira. Gutikwariria uria aringi kuthithia bwega nkuruki kana na njira ya mwanya. Jaria maingi, muntu nethagirwa akeni erwa mantu jamega jaria athithirie mucemanione. Rimwe na rimwe nitumenyaga mantu kwegie twingwa jaria tutikwiji!

Gwakana nigutethagia mutongeria wa ntuku iu kumenya talanta ciawe na gwita na mbele gwitumira. Gwakana kinya nigutethagia gikundi gikinini niuntu amemba bonthe nibamenyaga gutongeria bwega nkuruki o uria bakuthoma. Gwakana ni kitharimo nteere ijiri!

Mazingira Bora



TIST

The International Small Group & Tree Planting Program

www.tist.org

Kikuyu Version

An Environmental, Sustainable
Development and Community Forestry
Program.



Clusta ya TIST ya Athi mweri muthiru mari mucemano-ini.

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TIST: Ciuria ciaku cigie watho gucokio.

TIST niinyitaniire na kambuni imwe ya mawakili Bowmans law Firm kugeria gugucokeria ciuria cia kiwatho na kwamukira mataaro maria mangigaciria miturire ya arimi a TIST. Ungikorwo na kiuria gikonie watho, tuma email kuri martinweru@tist.org kana kuri o mumbemba wothe wa Leadershi Councilb kuhitukira kura mutaari waku wa miti (Cluster Servant). Nituriandikaga ciuria na macokio ngathitini ino.

Ciuria iria imwe ciuritio ni amemba a TIST niciaririirio haha muhuro.

Kiuria:

O uria nenda cia mitandao irithii na mbere na gutherema na gukuro uturo-ini witu, ni makinya mariku tungioya kwigitira?

Macokio:

Uhuthiri wa nenda cia mitandao (social media) niuigaga mutumiri maugwati ngurani ta ugitiri wa mauhoro na kuura kwamo. Maundu maria TIST ingika kwigitira nit a maya:

- Andu aria marikoragwo mari administrators a nenda icio magakorwo ni andu moikaine wega programuini.
- Kugeria kwaga gutuma ugoro utari mukinyaniru nendaini
- Kwaga kuheana ugoro waku kiumbe na thiri ciaku kuhitukira nendaini. Tumira social media kuri maundu maria magiriire.
- Ugoro wa bata kana wa mundu kiumbe, tumira mundu ucio utagutumira nenda ta whatsapp kana facebook.
- Ungiona undu wa wikinai nenda-ini iria uri, niwega kumenyithia borithi

Kiuria:

Ni mitaratara iriku ya kwandikithia kambuni, thothaiti kana SACCO?

Macokio:

1.1 Kwandikithia Kambuni

Mitaratara ya kwandikithia kambuni nit a ino:

- **Ritwa ria Kambuni:** Ihoya ria kwendekethia ritwa ria kambuni ritumagwo kuri Registrar of Companies (Registrar). Riendekithia riri rikagirwo rurendaini rwa ecitizen. Hari oritwa rimwe, ni urihaga shilling 150/-. Ritwa riahituka, uheagwo thiku 30 ukororwo woete ikinya riu ringi.
- **Riandikithia :** Riu wina ritwa rihitukie, niukuiyuria form kuhitukira rurendaini na kambuni yandikithio. Maundu maria mekubatara nit a maya:
 - a. Articles of Association – mworoto wa kambuni yaku kana yangu ni iriku.
 - b. Executed Application Forms – Computer niikaruta forms iria mugekira irore cianyu. Ningi nimukaheana maritwa na ithanduku ria marua ma directors na ene shares, muheane copy cianyu cia ibandi, PIN nad mbica colured cia passport.

Nuigocoka urihe KES 10,650 cia registration na utume ihoyariaku kuri Companies Registry nigetha ariroro. Mutaratara uyu woyaga ihinda ria ciumia igiri nginya ithau.

1.2 Kwandikithia thothaiti (a co-operative society) kama SACCO

Mutaratara wa kwandikithia thothaiti wendaga gutuma ihoya rianyu kuri commissioner wa cooperatives by laws cianyu kuringana na uria ciendikithitio.

Ririakana thothaiti iria murenda kwandikithia nonginya ikorwo na maundu maya:



- I. Ikorwo na rioneki riakugaciria memba ake kimbeca na wagiriru
- II. Ikorwo thiinii wa by-laws maundu maya: gutuika memba ni wirutiri wa mundu, gukorow na demokrasia, amemba makorwo na mieke ya kwigaciria, members makoro makiheo ithomo na utarani,

- III. Ikorwo na amemba makiria ya 10 na makorwo makinyitie miaka 18 na makorwo makiruta mawira mahanaine na makorwo mari aikari a itura riria thothaiti yao irikoragwo.

Angikorwo Komisina niakuiganira ati nimuhingitie maundu maria mendekanaga hari kwandikithia thothaiti, na by-lwas cianyu ni njega, ni agocoka andikithie thothaiti yanyu na amuhe certificate.

Mbura niyurite – kahindaga kuhanda miti makiria.

Kuhariria mimera niguo kuhanda mugundaini.

Riu tondu mbura niyurite, mimera niyagiriirwo nikuhandwo migundaini kuuma nthari. Niwega mweri uyu gutigirira mimera iri ho ya kuhandwo. Mimera yagiriirwo ni wambere kuharirio niundu wa riera iritu mugundaini. Angikorwo mimera nditoretwo wega iri nathariini, akorwo niirahetwo maai maingi na kiiruru gukira uria yagiriirwo kana gukira uria ikuheo yathii mugundaini. Kahora kahora nyihia muhere wa maai na wehutie kiiruru hari mimera niguo ihote guikara migundaini

Mimera miega ikoragwo na;

Ta kioereria kiega, (ririkana mithemba ngurani ya miti ndihanana) mimera miega ya kuhanda ikoragwo na;

- Mimera uraihe maita meeri gukira muri
- Mumeru ukorwo na hinya
- Mumeru ukorwo na miri miingi
- Mimera miingi niikinyanagiria maundu maya thutha wa mieri 2

Guthamia miti.

- Thamia mimera irugamite na iguru
- Cora tuthiururi twa warii wa 30cm mugundaini

- Eheria tiiri wa iguru
- Eheria tiiri ucio ungi urumiriire nginya uriku wa 30cm
- Ikira mahuti urku wa 5cm (nyeki nyumu hingo ya mbura nanjigu hingo ya riu) ikund ingi cihuthagira thumu
- Ruta mimera kuuma maratathiini na ndugatinie gatiiri karia kari muthiaini wa muri
- Ikira mimera irimaini
- Ikira tiiri wa iguru na ucokerere na ucio ungi.
- Ikundi ingi citihuragia irima na tiiri biu. Njira ino niiteithagiriria maai ma mbura kuingira irimaini na gutonya tiiriini na njira ino ninjegamahinda ma riu.
- Tiiri uria ungikorwo utigarite nougo nakianda ia irima niguo uhingiririe maai.
- Itiriria mimera maai.

Ningi tigirira niwahee mimera maundu mega niguo ihote gukura wega na kuhanda na utaganu wa 3cm-4cm. ungimihanda ikuhaniriirie ndikuhota gukinyirwo ni maai na unoru wa tiiri uria irabatara tondu kuri na ucindani na indo ingi. Niikwaga hinya na noyume, kwa uguo rumirira maundu ma gutaganu 2.5-3cm



Gutherema thiini wa TIST: Gakundi gaaku na Cluster yaku niokeretwo igikura?

Kioneki gia TIST nikuhe arimi a ikundi nini uhoti wa kuhurana na thiina wa kunina mititu, kuhurana na ng'aragu, arimi oo ene makiamurira njira iria njega na ciagutura kahinda karaya iria imwe iri uhandi wa miti, urimi mweka wa CF, githomo kia ugima wa mwiri, na mirire miega. TIST no igeragia gwethera arimi thoko ya riera ria carbon nigetha makona mbeca.

Gukura gwa gikundi giaku nikwabata muno. Ni wendi wa TIST kuona ati o mumemba wa gikundi niona maciaro ma TIST maria makumuhotithia kugaciria miikarire yake na kumuhe mbeca. Hari uhandi wa Miti, arimi angi nimonete faida hari wendia wa miti ya nathari, matunda, ngu, irio cia mahiu, uuki, kuongerereka kwa unoru wa tiiri, na maai njuini makongerereka na guthera.

Kumanagia na urimi wa Conservation Farming (CF), arimi aingi nimote wongereku wa magetha, unoru wa tiri, ugitiri wa tiri kuuma kuri kiguo, wira munini wa mugunda na uguni ungi muingi. Githomo kia ugima wa mwiri na mirire miega nigeteithitie micii miingi kuhurana na mirimu ngurani. Makiria ya uguo, Mariko mega ma TIST nimateithitie hari gutumira ngu nini na kunyigia ndogo njuru.

Gikungi giaku nigikurite?

Gikundi giaku nimwagiriirwo muikare thin a mwicuranie uria mureweto mugitherema kuuma mwangiira TIST. Muhandite miti iigana? Hari miti iyo, ni iigana ya matunda nay a kiunduire? Ni amemba aigana mageretie CF? Ni amemba aigana mena riiko ria TIST? Ni amemba aigana mena na ciito cia kuoyo na iguru?

Mwina matanya mariku hari kimera giiki kia mbura kiroka? Matanya manyu nimariku kuona o mumemba niagia na utethio? Mutanyite kuhanda miti iigana? Muhaririirie migunda iigana ya CF? Nathari ya miti ya kuoya na iguru mwena cigana? Muratanya atia?

Ririkana, nigetha gakundi kanyu kagie na faida njega, mwagiriirwo ni kuhanda makiria ya miti ngiri ithano muri inyuothe thutha wa kahinda ka miaka itano. Ikundi nyingi itiri irakinyaniria hau, no imwe ni ikinyite.

Niwega muhbaririe riboti ya gikundi kianyu na muthii na riboti iyo mucemanio-ini wa Cluster. Niwega mucenjanie meciria na amemba aa Cluster nigetha muhote kugaciria mubango wanyu uria twitaga **Action Plan for growth with goals (Conditions of Satisfactions - COS)**

Cluster yaku niikuraga?

Muri mucemanio-ini wanyu wa Cluster, ikirani Cluster yangu ratiri-ini. Cluster yanyu ina miti iigana? Mwina ikundi cigana? Mukoretwo mukihanda miti iigana o mwaka? Ni migunda iigana ya CF kimera giiki na kihituku? Ni amemba aigana mena CF, Miatu, miti ya njuu-ini nay a matunda, mariko ma TIST, ciito njoye na iguru?

Matanya manyu ma mwaka uyu ni mariku? Mukuongera miti iigana? Li CF? Ii Mariko? Li nathari cia miti? Li miti ya matunda nay a kiunduire? Muoroto ucio ungi wanyu niuriku?

Hari utari wa miti. Ni ikundi cigana ndarire miti gwa kahinda ka mieri 18? Mibango wanyu ihana atia kuona o gikundi kianyu nigitarirwo miti o mwaka na nuthu?

Hari marihi ma miti. Ni ikundi cigana ndihe miti yao? Ni ikundi cigana ikitie ikiro cia kurihwo –ati ciri na miti makiria ya Magana matano, niciikirite kirore ngirimiti ya GhG na niitariirwo miti gwa kahinda ka mwaka umwe na nuthu? Iria itakiritie ikiro, gitumi nikii? Muguteithia ikindi icio atia nigetha ikinyithie ikiro? Mubango wanyu ni uriko hari marihi uria twitaga Conditions of Satisfactions / goals in Small Group payments?

Atongoria anyu a Cluster nimekurio marutithanie wira na mutari wa miti (Cluster Servant) nigetha muthondeke mubango wanyu wa gutheremia na gukuria Cluster yanyu uria tugwita **Action Plan for growth with goals (Conditions of Satisfactions - COS)** na urehwo Cluster-ini nigetha wariririo na thutha utumiwro GOCC na Leadership Council.



Bata wa miti

M

iti niiri bata wa maundu maria maturigiciirie.

A. Kwagirithia maria maturigiciirie:

- Miti niuhumbagira tiiri, njira iria iugitagira kumana na ruhuho na maai
- Mahuti magwa thi nimatumaga iiri ugie na ugunyu
- Mahuti magwaa thi nimongagirira thumu tiiriini
- Miri ya miti niinyitagirira tiiri kumana na gukuuo ni maai
- Miri ningi niiteithagia maai kuingira tiiriini
- Miti niyagiragia riera na ikaingiria maai rieraini
- Miti niitheragia riera na njira ya kugucia carbon dioxide na kuruta oxygen.
- Miti niikoragwo na kiiruru

B. Indo cia micii na cia kuria:

- Indo cia gwaka(mbau, rugiri, ndigi etc)
- Ngu
- Dawa
- Irio cia mahiu.

Maundu maya nimakoragwo na umithio kuri arimi othe thi yothe. Uthuthuria uria wikitwo ni TIST thiini wa Kenya wonanitie ati umithio wa matunda na iria cia mahiu na ngu kuma mitiitni iria ihanditwo ni arimi a TIST niikoretwo ikiongereka kumana na urmi wa Kilimo Hai na igateithia arimi na 37,000 hari o murimi. Niuritu kumenya umithio kumana na tiiri na riera riega na maundu mangi maingi no nituonete TIST igiteithia arimi o muthenya.

Kwa uguo kuhanda miti nikuo kumgiteithia arimi na matuura. Tawicirie maundu maria tungika riria twahanda miti ino turi hamwe!

Kunyahia rwagi.

K

imera kia mbura, mrimu ya malaria niingihaga. Rwagi, ruria rurehaga mirimu ino nirukuraga nau ihenya na rugaciarana, niwega kuora mucii waku niguo kunyahia rwagi. Makiny maya nomateithiririe.

- Theria mucii waku
- Thereria mmai mothe marugamite tondu nikuo rwagi ruciaranagira

- Theria irio iria ciatigara
- Ehutia giko giothe nmuciini
- Haata nja yaku o muthenya.

Huthira neti ya rwagi riria kurabatarania



Riu ambiriria kurutithia mubango waku wira mecemanio uyu ungi ukite.

Kujengana: Ndukahitukwo ni irathimo thiini wa gikundi kianyu. Kujengana ni gicunji kia bata thiini wa TIST micemanio-ini ya o wiki.

Thiini wa Ephesians 4:15,16 ati twakane turi thiini wa kristo. O mundu thiini wa gikundi kinini kia TIST arehage kiheo giake kia mwanya na akahe gikundi giothe. Maundu mamwe ma magegania mahanikaga thiini wa gikundi ni gukurana na kuhuthira iheo iria mahetwo ni Ngai.

Kujengana ni njira ya kuona na kurutithia iheo wira. Kuri na miena iiri thiini wa Kujengana:

- mbere ya mahoya ma kuhinga, o mundu thiini wa gikundi akauga kindu kime kirahutia kaundu na nikiathii wa na-mbere karia mutongoria eka thiini wa mucemanio. Kwa muhiano, atheka, aiga mathaa, akorwo na mubango mwega, ekira arimi hinya kwaria, angeithia na atuma njigwe ndi mucii, auga kaundu thiini wa mucemanio na gatuma mucemanio uthii na-mbere wega. O mundu agiriirwo nikuga kaundu ngurani. Kaundu gaka ni ka muhaka. O mundu auge kaundu ga kujengana kuri atungata. Ikundi ingi niciheanaga kujengana kuri munini wa mutongoria.

- Na makiria, angikorwo mundu nionete kiheo kuma kuri mutongoria, no age uguo.

Tukihuthira utongoria wa guthiururukana, o kiumia mutongoria mweru niakwamukira kujengana. Kuhitukira Kujengana, niturahinyiriria arimi na mutongoria guthii na-mbere na maundu mega kiumia kiu.

Kujengana ni njira njega ya gukurana na kumenya kiria mundu arathimiirwo. Ithuothe twirute kwaragia maundu meega. Na makiria gikundi gikona maundu maria mega na mabata mekitwo ni atungati. Mutongoria uria uguka niagukorwo athomete kuma kuri atongoria aria angi.

Hari kujengana ututngati wa kiumia kiu agacokeria andu ngatho o thutha wa o mumembakuheana uhoru wake. Mutikariririe uria kaundu kangiekirwo wega na njira ngurani. Muno, mundu niakenaga riria erwo maundu mega maria ekite thiini wa mucemanio na makiria nituthomaga maundu maitu maria tutoi!

Kujengana niguteithagia mutongoria kumenya kiheo giake na guthii na-mbere na gugitumira. Kujengana niguteithagia atongoria kwagirithia utongoria o magithomaga, Kujengana ni kirathimo maita meeri.

Mazingira Bora



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Kiswahili Version

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Program.



Clusta ya TIST ya Athi mwezi uliopita wakiwa kwa mkutano wao wa kila mwezi.

Ndani ya gazetti:

TIST: Masuala Yako ya Kisheria Yajibiwa. Uk. 2

Mvua imefika - Wakati wa kupanda miti mingine mingi. Uk. 3

Ukuaji katika TIST: Je, Cluster yako na Kikundi chako kidogo kinakua? Uk. 4

Umuhimi wa miti. Uk. 5

Kudhibiti mbu. Uk. 5

Kujengana: Msikose baraka ya Kikundi chenu. Uk. 6



TIST: Masuala Yako ya Kisheria Yajibiwa.

TIST imeungana na Bowmans Law Firm ili kujibu maswali ya kisheria na kupata ushauri ambao unaweza kuboresha maisha ya wakulima wa TIST. Ikiwa una swali ambalo unafikiri inaweza kuwa la kufaidi, tafadhali tuma barua pepe kwa martinweru@tist.org, au upeleke kwenye Baraza la Uongozi wa Kenya kupitia Mhudumu wa Cluster. Tafadhali angalia maswali zaidi na majibu katika Mazingira Boras yajayo.

Baadhi ya maswali ambayo wameulizwa na washiriki wa TIST yanajadiliwa hapa chini. Unaweza kututumia maswali yako pia.

Swali:

Kama vyombo vya habari vya kijamii vinaendelea kuwa katika maishaini mwetu, ni hatua gani tunaweza kuchukua ili tujilinde?

Jibu:

Matumizi ya vyombo vya habari vya kijamii huweka watumiaji kwa hatari fulani, ulinzi wa data na kupoteza kuwa muhimu. Baadhi ya tahadhari

TIST inaweza kuchukua ni pamoja na:

- Kutoa haki za utawala kwa majukwaa ya vyombo vya habari vya kijamii vya TIST kwa watu ambao wanajulikana kwa shirika;
- Kutumia tahadhari wakati wa kugawana taarifa mtandaoni, uangalifu usiweke habari isiyo sahihi au uongofu;
- Kuweka siri yoyote ya habari ya kibinafsi iliyoshirikishwa na watumiaji kupitia jukwaa la vyombo vya habari vya kijamii (kama vile anwani na namba za simu), na kuitumia kwa lengo tu;
- Kutuma taarifa muhimu au za kibinafsi moja kwa moja kwa wapokeaji waliotarajiwa, bila kutuma habari hizo katika jukwaa la kikundi; na
- Kuripoti polisi yoyote ya uhalifu kwa uchunguzi.

Swali:

Nini mchakato wa kusajili kampuni, ushirikiano wa jamii au SACCO?

Jibu:

1.1 Usajili wa kampuni

Utaratibu wa kusajili kwa kampuni nchini Kenya ni kama ifuatavyo:

- Jina la usajili: Maombi yanafanywa kwa Msajili wa Makampuni (Msajili) kutafuta na kuhifadhi jina la kampuni iliyopendekezwa. Jinsi hii inafanywa kupitia mtandao kupitia bandari ya eCitizen. Gharama ya kutafuta kila jina na matumizi ni KES 150 kwa kila jina. Unapothibitishwa, majina halali kwa matumizi ndani ya siku 30 ya uhifadhi wa jina.
- Usajili: Mara jina limehifadhiwa mwombaji anaweza kuendelea kujaza form ya mtandaoni na kujiandikisha kampuni.

Mahitaji ya usajili ni:

- a. Makala ya Chama - kampuni inaweza kuchagua kutekeleza makala ya mfano, kama ilivyoagizwa na Sheria ya Makampuni, ambayo hutoa kuwa vitu vya kampuni hazipunguki, au inaweza kupitisha seti yake ya makala na kuagiza vitu maalum ndani ya makala ikiwa ni hivyo anataka.
- b. Fomu za Maombi ya Kufanywa - mfumo utazalisha fomu kwa saina kulingana na taarifa iliyotolewa na mwombaji. Kwa kusudi hili, mwombaji atahitaji kukamilisha majina na anwani ya wakurugenzi na wanahisa, na kupakia nakala zilizochapishwa za nyaraka za kitambulisho, vyeti vya PIN na picha za pasipoti za rangi.

Mwombaji basi analipa ada ya usajili ya KES 10,650 na anatoa maombi ya ukaguzi kupitia Msajili wa Makampuni. Usajili wa kampuni huchukua kati ya wiki mbili hadi tatu kutokana na kuwasilisha nyaraka husika.

1.2 Usajili wa jamii ya ushirikiano au SACCO

Mchakato wa kusajili jumuiya ya ushirikiano nchini Kenya inahusisha kupeleka maombi kwa Kamishna kwa vyama vya ushirika, kwa fomu iliyochaguliwa,



ikiongozwa na nakala nne za sheria zilizopendekezwa za ushirikiano.

Kumbuka kwamba ushirikiano uliopendekezwa lazima:

- I. Kuwa na lengo lake kukuza ustawi na maslahi ya kiuchumi ya wanachama wake
- II. Kuingiza kanuni zafuatayo katika sheria zake: wajitolea na wajumbe wazi, uhibitaji wa wanachama wa kidemokrasia, ushiriki wa kiuchumi na wanachama wake, uhuru na uhuru, elimu / mafunzo na habari, ushirikiano kati ya ushirikiano na wasiwasi kwa jamii kwa ujumla; na

- III. Wanajumuisha watu kumi (10) waliohitimu (yaani umri wa miaka kumi na nane (18), wanaohusika na kazi inayoingia ndani ya jamii ambayo ushirika huundwa, na anaishi au anamiliki ardhi ndani ya eneo la shughuli za jamii.

Ikiwa Kamishna ameridhika kuwa jamii imekubali mahitaji ya usajili na sheria zake zilizopendekezwa si kinyume na Sheria ya Mashirika ya Ushirikiano, anaweza kujiandikisha jamii na sheria zake na kutoa cheti cha usajili.

Mvua imefika - Wakati wa kupanda miti mingine mingi.

Kutayarisha miche ili kuihamisha (Kuitayarisha kuishi katika hali ngumu)

Sasa kwa kuwa mvua imefika, miche inahitaji kupandwa. Ni muhimu mwezi huu kuhakikisha kuwa miche iko tayari kuhamishwa kutoka kitaluni na kupandwa shambani.

Miche kwanza inahitaji kutayarishwa kwa hali ngumu iliyo shambani. Kama miche imekuwa ikichungwa vyema kitaluni, inaweza kuwa ikipata maji zaidi ya ambayo itapata ikishapandwa shambani. Kidogo kidogo, ipunguzie maji unayoipa na uifungulie jua lote kuhakikisha itaweza kuhimili uhamisho huu inavyofaa.

Sifa za miche mizuri

Kama mwelekezo wa kijumla (ukikumbuka namna mbalimbali huwa na sifa mbalimbali) miche mizuri ya kupanda huwa na sifa zifuatazo:

- Shina linapotokeza lafaa liwe na urefu wa mizizi au mfuko mara mbili.
- Shina lafaa kuwa lenye nguvu na gumu.
- Miche inapaswa kuwa na mizizi myembamba mingi pamoja na mizizi mikubwa.
- Miche mingi itakuwa na sifa hizi baada ya miezi miwili ikishaota.

Kuhamisha

- Beba miche ikiwa imesimama inavyofaa
- Pima duara lenye upana wa sentimeta thelathini shambani

- Toa mchanga wa juu na huuweke kwa pango
- Toa safu la pili la mchanga hadi sentimeta thelathini na uweke kwa pango lingine.
- Safu la nyasi sentimeta tano (nyasi kavu msimu wa mvua, nyasi mbichi msimu wa ukavu). Vikundi vingine huongeza mbolea pia.
- Toa mche mfukoni. Usivunje mchanga uliozunguka mizizi.
- Weka mche shimoni
- Rudisha mchanga wa juu kwanza, halafu safu la pili la mchanga.
- Vikundi vingine havijazi shimo hadi pomoni, ilhali huacha pengo lasentimeta chache. Hili husaidia kuingiza maji ya mvua shimoni na mchangani. Hili sana sana husaidia maeneo makavu.
- Mchanga ambao hubaki unaweza kuwekwa kwa pango kwa upande wa chini wa mche. Tendo hili husaidiakushika maji yoyote ya mvua na kuyarudisha shimoni.
- Chotea mche maji.

Kumbuka pia kuwa ili kuupa mche wako nafasi nzuri ya kuishi inafaa huipande ikitengana meta tatu kwenda nne. Ukiipanda karibu kuliko hivyo, miche yako haitapata maji na madini ya mchanga yote inayoitaji kwa sababu ya ushindani mwingi. Itakosa nguvu na yaweza kufa, kwa hivyo fuata mwenendo mwema zaidi wa kutenganisha kwa meta mbili na nusu kwenda tatu.



Ukuaji katika TIST: Je, Cluster yako na Kikundi chako kidogo kinakua?

Maono ya TIST ni ya kuwawezesha wanachama wa vikundi vidogo kubadilisha madhara ya ukataji wa miti, ukame, na njaa kwa kutambua malengo ya visingi vya maendeleo endelevu ambayo ni pamoja na kupanda miti, kilimo endelevu, elimu ya afya na lishe. TIST pia inajitahidi kutoa mapato ya muda mrefu kwa ajili ya washiriki wa vikundi vidogo kupitia mauzo ya mikopo gesi chafu (*Greenhouse Gas credits (GHG)*).

Ukuaji binafsi wa vikundi vidogo una muhimu mkubwa. Ni hamu ya TIST kuona kila mmoja wa wanachama wa vikundi vidogo wakivuna faida za TIST ili kusaidia kuongeza maisha yao pamoja na mapato yao. Kwa kupanda miti, idadi kubwa ya wakulima wa TIST wametuarifu kuwa wameyapata mapato zaidi au waliweka akiba nyumbani kwa njia ya kuuza miche, matunda, kuni, chakula cha mifugo, asali, kuongeza rutuba ya udongo na viumbe hai pamoja na kuboresha viwango vya maji katika mito yetu. Katika mazoezi ya utunzaji wa shamba, idadi kubwa ya wakulima imeshuhudia kuongezeka kwa mavuno ya mazao, uzazi zaidi wa udongo, mmomonyoko wa udongo kupunguzwa, kazi shambani kupunguzika pamoja na faida nyingine. Afya na lishe elimu imesaidia wengi nyumbani kuchukua hatua za kujizuia dhidi ya magonjwa na masuala ya lishe pungufu. Zaidi ya hayo, kupitia jiko la TIST la kuhifadhi nishati, familia nyingi zimeweza kufanya akiba kubwa kwa kuni na pia katika kupunguza uchafuzi wa mazingira kupitia moshi.

Je, kuna ukuajai katika kikundi chako kidogo?

Vikundi vyenu vidogo sasa lazima viketi chini na kutathmini ukuaji wake tangu kujiunga na TIST. Je, ni miti mingapi imepandwa? Je, katika miti hiyo, mingapi ni ya matunda na asilia? Ni wakulima wangapi katika kikundi chenu wanafanya mazoezi na kilimo hai? Matokeo yalikuwa vipi yakilinganishwa na yakilimo cha kawaida? Ni wanachama wawangapi wana jiko la kuhifadhi nishati la TIST? Je, kuna mwanachamayeyote wa kikundi chako ambaye amejaribu kukulia mbegu-kitanda? Matokeo ni ya aina gani?

Mna malengo yepi ya msimu huu wa mvua unaokuja? Ni hatua gani ambazo zinaweza kuchukuliwa kutoa faida kwa wanachama wa kikundi chako? Mnaenda kupanda miti ngapi ya ziada? Mmeandaa viwanja vingapi vya CF? Ni mbegu ngapi za kukulia na miche zinahitajika katika msimu ujao wa mvua na utakaofuata? Mna malengo mengine gani?

Kumbuka, ili kikundi kidogo cha TIST kiwe na faida kwa wanachama wake, ni lazima wapande miti zaidi ya 5,000 ndani ya miaka mitano ya kwanza ya kujiunga na TIST. Vikundi vingi vya TIST havijaweza kufanikia lengo hili, lakini wengi wameweza.

Tafadhali andaa taarifa yako ya kikundi kidogo ili uweze kuiwasilisha kwa vikundi vingine katika mkutano ujao wa Cluster. Unaweza kuomba msaada na mawazo kutoka kwa vikundi vingine vidogo ili kuboresha mpango wako kwa ajili ya ukuaji wa uchumi na malengo (Masharti ya Kuridhisha – **(Conditions of Satisfactions (COS))**).

Kuna ukuaji wowote katika Cluster?

Katika mkutano wako wa Cluster, tafadhali tathmini ukuaji wako pia. Cluste yako ina miti mingapi? Ni vikundi vingapi vidogo vilivyoandikishwa? Ni miti mingapi ya ziada iliyipandwa kila mwaka? Ni viwanja vingapi vya CF vimefanyika katika huu msimu na uliopita? Ni wakulima wangapi wanafanya CF, asali, kandokando ya mto, miti ya matunda, majiko, vitanda vya kukulia mbegu?

Malengo yako kwa mwaka huu ni yepi? Ni miti mingapi ya ziada, CF, majiko sanifu ya kuhifadhi nishati, vitanda ya kukulia mbegu, matunda na miti ya asili? Una malengo gani mengine?

Katika upimaji, ni idadi ipi ya vikundi vidogo vilivyokaguliwa katika miezi 18 iliyopita? Una mipango ipi ili kuhakikisha kwamba vikundi vyote vidogo vimekaguliwa ndani ya kipindi cha miezi 18? Katika malipo ya vikundi vidogo, ni vikundi vingapi ambavyo vimepokea motisha ya miti? Ni vikundi vingapi ambavyo vimefuzu kupata motisha ya miti kwa kuwa na miti zaidi ya mia tano (500), vimetia saine fomu ya mkataba wa maelewano wa GhG na vimekaguliwa katika miezi kumi na nane (18) iliyopita? Ni vikundi vingapi ambavyo havijafuzu? Sababu za kutofuzu ni zipi? Wewe utawasaidiaje na kuwatia moyo waliokosa kufuzu? Je masharti ya kuridhika kwako ni yepi? Malengo ya malipo katika kikundi kidogo ni yepi?

Viongozi wa cluster wanaombwa kufanya kazi na watumishi wao ili kuandaa ripoti na Mpango Kazi kwa ajili ya ukuaji na malengo (Masharti ya Kuridhisha – **(Conditions of Satisfactions (COS))**) na waziwasilishe katika mkutano ujao wa Cluster na pia waitume kwa GOCC na Baraza la Uongozi.



Umuhimi wa miti.

Miti ni muhimu sana kwa sababu za kimazingira na kibidhaa:

A. Kuboresha mazingira:

- Miti hufunika mchanga, tendo ambalo hulinda mchanga kutokana na mmomonyoko unaosababishwa na upepo na maji.
- Majani na matawi huanguka ardhini na kuoongeza madini mchangani.
- Miti huongeza unyevu mchangani kwa kuufunika mchanga na kupunguza **evaporation**.
- Mizizi ya miti husaidia kuushika mchanga na hivyo basi kupunguza mmomonyoko.
- Mizizi husaidia maji kuingia mchangani na hivyo basi kuboresha mzunguko wa maji yaliyo chini ya ardhi.
- Miti huboresha hali ya anga ya ilipopandwa kwa kuongeza unyevu hewani (kuoneza ubaridi)
- Miti huboresha uzuri wa hewa kwa kunyonya hewa chafu na kupumua hewa safi.
- Miti hutupa kivuli na pa kujifunika.

B. Thamani ya kibidhaa na kilishe:

- Bidhaa za kujenga (vyombo vya kutumia ndani ya nyuma, gogo, kamba na kadhalika)
- Kuni au makaa
- Dawa
- Lishe ya watu na ng'ombe

Faida hizi ni zenye thamani sana kwa mkulima na kwa dunia yote. Utafiti wa hivi juzi wa wakulima wa TIST katika Kenya ulionyesha kuwa thamani ya matunda, lishe ya ng'ombe na kuni kutoka kwa miti waliyopanda wakiwa TIST na mavuno bora kutokana na Ukulima Bora ilifika elfu thelathini na saba kwa kila mkulima. Ni ngumu kupima thamani ya faida za mchanga baridi na wenye unyevu zaidi na faida zingine za kazi tunayofanya katika TIST, lakini tunaiona thamani hii mashambani mwetu kila siku.

Kupendakeza upandaji wa miti hivyo basi, ni muhimu sana kwa jamaa. Fikiria ambayo twaweza kufanya kukipanda zaidi tukiwa pamoja!

Kudhibiti mbu.

Katika majira ya mvua, maambukizi ya malaria huwa kawaida. Mbu, ambao hueneza vimelea vya ugonjwa huu, huzaliana kwa haraka. Ni muhimu kutunza nyumba zenu ili kupunguza uwepo wa mbu. Hizi hatua zaweza kusaidia:

- Wazisha kiwanja chako kutokana na vichaka na nyasi zozote zisizohitajika
- Toa maji yoyote yaliyotuaama karibu na kiwanja chako. Maji yaliyotuaama huwapa mbu pahali pa kuzaliana

- Tupa chakula chochote kilichoashwa usiku mzima
- Weka taka nje ya nyumba katika chombo kilichofunikwa au katika shimo la taka
- Fagia nyumba na kiwanja chako kila siku

.Kumbuka kutumia vyandarua vya mbu kila iwezekanapo



Kujengana: Msikose baraka ya Kikundi chenu.

Kujengana ni sehemu muhimu sana ya mkutano wa kila wiki wa kikundi chako. Inasema katika Aefeso 4:15,16 kuwa tujengane hadi tuwe na utimilifu wa Kristu. Kila mtu katika Kikundi chako cha TIST huleta talanta na zawadi zake maalum kikundini. Moja ya vitu vya kuajabisha inayotokea katika kikundi kidogo ni kujua, kugawana na kutumia talanta hizo ulizopewa na Mungu.

Kujengana ni njia moja ya kufanya hizo talanta kuonekana na kutumika. Kuna sehemu mbili za Kujengana:

- Kabla ya ombi la kufunga, kila mtu katika kikundi aseme kitu kizuri maalum ambacho kiongozi amefanya katika mkutano huo. Kwa mfano, alitabasamu, aliweka masaa, alifanya mipango mizuri, aliwatia nguvu wanakikundi wote kuongea, alinisalimu na alinifanya nijisikie nimekaribishwa, alisema kitu kilichokuwa kinaendelea vizuri katika mkutano ama katika kazi iliyokuwa ikifanywa na kikundi, na kadhalika. Kila mwanakikundi anahitajika kusema kitu tofauti. Hili si la kujichagulia. Kila mtu ajenge kiongozi wa utumishi. Vikundi vingine hujenga hata msaidizi wa kiongozi.
- Kuongezea, ikiwa mtu ameona zawadi iliyoonyeshwa na kiongozi, mwanakikundi anaweza pia kusema ni zawadi ipi.

Kwa kupitia uongozi wa mzunguko, kila wiki kiongozi mpya hujengwa. Kupitia Kujengana, tunatiana nguvu kati yetu kuhusu vitu vizuri alivyofanya kiongozi wa wiki hiyo mkutanoni na talanta alizoonyesha mtu huyo.

Kujengana pia ni njia ya kujua kuangalia vitu vizuri kuwahuu watu halafu kuvisema. Sote twahitaji kufunza ndimi zetu kusema yaliyo mazuri. Kuongezea, kikundi chote hujua ni nini kikundi kinafikilia ni muhimu katika kiongozi mtumishi. Viongozi wanaofuata watafaidika kupitia waliosikia katika Kujengana kuhusu viongozi waliopita na kujua ni nini muhimu katika kuwa kiongozi.

Kujibu wakati wa kujengana, kiongozi wa wiki hiyo atasema, “Asante.” baada ya kila mwanakikundi kusema taarifa nzuri iliyo maalum. Hakuna kujadiliana kuhusu vipi kungekuwa kuzuri zaidi ama tofauti. Mara nyingi, mtu huyo hufurahi anapoambiwa kuhusu mambo mazuri aliyofanya wakati wa mkutano. Wakati mwingine, huwa tunajua mambo kujihusu ambayo hatukuwa tunajua!

Kujengana husaidia kiongozi wa siku hiyo kujua talanta zake na kuzidi kuzitumia. Kujengana pia husaidia kikundi kidogo kwa sababu wana kikundi wote huboresha uongozi wao wa utumishi wanapozidi kujifunza.

Kujengana ni baraka mara mbili!

Mazingira Bora



TIST

The International Small Group & Tree Planting Program
www.tist.org

Kikamba Version

An Environmental, Sustainable
Development and Community Forestry
Program.



Ngwatanio ya Athi ivindani ya wumbano woo wa kila mwai mwei muthelu.

Inside:

TIST: Makulyo maku makwitikilika kwitu ki miao. *Page 2*

Mbua niyukie - Ivinda yingi ya uvanda miti ingi mingi. *Page 3*

Kwiana thini wa TIST: Ngwatanio yaku na kikundi ni iendee na kwiana? *Page 4*

Vata wa Miti. *Page 5*

Kwisiania na umuu. *Page 5*

Kwakana: Ndukavitukwe ni uathimo wa kakundi kaku kanini. *Page 6*



TIST: Makulyo maku makwitikilika kwitu ki miao.

TIST niya kwatani na Bowmans Law Firm kusungia makulyo ma kimiao/ myamulo na kutunenga utao undu tutonya kwailya mathayu ma aimi ma TIST. ethiwa wina ikulyo ukwona yaile kwandaia tuma kwa email ino kana utume kwisila kwa utongoi wa kanzu ya ngwatanio yenyu kwa utongoi wa TIST

Kenya. Kwandaia matha makulyo na mosungio nthini wa ithangu yukite ya Mazingira Bora. Amwe ma makulyo ala makulitw'e ni amwe maitu na makaneenaniw'a vaan nthi. nutonya utuma ikulyo yaku wenda.

Ikulyo

Kau social Media ni indee na utwika mwikalo wa kila muthenyai, ni matambya meva ala tutonya kwosa kwisuvia?

Usungio

Kutumia Social Media kana nzia nzau sya uneenania nikutumaa tulika uvusoni ya muisyo, nitutonya kwasya uvoo kana kusuvia. Aya ni amwe ma matambya ala tutonya kwose kusuviana na kuthinia nziani ii nzau sya uneenania, ila ni:

- Kunenga utongoi wa TIST mwanya wa kuendesya nundu nimo atongoi na nimekuelewa undu wa ingwatanio.
- Kwithiwa na kwituia unengane uvoo ona wiva kwa mitandao, kwisuvia ndukatume uvoo utewaw'o kana wa wangangania.
- Kwia maundu na mauvoo ma vata umavithite uteumaumilya kwa anyanyau ma social media (ta namba sya simu, kivandi) na kutumia kwa maundu ala waile utumia kwamo.
- Kutuma utumani wa vata kana wa useana kwa mwene kwa ula wathiiwe indi ti kwa kila mundu wi kikundini kiu kya uneenania wa matuku aya.
- Kunengane uvoo kwa polisi woona undu uendee utemuseo wa ukaiti.

Ikulyo:

Ni nzia yiva ya kuaa tiia kuandikithya kambuni, co-operative kana sacco.

Usungio:

1.1. Kuandikithya kambuni

Nzia ya kuandikithya kambuni wi Kenya niyo ino:-

- Kumatha isyitwa na kw'iiwa: Kuandika valua kwa kambuni ya uandikithya (Registrar of Companies) kumatha kana isyitwa yila wanengane yi sawa na uyuuwa. Kii ukunaa kwa internet kwa nzia ya E-citizen portal. Kutuma isyitwa umathiwe na yiisiw'a kana niyitikilika ni KES 150 kwa kila isyitwa. Wamina kuiva niw'iiawa vandu va mithenya 30.

- **Kuandikithya:** Wamina ukata isyitwa na yeetikilwa wendekaa wike uu

a) **Articles of Association-** kambuni no yitikile kuatiia miao ila yitwe thini wa Companies Act ila yaasyaa kana syindu sya kambuni isu ti limited, kana makaseuvya miao yoo yina iwango siatiiwe kuma kwa miao ya kambu na kusiandika undu mukwenda.

b) **Executive Application Form-** nuutumiwa voomu thini wa e-citizen ila waile kumya na uyusuya kwianana na undu wiiwe na uyika scan na uituma vamwe na visa walangi na certificate ya Pin. Kuandikithya wamina utuma syindu ii ni KES 10,650 vala nueteawawe uvoo iulu wa undu waile kuiva na namba ila uutuma. itina wa vau kambuni ya kuandikithya ikuaa sumwa ili kana itatu kuma watuma mbesa na mathangu.

1.2 Kuandikithya Cooperative kana Sacco

Kuandikithya sacco kana cooperative thini wa kenya ni kutuma valua kwa komisiona wa cooperative, kwa kusuya voomu ila yi nthini wa E-citizen vamwe na kovi inya sya miao na by-laws sya cooperative yenyu.



Lilikana kana mwolooto wa cooperative nonginya withiwe martinweru@tist.org,

- i. Wina mawalany'o na mwolooto ma undu mekwailya mathayu na mikalile ya amemba
- ii. Vamwe na miao na bi-laws vaile ithiwa kwimemba kwa kwenda na utongoi wina wiananu na wiutheini na kwitikilya memba othe matetheesye nziani sya kwailya mikalile yoo. Yaile ithiwa yi nenganite kumanyisya na kwailya uvoo ilutu ma ngwatanio sya cooperating and kwa kiso kwa vamwe.

- iii. Yaile ithiwa na mainyiva andu ikumi mena myaka 18 na kwambata, meuthukuma na maile kuatiana na

miao ya cooperative na menda utuo kana kitheka vakuvi na vala sacco ikuthukumia Ethiwa komisiona niweaniwa nundu mwaatiia walany'o wa kuandikithya na by-laws syenyu nisyaaatiia mawalanio ma miao ya cooperatives nutonya kumuandikitha vamwe na by-laws syenyu na kunengane valua wa kwonania ni mwiyaandikithitye muinenga.

Mbua niyukie - Ivinda yingi ya uvanda miti ingi mingi.

Kuseuvya miti yikivuioni nikanya ithyamiw'e muundani/kithekani (Kumiumiisya)

Nundu yu mbua niyukie, miti ila yikivuioni niyaile uvndwa miundani. Ni useo kuikiithya miti ila yikivuioni yina ivinda yaile ya kuthamiw'a miundani.

Miti ino niyaile kuumiwa kwa kumyeteelya kuvanda kuithekani vala iteusuviwa muno ta kivuioni. Ngelekany'o ila yikivuioni nikwataa kiw'u kingi, muunyi kwi yathamiiw'a kithekani. Nikana iumiie niuseo kuola kiw'u kila uungithya na mavinda ala uungithya na kumiveta muunyi nikana wamithamya ndikew'e thina yithiwe itonya kumiisya.

Mbeu nzeo iilye yithiawa na mawonany'o mailye ata.

Kwa mithemba yoonthe nikana mithemba kivathukany'o yithiawa na mawonany'o kivathukanyo. Miti ya mbeu nzeo iilye uu

- Munguthe wayo ni muasa kundu kwili kwa mwii kana mbisu.
- Muthamba withiawa na vintya na wimunou
- Ingi yaile ithiwa natumii tungi twingi vamwe na mwii ula munene.
- Mithemba mingi ya miti yaile ithiwa na mawonany'o aya itina wa kumea.

Kuthamya.

- Mikue iungye ndukakulumanie
- Thima kyelenge kina uthathau wa 30cm kithekani vala uvanda
- Umya muthanga wa iulu na uyumba kavumbu
- Umya muthanga ula uatiie ta uliku wa 30cm na uyumba kavumbu kangi.
- Ikiya nyeki susue kisio kya 5cm ethiwa kwi mbua ongela vuu.
- umya ithanguni kana mbisuni na uyumya nesa ndukatilange mii.
- Vanda yiimani yiu
- Ususya na ula muthanga wayiulu
- Ikundi imwe iyusuasya muthanga vyu nimatiaa mwanya wa kiw'u. Kii kithiawa kiseo kya utwiikana kiw'u yila mbua yaua na kutetheesya kiw'u kunywa muthangani.
- Ngithya mbeu isu wavanda.

Ingi lilikana kunenga muti usu wavanda ivinda ya kwikala na uivanda utaaniu wa matambya 3-4. Wamivanda itherngeanie ndikwata kiw'u na unou mwianiu. Wavanda ithengeanie yiithiwa yimimosu na nitonya ukwa kwoou nikavaa kuvanda utaniiu wa 2.5-3m



Kwiana thini wa TIST: Ngwatanio yaku na kikundi ni iendee na kwiana?

Kioneki gia TIST nikuhe arimi a ikundi nini uhoti wa kuhurana na thiina wa kunina mititu, kuhurana na ng'aragu , arimi oo ene makiamurira njira iria njega na ciagutura kahinda karaya iria imwe iri uhandi wa miti, urimi mwega wa CF, githomo kia ugima wa mwiri, na mirire miega. TIST no igeragia gwethera arimi thoko ya riera ria carbon nigetha makona mbeca.

Gukura gwa gikundi giaku nikwabata muno. Ni wendi wa TIST kuona ati o mumemba wa gikundi niona maciaro ma TIST maria makumuhotithia kugaciria miikarire yake na kumuhe mbeca. Hari uhandi wa Miti, arimi angi nimonete faida hari wendia wa miti ya nathari, matunda, ngu,irio cia mahiu,uuki, kuongerereka kwa unoru wa tiiri, na maai njuini makongerereka na guthera.

Kumanagia na urimi wa Conservation Farming (CF), arimi aingi nimote wongereku wa magetha, unoru wa tiri, ugitiri wa tiri kuuma kuri kiguo,wira munini wa mugunda na uguni ungi muingi. Githomo kia ugima wa mwiri na mirire miega nigeteithitie micii miingi kuhurana na mirimu ngurani. Makiria ya uguo, Mariko mega ma TIST nimateithitie hari gutumira ngu nini na kunyigia ndogo njuru.

Gikungi giaku nigikurite?

Gikundi giaku nimwagiriirwo muikare thin a mwicuranie uria murorewto mugitherema kuuma mwangiira TIST. Muhandite miti iigana? Hari miti iyo, ni iigana ya matunda nay a kiunduire? Ni amemba aigana mageretie CF? Ni amemba aigana mena riiko ria TIST? Ni amemba aigana mena na ciito cia kuoyo na iguru?

Mwina matanya mariku hari kimera giiki kia mbura kiroka? Matanya manyu nimariku kuona o mumemba niagia na utethio ? Mutanyite kuhanda miti iigana? Muhaririirie migunda iigana ya CF? Nathari ya miti ya kuoya na iguru mwena cigana? Muratanya atia?

Ririkana , nigetha gakundi kanyu kagie na faida njega, mwagiriirwo ni kuhanda makiria ya miti ngiri ithano muri nyuothe thutha wa kahinda ka miaka

itano. Ikundi nyingi itiri irakinyaniria hau, no imwe ni ikinyite.

Niwega muhbaririe riboti ya gikundi kianyu na muthii na riboti iyo mucemanio-ini wa Cluster. Niwega mucenjanie meciria na amemba aa Cluster nigetha muhote kugaciria mubango wanyu uria twitaga **Action Plan for growth with goals (Conditions of Satisfactions - COS)**

Cluster yaku niikuraga?

Muri mecemanio-ini wanyu wa Cluster, ikirani Cluster yangu ratiri-ini. Cluster yanyu ina miti iigana? Mwina ikundi cigana? Mukoretwo mukihanda miti igana o mwaka? Ni migunda iigana ya CF kimera giiki na kihituku? Ni amemba aigana mena CF, Miatu, miti ya njuu-ini nay a matunda, mariko ma TIST, ciito njoye na iguru?

Matanya manyu ma mwaka uyu ni mariku? Mukuongera miti iigana? li CF? ii Mariko? li nathari cia miti? li miti ya matunda nay a kiunduire? Muoroto ucio ungi wanyu niuriku?

Hari utari wa miti. Ni ikundi cigana ndarire miti gwa kahinda ka mieri 18? Mibango yanyu ihana atia kuona o gikundi kianyu nigiatarirwo miti o mwaka na nuthu?

Hari marihi ma miti. Ni ikundi cigana ndihe miti yao? Ni ikundi cigana ikititie ikiro cia kurihwo –ati ciri na miti makiria ya Magana matano, niciikirite kiore ngirimiti ya GhG na niitariirwo miti gwa kahinda ka mwaka umwe na nuthu? Iria itakiritie ikiro , gitumi nikii? Muguteithia ikindi icio atia nigetha ikinyithie ikiro? Mubango wanyu ni uriko hari marihi uria twitaga Conditions of Satisfactions / goals in Small Group payments?

Atongoria anyu a Cluster nimekurio marutithanie wira na mutari wa miti (Cluster Servant) nigetha muthondeke mubngo wanyu wa gutheremia na gukuria Cluster yanyu uria tugwita **Action Plan for growth with goals (Conditions of Satisfactions - COS)** na urehwo Cluster-ini nigetha wariririo na thutha utumiwro GOCC na Leadership Council.



Vata wa Miti.

Miti niyavata muno kwa mawithyululuko nundu wa itumi ii:-

A. Kwailya mawithyululuko

- Miti niwika muthanga, na kuusiana na kukuwa ni kiseve kana kiw'u
- Matu na ngava ila syavaluka nisyooa na kutwika liu kwa muti
- Miti niyongelaa wiu wa muthanga nundu nisiiia kiw'u kukuwa ni nzeve kuma muthangani.
- Mii ya miti nayo niyovaa na kukwatany'a muthanga na kuola muthanga kukuwa
- Mii ya miti ingi nitetheesya kiw'u kunywa nthi na kwailya kiw'u kya ungu wa muthanga kuyaiikani.
- Miti niyailasya nzeve ya vandu kwa kuthithya nzeve
- Miti nitheesya nzeve kwa kuveta nzeve itavisaa nzeveni ila ingi.
- Miti ninenganae muunyi na wivitho / Mawikalo.

B. Kutune unou ula waile na miti ya utumia

- Miti ya kwaka, kwikia wiio, makanda etc
- Ngu
- Ndawa
- Liu wa andu na uithyo wa indo.

Vaita ula miti itunengai niwavata muno kwitu aimi na nthi yonthe. Ukunikili ula uneekiwe o mituki kwa aimi ma tist niwoonanisye kana matuna, mbindi, liu wa indo syonthe kuma mitini ila ivanditwe ni aimi ma TIST kwa nzia ya nima ya kusuvia ninenganite ueti museo na vaita wa silingi 37,000 kwa kila muimi. Ve vinya kwikia thooa kwa vaita ula umanite na uthithu, kimeu kya muthanga na nzeve ntheu wivo vaita na useo ungi mwingi kumana na wia wa TIST, indi nitwiw'aa useo kila muthenya twi miundani yitu.

Kwoou ni useo munene kutavya angu vaita na vata wa kuvanda miti ala twi isioni imwe namo na mbaitu. Kweesilye undu tutonmya kwika tukavanda miti mingaingi mbee kwa vamwe!

Kwisiania na umuu.

Kwavika ivinda ya uthithu na mbua, malelia nitwika uwau kundu kwingi, Umuu ula niw'o unyaiikasya uwau uyu niuyaiikasya uwau kwa mituki. Ni useo kuola umuu musyi kwaku.

Matambya aya nimatonya utetheesya:

- Enga ikuthu ila syi vakuvi na nyumba vamwe na nyeki
- Temea kiw'u kila kituumanite kithi kila

kivakuvi na mawikalo/nyumba nundu nikw'o umuu usyaaniaa

- Veta matialyo ma liu ula wakoma
- Mavuti ndukaie nyumba ikya iimani ya kiko
- Tuta nyumba yaku na nza kila muthenya.

Lilikana kutumia neti sya usiia umuu vatonyeka.



Kwakana: Ndukavitukwe ni uathimo wa kakundi kaku kanini.

Kwakana ni kwavata muno nthini wa kakundi kanini yila mwakomana kila kyumwa. Nthini wa Aveso 4:15 - 16 yiasya tuthuthanie ithyi kw aithyi kwindu wa uima wa Klisto. Kila umwe kakundini kenyu kanini nuetae kinengo kivathukany'o kwa kakundi kenyu. Kindu kimwe mwaile ni kwika ni kwona na kwakana na inengo ila Ngai umunengete.

Kwakana ni kueka inengo ila mwinasyo kwoneka kila kimwe kiithukuma. Ve nzia ili sya kwakana

- Mbee wa mboya sya mwisu/kuvinga wumbano kila umwe niwaile uweta undu wa kuthuthia ula mutongoi wikie nthini wa wumbano usu. Kwa ngelekany'o, kukeny'a, kusuvia masaa, walany'o museo wa mivango, uneeni wa uthuthia andu maneene, ngethi itumie mundu ew'a e muthokye wumbanoni, kumya mwolooto iulu wa undu uwetiwe na weekwa ni kakundi kaa na weethiwa wi museo mbee kwa kila umwe na angi maingi. Kila umwe nowaile uneena undu onakau ni kwenda kwa mwene.
- Ethiwa nimwoona kineng'o kinenganitwe ni mutongoi wenyu nimwaile ukiweta nikana onake amanye na kwiyikia vinya.

Na utongoi wa kumanisya/kithyululu kila kyumwa mutongoi mweu akaakawa. Kwakanani kila umwe watongosya kyumwa kiiu akeethiawa akikite nundu kinengo kyake kila kiteni ungi akeethiawa atonya utavya na kuthuthw'a iulu wakyo ni amemba ala angi yila meuneenea kwakana.

Kwakana ni nzia ingi ya kuisya maundu ala maseo munduni na kumaweta, ithyoonthe nitwailwe uvundisya nimi situ kuneena mauseo ma umwe kuthi ula ungi. Nikana withie kila umwe niwoona na kusoma kuma utongoini wa uthukumi wa kila umwe wanyuvwa kutongosya. Mutongoi ula ungi mukanyuva akeethiwa emanyiity'e maundu meu kuma kwakanani kwenyu kula mwaaka mutongoi ula ei mbee wake. Ethiwa mukaneenany'a kwa kwakana ukeethia vaina mundu ukuthi anyungunyisya ayasya undu, unduu uu wialile kwikwa nundu kila umwe ena muyo na nimwianie nikwithiwa ethiwa motongoi ona akitie kwasya "nimuvea" kila umwe ena muyo na vai mundu ukwiw'a ataile na mundu atavya useo wake nutanaa na kumanya undu uteisi iulu wake mwene.

Kwakana ni uathimo keli nundu ula uteisi kinengo kyake akimanya nuendeeaa na kukitumia na ungi akevundisya kuma kwake kwoondu wa utongoi ula wanengwa.

Mazingira Bora



TIST

The International Small Group & Tree Planting Program

www.tist.org

Kipsigis Version

An Environmental, Sustainable
Development and Community Forestry
Program.



Anti TIST Kilasta komiten en tuyiet en arawet nekoiboitoi.

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TIST: Ngotutiet ne tinyegei ak walutik kuk.

TIST kotinye koyometab gei ak Bowmans law netononot asi komuch kowol tebutik ago toche kotigonitik che imuchi kogocho temik che miten en TIST kowalak en sobenywan. Agot itinye tebut ne ibwoti ile tot kotoret, imuche iyogu email konyo martinweru@tist.org an anan ko iiti kondoik chebo Leadership Council kobun kondoidet nebo Kilasta en kilasta ne imiten. Kaigai iger tebutik ak wolutik en mazingira bora che bwonen.

Alak en tebutik che tebe biik che miten en tist ko kingalalen anyun. Imuchi ak inye igonech tebutiet ngug ak akinye.

Tebutiet:

Miten anyun en inguni ngololutik che chang che miten en soet. Nee anyun kokwoutik che imuche keterengei echek?

Wolutiet:

Kigoochin tonondoik kamuget ne notok nebo TIST asi komuch kogochi biik chebo kibangenge initok imanit asi komandaen soet.

- Ketebii ne ngom en ngalalet age tugul asi memuch igoite che molititen anan ko chemuruonen che inchi biik.
- Riib imanadangung en chi age tugul ye ongolole ak chi ne igoito logoiywek chebo soet kou (nabaisiekab ole iboisien ak chebo simoit) boisien ko inye en boisionikuk.
- Igoiten ngololutikuk koityi chito ne kemoche ne manai akot kurubit

Tebutiet:

Ne kosibet ne kemoche yon kimoche ketoo kompunit, Cooperative ana ko Sacco?

Wolutiet:

I-I wolutiet – kerigistan kompunit
Miten kosibutik che nyolu ye kinomi kompunit en Kenya kou ye isibu:

- **Kerib kainetab kampunit.** Kiyokto somet kwo kap registrar nebo kampunisiek asi kimuch kechigil ingo miten kainet age nemiten kompunit netot konamge ak ne komoche. Somonitok kiyoktoi komandaen kurkotik che echen. Miten chepkondet ne keliboni nebo somet ak chigiletab kainet ko Shilling 150/= en kila kainet. Ye kakiyan kainanoton kigochin boroinde nebo betusiek 30 kekonor anyun kainanoton si kobois.
- **Yon tesetai somet:** Ye kagiyan kainet konam somindet kosom konyit pomit nebo somet kotoo kompunit.

Miten anyun kosibutik che mogotin :

- a. Tokinetab gei nebo kobunit. Otinye boroinde en mogutikwok kosib gei ak ngatikab kompunisiek, yatat boroinde en kabwatet ngwong baten en let komoche otinye lewenet nebo kiit ne agenge en boisie ngwong.
- b. Ye kaitar bomitab somet kotestai kosibutik kosib gei ak ngololik che kosom somindet ak baorinik che kasir somindet. En niton konyolchin somindet kotwosi koinutakab directors ak tonondoik chebo kampunit, miten kora pin nebo certificate ak passport.

Ye kakobata kotinye somindet boroinde koliban Kenya shillings 10,650 ak koyokto koba kap registry. Niton koibe kasartab wikisiek 2-3 somet nebo kesom kampunit.

1.2 Sometab Cooperatives anan Ko Sacco.

Kosibetab sometab Cooperative en Kenya kesome commissioner nebo cooperatives kiboisien kinyit bomisiek kou atkai tugul, kemoche bomisiek angwan chebo kosibutikab ngotutikab Cooperative.



Ibwat ile Cooperative ne omoche konyolu

- I. Kotinye tokyinet nebo mogutik che chome biik.
- II. Koit kiyomo ngalechuton tugul kou, by laws, voluntary and open membership, democratic membership control, autonomy and independent, education/training and information, cooperatives en cooperatives ak komiten biik tugul.

- III. Nyolu komiten biik 10 che tinye chomchinet ago tugul kotinye kenyisiek 18, ago chemiten koboto biik che membaek che mengik che tinye imbarenik en yoton.

Ye kagoyamak commissioner en sometab cooperative komoeten kosibutikab cooperative Act some nywan, koitin anyun commissioner koyochi ichek.

Iwatgut inguni: Ongemin ketik. Eng kasari komiten Robta neo ogemin ketik.

Chobchingei chitugul eng arawani ile kegol eng chonginto.

Nebotai ko kechobchigei kesuwek:

Chobchigei eng kabeti amun miten beek chechng. Eng kabeti iger ile keter beek komowech ak ingany uruwet asi mowechok ketik en kabeti.

kosibet ne karan nebo kesuwek: (en abogora kotiye ketik terchinet eng kabeti kotienge korikab ketik.) Tinye ortinuwek che uchu:

- Metitab kesuwot kotiye kebarta oeng kosir tigitiyot.
- Nyonu kogimit temet
- Nyonu kotiye tigitik chemengechen chechang.
- Nyonu en orowek oeng kotiye oteboni.

Minet:

- Min ketit kotonon komie
- Bal keringet nebo 30cm kotuyo
- Itaban ngungunyek chebo barak
- Itaban chebo orit ak ichek
- Inte susuwek cheyomiyotin koit 5cm ak itesi keturek.
- Itutun ketit mat imin ak selele.
- ingoto nguggunye chetai
- Mat inyit nguggunyek kerimget asi kotoche beek.
- Ingo nyor koguowuti 3m-4m asi komuchi koet ak kosich omituwogik.



Etunotet en TIST: Tos miten etunotet en kilastak en kurubit?

En keret nebo TIST ko kigonyor kurubisiek kimnatet nebo teretab Musugetab ketik en osnosiek, kemeusiek ak rubet ye kingobit kotestai minetab ketik en biik ak kotestai komin biik minutik, ribetab tililinto ak en omituogik. Tinye kora TIST kounetab koristo nebo kasarta negoi nenyorunen kelunoik kurubisiek che chang che tesetai en aldaetab koristo.

Tagat anyun kurubit age tugul ne etu en TIST. Tinye maget nekararan TIST ye kere kogiletab gei en kurubit ye itin konyoru kelunoik ak sobet ne kararan ak melekwek asi komuch koet kurubit ak Kilasta. Miten kora kou Minetab ketik komwa che chang kole nyorunen kelchin ye oldo logoek, kwenik, omitwogikab tuga, kumiat, katoldoletab ngungunyek ak sobetab minutik anan ko tiony ne sobe en ole menye, miten kotesosei beek en oinosiek, miten kora koletab minutik en imbaret ne ma kibat kinyorunen kesutik chechang, miten teretab ngungunyek en imbarenik, bosetab kiboitinik ak kenyoru konetisiosiek ak chechang. Miten kora koigab maa chebosien kwenik che ngerin en korigiok.

Etunotet nebo kurubingung?

En nguni onge teb gwony kurubit ak kobchei keret ne miten en kurubit ye kingoto kochut TIST. Tos tinye chitugul ketik chetian? En choton itinye kwata ketik chebo logoek ak chebo kipkaa? Ata biik che kigoyomda C.F, tos tinye terchinet? Tos ata chetinye koigab maa? Tos ata chetinye kabeti ne kanabtaat? Ne wolutik neitinye enguni nyone robta? Ne anyun ne imogini kurubit konyorunen kelchin? tos ata ketik che imine? Tos koichobchigei

keringonik chebo C.F ? Tos otinye kabeti ata ak ketik chekimine? Ak ne kitage ne omoginigei?

Obwate ole kit nekararan en kurubit ko konyor temik chebo kurubit ketik 5,000 kongeten ingeto TIST en kenysisiek 5 che chang kotomo koit ak alak kotinye. Tet anyun tetutik chebo kilasta ak iborchi biik en tuiyetab kilasta asi koitigei en bheetab kobwotutik.

Etunet en kilasta nengung?

Yon miten tuyetab Kilasta ogorchine etunotet nemiten en okwek. Tinye Kilasta ketik ata? Tos ata biik che ko kobwa che toek? Tos ata ketik chekotesak en kila kenyt? Tos ata biik chetinye C.F, Chetinye segemik, ketikab logoek, maisiek, ak betisiek?.

Ne toginetabgei ne otinye? Tos ketik che kotesak, C.F, maisiek, kabetisiek, ak ketikab kipkaa, ak nekitage ne ogere? En kilasta kotos miten kurubisiek atau che kigonyor koitetab ketik en orowek I8? Ne onyun ne omuche oyai kot konyor kurubisiek koitet en orowek I8?

En libanet kotos kikonyor kurubisiek atau rabisiek? Tos miten atau che tinye ketik chesire 500, chetinye koyonchinetab GHG ago kikonyor koitet en orowek I8 che kikobata? Tos ata chetomo kiiti ketik ago amunee? Tos ogochini nee anan olenchini nee icheget, nee yametabgei neotinye ak kabwatwet nee en libanetab kurubisiek?

Kondoik tugul chebo kilata konamgei eun ak kiboitinikab kilasta ak kotet tetutik chebo kilasta asi kokochi biik en tuiyet ak koyokto koba GOCC ak leadership council.



Komonut nebo ketit.

Bo komonut ketit eng ribetab Itondab Emet ak amuneisiek checheng:

A - Ribetab Emet:

- Ketik kotere ngungunyek, koristo asi moib.
- Tesin sogek ngungunyek koyor omituwogik.
- Igochin ketik koyor beek ngungunyek ak koter beek komaiyeso koba barak.
- Igochin tigitik koyum asi moib beek
- Nyorunen Emet koristo ne karan.
- Kiyorunen uronok ak teretab koristo.

B - Tuguk chegiboisien ak Omituwogik:

- Kimyorunen (bogoinikak kwenik)
- Kerichek
- Omituwogik eng biik ak Tuga

Tuguchuton tugul kobo komolut eng temik ak Nguwony komugul. Miten chi en tist ne koyai kosegei komwa kole bogomolut logoek, kuwelik ak ketik chegigemin ak imarenik chema kigol komuchi koyor Temintet age tugul Ksh 37,000. Kimoginigei tuguk chechang eng kaa ak eng imarenikiyok asi keitin mogutikiyok.

Ogetes ketik eng mbarenik kiyok asi keyorun mengotet ne kararan. Ogibwat kemin eng kibagenge keigu kaborunet eng biik.

Teretab konyingisik (Mosquitoes).

Eng kasartab robta eng Emet komugul ko kasarta neo mising Eset en emet. Nito koibu konyinyisik amun bitos en kasariton ko nyonu ketiye ribet ne kararan eng kaa kou:

- Itilil yebo kaa iiste saratik kou susuwek ak bugonok.
- Mat kobit beek che katerem eng kaa amun igochin kotesak.

- Kemeto ngetunanikab omituwogik che konget.
- Ketuch saratik anan kinte kapsarati.
- Ibuchu kaa ak kongung.

Ibuwat iboisien net tab konyinyisik.



Techet ‘ab ge; Rib men kosirin koberuret nebo groupit ngung’.

Teghet ‘ab ge en groupit ko bo maana en groupishek che mengechen chebo TIST.

Mwoe en Ephesians 4:15,16 yoche ketech ke en kanyitet ‘ab Christ. Chitukul en groupishek che meng’echen en TIST koibu talentaishek chwoik kobwa TIST. Kit agenge ne kararan en groupishek ko naet ‘ab talentaishek che kikekonech.

Techet ‘ab ke ko oret ne kimuche keboishen talentaishek chok. Miten komoswek oeng’ en techet ‘ab ge;

- Kotoma kesa saaet ne letu, kesom chitugul komwa kit ageng’e ne kararan agobo kandoindet. Tuguk cheu , kitoreti chi tugul en boishoni, kiiborwon kit ne kitomosich etc.. Yoche komwa membayat age tugul kit ne terchin. Inoniton komo optional. Chitugul kokochin teget’ kandoindet nekobo kasara ton. Ogo groupishek kokochin kujeng’ana toretik ‘ab kondoik.

Yon miten zung’uganet ‘ab kandoinatet , kila wikip konyoru kandoindet Kujengana. En Kujengana, Keti ke en tuguk che kororon che koyai kandoindet nebo wiki noton ak talentaishek che koibor chi choton.

Kujengana kora kotoretech kenai ole kicheng’toi tuguk che kororon en membaek .Yoche kinet ng’elepwokik chok komwa tuguk che tech’ . kora, konoe groupit noton kit neibwote kole bo maana en kandoik. Kandoik che rube konete ke en ng’alek che kakas en kujengana akopo kandoik che kokobata ak konai kit ne ibwote membaek kole yomeke en servan leaders.

En wolunet nebo Kujengana, komwoe kandoindet nebo wiki noton kole ‘ kong’oi’, yon kakomwa membayat age tugul . Inoniton koboiboite kandoindet ‘ab wiki noton yon kakemwochi tuguk che kororon che koyai en groupit ak tuyoshek .En yuton kimuche kinet ke tuguk che kimoging’en akobo ehek!

Kujengana kotoreti kandoindet ‘ab kasaraton konai talentaishek che tinye akotakoboishen. Kujengana kora kotoreti groupishek che meng’echen , ang’amun kandoik tugul kotese skills chebo kandoinatet. Kujengana ko berurto konyil oeng’