



# THE TREE

The International Small Group  
and Tree Planting Program

CLEAN AIR  
**ACTION**  
CORPORATION

TIST NEWSLETTER APRIL 2024



Redstink wood ready for planting, a big mile stone to increase indigenous trees in TIST program



Farmers after cluster meeting in Bushenyi and receiving training on planting more indigenous trees



Sensitisation meeting held in Serere about the nurserybed where they have promoted juckfruit seedlings , mahogany seedlings, to increase on the indogenous trees



Cluster meeting in Gweri Apucet-Soroti, training farmers on TIST co-benefits



Weeding and potting at the Nuserybed in Kabale preparing for rain season to start planting

**The TREE** is a monthly newsletter Published by **TIST** Uganda, a project area of **The International Small Group and Tree Planting Program**.

**MISSION STATEMENT:**

TIST Uganda is a community initiative dedicated to empowering small groups of subsistence farmers to combat the devastating effects of deforestation, poverty and drought.

**OBJECTIVE STATEMENT:**

Combining sustainable development with carbon sequestration, TIST supports the reforestation efforts of over 56,000 subsistence farmers. Sales of carbon credits generate participant income while TIST today also addresses Agriculture, HIV/AIDS, Nutrition and Fuel Wood challenges.

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### ENGLISH

## Local Small Groups Are the Foundation of TIST.

- ☐ Small Groups of 6-12 people from nearby houses (homes).
- ☐ Committed to working together in planting trees and farming.
- ☐ Develop “Best Practices” to adopt new farming practices.
- ☐ Develop practices for starting nurseries and caring for the seedlings.
- ☐ Decision-making and action is carried out by the Small Groups.
- ☐ These Small Groups form a Cluster of 30-50 Small Groups within a walkable distance.

## TIST Small Group Eligibility Requirements

- Groups should have 6 to 12 members.
- Group members should come from three different family households.
- Hold weekly meetings.
- Should serve TIST values.
- Sign Greenhouse gas contract.
- Keep live trees for 30 years before harvests.
- Should have 500 trees and be able to plant 1000 trees every year.
- Be able to form Clusters of 30 to 50 Small Groups.
  - Be able to plant trees no closer than 2 feet from each other.
- Plant trees that grow more than 2 meters high.
- Small Groups should allow Quantifiers to come and do quantification.
- Able to replace trees that die after planting.
- Plant trees that are friendly to the environment.
- Each tree to be paid 0.02 US dollars.

## Kujengana as TIST Best Practice

Kujengana: Don't miss the blessing for your Small Group and Cluster.

Kujengana is a very important part of your Cluster monthly meeting and Small Group weekly meeting. It says in Ephesians 4:15, 16 that we are to build each other up into the fullness of Christ. Each person in your TIST Small Group brings his or her own special talents and gifts to the entire group. One of the wonderful things that happens in the Small Group is recognizing, sharing and using those God-given talents. With Rotating Leadership and Kujengana, all Small Group members will rapidly develop those gifts and talents.

Kujengana is a way to let those talents be seen and utilized. There are two parts to Kujengana:

- Before the closing prayer, every person in the group says one specific, positive thing that the leader did at that meeting. Specific comments have to refer to something the members saw or heard - something “a fly on the wall could see or hear.” It is not a general statement like “the leader did a good job.” For example: the leader smiled, kept to time, encouraged all group members to speak, greeted me and made me feel welcome, pointed out something that was going very well in the meeting or in the work the group was doing, etc. Each member needs to say something different. This is not optional. Everyone gives Kujengana to the servant leader. Some groups also give Kujengana to the co-leader.
- In addition, if someone sees a gift shown by the leader, a group member can also say that.



With Rotating Leadership, all participants will receive Kujengana in their turn. Through Kujengana, we encourage each other on the good things that the leader did in the meeting and the talents the person showed. Kujengana is also the way we learn to look for positive things about people and then say them. We all need to train our tongues to say the positive. In addition, the whole group learns what that group thinks is important in a servant leader. The next leaders will benefit from what they have heard in Kujengana about previous leaders and know what the group thinks is important in being a servant leader.

In response to Kujengana, the servant leader just says, "Thank you" after each group member's specific, positive statement. There is no discussion about how it could have been done better, or differently. Often, the person is happy when he or she is told the good things he or she did during the meeting. Sometimes we learn things about ourselves we didn't know! Kujengana helps the leader recognize his or her talents so they keep using them. Kujengana also helps the Small Groups and Clusters because all the members improve their servant leadership as they learn.

Kujengana is a double blessing.

## Other Benefits from TIST

### 1. Improved Cook Stoves

- o TIST provides training and access to improved cook stoves.
- o Improved cook stoves use less wood and are more efficient.
- o Improved cook stoves are good for your health because you breathe in less smoke.

### 2. Conservation Farming

- o Conservation Farming (CF) helps farmers to get more crops.
- o Conservation Farming helps to get crops even when there is little rain.
- o TIST teaches farmers to use Conservation Farming practices that include digging holes filled with compost manure for planting.

### 3. Training on compost manure

- o TIST gives training on making compost manure. This allows farmers to avoid buying fertilizer, get more yield, and help the environment.

### 4. Health

- o A farmer's health is their biggest resource. TIST provides training on staying healthy and common health issues.

### 5. Leadership Development

- o Every TIST participant has the chance to be a leader. TIST provides training on leadership for women, men, and youth.
- o The TIST program practices Rotational Leadership, which allows everyone a chance to lead.

6. We create a physical and social environment of harmony and joy.

## TIST Small Groups

TIST Small Groups are the most important part of TIST. When you form your Small Group, you will be working together for at least 30 years. It is important that you think very carefully about who you want to work with. TIST Small Groups are only as strong as their members. Good TIST Small Groups are made up of people who are hardworking and embody the TIST values. Small Groups are nurseries for leadership development. They are made up of friends and neighbors.

- Why does TIST work in Small Groups?
  - o TIST participants get much more work done through Small Groups.
  - o Small Groups help TIST participants to be accountable to each other. When someone is successful, the whole group is successful. If someone does something bad, the whole group is harmed.
  - o TIST Small Groups allow members to share encouragement and experience.
  - o TIST Small Groups are made of members from at least 3 different families so that different people will have opportunities to lead and meet new people.
  - o Small Groups help TIST to create Big Results with a Low Budget.
  - o Small Groups are nurseries for leadership development.



### Za guruupu enkye nigwe musingye gwa TIST

- Guruupu z'abantu 6-12 kuruga omu maka gahereraine
- Beehaireyo kukorerera hamwe omu kubyara emiti n'okuhinga
- Kuhingira aha mitwarize mirungi y'omurembe
- Kukoramamu ensharamu nungi n'okumanya eky'okukora.
- Guruupu enkye ezi nizikora guruupu z'empagara ezirimu ba memba 30-50 omu kyanga kimwe.

### Ebyetengo by'okukora guruupu ezi

- Zishemereire kuba ziine ba memba 6-12
- Bamemba bashemereire kuruga omu maka 3 gatarikushushana
- Bagireho enkiiko za buri kwezi
- Bagyendere aha mitwarize ya TIST
- Bakore endagaano n'ekitongore ekirikugura orwoya
- Barekye emiti ekure kuhisya emyaka 30 batakagisharwire.
- Bagire emiti 500 kandi babyare endiijo 1000 buri mwakla
- Bakoreho guruupu z'emparara zirimu bwa guruupu 30-50.
- Babyare emiti fuuti ibiri kuruga aha muti kuza aha gundi

- Babyare emiti eine oburaingwa bwa mita 2 aha mutwe.
- Baikirize ababazi b'emiti kuza omu misiri yaabo kugibara
- Babyare emiti endiijo omu mwanya gw'egyo eraayome.
- Babyare emiti eine akakwate n'okurinda eby'obuhangwa.

Buri muti kushashurwa doora 0.02

### Kujengana nk'emikorere mirungi ya TIST

Otafeerwa omugisha omu guruupu yanyu

Kujenga n'enkora nungi omu nkiiko za guruupu buri kwezi.

Nikigambwa omu 'Befeeso 4: 15-16' ngu tukorere hamwe kandi twombekane tube bamwe omuri kristo. Buri memba naareeta obukugu bwe n'okumanya kwe omu nkiiko za boona namunonga ebiconco ebiyaahairwe Ruhanga.

Ebiconco ebi nibireeberwa omu kujengana omu bicweka bibiri:

Eky'okubanza buri muntu wee-na naagamba ekintu kimwe kiki kuru eky'omwebembezi yaa-kora nari yaagamba omurukiiko, nk'okuramusya, okugamba gye, okushaba, okugamba ekirikutunguura guruupu n'ebindi. Bamemba nibabigambira omwebembezi waabo nari



bataahi baabo.

Ekindi memba omwe yaareeba ekiconco kirungi omu mwebembezi, naakigamba guruupu yona ekimanya. Eki nikyorekyerwa omu bintu birungi ebi omwebembezi arikukora kandi n'okurabira omu bwebembezi bw'okwetroora. Kujengana n'okureeba ebintu birungi omu mutu reero okabigamba. Nikijja kuha omwebembezi arikukurataho kugira okwebembera kurungi omu rukiiko.

Omuntu naashemererwa yaagambirwa ebintu birungi ebiyaakora omu rukiiko. Kujengana ninungi omu nkiiko.

### **Agandi magoba agari omu TIST**

A1) Nitukora amahega agarikukoresa enku nkye. Nikihwera omu kukoresa enku nkye kandi kirinda amagara gaitu obutarwazibwa mwika.

2) Okuhingira okurinda orwezo. Enkora egi neehwera abahingi okugira ensigo z'emiringo mingi n'obu enjura yaakuba eri nkye. Hamwe n'okuhinga gye erikutimba ebiina orikubyaza kasasiro.

3) Okutendeka okukora orwezo kuruga omu kasasiro. Nikihwera omu kukora orwezo, obutagura fataraiza, kukanyizsa amasharuura n'okurinda eby'obuhangwa.

4) Ebyamagara. TIST neetendeka ba memba baayo kugira amagara marungi n'entuura nungi.

5) Obwebembezi. TIST neehereza ba memba baayo omugisha kwebembera. Namunonga omu bakazi, abashaija n'abaana.

6) Nitureetaho obugwagye omu magara n'omu mitima ya ba memba.

### **Za guruupu enkye omu TIST.**

Za guruupu n'ekicweka kihango kya TIST. Mwakora guruupu nimukorera hamwe emyaka 30na. Nikirungi kutoorana omuntu ou oraayeteerane nawe omu guruupu. Guruupu za TIST ziine amaani nk'abakama baazo. Guruupu za TIST nizicwereggyerera obwebembezi kandi nizikorwa abanywani n'abamuriraanwa.

Ahabw'enki TIST neekorera omu guruupu?

- Emirimo neekorwa mingi kandi aho-naano. Buri muntu ariho ahabwa mutaahi we. Omwe yaakora gye guruupu yona neeba yaakora gye, kandi omwe yaakora kubi, guruupu yona neeba yaakora kubi.
- Ba memba nibabagana ebyaruga omu kukorera hamwe.
- Ahabwa ba memba kuruga omu maka gatarikushushana, ba memba nibaihamu okumanyana.
- Nibatamu kakye basharuuramu kihango.
- Omu guruupu nimwe harikurugwa obwebembezi obuto.

Ezi nizo nyomyo za TIST.

Manya eki: Twakuratira enkora egi, TIST neija kuba ey'amaani kandi ejanjaare omu Uganda yona.

6- Reka kuhingira okurinda eitaka turugye omu bworo

7- Reka turiise enjoki omu miti yaitu emi



ATESO

**Atukona ngun nu didik kesi eraasi apetetait naka TIST**

- Atukona nu didik nu itunga 6-12 kolomunitos koreria lu eyapionoro .
- Koraasi itunga lu eyinakina aswam nepepe koipone lo aira ikito ka akoru da.
- Kopedorete aitolomun aswamisio ace nu itetiak nu ajokak nu itojokarete eiswamaye kec kotoma akoru
- Kopedorete aitegear aswamisio nu aipepe ikito ka aidar kesi
- Aomisio kere nu itetiak ka aitwasam kesi eraasi nu elomunete ka ne ejai atukot na didi
- Atukona nu nudidik erasi nu ibumakinis ka nu aiswamaun aibunget na iguruupu lu didik 30-50 kolomunitos kotoma aiboisio ka nu eyapionoro nu epatana alosite kede akej

**Nu ibusakinit atupit ka nu atukot na didi araun na elomari toma TIST.**

- Ekot atukot kojaatatar itunga 6-12 lu eraasi imweban
- Ekot imweban lu kolomunitos kotoma okalia iuni lu egelegela koyapionoro
- Kopedorete atukonokin toma aurianet iruan tipe esabiiti
- Kidokitos akanin toma apopula ngin na acamanar na enyaritai ekontract
- Kopedorete aidar ikec ikito kojarete adaun ikaru 30 komam etuboritai
- Ekot ber kesi kojaatatar ikito 500 konye kopedorete aira ikito 1000 ka ngon karu
- Kopedorete adukun aibunget ngin na iguruupun lu didik 30-50
- Kopedorete aira ikito toma ailaanakina na mam ebonguni kwap na akeje aarei
- Aira ikito lu epoloete adepar imitai 2 lu aojau
- Ibusakinit atukona nu didik lu acamakin emarak

ikito abunore aimar ikec kito

- Kopedoritosa aburonokin ikito ngun kere lu etwakete akaulo na aira
- Aira ikito ngun lu ipaperosi kede ejautene lo akwap
- Ka ngon kitoi eponio aitac idolai luka Amerika 0.02

**Kujengana kwapa aswamisioit na jokan kotoma TIST**

Kujengana: Siri kitwania arereng ka nu akon tukot na didi kede aibunget

Erai kujengana ibore yen epol ejokis noi kotoma aurianet kon na aibunget naka angon lap ka akon tukot na didi ka ngon sabiiti. Ebalakotoma ipeson 4:15-16 ebe ibusakinit ooni aiduk ngin diopen diopen ka oni kotoma aileleba kotoma Christo . Ngin tunganan yen ejai toma atukot kon nadidi naka TIST eyauni ake talanta arai bon at ake ayinakineta toma atukot . Ibore idiopene yen ajokan yen iswama kotoma atukot na didi ngesi aisi-maar /aisiyalamikin , aimor ka aitwasam Atalanta ngin na eyinakinit ijo Edeke . Koipone lo aisirim eingarenone ka aswam kujengana, imwebai kere lu ejaasi toma atukot ngin epote aitopol akec ayinakineta ka Atalanta

Kujengana erai eipone lo ayinakin itunga aanyun Atalanta ngin na ejaatatar itunganan ka ngesi aitwasam. Ejai kujengana irwan aarei

- Eroko elimoro ailip na agolokin aurianet , erai ber ngin tunganan kere yen ejai toma atukot alimun ibore yen ajokan yen aanyu ngesi ka ne ejai engarenon kotoma osawa lo engarenikitor ngesi aurianet ngin. Ekot korai ibore yen iswamat engarenon kowanyunitos kesi arai apupun ido kopedori ecucut da lo ebwoi ar-watat aanyun arai apupun . Mam erai alimun bon ebe” da akiro nu ajokak nu iswamaete imweban ka ace da . Ngin mweba kere ibusakinit alimun akiro nu itegelikina . Mam na erai aseket. Ngin tunganan kere ejai ayinakin kujengana ne ejai engarenon , ice tunga eyinakineta kujengana ne jai atupiton engarenon da
- Arai bobo eyanyunit itunganan ainakineta arai Atalanta na itodunit engarenon ,elimuni ngesi ngun da . Koipone lo aisirim engarenone apolokec ebe epote



imwebai kere adumun ekujengana na edolio apak kec aingarenikin. Ne iswama ooni ekujengana isinyikoikin ooni engarenon ko toma akiro nu ajokak nu iswamat

- Kanu abongokin ekujengana , erai engarenon alimun ebe “eyalama” kedau ngin tunganan kere alimun nu ajokak nu aanyu ngesi ka ne jai engarenon , emamei bobo amorun ebe “konye arai ti kwana abeitor” arai bon at eipone lo egelara . Duc ne isiyalamikinere itungana ka alimokin ngesi nu ajokak nu iswamata itunganan, eyinakini ngesi aisinyikoikinet ka agogong na aswam .Ice sawan imina ooni aisiaun akiro nu ajokak nuikamanara ka ooni nu mam ooni kijeni. Ingarakini kujengana engarenon ajenun ne jai akegogong ka ayinakinet ke . Kujengana da bobo ingarakini atukot na didi ka aibunget narai imwebai kere itojokaarete eipone lo eiswamaye kec kotoma aingarenikin.

Ace nu idumuni ooni kotoma TIST

1. Ikiyal ngun lu itojokaritai
  - o Eyinakini TIST aituutorio ka adumun ikyal ngun lu itojokaaritai
  - o Ikiyal ngun lu itojokaritai eraasi lu itwasamaete akito adis ido eyuwara aitwasam
  - o Eraasi ikiyal lu nu eyuwara ka nu akon ngaleu narai iyenganari ijo apuru adio
2. Akoru na tinen kwana na itojokaritai
  - o Ingarakini akoru na tinen kwana akoriok adumun inyamat ka aisak na ikeara
  - o Igarakini akoru na akoriok adumun inyamat karaida apakio nu edisiar edou
  - o Isiisianakini TIST aitwasam akoru na na tinen kwana kimoriarite aibok aipanya ido aileleb kesi kede ebolia
3. Aituutor koipone lo aswam ebolia
  - o Einakini TIST aituutorio koipone lo aisub ebolia. Inarakini na akoriok amamus aitwasam ebolia ngon lo egwelio koiduuka lo mam ingarakinit ayuwar alupok
4. Angaleu
  - o Angaleu na akorion ngesi erai na itopoloritai ka kere. Einakini TIST aituutorio na ikamanara kede

angaleu ka asalit ingalei

5. Aitopol eingarenone
    - o Kangin mweba kere yen ejai TIST ejaatar arereng na aingarenikin . Einakini TIST aituutorio na ikamanara kede eingarenone neja angor , ikiliok ka atumunak
    - o Ainapeta nuka TIST isinyikoikinitos aisirim eingarenone , ibore yen eyinakini ngin tunganan kere arereng na aingarenikin
  6. Isubuni isio ejautene lo ejai apuonororo ka aiyalama
- Atukona nu didik nuka TIST
- Atukona nu didik nuka TIST kesi atenu na epol noi kotoma ainaoeta nuka TIST . Arai kiswamautu eesi akus tukot na didi , ipote eesi aswam nepepe adaun ikaru 30. Erai ibore yen epol noi ijo ajenun ka asekun itunganan yen ikoto ijo aswam kede ijo adaun ikaru ngun . Eraasi atukona nu didik nuka TIST nu egogong kwape ikec mweban . Atukona nu didik nu ajokak nuka TIST eraasi nu edukunitos itunga lu iswamaete kede agogong ido kotupitos ikisila luka TIST . Eraasi atukona nu didik ne ipepeere engarenok ido korasi nu edukunitos ipapero kede idunyeta.
- Kanu inyo iswama TIST kotoma atukona nu didik?
  - o Epedorete imwebai luka TIST aiswamaun aswam nae pol kotoma atukona kec nudidik
  - o Ingarakinete atukona nudidik imweban luka TIST araut lu epedorete ayinakin akauntability ne ja kesi bonik kikamanara kede ekec eswamae. Arai eraun idiopetunganan yen epedori ,kesi kere eraunos lu epedorete. arai kiswamau idiopetunganan nu eroko , itunga kere eraunos lu imusungunos
  - o Ecamakinete atukona nu didik nuka TIST imweban aimor ka aisinyikoinikin bonik ka bonik.
  - o Eraasi atukona nuka TIST nu edukunitos itunga lu elomunitos okalia iuni ka adepar ibore yen isinyikoikini eidicane
  - o Atukona nu kesi ingarakinitos TIST aitolomun nu epolok ketwasamaete ebajet lo edit
  - o Eraasi atukona nu didik ne ipepeere engarenok.





## LUGANDA

### OBUBIINA OBUTONO GWE`MUSINGI GWA TIST

- Obubiina obutono bulimu abantu 6-12 okuva mumakka agalinaganye.
- Bewaayo okukolera awamu mukusimba emitti nokulima.
- Okugoberera enima eyomulembe.
- Okusalaawo kukolebwa abantu mukabiina akatono.
- Obubiina bukola ekibiina ekinene ekirimu obubiina obutono 30-50 mukitundu ekitambuzibwamu ebigere.

### EBYETAGISIBWA OBUBIINA OBUTONO

- Akabiinna katekedwa okuba nabantu 6-12.
- Abantu batekedwa wakiri okuva mumakka asatu.
- Okuba nenkkiko buli wiiki.
- Batekedwa okuwereza emiramwa gya Tist.
- Batekedwa okusayingina endagano eyokutunda omuka omubi.
- Batekedwa okukuuma emiti okumala emyaka 30-50 nga tebanagisala.
- Batekedwa okuba nemiti 500 era n`okusimba emirala 1,000 buli mwaka.
- Batekedwa okukola ekibiina ekinene nga mulimu obubiina obutono 30-50.
- Obubiina obutono butekedwa okukiriza abala emiti okubala emiti gyabwe.
- Batekedwa okuzamu emiti egyikaze.
- Batekedwa okusimba emiti egyikolagana n`obutonde.
- Buli muti gwa kusasulibwa dolla 0.02.

**“Kujengana” yenkola ya TIST esinga mukuzamu buli muntu alina kyakoze amanyi oba okusimibwa.**

**Abefeso 4:15-16 tutekedwa okuzimba buli omu mumwoyo gwa kurisito. Buli omu mukabiina aleta ekitone kye mukabiina.**

Mukukyusa obukulembeze n`okuzimba bulimuntu, abantu bona mububiina obutono bafuna oba bazukusa ebitone n`abirabo byabwe.

“Kujengana” yengeri eyokulamu ebitone n`okubikozesa.

Nga tenasaba sala egalawo olukiiko, buli muntu mukibiina ayogerayo ekirungi omukulembeze kyakoze mulukiiko olwo. Ebyogerwa bitekedwa okuba nga byekusa kwebyo byewalaba oba okuwulira okugeza nga omukulembeze yamenya nya, yakuuma, ebiseera, yazamu abantu abantu boona amanyi okwogera, kyanyamba era nempulira nga nyanirizidwa. Buli muntu asiima omuwereza obubiina obumu busiima nabadirira abakulembeze.

- Mukwongereza ko, singa omuntu alabye ekitono mumukulembeze, bamemba bakabiina bayinza okukyo-gerako nakyoko.

Mukukyusakyusa obukulembeze, abantu boona bafuna kujengana mukisera kyabwe nga bakulemberabyakoze mu nkiiko n`ebitone omuntu oyo byalaze.

Fena tutekedwa okusomesa enimi zaffe okwogera ebirungi. Omukulembeze adako a funa mwebyo byawulidde mu kujengana ebiri kumukulembeze avudeko era Namanya biki akabiina bye kalowooza nti bya mugaso mukubeera omukulembeze.

Mu kujengana, omukulembeze adamu nti mwabale. Oluvanyuma lwa buli memba mukabiina okwogera. Buli muntu abera musanyufu nga omwogeddeko ekirungi. Kujengana ayamba abakulembeze kubitone byabwe.

Kujengana eyamba obubiina obutono ne kibiina ekinene kubanga bamemba boona bongera kubuwereza bwabwe nga bakulembera nga bwebasomesa.

Kujengana mikisa ebiri.

1. Ebyoto ebikekerezwa

- TIST ewa emisomo kukuzimba ebyoto ebikeker-eza.

- Ebyoto ebikekerezwa bikozeza enku ntono.

- Ebyoto ebikekerezwa bitungi eri obulamu bwafe kubanga bifulumya omuka mutono.

2. Enima eyomulembe

- Eyamba abalimi okufuna Amakungula amangi

- Eyamba abalimi okufuna wadde nga enkuba ntono

- TIST esomesa abalimi okukozesa enima eyomulembe nga basima ebinye, okubijuzamu nakavundira nesimba.



KISWAHILI

3. Okusomesa Okukola nakavundira

• TIST esomesa Okukola nakavundira. Kino kiyamba abalimi Okukendeza okugula ebijimusa, era bafuna Amakungula amalungi nekiyamba n`obutonde.

4. Ebyobulamu

•TIST esomesa abalimi okusigala nga balamu.

5. Okukula mubukulembeze

• Buli wa TIST alina omukisa okukulembera. TIST ewa emisomo kubukulembeze eri abakyala, abami n`abavubuka

• Entekateka ya TIST ekola enkyukyuka mubukulembeze, ekiyamba buli omu okukulembera.

6. Tutondawo ebikwatiwako, enkolagana mubitungundu mumirembe nesanyu.

**Obubiina obutono obwa TIST**

Obubiina obutono kyekitundu ekisinga mu TIST. Wokola akabiina akatono mukolera wamu mummyaka wakiri 30. Kikulu okulowooza ennyo kwani gwogenda okukolagana naye. Obubiina bwa TIST bagumu Kulwa bamemba. Obubiina bwa TIST obulungi bukolebwa bamemba abakola ennyo era abagoberera emiramwa gya TIST.

Obubiina obutono tendekero lya bakulembeze bukolebwa bamikwano n`abalirwana.

• Lwa TIST ekolera mububiina obutono?

Emirimu gya TIST egyisinga gyikolebwa mububiina obutono.

Obubiina obutono obwa TIST buyambako buli muntu okumanya nti avunanyizibwa kumbarilira .

Omu wawangula akabiina kona kaba kawangudde. Era omu wakosebwa, akabiina koona kakosebwa.

Obubiina bwa TIST bamemba bagabana obuwanguzi n`obumanyirivu.

Obubiina obutono obwa TIST bukolebwa wakiri amaka asatu. Agenjawulo kisobozese abantu abenjawulo okufuna omukisa okukulembera n1okusisinkana.

Obubiina obutono buyamba TIST Okukola ebine nene nga ekozesa kitono.

Obubiina obutono somero lyabukulembeze.

**EMIGANYIRO EMIRALA OKUVA MU TIST**

Vikundi ndogo ya Maeneo ni msingi wa TIST

Vikundi ndogo ya watu 6-12 kutoka karibu na nyumba(nyumba).

Kujitolea Kufanyia kazi pamoja katika kupanda miti na kilimo.

Kuendeleza "Mazoezi Bora"kupitisha mazoezi mpya na kilimo.

Kuendeleza mazoezi ya kuanzia vitalu na kutunza miche.

Kufanya maamuzi na hatua niulio fanywa na Vikundi vidogo.

Hizi vikundi ndogo kutoka kwa nguzo ya vikundi ndogo 30-50 katika Maeneo karibu ya kutembelewa.

Mahitaji hakika ya vikundi ndogo ya TIST

• Vikundi wana paswa kuwa na wanachama 6 hadi 12.

• Wanachama wa vikundi wana paswa kuja kutoka kaya tatu za familia.

• Kushikilia Mikutano ya kila wiki(juma).

• Lazima Kutumikia maadili(thamana/faida)ya TIST.

• Ziweke sahihi kwa mkataba ya gesi chafu.

• Endelea miti ya kuishi kwa miaka 30 kabla ya mavuno.

• Wana paswa kuwa na miti 500 na kuwa na uwezo wa kupanda miti 1000 kila mwaka.

• Kuwa na uwezo wa kuunda ma nguzo ya vikundi ndogo 30 hadi 50.

• Kuwa na uwezo wa kupanda miti hakuna karibu fiti 2mbili kutoka kwa kila mmoja.

• Panda miti ambayo inakua zaidi ya mita 2 juu.

• Vikundi ndogo ina paswa kuruhusu wa kwantifaya ku kuja na kufanya kuesabika.

• Uwezo wa kuchukua nafasi ya mti ambayo hufa baada ya kupanda.

• Kupanda miti hiyo nikirafiki kwa mazingira.

• Kila mti kulipwa 0.02 dola za Marekani.

Kujengana kama mazoezi Bora ya TIST

Kujengana: Usikose baraka kwa vikundi ndogo chako na nguzo.

Kujengana ni sehemu muhimu sana ya mkutano wako wa kila mwezi wa vikundi na mkutano ndogo wa kila wiki.

Ina semwa katika Waefeso 4:15, 16 yakwamba tuna paswa kujengana kila mmoja katika ukamilifu wa Kristo.



Kila mtu katika Vikundi ndogo vyaako vyaa TIST huleta ta-  
lanta zake maalum na zawadi kwa kundi zima.

Moja ya mambo ya ajabu ambayo hutokea Katika kundi ndo-  
go ni kutambua, kushirikiana na kutumia vipaji vya Mungu.

Na uongozi una ozunguka na Kujengana, Wanachama wote  
wa vikundi watakua haraka zawadi hizo na vipaji.

Kujengana ni njia ya kuruhusu vipaji hivyo kuonekana naita-  
tumikwa. Kuna sehemu mbili ya Kujengana:

• Kabla ya sala ya kufunga, kila mtu katika Vikundi ana sema  
jambo moja maalum, chanya ambacho kiongozi alifanya  
katika mkutano huo. Maoni maalum yana paswa kutaja kitu  
ambacho wanachama waliona au kusikia - kitu "kuruka  
kwenye ukuta inaweza kuona au kusikia." Sio taarifa ya jumla  
kama "kiongozi alifanya kazi nzuri." Kwa mfano: kiongozi  
huyo alisisimua, aliendelea, aliwahimiza wanachama wote  
wa kikundi kuzungumza, walinisaliti na kunifanya kujisikia  
kuwa karibisha, alisema kitu ambacho kilikuwa kikienda  
vizuri katika mkutano au katika kazi ya kikundi kilifanya, nk.  
Kila mwanachama anahitaji kusema kitu tofauti. Hii sio . Kila  
mtu ana hiari. Kila mtu anatoa Kujengana kwa kiongozi wa  
mtumishi. Vikundi mengine pia hutoa Kujengana kwa kion-  
gozi wa ushirikiano.

• Kwa kuongeza, ikiwa mtu anaona zawadi iliyoonyeshwa  
na kiongozi, mwanachama wa kikundi anaweza pia kusema  
hivyo.

Kwa uongozi unao zunguka, washiriki wote wata pokea  
Kujengana kwa upande wao. Kupitia Kujengana, Tunahimiza  
kila mmoja kwa mambo mazuri ambayo kiongozi alifanya  
katika mkutano na vipaji mtu huyo alionyesha. Kujengana  
Pia ni njia tunayojifunza kutafuta vitu vyenye juu ya watu na  
kisha kuwaambia. Sisi wote tunahitaji kufundisha lugha zetu  
kusema chanya. Aidha, kundi zima linajifunza kile kikundi  
hicho kinadhanini Muhimu katika kiongozi wa mtumishi.  
Viongozi wa pili watafaidika na yale waliyoyasikia Kujenga-  
na Kuhusu viongozi wa zamani na kujua nini vikundi kinad-  
hani ni muhimu katika kuwa kiongozi wa mtumishi.

Kwa kukabiliana na Kujengana, Kiongozi wa mtumishi anas-  
ema tu, "Asante" baada ya kila taarifa ya kundi cha mwana-  
chama.

Hakuna majadiliano juu ya jinsi ingeweza kufanyika vizuri,  
au tofauti. Mara nyingi, mtu anafurahi wakati ana uambiwa  
mambo mazuri aliyofanya wakati wa mkutano.

Wakati mwingine tunajifunza mambo kuhusu sisi wenyewe  
hatukujua! Kujengana husaidia kiongozi kutambua talanta  
zake hivyo wao Endelea kutumia. Kujengana pia husaidia  
vikundi ndogo na ma nguzo kwa sababu wanachama wote  
huboresha seuongozi wa rvant wanapojifunza.

Kujengana ni baraka yau mbili.

Faida nyingine kutoka kwa TIST

1. Kuboreshwa ma jiko mpishi

o TIST hutoa mafunzo na upatikanaji wa jiko mpishi.

o Kuboresha jiko la kupika hutumia kuni chini na ni  
ufanisi zaidi.

o Kuboresha jiko la kupika ni nzuri kwa ajili yako Afya  
kwa sababu wewe pumziakwa moshi ndogo.

2. Kilimo kya Uhifadhi

o Ukulima wa Uhifadhi (CF) husaidia wakulima kupata  
mazoezi zaidi.

o Kilimo cha uhifadhi husaidia kupata mazao hata  
wakati kuna mvua kidogo.

o TIST inafundisha wakulima kutumia mazoezi ya  
kilimo ya uhifadhi ambayo ni pamoja na kuchimba mashimo  
kupata na mbolea ya mbolea kwa kupanda.

3. Mafunzo juu ya mbolea ya mbolea

o TIST inatoa mafunzo juu ya kufanya mbolea ya  
mbolea. Hii inaruhusu wakulima kuepuka kununua mbolea,  
kupata mavuno zaidi, na kusaidia mazingira.

4. Afya

o Afya ya mkulima ni rasilimali yao kubwa. TIST hutoa  
mafunzo juu ya kukaa masuala ya afya na ya kawaida.

5. Maendeleo ya uongozi

o Kila mshiriki wa TIST ana nafasi ya kuwa kiongozi.  
TIST hutoa mafunzo juu ya uongozi kwa wanawake, wanau-  
me, na vijana.

o Mpango wa TIST unaongoza uongozi wa mzunguko,  
ambayo inaruhusu kila mtu nafasi ya kuongoza.

6. Tunaunda mazingira ya kimwili na ya kijamii ya maele-  
wano na furaha.

Vikundi vidogo vya TIST

Vikundi vidogo vya TIST ni sehemu muhimu zaidi ya TIST.

Unapounda kikundi chako kidogo, utafanya kazi pamoja  
kwa angalau miaka 30.

Ni muhimu kwamba unafikiri kwa makini sana kuhusu nani  
unataka kufanya kazi na. Vikundi vidogo vidogo ni wenye  
nguvu kama wanachama wao.

Vikundi vidogo vimejumuishwa na watu ambao  
wana jitahidi sana na hujumuisha maadili ya TIST.

Vikundi vidogo ni vitalu vya maendeleo ya uongozi. Wao  
nilmeundwaya marafiki na majirani.

• Kwa nini TIST hufanya kazi katika vikundi vidogo?

o Washiriki wa TIST wanapata kazi zaidi kupitia vi-  
kundi vidogo.

o Vikundi vidogo vina saidia washiriki wa TIST kuwa-  
jibika kwa kila mmoja. Wakati mtu anafanikiwa, kundi zima  
limefanikiwa. Ikiwa mtu anafanya kitu kibaya, kikundi kizima  
kinaharibiwa.

o Vikundi vidogo vidogo vinaruhusu wanachama  
kushiriki faraja na uzoefu.

o Vikundi vidogo vya TIST yanafanywa na wanachama  
kutoka kwa familia tatu tofauti ili watu tofauti watakuwa na  
fursa za kuongoza na kukutana na watu wapya.

o Vikundi vidogo husaidia TIST kuunda matokeo  
makubwa na bajeti ya chini.

o Makundi madogo ni vitalu vya maendeleo ya uon-  
gozi.

DUL MA TINO EN AYE GUTI PA TIST



## LUO

- Dul matino ma nongo tye ki dano 6-12 ma nongo opong ki dano ma gin aa ki I gangi ma cok cok
- Gin mine me tic karacel matek me pito yadi ki pur
- Gin keto I tice kit me pur ma nyen
- Gin gedo dok bene gin keto I tic kit me yubu kama ki pito iye kodi yadi ma tino dok bene gin neon kit me gwoko yadi ma tino.
- Moko tam dok bene ki keto tam ma nongo ki moko I tic ma nongo dul ma tino gin aye gin timo
- Dul ma tino ni ma nongo be dul mukene gin ma nongo kin gi cok cok gin ribe I kin gi dul ma ribe ni gin bedo 30-50

### GIN MA MITE PI DUL MA TINO PA TIST

- dul ma tino omyero obed ki lumemba 6-12
- lumemba me dul ma tino omyero obin ki I gangi ma pat pat
- dul ma tino myero obed ki ka coke ma time cabit ki cabit
- omyero gin gut ii miti pa TIST ke ken
- omyero gin gu dony I winye me ot me "greenhouse"
- gu gwok yadi ma kwo pi mwaki 30 ma nongo pud piya ki tongo gi
- 1000 mukene mwaka ki mwaka.
- Gu bed ki kero me kelo dul matino gin 30 – 50
- Omyero gu bed ki kero me pito yadi ma dongo lamal meter 2 malo
- Dul ma tino omyero gu yee ki lukwan yadi me bino ka kwano yadi
- Obed ki kero me pito ki dwoko cen yadi ma nongo ottoo woko
- Omyero gu pit yadi ma nongo pe balo ka bedo ma orumu wa
- Yadi acel acel ki bi culu 0.02 US dollar

Kujengana ma calo ngat ma keto tic pa TIST itic

Kujengana: pe ikeng gum ma aa ki I dul ma tino onyo dul ma tino ma nongo gu bino karacel

Kujengana pire tek tu twal but dul matino me kacoke Waco ni, Ephesians 4:15, 16 ni omyero w aged ngat acel acel dok bene wa mini gi kero ma nongo opong I kristo. Ngat acel acel ma tye I dul ma tino me TIST kelo diro ne ma pat pat ki mic I dul. Jami me wu ma time I dul ma tino en aye nyutu, hwako ki tic ki mic onyo diro ma nongo Rubanga aye omiyo. Ki bene ma nongo kit me tela ma nongo ki leyo aleya ki Kujengana, dul weng matino ki lumemba oyot oyot gin gedo diro ki mic ma meg gi.

Kujengana en aye diro ma nongo ki neon dok bene ki tiyo kwede. Magi aye dul aryo pa Kujengana

• Ma nongo pud piya ki loro lega, ngat acel acel Waco gin ma tye attii dok nogo ber ma nogo latela owaco onyo otimo I kacoke. Lok ma ber en aye "latela otimo gin onyo tic ma ber" latela bunyu, gwoko I cawa cuku cwiny lu memba weng me lok onyo Waco gin mo, omota oweko abedo tye ajola nyutu gin moni ka ma leng ma tye ka time ma ber I ka coke onyo I dul ma onongo tye ka time ki ma pol ataa. Dano weng miyo Kujengana ki la lub koo latela.

• Ki me medo ne, ka ngati mo neon mic ma nongo latela aye nyutu, lumemba me dul bene Waco meno

Ma nongo kit me tela ma nongo ki leyo aleya, jo ma tye weng gin jolo Kujengana ki I kaka gi. Ni wok ki I Kujengana, wa cuku cwiny ngat acel acel ki gin ma ber ma nongo latela otimo I ka coke ki dong bene diro ma nongo latela onyutu. Kujengana en bene aye yoo me pwonye me timo gin ma ber. Ka dong me medo ne, dul ki lumemba weng gin pwonyo gin ma nongo latela nongo ni ber pi lumemba weng. ki dong luteal weng gin nongo mugoba pi gin ma ber ma nongo gin gu nongo ki onyo gu winyo ki I Kujengana ma kwako tela ma nongo okato angec nongo bene gneyo ngo ma dul tamo nip ire tek me bedo latela me dul.

Me dog I Kujengana latela me dul mede Waco ni "Apwovo" ma nongo

dul ki lumemba ne owaco gin ma tye atir dok ma ber ngwako tam mokeken dong bedo pee ki ma kibi timo kwede onyo ma pat pat pol kare, dano iye bedo yom ka nongo ki Waco gin ma ber ma nongo en pe ngeyo Kujengana konyo luteal ngeyo diri he ci dong gin dong tiko tic kwede.

Kujengana bene konyo dul ma tino ki dul ma dongo pieni lumemba weng ilo diro me tic pa luteal kit ma nongo gin pwonye ki iye

Kujengana tye gum ma odode.

Mugoba ma aa ki bot TIST mukene

1. Oyilo rwom me keno tedo malo
  - TIST miyo pwonye ki bene ilo rwom me keno tedo malo
  - Weko keno me tedo tiyo ki yen ma nok
  - Ilo rwom me keno tedo malo dok bene ber me yoto kum dano pyeni I yweyo ito ma nok
2. Gwoko kit me pur
  - Konyo lupur me nongo cam ma pol
  - Konyo me nongo cam kadi bedi kot tye ma nok
  - Lupwonye me tist gin pwonyo lupur kit me kwinyo bur ki kit me tic ki cam ma otop pi nongo mwoc ngom
3. Pwonye kit me yubu moc ngom ma aa ki I yadi ki pote onyo cam ma otop
  - Pwonye pa TIST ki me yubu moc ngom ma nongo aa ki I yadi ki pot gi man weko lupur gi giko wilo kwi ma nongo ki wilo awila me medo moc ngom, nongo kac ma pol dok bene gwoko ka bedo ma orumu wa ma ber.
4. Yot kom
  - yot kom lupur en aye gin ma pire tek ki bot gi. TIST miyo pwonye ki lupur ma weko kom gi bedo yot lok me yot kom ma pol kare pire tek tutwali
5. kit me gedo kero me tela.
  - Dano weng me TIST nongo kero me bedo latela. TIST miyo pwonye me bedo latela bot mon, coo, ki bene bulu.
6. Wa yubu kabedo ma nongo ber bedo, kuc ki yom cwiny nongo bene tye I kin gangi ki bene kin dano.

### Dul ma tino pa TIST

dul ma tino pa TIST en aye dul kom TIST ma dong pire tek tutwal. Ka dong oyubu dul ma tino dong obi bedo ka tic karacel I kine ma room mwaki aye 30. Pire tek ni omyero I tam tam ma ber ikom anga ma imito ni itii kwede I dul ma tino

Dul ma tino bedo tek ma calo nongo gin timo gin ma nongo ber ki TIST dul ma tino rwom me tela gi tye lapiny me gedo kit me tela gi opong ki lurem dok ki jirani.

o Pi ngo TIST tiyo ki dul ma tino?

• Jo me TIST nongo dong tic ma pol no dong dul ma tino dong otimo dong ni weng.

• Dul ma tino konyo me miyo lok kom ngat acel acel ka dong ineni gi tye ka timo ma ber ka dong tye ka timo maber nongo bene dul weng tye ka timo maber ka ngat acel otimo gin ma rac bene balo dul weng

• TIST weko lumemba nwako ki ma cuku cwiny dano

• Dul ma tino pa TIST opong ki dog paci 3 ma pat pat bedo ka kare ma kere me rwate ki dano ma nyen.

• Dul ma tino pa TIST konyo mi kelo mugoba ma dit ki baget ma tidi

• Dul ma tino en aye ma nongo rwome tye matidi me tela

FOR TIST general inquires about TIST expansion, Payments, Trainings, small group formation and registration, and Tree Planting call: