

# Mazingira Bora

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**tist** Growing Trees  
Growing Leaders

Newsletter December 2024

English Version

1. We are Honest
2. We are Accurate
3. We are Transparent
4. We are Servant to each other
5. We are Mutually Accountable to each other

www.tist.org

*TIST is an innovative, time - tested, afforestation program led by the participants.*



**Nkando N TIST Cluster Meeting in a recent monthly meeting.**

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# Ichuga TIST Cluster: A Child Cluster Maturing Fast.

*Prepared by Josephine Mwangi, Cluster Servant and Auditor.*

Ichuga Cluster is a child cluster from Itangini. This was after the members felt there is a need to multiply our mother Cluster. After consultation we agreed to meeting venue and adding more members.

Since then, Ichuga cluster has grown to 57 Small Groups. Members of this cluster are happy to be in

TIST. They are enjoying the carbon profit share which has led them to plant trees at the meeting location. Some of the trees planted include Cyprus, Nandi flame, Gravellia, Mexican green ash African olive, Casuarina. This acts as demonstration site for tree planting. We are optimistic that this will encourage other members of our community Members on how to plant and take care of trees.



*Group photo: TIST members of Ichuga Cluster .*

# Mithuri TIST Cluster: Leaping Benefits in TIST.

*Prepared by Rahab Mbogo, Cluster Servant.*

We, Mithuri TIST Cluster members are very thankful for TIST Program has really helped us in our day to day lives.

Through Cluster meetings, we have learnt the importance of planting many different species of which we are practicing. In our farms we have planted Fruit trees like mangoes and macadamias. Indigenous trees like podo and Muringa. We also have exotics such as Cyprus, Gravelias among others.

TIST has helped us to change the climate in our area which has been too dry. Now when we plant we can see good results because the trees are helping to hold water in the soil through the roots. TIST Values has also helped us to grow each other and hence many members are admiring to be TIST members. We are also glad because of the profit share we are receiving and we are promising to maintain our trees for long. May our Almighty God protect and safeguard TIST Program.



*Group Photo: Members of Mithuri Cluster.*



# Gaturiri TIST Cluster: Learning and Practicing Action Planning.

*Prepared by Virginia Wairima, Cluster Servant and Auditor.*

**A**t their monthly cluster meeting on November 19, 2024, We members of Gaturiri Cluster, appreciated the ongoing 2023 Profit Share Payments.

We are happy with the new process payment that assures honesty and transparency. Each one of us understand the payment process very well.

Our Cluster servant has taught us to be sensitive to punctuality by herself being an example. She made us understand apart from what we are doing we need one another not only in our Small Groups but also in other community activities. There is a great change in members before and after joining TIST. We have learnt about Action Steps for Action Planning. We are practicing this in our Small Groups as well as in our communities. This is helping us become more innovative.

A good example  
Specific-how much do I have  
Measurable- what can I buy for my family that is very much needed.  
Achievable/realistic - My cash can only purchase this and this  
Time-bound -I should purchase what is required within a week, maybe before school open  
Observable -What I have purchased for my family can be felt by them.



**Group photo: TIST members of Gaturiri Cluster.**

## John Kinyua: I have benefited a lot from TIST.

*Prepared by Agnes Kayoi, Cluster Servant.*

**I** am John Kinyua, a TIST farmer from Ithamare Cluster. My Small Group is Ithamare Kanunguiru, TIST number 2006KEI211.

I heard about TIST from my neighbours who had joined Tist earlier and I decided to Join too. I started attending cluster meetings where since then have gained a lot through trainings.

At the Cluster meetings, we have been taught about planting trees and keeping them for more than 30 yrs. We have also learned about co-benefits.

I am very happy because 2022 profit share I received from TIST. I used the money to purchase a piece land where have planted more trees for TIST. I have benefited alot From TIST and I will continue keeping my trees for long for more benefits.



**Photo: John Kinyua at his TIST Tree Grove.**



# Kiathathi TIST Cluster: We Celebrate our Growth.

*Prepared by Festus Mutegi, Cluster Servant.*

**W**e, Kiathathi cluster started small but today we have reasons to celebrate for the growth. We started with few Small Groups and used to attend Miruriiri cluster which is a long distance from our village.

We tried hard to recruit other members. It was not an easy move since many members were challenged by the distance. Today our Small Groups have grown to 40 SGs. We have a child cluster by name Gitine. We thank TIST for all the trainings we have received.

At the Cluster Meetings, We have learnt the importance of indigenous trees, fruit trees and more so planting all species. We have Small Groups that have enjoyed the 2022 and 2023 profit share. This has brought light to the members in the village.

Further, TIST has opened our eyes to understand the carbon business. Our cluster attendance has now grown from 23 members to over 130 members. Our meetings start at 10.00 a.m. and ends at 12.00 p.m.

Kiathathi Cluster is in Meru County and we meet at the grounds of Kirua ACK Church neighboring Gikurune Boys High School. We meet every 3rd Tuesday of the month. Next meeting is on 17/12/24. Our monthly cluster are so enjoyable. Come and learn from us.



**Group photo: TIST members of Kiathathi Cluster.**

# Muthengera cluster: Growing from 10 Small Groups to 50 Small Groups Today!

*Prepared by David Thuku, Cluster Servant and Auditor.*

**M**uthengera cluster was formed in 2016 after multiplying from Karandi cluster. We started with 10 Small Groups and now have grown up to 50 Small Groups.

We have benefited from TIST by having fruits trees in our shambas and more firewood from pruning our trees.

We have also benefited from carbon money where we have been able to pay school fees for our children and feed our family well.

We practice rotational leadership and we are happy with our Leaders who are;

Leader Michael Macharia: Phone number 0712884246

Co-leader Rose Waithera: Phone number 0721751072

Accountability Geoffrey Karega Gichibu: Phone number 0722231753

Long live TIST. Long live Muthengera cluster



**Group photo: TIST members of Muthengera Cluster.**



# Nkando N Cluster: Learning about Tree Thinning and Pruning.

*Prepared by Joseph Munene, Cluster Servant and Auditor.*

From *Mazingira Bora Newsletter* articles, we have learnt about Thinning tree as a way of improving and maximizing our trees growth. We have also learnt more about importance of tree in our farms. We are now working hard in maintaining our trees using all methods.

During our previous last meeting, we learnt about Pruning as a best method of trees maintenance.

The word pruning refers to removing unwanted tree branches for various reasons. As we grow our trees, they became bigger and bigger and even spreads their branches wide. when they reach at this point, it becomes necessary to have them pruned,

Why should we prune our trees: -

- Promote plant health, by removing dead or decaying branches affected by diseases, pest, breakage etc.
- Maintain intended purpose of trees for landscape, it promotes beauty of trees mainly planted for ornamental and hedges, this improves appearance
- Helps in controlling size and shape.
- Helps in protecting people and property, this overgrown or overhanging tree branches over our homes and power lines pose a great danger to us and our properties, check regularly to avoid this danger because many have suffered due to this.
- Pruning promotes light penetration, sunlight is essential for plant growth, where we mix planting crops and trees, it's advisable to prune trees so that crops get enough light for growth.
- While we do pruning, the pruned branches are a good source of firewood.

Let us all maintain our trees because we have realized they are great investment!



# Geoffrey Mwanza: I am Grateful for Being a TIST Member.

*Prepared by Moses Nduva, Cluster Servant.*

I am Geoffrey Mwanza from Vota Cluster served by Moses Nduva. My TIST Small Group is known as MAVATA-2018KE484.

I joined the TIST program in the year 2018 when Vota cluster was established by Josephine Muasya-Our former Cluster Servant.

The effort to fulfill my tree planting duty as a TIST farmer was challenged by drought in our area. After learning about proper planting and maintenance of TIST trees through our Cluster servants and reading *MazingiraBora* Newsletters, I am now able to overcome different challenges in entire farming.

The increase of our Small Group Profit Share payments this year encouraged us to make more effort to plant even more trees than we do, I am now making effort to mobilize my Group members and the entire Vota Cluster to plant and maintain trees for a long time in order to enjoy tree benefits like; -I.

- Getting income after marketing fruits,
- I get building materials and fuel,
- Trees have improved the soil in my farm after practicing Agroforestry,
- The trees we grow are a good source of food and some can be used as medicines.
- Trees provide shade and beautify our premises.

- Trees protect our water catchment areas hence reducing water shortage.

Finally, I wish to thank the TIST leadership for the regular trainings we have been getting through our CS-Moses Nduva. The *Mazingira Bora* newsletter has boosted our knowledge about the TIST Program and encouraged us on best practices which seem to have improved our living standards.

I urge the new members in TIST to plant and maintain trees then remain patient for their trees to create carbon tonnes. They will eventually get profit share and other co-benefits in return. May God bless TIST.



**Photo: Geoffrey Mwanza at his TIST Tree Grove.**

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**Kimereu Version**

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**Mkutano wa Nguzo wa Nkando NTIST katika mkutano wa kila mwezi wa hivi majuzi.**

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# Ichuga TIST Clasta: Clasta kanini kagukura na mpui.

*Yandiki ni Josphine Mwangi, Clasta Servant na Auditor.*

Ichuga clasta ni clasta inini yumite kiri Itangine clasta. Clasta iji yonekanira amemba bakwona gitumi gia kwongera clasta ingi kuuma kiri clasta iria nene. Amemba bakurikia kwaraniria na gwitikaniria aria bagacemanagia na uria boomba kwongera amemba bangi.

Kuuma kagita kau, Ichuga clasta nandi ni ikurite nkinya ikundi 57. Amemba ba clasta iji bari na gikeno

ni kwithirwa bari amba ba TIST. Amemba nibagukeneera marihi ja kaboni jaria nkinya batumite baanda miti aria bathithagiria mucemanio jwao. Miti iria baandite ni ja mitarakwa, misaba binduki, kasuarina, mexican green ash na ingi imingi. Miti iji ithagirwa iri kionereria kia uandi bwa miti. Turi na mwirigiro ju munene ati miti iji igekeera amemba ba ntuura bata wa kuanda na kumenyeera miti.



*Mbica ya gikundi gia Ichuga TIST Clasta.*

# Mithuri TIST Clasta: Guketha Baita ndeene ya TIST.

*Yandiki ni Rahab Mbogo, Clasta Servant.*

Batwi amemba ba Mithuri TIST clasta, turi na gucokia nkatho kiri muradi jwa TIST niuntu bwa gututethereria nkiri ngugi cia o ntuku.

Kiri micemanio ya clasta, nituthomete bata wa kuanda miti mithemba imingi buria nandi tukuthithia. Ndeene ya miunda yetu nituandite miti ya matunda ja mirmbe na makandamia. Turi na miti ya kinduire ja miringa na podo. Turi na nkinya miti ya kigeni ja mitarakwa, migribiria na ingi imingi.

TIST nitutethetie kugarura riera ndeene ya ntuura yetu iria ithagirwa yuumi muno. Nandi riria twa anda miti nitukwona mpumi injega niuntu miti niikuumba kugwatiira ruuji kiri miri yayo.

TIST values nacio ni itutethetie gukurania muntu na ungi na nkinya amemba bakagwirua kwithirua bari ba TIST. Turi nkinya na kugwirua niuntu bwa baita iria tukugwata na tugeeta mbere gwika miti gwa kagita kanene. Murungu arorathima na gwikaria muradi jwa TIST.



*Mbica ya gikundi ya amemba ba Mithuri Clasta.*





## TIST Clasta ya Gaturiri: Kuthoma na kuthithia mubango jwa gwita ngugi.

*Yandiki ni Virginia Wairima, Clasta Servant na Auditor.*

**K**iri mucemano jwao jwa o mweri jwa Novemba 19,2024,batwi amemba ba Guturiri clasta,nitukeneere te marihi ja baita ya mwaka wa 2023 jaria jetite na mbere.

Turi na kugwirua ni njira ya marihi iria iri na utheri na gwitikikua. O muntu wonthe niakumenya mutaratara jwa marihi bweega.

Clasta Servant wetu niatuthomothitie bata wa gukinya mucemano thaa jiongwa na gutuika kionereria gikiega. Niatumite twamenya ati amwe na jaria tuthithagia ndeene ya gikundi turi na baita kiri muntu na ungi kiri ngugi ingi ntuurene cietu. Kuri na mwanya ju munene kiri amemba mbere ya batuika ba TIST na nyuma ya batuika amemba ba TIST. Nituthomete makinya ja kuthithia mubango wa gwita ngugi.Nitukwiritaniria kuthingatiira makinya jaja ndeene ya ikundi cietu na nkinya kiri ntuura.Kithomo giki nikigututethia muno kiri kuthithia mantu.

Kionereria kiega:

Specific- Niki kiongwa ndinakio

Measurable-Ningi mbuuba kugurira famili kiria gikwendeka muno

Achievable/Realistic-mbeca ciaku ciumba kugura giki kana kiu

Time bound-Mbwiri kugura kiria gikwendeka kiri kiumia kimwe,mbere ya kurugurwa gwa cukuru.

Observable-Gintu kiria ndagurira family nigikuoneka.



*Mbica ya gikundi kia amemba ba Clasta ya Gaturiri.*

## John Kinyua: Ningwatite baita inyingi kuuma kiri TIST.

*Yandiki ni Agnes Kayoi, Clasta Servant.*

**M**bitagwa John Kinyua, mumemba wa TIST clasta ya Ithamare. Gakundi kanini getagwa Ithamare Kanunguiru,namba ya TIST 2006ke1211.

Ndaigirue mantu ja TIST kuuma kiri aturi bakwa baria bathungiire kiri TIST au kabere na nkinya nkithugania kuthungira.Ndambiririe gweta micemano ya clasta aria nkinya nandi ningwatite ithomo inyingi muno.

Kiri micemano ya clasta, nituthomete kuanda miti na kumimenyeera gwa kagita ga nkuruki ya miaka 30.Nkinya nituthomete mantu jegie baita cia nasari,urimi bubwega,gwika maugu na nkinya micemano.

Ndina gikeno muno niuntu baita ya mwaka wa 2022 nindagwatire mbeca.Nindatumire mbeca iji kugura

kamunda aria nandi mbandite miti ingi imingi ya TIST. Ningwatite baita inyingi kuuma kiri TIST na ngeeta na mbere kumenyeera miti gwa kagita karajanikenda mbita mbere nkwona baita makiria.



*Mbica ya John Kinyua ari kiri kamunda kawe ga TIST.*



## **Clasta ya Kiathathi: Nitugukeneera gukura gwetu.**

*Yandiki ni Festus Mutegi Clasta Servant.*

**B**atwi, Kiathathi clasta twambiririe turi gakundi kanini no narua iji turi na itumi cia gukeneera gukura gwetu. Twambiririe turi tukundi tukai na twetaga mucemano kiri Miruriiri clasta iria iri araja na ntuura yetu.

Nitwairitanagiria muno kuongerera amemba. Untu bubu bwari na inya mono niuntu amemba nibaremagirwa ni rugendo rwa gwita kuraja. Narua iji ikundi ni ikurite ciakinya 40 SGs. Turi na kaana ga clasta kagwitwa Gitine. Turi na gikeno kiri TIST niuntu bwa ithomo iria tugwatite.

Kiri micemano yetu, Nituthomete bata wa miti ya kinduire, miti ya matunda na nkuruki kuanda miti ya mithemba imingi. Turi na ikundi iria ikenerete baita ya kaboni ya mwaka jwa 2022 na 2023. Marihi jaja nijaretete utheri kiri amemba nturere.

Nkuruki, Tist ni irugurite amemba metho mboomba kumenya biashara ya kaboni. Amemba baria beetaga mucemano ni bongerekete muno kuuma amemba 23 nkinya nkuruki ya amemba 130. Micemano yetu yambagiria thaa 10.00am nkinya thaa 12.00pm.

Kiathathi clasta iri ndeene ya Meru county na tucemanagia kienine gia kanisa ya Kirua ACK akuhi na cukuru ya Gikurune Boys High School. Tucemania Juma inne ya kathatu o mweri. Mucemano jwa Dicemba ni 17/12/24. Nitukenagiira micemano yetu, uka uthome natwi.



*Mbica ya gikundi ya clasta ya Kiathathi*

## **Muthengera clasta: Clasta gukura kuuma ikundi 10 mwanka ikundi 50 narua!**

*Yandiki ni David Thuku, Clasta Servant na Auditor.*

**M**uthengera clasta yambiririe 2016 yumiite kiri clasta ya Karandi. Twambiririe na ikundi 10 na nandi nitukinyithitie ikundi 50.

Nitugwatite baita kuuma kiri TIST na njira ya kuanda miti ya matunda ndeene ya miunda yetu na kugwaya nku inyingi kuumania na gucaa miti yetu.

Nitugwatite baita kuumania na wendia wa kaboni na kuumba kuriha fees ya cukuru ya ciana cietu na nkinya biakuria kiri famili.

Nituthithagia utongeeria bwa muthiurunko na turi na gukena niuntu bwa atongereria beetu baria ni:-

Mutongeria- Michael Macharia 0712884246

Munini wa mutongeria Rose Waithera 0721751072

Mwiki mathabu Geoffrey Karega Gichibu 0722231753

TIST iro tuura, Muthengera clasta iro ikara kagita kanene.



*Mbica ya gikundi ya amemba ba Muthengera Clasta.*



# Nkando N Clasta: Kuthoma mantu jegie gucaa miti na kunyihia iria ikuhaniritie.

*Yandiki ni Joseph Munene, Clasta Servant na Auditor.*

**K**uuma kiri ngano cia **ngathiti ya Mazingira bora**, nituthomete njira jia kurita miti iria ikuhaniritie na gucaa mpang'i imwe cia miti iri njira ya gutuma miti ikure bweega. Nituthomete nkinya baita wa miti ndeene ya miunda yetu. Nitwitite mbere na njira cionthe gutigiira nitugwika miti gwa kagita karaja.

Kiri mucemano juria mwituku, nitwathomire njira ya kurita miti iria ikuhaniritie iri njira ya kumenyeera miti.

Kiugo kurita miti ni njira ya kweberia mpang'i cia miti iria itina gitumi. Tugiita mbere gukuria miti, itaga mbere kuneneha o kuneneha na nkinya mpang'icia miti igeeta kuraja. Riria miti yakinya aja nikio gitumi imwe ya miti iritagwa.

Niki tubwiri kurita miti imwe:-

- Nikenda ikura bweega, kurita mpang'i iria ciumite kana iri na mirimu kana ciunikangite.

- Gutigiira miti ni igwikara na uthongi buria bwatumite iandwa, gwika kuria iandi kuri kuthongi
- Nikenda miti ikura na kiwango kiega.
- Gutigira miti itikwinyangia antu kana mutonga, miti iria ikurite kana mpang'i icuncurite muno ni ugwati kiri nyumba kana thitima, nibwega ukare ugitegagira thina iji.
- Kurita miti imwe nikurta weru kuumba kuthungira, utheri ni bwa bata kiri ukuri bwa miti, na kuria kuri na imera na miti. Nibwega gwita miti imwe nikenda imera ciona weru na gukura bweega.
- Riria tugwita miti imwe ni njira injega ya kwona nku cia gutumira nja cietu.

Nitumenyereni miti niuntu nitumenyete ni njira injega ya gwika muthithu!



# Geoffrey Mwanza: Ndina kugwirua nikwithirua ndi mumemba wa TIST.

*Yandiki ni Moses Nduva, Clasta Servant.*

**M**bitagwa Geoffrey Mwanza kuuma clata ya Vota iria itungatagwa ni Moses Nduva. Gakundi gakwa kanini getagwa Mavata-2018ke484.

Ndathungire ndeene ya TIST mwaka jwa 2018 kagita karia Vota clata yambirirue ni Josphine Muasya, clasta servant wa au kabere.

Ngugi ya kuanda miti ja mumemba wa TIST yaumanirie ni kwaga mbura ndeene ya ntuura cietu. Nyuma ya kumenya njira ya kuanda na kumenyeera miti bweega ya TIST kuumania ya clasta servant na kuthoma mazingira bora, nandi iji nikuumba kurua na mathina ja maingi jegie urimi.

Kwongereka kwa marihi ja baita ya kaboni mwaka juju, nitwikiri inya nkuruki kuanda mitigukira uria tura andaga, nikujukia makinya ja gwikira gakundi gakwa inya na nkinya clasta kuanda miti na

kumimenyeera gwa kagita karaja nikenda tugwata baita ja:-

- Kugwata mbeca kuumania na wendia wa matunda
- Kugwata mbao cia gwaka na nku
- Miti ni itumiti mithetu yetu ithongoma kuumania na kuanda miti na imera amwe
- Miti iria tuandaga ni ituejaga biakuria na ingi igatuika dawa

- Miti ni ituejaga mwigunyi na ikathongomia micii yetu
- Miti ni igitagira kuria nduuji ciumaga na kuthiria thina ya nduuji.

Nkirikia, ningucokeria utongerua bwa TIST nkatho niuntu bwa ithomo itia tugwata o mweri kuumania na CS -Moses Nduva. Ngathiti ya Mazingira Bora niitwongerete uume bwa kumenya TIST nkuruki na yatwikira inya ya njira injega iria ciukiritie miturire yetu.

Ninkuomba arimi ba beru ndeene ya TIST baande miti na bamimenyeere na beteere miti ithithie kaboni. Na bakoomba kugwata marihi ja baita na baita ingi kuumania na miti. Murungu arathime TIST.



*Mbica ya Geoffrey Mwanza ari muundene jwawe jwa TIST.*

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**Kikuyu Version**

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**Nkando N TIST Clasta mari mucemano-ini wao wa oro mweri.**

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## Ichuga TIST Clasta: Kana ga lasta karia karakura na ihenya.

*Rugano rwandikitwo ni Josephine Mwangi, Mwandiki na muruti wira wa clasta.*

**C**lasta ya Ichuga in mwana wa clasta ya Itangangi. Ni kumanagia na amemba kuigua ati hari na bata kwiyongerera kuma hari cluster nene. Thutha wa kuigwithaniria mucemanio- ini wao niundu wa kuongerereka kwa amemba.

Kumanagia na uguo, clasta ya Ichuga ni ikurite na kugia na ngurubu nini 57. Amemba a ngurubu ino

ni makenete muno gukorwo mari thiini wa TIST. Ni marakenerera gukorwo makiamukira faida ya carbon iria itumite mahande miti riria macemania. Miti iria mahandite ni ta, Mithithinda, Nandi flame, Gravelia, Mexican green ash African olive, Casuarina. Uguo ni kuonania wendo wa kuhanda miti. Turi na witikio ati undu uyu ni ukuguciriria amemba angi a bururi witu uhoro wa kuhanda na kumenyerera miti.



*Mbica ya ngurubu: Amemba a TIST a Clasta ya Ichuga.*

## TIST Clasta ya Mithuri: Kugetha maciario ma TIST.

*Rugano ruru rwandikitwo ni Rahab Mbogo, muruti wira wa Clasta.*

**I**thui, amemba a Mithuri TIST Clasta ni turacokia ngatho niundu wa mibango ya TIST iria ituteithitie maica- ini ma oro muthenya.

Kuhitukira mecemanio ya Clasta, ni tuthomete uhoro wa kuhanda miti ya mithema maingi uria turahanda. Migunda- ini itu ni tuhandite miti ya matunda ta Maembe, Makandamia. Miti ya kinduire ta Podo, Muringa. Oro ho turi na miti ya guka ta Mithithinda, Gravelias na ingi maingi.

TIST ni ituteithitie gucenjia riera itura- ini ritu riria rikoretwo riri ria riuu inene. Riria turahana nituragia na magetha mega tondu miti ni irateithia kunyitirira mai tiri- ini na mirita ya miti.

TIST Values nayo ni ituteithitie gukurania mundu na uria ungi na kwa uguo amemba makenda gukorwo mari amemba a TIST. Oro ho ni tukenete kugia faida ya share iria turamukira na nikio ni turauga ati nitukumenyerera miti itu kwa ihinda inene. Ngai arothii na mbere kumenyerera mibango



*Mbica ya ngurubu: Amemba a Mithuri Clasta.*



## TIST Clasta ya Gaturiri: Guthoma na gwika Action Planning.

*Rugano ruru rwandikitwo ni Virginia Wairima, Mwandiki na muruti wira wa clasta.*

**M**ucemano-ini wao wa clasta uria wakikire mweri 19/11/2024, ithui amemba a Gaturiri clasta, ni twakenirio ni marini ma faida cia share.

Turi na gikeno niundu wa mubango wa marihi uria uri na uma na waragania. Oro umwe witu ari na umenyo wa marihi uria uthiaga na mbere.

Muruti wira wa clasta itu ni niatuthomithitie gukurwo tukiiga mathaa na akoretwo ari kionereria kiega. Ni atumite tumenye ati o tiga gwika maundu hamwe thiini wa ngurubu itu nini mundu ni arabatara mundu uria ungi itura-ini. Ni hari ngurani mbere na thutha wa kuingira thiini twa TIST. Ni tuthomete uhoro wa Action Steps niundu wa Action Planning. Ni twikaga maundu maya thiini wa ngurubu itu nini ona itura-ini. Undu uyu ni ututeithitie kubumbura maundu maingi.

Kionereria kiega

Undu wa bata – Ni kii ndi na kio.

Githimi – Ni kii ndingigurira famili yakwa kiria kirabatarikana.

Kiria ingigia nakio – Mbega iria ndi nacio no cihote kugura giki na giki.

Mahinda – No ngure kiria kirabatarikana thiini wa kiumia kimwe, hihi cukurua itanahingurwo.

Kironekana – Kiria nguriire famili na magakiona.



*Mbica ya ngurubu: Amemba a TIST Clasta ya Gaturiri.*

## John Kinyua: Ni ng'unikite muno kuma kuri TIST.

*Rugano ruru rwandikitwo ni Agnes Kayoi, Muruti wira wa Clasta.*

**N**ii njitagwo John Kinyua, murimi wa TIST kuma Ithamare Clasta. Ngurubu yakwa nini ni Ithamare Kanunguiru, namba ya TIST ni 2006KE1211.

Ndaiguire uhoro wa TIST kuma aria turigainie aria maingirite TIST mbere yakwa na ngitikira kuingira. Ngiambiriria guthii micemano ya Clasta kuria hotete kugia na ugi muingi kuhitukira githomo gia TIST.

Micemamio-ini ya Clasta, ni tuthomithitie uhoro wa kuhanda miti na kumiramata makiria ma miaka 30. Oro ho nituthomithitie maciaro ma yo.

Ndi na gikeno tondu faida ya share ya 2022 ni ndamukirire kuma gwa TIST. Ndahuthirire mbega ciakwa kugura mugunda kuria handite miti ingi maingi ya TIST. Ni ndeithikite muno kuma gwa TIST na ni nguthii na mbere kumenyerera miti handu-ini ha inda inene.



*Mbica: John Kinyua ari mugunda-ini wake wa miti ya TIST.*



## **TIST Clasta ya Kiathathi: Turakenerera gukura.**

*Rugano ruru rwandikitwo ni Festus Mutegi, Muruti wira wa clasta.*

**I**thui, Kiathathi clasta twambiriirie turi anini no riu turi na gikeno gukunguira gukura gwitu. Twambiriirie turi anini thiini wa ngurubu na twathiaga Miruriiri clasta iria iri kuraithu na itura ritu.

Ni twageririe muno kwongerera amemba angi aingi. No undu uyu ndwari muhuthu ni tondu andu andu aingi ni maremagirirwo ni thabari. Umuthi ngurubu itu nini ni ikurite igakinya 40 SGs. Turi na mwana wa ngurubu itagwo Gitine. Ni turacokia ngatho kuri TIST niundu wa githomo kiria twamukirite.

Mucemano-ini wa clasta, ni tuthomete bata wa miti ya kiunduire, miti ya matunda na uhoro wa kuhanda miti ya mithemba maingi. Turi na ngurubu nini iria cikenereire marihi mega ma faida miaka ya 2022 na 20223. Undu uyu ni utumite amemba aingi itura-ini mahinguke maitho.

Makiria maugwo, TIST ni ituhingurite maitho na tukamenya ati biacara ya carbon. Clasta itu ni ikurite kuma amemba 23 nginyagia makiria ma amemba 130. Micemano itu yambagiriria thaa 10.00 a.m na igathira thaa 12.00 p.m.

Clasta ya Kiathathi iri Meru County na tucemanagia kiharo kia Kirua ACK Church iria irigainie na Gikurune Boys High School. Tucemanagia wairi wa gatatu oro mweri. Mucemano ucio ungi ugakorwo mweri 17/12/2024. Mucemano wa oro mweri ukoragwo ukenereirwo muno. Uka uthome na ithii.



**Mbica ya ngurubu: Amemba a TIST Clasta ya Kiathathi.**

## **Muthengera Clasta: Gukura gwitu kuma ngurubu nini 10 kinyagia 50 umuthi!**

*Rugano ruru rwandikitwo ni David Thuku, Mwandiki na muruti wira wa Clasta.*

**C**lasta ya Muthengera yathondekirwo mwaka-ini wa 2016 thutha wa kwamuka kuma Clasta ya Karandi. Twambiriirie turi ngurubu nini 10 na riu turi ngurubu nini 50.

Ni tugunikite kuma kuri TIST nigukorwo turi na miti ya matunda migunda-ini itu na ngu nyingi thutha wa guceha miti itu.

Oro ho ni tugunikite na mbecha cia carbon iria citumite turihire ciana citu cukuru na kuhe famili citu giakuria.

Githurano gitu ni kia muthiururuko na turi na gikeno niundu wa atongoria aitu na nio;

Mutongoria Michael Macharia: Thimu yake ni 0712884246.

Mutongoria uria mateithanagia Rose Waithera:

Thimu yake ni 0721751072.

Mwihokerwo Geoffrey Karega Gichibu: Thimu yake ni 0722231753.

TIST iture. Clasta ya Muthengera iture.



**Mbica ya ngurubu: TIST Clasta ya Muthengera.**





## Nkando N cluster: Guthoma uria ungiceha miti na guthathaura.

*Rugano ruru rwandikitwo ni Joseph Munene, Mwandiki na muruti wira wa Clasta.*

**K**uma ng'ano cia **Ngathiti ya Mazingira Bora**, ni tuthomete uria tungiceha miti ta njira ya guteithia miti gukura wega. Oro ho nituthomete bata wa miti migunda-ini itu. Riu ni turaruta wira na hinya kumenyerera miti itu na njira oro ciothe.

Mucemano-ini uria twiriga, ni twathomithirio uria tungiceha miti ta njira ya kumenyerera miti.

Ritwa guceha riugaga kweheria honge cia miti niundu wa maundu matiganite. Riria turakuria miti, honge ni cinenehaga muno na cikarama. Riria ciakinya muico, niwega guceha.

Kiria gitumaga tucehe miti itu:-

- Kuongerera maica ma muti, thutha wa kweheria mahuti kana honge iria mbuthu thutha mwa mirimu, tutambi, kunika etc.
- Menyerera gitumi kiria miti ihandiirwo ta kuria kuinamu, kurehe uthaka wa miti na

makiria iria ihanditwo niundu wa ugemu na ngika-ini. Ithondeka ugemu.

- Iteithagia kumenyerera unene na warie.
- Iteithagia kumenyerera andu na indo, miti ino icuhite nyumba-ini citu na raini cia thitima cikoragwo na ugwati kuri ithui na indo citu, ikaraga ukiroraga niguu kweheria ugwati ta uyu tondu aingi ni manathinika ni maundu ta maya.
- Guceha ni guteithagia utheri kuingira rungu rwa miti, riuu riteithagia gukura kwa miti, kuria tuhandite irio na miti citukanite. Ni wega guceha miti niguu mimera iriai ingi igie na utheri cigikura.
- Riria turaceha, honge iria turaceha ni ngu njega muno.

Rekei ithuothe tumenyerere miti itu tondu ni tumenyete ati miti ni ya uteithio munene!



# Geoffrey Mwanza: Ndi na gikenko gukorwo ndi mumemba wa TIST.

*Rugano ruru rwandikitwo ni Moses Nduva, Muruti wira wa Clasta.*

**N**ii njitagwo Geoffrey Mwanza kuma Clasta ya Vota ngitungatwo ni Moses Nduva. Ngurubu yakwa nini ya TIST itagwo MAVATA-2018KE484.

Ndaingirire mubango-ini wa TIST mwaka-ini wa 2018 hindi iria Clasta ya Vota yambiriirio ni Josephine Muasya-uria wami muruti wira wa Clasta.

Kio gwakwa gia kuhanda miti ta murimi wa TIST ni kiendaga kuhana ta kingirema niunda wa riuwa na kwaga mai utura-ini ritu. Thutha wa guthomithio ugoro wa kuhanda na kumenyerera miti ya TIST ni muruti wira wa Clasta na guthoma **Ngathiti ya Mazingira Bora**, ndi na ugi wa kuhurana na mitangiko oro yothe thiini wa urimi.

Kwongerereka kwa faida ya marihi thiini wa ngurubu itu nini mwaka-ini uyu ni itumite twikire kiyo kuhanda miti maingi gukira uria turekaga, ndirekira kiyo kwira amemba a ngurubu itu na Clasta ya Vota kuhanda na kumenyerera miti ihinda inene niguu tuhii na mbere gukenerera maciaro;- I

- Kugia na mbeca thutha wa kwendia matunda.
- Kugia na indo ya mwako na maguta.
- Miti ni itumite tiri wa mugunda wakwa unure thutha wa kuhanda miti itumanite.
- Miti iria tuhandaga ni ituheaga irio na ingi no ihuthirwo guthondeka ndawa.

- Miti ni ituheaga kiruru na guthakaria mucii.
- Miti ni igitagira ithima na kwa uguo kunyihia wagi wa mai.

Muicho, ngwenda guchokeria ngatho atongoria a TIST niundu wa guthomo kiria twamukagira kuma kuri CS-Moses Nduva. Ngathiti ya Mazingira Bora ni itwongereire ugi muingi wa mibango ya TIST na gutuonia uria tungihuthira Best Practices iria itumite maicha maitu magachire.

Ndirahora amemba aria eru gwa TIST kuhanda na kumenyerera miti thutha meterere miti yao ithondeke carbon tonnes. Thutha ni makgia na faida na maciaro thutha-ini. Ngai rathima TIST.



**Mbica: Geoffrey Mwanza ari mugunda-ini wake wa miti ya TIST.**

# Mazingira Bora

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**Mkutano wa Nguzo wa Nkando NTIST katika mkutano wa kila mwezi wa hivi majuzi.**

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## Kundi la Ichuga TIST: Nguzo ya Mtoto Inakomaa Haraka.

*Imetayarishwa na Josephine Mwangi, Mtumishi wa Cluster na Mkaguzi wa Hesabu.*

**N**guzo ya Ichuga ni nguzo ya watoto kutoka Itangini. Hii ilikuwa baada ya wanachama kuona kuna haja ya kuzidisha Nguzo yetu mama. Baada ya mashauriano tulikubali kufanyia mkutano na kuongeza wanachama zaidi.

Tangu wakati huo, nguzo ya Ichuga imekua hadi Vikundi Vidogo 57. Washiriki wa kundi hili wana furaha kuwa katika TIST. Wanafurahia sehemu ya

faida ya kaboni ambayo imewafanya kupanda miti kwenye eneo la mkutano. Baadhi ya miti iliyopandwa ni pamoja na Cyprus, Nandi flame, Gravellia, Mexican green ash African olive, casuarina. Hii hufanya kama tovuti ya maonyesho ya upandaji miti. Tuna matumaini kwamba hili litawatia moyo wanajumuiya wengine wa Mwanajumuiya wetu jinsi ya kupanda na kutunza miti.



*Picha ya pamoja: Wanachama wa TIST wa Ichuga Cluster.*

## Kundi la TIST la Mithuri: Manufaa ya Kuruka-ruka katika TIST.

*Imeandaliwa na Rahab Mbogo, Mtumishi wa Cluster.*

**S**isi, washiriki wa Nguzo ya Mithuri TIST tunashukuru sana kwa TIST Program imetusaidia sana katika maisha yetu ya kila siku.

Kupitia mikutano ya Nguzo, tumejifunza umuhimu wa kupanda aina nyingi tofauti tunazozitumia. Katika mashamba yetu tumepanda miti ya Matunda kama miembe na makadamia. Miti ya kiasili kama podo na Muringa. Pia tuna exotics kama vile Cyrus, Gravelias miongoni mwa wengine.

TIST imetusaidia kubadili hali ya hewa katika eneo letu ambalo limekuwa kavu sana. Sasa tunapopanda tunaweza kuona matokeo mazuri kwa sababu miti inasaidia kushika maji kwenye udongo kupitia mizizi. TIST Values pia imetusaidia kukua sisi kwa sisi na hivyo wanachama wengi wanapenda kuwa wanachama wa TIST. Pia tunafurahi kwa sababu ya sehemu ya faida tunayopokea na tunaahidi kutunza miti yetu kwa muda mrefu. Mungu wetu Mwenyezi ailinde na kuilinda programu ya TIST.



*Picha ya Kikundi: Wanachama wa Mithuri Cluster.*



## Nguzo ya TIST ya Gaturiri: Kujifunza na Kufanya Upangaji Vitendo.

*Imetayarishwa na Virginia Wairima, Mtumishi wa Cluster na Mkguzi wa Hesabu.*

**K**atika mkutano wao wa kila mwezi wa vikundi tarehe 19 Novemba 2024, Sisi wanachama wa Gaturiri Cluster, tulithamini Malipo yanayoendelea ya 2023 ya Hisa za Faida.

Tumefurahishwa na mchakato mpya wa malipo ambao unahakikisha uaminifu na uwazi. Kila mmoja wetu anaelewa mchakato wa malipo vizuri sana.

Mtumishi wetu wa Cluster ametufundisha kuwa makini na kushika wakati kwa kuwa yeye mwenyewe mfano. Alitufanya tuelewe mbali na kile tunachofanya tunahitajiana sio tu katika Vikundi vyetu Vidogo lakini pia katika shughuli zingine za jamii. Kuna mabadiliko makubwa katika wanachama kabla na baada ya kujiunga na TIST. Tumejifunza kuhusu Hatua za Utekelezaji kwa Mipango ya Utekelezaji. Tunafanya hivi katika Vikundi vyetu Vidogo na pia katika jamii zetu. Hii inatusaidia kuwa wabunifu zaidi.

Mfano mzuri

Maalum - nina kiasi gani

Inaweza kupimika- ninaweza kununua nini kwa familia yangu ambacho kinahitajika sana.

Inaweza kufikiwa/halisi-Pesa yangu inaweza tu kununua hiki na hiki

Muda -Ninapaswa kununua kile kinachohitajika ndani ya wiki, labda kabla ya shule kufunguliwa

Inaonekana -Nilichonunua kwa ajili ya familia yangu kinaweza kuhisiwa.



*Picha ya pamoja: Wanachama wa TIST wa Gaturiri Cluster.*

## John Kinyua: Nimefaidika sana na TIST.

*Imetayarishwa na Agnes Kayoi, Mtumishi wa Nguzo.*

**M**imi ni John Kinyua, mkulima wa TIST kutoka Nguzo ya Ithamare. Kikundi changu Kidogo ni Ithamare Kanunguiru, TIST nambari 2006KE1211.

Nilisikia kuhusu TIST kutoka kwa majirani zangu ambao walikuwa wamejiunga na Tist hapo awali na niliamua Kujiunga pia. Nilianza kuhudhuria mikutano ya vikundi ambapo tangu wakati huo nimepata mengi kupitia mafunzo.

Katika mikutano ya Nguzo, tumefundishwa kuhusu kupanda miti na kuitunza kwa zaidi ya miaka 30. Tumejifunza pia kuhusu faida za ushirikiano.

Nimefurahiya sana kwa sababu mgawo wa faida wa 2022 nilipokea kutoka kwa TIST. Ilitumia pesa kununua kipande cha ardhi ambapo wamepanda miti zaidi kwa TIST. Nimefaidika sana na TIST na nitaendelea kutunza miti yangu kwa muda mrefu kwa manufaa zaidi.



*Picha: John Kinyua katika shamba lake la miti la TIST.*



## **Kundi la TIST la Kiathathi: Tunasherehekea ukuaji wetu.**

*Imetayarishwa na Festus Mutegi, Mtumishi wa Nguzo.*

**S**isi, kikundi cha Kiathathi kilianza kidogo lakini leo tuna sababu za kusherehekea ukuaji huo. Tulianza na Vikundi Vidogo Vidogo na tulikuwa tukihudhuria Nguzo ya Miruriiri ambayo iko umbali mrefu kutoka kijijini kwetu.

Tulijaribu sana kuajiri wanachama wengine. Haikuwa hatua rahisi kwa kuwa wanachama wengi walitazwa na umbali. Leo Vikundi vyetu Vidogo vimeongezeka hadi SG 40. Tuna kikundi cha watoto kwa jina Gitine. Tunashukuru TIST kwa mafunzo yote tuliyo nayo. imepokelewa.

Katika Mikutano ya Nguzo, Tumejifunza umuhimu wa miti ya kiasili, miti ya matunda na zaidi kupanda aina zote. Tuna Vikundi Vidogo ambavyo vimefurahia mgao wa faida wa 2022 na 2023. Jambo hili limeleta mwanga kwa wanachama katika kijiji hicho.

Zaidi ya hayo, TIST imefungua macho yetu kuelewa biashara ya kaboni. Mahudhurio yetu ya nguzo sasa yameongezeka kutoka wanachama 23 hadi zaidi ya wanachama 130. Mikutano yetu huanza saa 10.00 asubuhi na kumalizika saa 12.00 jioni.

Nguzo ya Kiathathi iko katika Kaunti ya Meru na tunakutana katika uwanja wa kanisa la Kirua ACK shule jirani ya Gikurune Boys. Tunakutana kila Jumanne ya 3 ya mwezi. Mkutano unaofuata ni 17/12/24 Kundi letu la kila mwezi ni la kufurahisha sana. Njoo ujifunze kutoka kwetu.



***Picha ya pamoja: Wanachama wa TIST wa Kiathathi Cluster.***

## **Kundi la Muthengera: Kukua kutoka Vikundi 10 Vidogo hadi Vikundi Vidogo 50 Leo!**

*Imetayarishwa na David Thuku, Mtumishi wa Cluster na Mkaguzi.*

**K**undi la Muthengera jinsi lilivyoanzishwa mwaka wa 2016 baada ya kuzidisha kutoka kundi la Karandi. Tulianza na Vikundi 10 Vidogo na sasa tumekua hadi Vikundi 50 Vidogo.

Tumefaidika na TIST kwa kuwa na miti ya matunda katika mashamba yetu na kuni zaidi kutokana na kupogoa miti yetu.

Tumefaidika pia na pesa za kaboni ambapo tumeweza kulipa karo ya shule kwa watoto wetu na kulisha familia yetu vizuri.

Tunafanya uongozi wa mzunguko na tunafurahishwa na Viongozi wetu ambao ni;

Kiongozi Michael Macharia: Namba ya simu 0712884246

Kiongozi mwenza Rose Waithera: Simu namba 0721751072

Uwajibikaji Geoffrey Karega Gichibu: Simu namba 0722231753

TIST iishi kwa muda mrefu. Ishi kwa muda mrefu



***Picha ya pamoja: Wanachama wa TIST wa Muthengera Cluster.***



## Nguzo ya Nkando N: Kujifunza kuhusu Kupunguza Miti na Kupogoa.

*Imeandaliwa na Joseph Munene, Mtumishi wa Cluster na Mkaguzi wa Hesabu.*

**K**utoka kwa makala za *Jarida la Mazingira Bora*, tumejifunza kuhusu Kukonda mti kama njia ya kuboresha na kuongeza ukuaji wa miti yetu. Pia tumejifunza zaidi kuhusu umuhimu wa miti katika mashamba yetu. Sasa tunafanya kazi kwa bidii katika kutunza miti yetu kwa kutumia njia zote.

Wakati wa mkutano wetu uliopita, tulijifunza kuhusu Kupogoa kama njia bora ya kutunza miti. Neno kupogoa linamaanisha kuondoa matawi ya miti yasiyotakikana kwa sababu mbalimbali. Kadiri tunavyokuza miti yetu, ikawa kubwa zaidi na zaidi na hata kueneza matawi yake kwa upana. zinapofikia hatua hii, inakuwa muhimu kuzikatwa,

Kwa nini tukate miti yetu:-

- Kukuza afya ya mimea, kwa kuondoa matawi yaliyokufa au kuoza yaliyoathiriwa na magonjwa, wadudu, kuvunjika n.k
- Kudumisha madhumuni yaliyokusudiwa ya miti kwa mazingira, inakuza uzuri wa miti

iliyopandwa kwa mapambo na ua, hii inaboresha mwonekano.

- Husaidia katika kudhibiti ukubwa na umbo
- Husaidia katika kulinda watu na mali, hii matawi ya miti ambayo yameota au kuning'inia juu ya nyumba zetu na nyaya za umeme ni hatari kubwa kwetu na mali zetu, angalia mara kwa mara ili kuepuka hatari hii maana wengi wameteseka kutokana na hali hii.
- Kupogoa kunakuza kupenya kwa mwanga, mwanga wa jua ni muhimu kwa ukuaji wa mimea, ambapo tunachanganya mazao ya kupanda na miti, inashauriwa kukata miti ili mazao yapate mwanga wa kutosha kwa ukuaji.
- Wakati tunapogoa, matawi yaliyokatwa ni chanzo kizuri cha kuni

Sote tudumishe miti yetu kwa sababu tumegundua ni uwekezaji mkubwa!



# Geoffrey Mwanza: Nashukuru Kwa Kuwa Mwanachama wa TIST.

*Imeandaliwa na Moses Nduva, Mtumishi wa Cluster.*

**M**imi ni Geoffrey Mwanza kutoka Vota Clustered by Moses Nduva. Kikundi changu Kidogo cha TIST kinajulikana kama MAVATA-2018KE484.

Nilijiunga na mpango wa TIST mwaka wa 2018 wakati nguzo ya Vota ilipoanzishwa na Josephine Muasya-Mtumishi wetu wa zamani wa Nguzo.

Juhudi za kutimiza wajibu wangu wa kupanda miti kama mkulima wa TIST zilikumbwa na changamoto ya ukame katika eneo letu. Baada ya kujifunza kuhusu upandaji na utunzaji sahihi wa miti ya TIST kupitia watumishi wetu wa Nguzo na kusoma Vijarida vya Mazingira Bora, sasa ninaweza kushinda changamoto mbalimbali katika kilimo kizima.

Ongezeko la malipo yetu ya Hisa za Faida za Vikundi Vidogo mwaka huu lilituhimiza kuongeza bidii ya kupanda miti mingi zaidi kuliko sisi, sasa nafanya juhudi kuwahamasisha wanakikundi changu na Kikundi kizima cha Vota kupanda na kutunza miti kwa muda mrefu ili kufurahia faida za miti kama; -I.

- Kupata mapato baada ya kuuza matunda,
- Ninapata vifaa vya ujenzi na mafuta,
- Miti imeboresha udongo katika shamba langu baada ya kilimo cha mseto,
- Miti tunayopanda ni chanzo kizuri cha chakula na mingine inaweza kutumika kama dawa.

- Miti hutoa kivuli na kupendzesha majengo yetu. Miti hulinda maeneo yetu ya vyanzo vya maji hivyo kupunguza uhaba wa maji.

Mwisho, napenda kuwashukuru uongozi wa TIST kwa mafunzo ya mara kwa mara ambayo tumekuwa tukipata kupitia kwa CS-Moses Nduva wetu. Jarida la Mazingira Bora limeongeza ujuzi wetu kuhusu TIST Program na kututia moyo kuhusu mbinu bora ambazo zinaonekana kuboresha viwango vyetu vya maisha.

Ninawasihi wanachama wapya katika TIST kupanda na kutunza miti kisha wawe na subira ili miti yao itengeneze tani za kaboni. Hatimaye watapata mgao wa faida na manufaa mengine mwenza kwa kurudi. Mungu awabariki TIST.



**Picha: Geoffrey Mwanza akiwa kwenye shamba lake la miti TIST.**



# Mazingira Bora

**tist** Growing Trees  
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Newsletter December 2024

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**Kikamba Version**

*TIST is an innovative, time - tested, afforestation program led by the participants.*



**Mkutano wa Nguzo wa Nkando NTIST katika mkutano wa kila mwezi wa hivi majuzi.**

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## **Ngwatanio ya TIST Ichuga: Ngwatanio kana ila iimite kwa mituki.**

*Uvoo uu uetetwe ni Josephine Mwangi, Muchukumi wa Ngatanio na mukunikili wa masavu.*

**N**gwatanio ya Ichuga isyaitwe ni ngwatanio ya Itangini. Kiikyeethiwe yila amemba ma ngwatanio musyai yooni vena vata. Itina wa kwikalanthi na kuneenania na kwino amemba me aingi na maendee na kwongeleka.

Itina wa vau, Ngwatanio ya Ichuga niyianite na yina tukundi 57. Amemba ma ngwatanio ino mena utanu kwithiwa

me amemba ma TIST. Nimeutania vaita wa nzeve itavisaa kila kyatumie ona mavanda miti kisioni kila makomaniaa. Miti imwe mivande nita Cyprus, Nandi Flame, Gravellia, Mexican Gree Ash African Olive, Casuarina. Vaa vatumikaa kwa wonany'o wa uvanda miti. Twina wikwatyo na tuendee kuthuthya memba ma kisioni undu wa uvanda miti na kumisuvia.



*Visa wa amemba ma ngwatanio ya TIST Ichuga.*

## **Ngwatanio ya TIST Mithuri: Kuketha Vaita nthini wa TIST.**

*Uvoo uandikitwe ni Rahab Mbogoi - Muthukumi wa ngwatanio.*

**I**thi amemba ma ngwatanio ya TIST Mithuri tina muvea kwa walanio wa tist ula ututethetye muthenya kuthi ula ungi mathayuni maitu.

Kwisila kwa mbumbano sya ngwatanio, nitumanyita vata wa kuvanda miti na mithemba kivathukanio. Miundani yitu nituvandite miti ya Matunda ta miembe na makandania. Ingi nituvandite miti ya kiene ta Podo na Muringa ingi twina miti yakuma kundu kungi ta Cyrus, Gravelia kati wa ingi.

Miti ino nitethyeesye kuvindua nzeve kisioni kii kitu kila kinatwie ki ing'alata. Yu yila twavanda nituukwata usyao museo nundu miti nitutetheesye ukwatiia kiw'u muthangani na mii yayo. Moseo ma TIST nimatutetheesye kwiana na ta amemba aingi mayendeew'a ni utwika ma TIST. Twina utanu nundu wa Vaita wa kuaana na nitukuikiithya kana nitukwikalya miti yitu kwa ivinda iasa undu vatonyeka. Eka Ngai mwene vinya W'onthe akasuvie walanio uu wa TIST.



*Visa ya amemba ma ngwatanio ya TIST Mithuri.*



## **Gwatanio ya TIST Gaturiri: Kwikia walany'o na Kwimanyisya kwosa itambya ya kwika.**

*Uvoo uandikitwe ni Virginia Wairima, muthukumi na mukunikili wa masavu ma Ngwatanio.*

**N**thini wa mbumbano sya kila mwai matuku 19/11/2024, ithyi amemba ma ngwatanio ya TIST Gaturiri nitwatungie muvea nundu wa ndivi sya vaita wa kuaana wa 2023 ila iendee.

Twina utanu nundu wa nzia nzau ya miivile ila iikiithitye wumilu, w'o na aki. Kila umwe witu yu nueleetwe vyu iulu wa nzia ino ya ndivi.

Muthukumi witu wa ngwatanio nitumanyiitye useo wa kusuvia masa na ivinda kwakwithiwa we e ngelekanio. Ingi nutumanyiitye kana eka maundu ala tukwika vamwe ve vata wa kila umwe kwikalania vamwe ta mbai imwe na kwika maundu kwa vamwe indi ti yila twi tukundi wiw'oka. Vena ualyuku munene kwa amemba kuma malika nthini wa TIST. Nitumathiitw'e iulu wa itambya ya kwika na nzia ya kuatiia matambya. Nituendee nesa tukundini twitu na kisioni. Kii kitutethyetye kwithwa na woni mbeange.

Ngelekany'io nzeo.

Mbee - Nikyau ninaky'o?

Kithimi - Nikyau ndonya kuuia musyi/andu makwa kila kyavata mbee /kiendeka muno.

Kilakitonyeka - Mbesa ila ninasyo itonya kua kiina kii.

Ivinda - Ninaile kua kila kiendeka kana nthini wa kyumwa, ta mbee wa sukulu kvinguwa.

Wonete ata - Kila niuie andu makwa nimeaniwe nikyo na makyosete ata.



**Visa wa vamwe: Amemba ma ngwatanio ya TIST Gaturiri.**

## **John Kinyua: Nindethekete muno kuma kwa TIST.**

*Muandiki Agnes Kayoi muthukumi wa ngwatanio.*

**N**itawa John Kinyua nimuimi na memba wa TIST kuma ngwatanioni ya TIST Ithamare. Kakundi kakwa kanini ni Kanunguiru, TIST Namba 2006KE1211.

Nineew'ie iulu wa TIST kuma kwa atui ala malikile nthini wa TIST mambee na naamua kulika nthini wa TIST.

Ninambiie kuendaa mbumbanoni sya TIST na naendee na ukwata movundisyo. Nthini wa Mbumbano sya ngwatanio nitwamanyiiw'e undu wa uvanda miti na kumikalya kwa ivinda yiinyiva myaka 30. Ingi nitwamanyiiw'e undu wa vaita ingi kuma mitini.

Ninautanu kwithiwa ni umwe wa la makwatie vaita wa kuaana wa mwaka wa 2022. Ninatumiie mbesa isu kua kitheka na navanda miti ingi ungu wa TIST. Nindethekete muno kuma kwa TIST na ninguendee kwikalalya miti ino ngwate vaita mbeange.



**Visa wa John Kinyua e muundani wake wina miti ila uvandite ungu wa TIST.**



## Ngwatanio ya TIST Kiathathi: Kutania kwiana kwitu.

*Uvoo unenganitwe ni Festus Muteji, Muthukumi wa ngwatanio.*

**I**thyi ma ngwatanio ya Kiathathi twambiie twi anini indi umuthi twi na kitumi kya kutania kwiana kwitu.

Nitwambiie na tukundi tunini vala twakomaniaa ngwatasnioni ya Miruriiri ila yi utunini wi vaasa naitu.

Nitwatatie na vinya kumanyisya na kuandikithya amemba angi. Ndwai undu wilaisi nundu vai vaasa kwa amemba kutembe kuthi vo. Umuthi twina tukungi tunini 40. Nitusyaite ngwatanio ingi ikwitwa Gitine. Nitutunga muvea kwa TIST nundu wa maumanyisyo ala tukwatite.

Nthini wa mbumbano sya ngwatanionitumanyite vata wa kuvanda miti ya kimbee, miti ya matunda na miti mithemba mingi. Twi ame kati wa ala manatanie ndivi ya kuaana ya mwaka wa 2022/2023. Kii nikietete kyani utuini ula amemba maumite.

Mbeange, TITST niyatuvinguie metho twaelewa iulu wa soko na utandithya wa nzee itavisaa. Mbumbano situ ya nisyongeleketa ala meuvika muma amemba

23 kuvika 130. Wumbao witu wambiiia saa 10.00 a.m. na kuthela saa sita 12.00 noon.

Ngwatanio ya TIST Kiathathi yi nthini wa County ya Meru na ikomaniaa kiwanzani kya Kirua ACK ila ithengeanie na sukulu wa imwana wa Gikurune Boys High School. Tukamanaa kila wakeli wa katatu wa mwai. Wumbano ungi ukeethiwa matuku 17/12/24. Mbumbano situ syithiawa na utanu muno. Uka usome kuma kwitu.



*Visa wa amemba ma TIST ngwatanio ya Kiathathi.*

## Ngwatanio ya TIST Muthengera: Kwiana kuma tukundi tunini 10 kuvika tukundi 50 umunthi!

*Uvoo na: David Thuku Muthukumi na mwiki wa masavu wa ngwatanio.*

**N**gwatanio ya Muthengera yaseuviw'e mwaka wa 2016 itina wa kuyaika kuma ngwatanioni ya TIST Karandi. Nitwambiie na tukundi 10 nayu nitwianite tukavika tukundi 50.

Nitutethekete muno kumana na TIST ndundu yu twina matunda kuma miundani yitu, ngu twamina usea miti yitu. Ingi nitutethekete ni mbesa sya vaita wa kuaiwa vala ututonyethetye kuiva viisi wa sukulu na kusomethya na kuvunithya andu maitu.

Nitwika utongoi wa kukuania na twi atanu nundu wa atongoi ala twinamo namo ni aa

Mutongoi Michael macharia - 0712884246

Munini wake Rose Waithera - 0721 751072  
Mwiki wa masavu Geoffrey Karega Gichibu - 0722231753

TIST yikale muno, Ngwatanio ya Muthengera Yikale muno.



*Visa wa amemba ma ngwatanio ya Muthengera.*



# Ngwatania ya TIST Nkando N: Kumanyiw'a iulu wa kusea na kuola miti.

*Livoti iandikitwe ni Joseph Munene - Muthukumi na muthuimi wa masavi ma Ngwatania.*

**K**uma ithanguni ya *Mazingira Bora Newsletter*: Nitwimanyiitye iulu wa kutaanisa miti na nzia ya kumyailiya nikana yiane. Ingi nitwimanyiitwe useo na vaita wa miti nthini wa miunda yitu. Ithyi yuy tuthukumite kwa vamwe kwikalya miti yitu kwa nzia syonthe ila itonyeka.

Nthini wa wumbano ula twila kumbana nitweemanyiisye iulu wa kusea miti ta nzia imwe ya kumikalya.

Ndeto kusea ni kuola ngava ila itekwendeka nundu wa itumi. Undu miti iendeekwiana niw'o iendeeaa kunthathaa na kuthathasya ngava, yavika kiwango kii niw'o yendaa usewa.

Kitumi kya usea miti yitu ni?

- Kumyailiya uima wayo kwa kumya ngava ila iendee kwoa, kwithiwa na mitutu kana kutulika.

- Kwikala wia ula muti wa vandiwe ethiwa niwiiioo, kwailya musyi ta malaa, la kumaka muvaka.
- Kusea nikutetheeasya kwikalya uthathau na ulungalu.
- Ingi kusea nikusuviaa mali ila itonya kwanangwa ni ngava ta laini sya mwaki wa sitima na kuvaluka nyumbani sya atui.
- Kusea nikutetheeasya kyeni kulika kila kyendekaa ni mimea ingi ta yila uvandite miti muundani ula wina mimea ya liu ni yendaa kyeni kwika nesa.
- Kusea nikutumaa tukwata ngu

Ekai twikalaye miti yitu nundu nitwonete useo na kumanya kana nitonya utune vaita uni!



## Geoffrey Mwanza: Ninamuvea kwithiwa ni memba wa TIST.

*Uvoo na Moses Nduva, muthukumi wa ngwatanio.*

**N**itawa Geofrey Mwanza kuma ngwatanio ya TIST Vota ngithukumwa ni Moses Nduna na kakundi kakwa kanini ni MAVATA-2018KE484.

Nalikile nthini wa TIST mwaka wa 2018 ungu wa gwatanio ya Vota ila yambiliilw'e ni Josephine Muasya - ula wai mutongoi wa ngwatanio yitu ya Vota ivindani yiu.

Vitii wa kuvanda miti ta muimi wa TIST niyithiitwe na uito nundu wa kwithiwa kisio kitu ni ingalata. Itina wa umanyiw'a nima nzeo ya uvandi wa miti na kumikaly kwisila athukumini ma ngwatanio sya TIST na kusoma inthangu ya Mazingira Bora Newsleeter, nindonyete kuvituka mawumu ala mukanasya na kula sua nyingi na nima ya kw'o.

Wongeleku wa vaita wa kuaana wa kakundi kaitu mwaka uyu ni uthuthyo muno kwitu kwikia vitii mbeange uvandini wa miti. Niendee na ikia kithito kwa amemba ma vita othe mavande miti na kumiukalya kwa iovinda iasa undu vatonyeka nikana kutania moseo ta:

- Kukwata ukwati kuma utandithya wa matunda.
- Kukwata ngu na miti ya kwaka.
- Miti niyailitye muthanga wa muund wakwa nundu niika nima ya mititu.
- Miti ila tuvandaa nimiseo kwa liu na ingi kutumika ta ndawa.

- Miti niyanakavasya vandu na kwikia muunyi.
- Miti nisuvia wumo wa kiw'u na kwoou kuola munyao.

Munya, twienda utungia utongoi wa TIST muvea nundu wa momanyisyo ma ivinda kunthi yingi kwisila kwa CS-Moses Nduva. Ithangu ya Mazingira bora niyongelete umanyi witu iulu wa walanio wa TIST na kututhuthya twike mawiko maseo ma TIST na kwikala thayu mwailangye.

Nithuthya amemba eu ma TIST kuvanda miti na kumikalya mena wumiisyo nikana makwate tani sya nzeve itavisaa. Itina makakwata vaita wa kuaana na moseo angi ala mukanasya na miti. Ngai ni aathime TIST.



*Visa wa Geoffrey Mwaza e mitini yake na TIST.*

# Mazingira Bora

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Newsletter December 2024

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**Kipsigis Version**

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**Mkutano wa Nguzo wa Nkando NTIST katika mkutano wa kila mwezi wa hivi majuzi.**

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## Katuiyet ne Ming'in nebo Ichuga nebo TIST: Isasamet ne ming'in ne rutu en chokinet.

*Koyoob Josephine Mwangi, Kiboitiotam Isasamet.*

Isasametab Ichuga ko Isasamet ne ming'in ne bunu Itangini. Noton ko amun kitil membaek kole mi ,makeet ketes Kametab Isasamet. Ye kin keng'alal kiyonjine ole kiyoen tuiyosiek ak ketes membaek.

kong'eteen yoton, ko kikotesak isasametab Ichuga akoi katuiyosiek che mengechen 57. Membaekab

isasamani koboiboi komii TIST. Boiboiengin pjeutikab aldaetab koristo ne kikoyai icheek komiin ketik en ole kituiyechin. Alak en ketik che kikemiin ko tarakonik, Nandi Flame, Mexican green ash, sosiot, chesarur. Yu ko ole kibortoen minsetab ketik. Kimong'uu kele inoni koigu cherseet en membaekab bororienyoan en ole kimindoo ketik ak kerib komie.



*Pichaitab Katuiyet: Membaekab Isasametab TIST nebo Ichuga.*

## Isasametab Mithuri: Kelchinoik che echeen en TIST.

*Koyoob Rahab Mbogo, Kiboitiotab Isasamet.*

E cheek membaekab Isasametab Mithuri kemwoe kongoi missing' en tetutietab TIST en toretet ne kikokoneech en sobetab betusiek tugul.

En tuiyosiekab Isasmet ko kikenyoru naetab ole kimintoo keti ak kerib ako noton ko ne kiyoe nguni. En mbarekiok ko kikemiin ketiik cheu maembe ak macademia. Ketikab kipгаа cheu podo ak muringa, taratonik, sebesebe ak alak.

Kikotoretech TIST kewl itondab emeet en korenyoon ne kioo kemeut. En nguni ko ingemiin ketik kegeere walutik che miach amun ketik o toreteech koteer beek en ng'ung'unyek en tikitik.

Makutik che miach chebo TIST ko kikotoretech keteach gee ako kou noton ko geere membaek ch chang' en boiboiyet. Kora keboiboenchini pjeutikab melekweek che kinyorchini gee ako kimwae kele kiriibe ketikiok en kasarta ne koi. Ngotoret Kiptiyat ak koriib Tetutietab TIST.



*Pichaitab Katuiyet: Membaek Isasametab Mithurir.*





# Isasametab TIST nebo Gaturiri: Kanetetabgee ak boisietab Tetutik.

*Koyoobu Virginia Wairima, Kiboitiotab Isasamet ako Nechigili ole kiboisioitoo rabisiek.*

**E**n tuiyetab arawet nebo isasamet en torikit 19 Arawetab Kipsundet Ne Taa, keniytab 2024, echeek membaekab Isasametab Gaturiri ko kikiboiboenchi Pjeutikab Melekweet chebo keniytab 2023 che tesetaa.

kiboiboi en lipanet ne tesetaa ne ibooru imanit ak takunet.getugul en echeek kokuitos oret ne kilipontoo missing'..

Kiboitiotab Isasamet nenyoon ko kikoneetech komie kole nyolu keikun che ribe saisiek amun ine ko koborunet ne mie. Kikoneteech kole tabala boisionik che kiyoe ko nyolu kenai kele kimokyingee ak ketiengee echeek tugul en Katuiyosiek che Mengeheen sk en bororienyoon tugul. Kikobiit walutik kongeteen kin kochut membaek TIST. Kikinetgee akobo Kakwoutikab Boisiet nebo Tetutikab Boisiet.Kiyoe chu en Katuiyosiekiok che Mengechen ak en bororiosiekiok. Inoni ko toreteech keikun che imuche kotoo tugun che lelacheen.

Karookutiet ne mie.

Ne nin - ata che atindoi.

Ne iitokse -ne neamuche aalchi konyun ne kemokingee missing.

Ne kimuche kenyorchigee - chekondokyuk komuche koal ni ak ni.

Ne isibi kasarta - nyolu aal tuguk che kimokyingee en wikit, mara ko kotomo alipan sukul.

Ne tagu - che kaalchi konyun ko ne komuche kokass.



*Pichaitab Katuiyet: Membaekab sasametab TIST nebo Gaturiri.*

## John Kinyua: Kianyoru kelchinoik en TIST.

*Koroob Agnes Kayoi, Kiboitiotab Isasamet.*

**A**nee John Kinyua, temindteab TIST kobun Isasametab Ithamare. Katuiyenyun ne ming'in ko Ithamare Kanunguiru, namba 2006KE1211.

Kiakass akobo TIST kobun membaek alak che kikakosib kochut TIST ako kiatil achut akanee. Kianam awe tuiyosiekab isasamet ole kong'eteen yoton ko kikenyorchigee kanetisiet ne oo.

En tuiyosiekab Isasamet ko kikineteech ole kimintoo ketik ak kerib en kenysisiek che sire 30. Kikenai kora akobo kelchinoik alak cheisibigee ak choton.

Abaibai missing' amun en pjeutikab melekweekab 2022. Kiaboisien rabisiek che kikonyoru aalen mbaret ole kiaminchi ketik alak che chang' chebo TIST. Kianyoru kelchinoik che chang' en TIST ako atese taa aribe ketikyuk asi amuch anyorchigee kelchinoik che chang' kora.



*Pichait: John Kinyua en Osenyina nebo ketikab TIST.*



## **Isasametab Kiathathi nebo TIST: Kiboiboenchini Etunenyon.**

*Koyoobu Festus Muteji, Kiboitotab Isasamet.*

**E**cheek, Isasametab Kiathathi ko kikitou ko kimengecheen, kobaaten en raini, ketinye amunee asi keboiboenchin etunenyon. Kikinam ak Katuiyosiek che Mengechen ako kitam kebendii Isasametab Miruriiri ne mii kokwet ne loo.

Kikiyoom missing kesir membaek alak. Kimakonyumnyum keyai kou noton amun membaek che chang' ko kitinye koimutikab loindo. Raini ko kikotesak katuiyosiekiok che mengechen akoi 40. Kitindoi isasamet ne mingin ne kikureen Githine. Kimwochini kongoi en kanetutik che kikenyoru.

En tuiyosiekab Isasamet, ko kikinettege akobo komonutietab ketikab kipгаа, eti che logoek ak missing ko minsetab ketik che terterchin. Kitinye Katuiyosiek che Mengechen che kikoboiboenchi pjeutikab melekweekab kenytib 2022 ak 2023. kikoib inoni tait en kokwet.

Kora, kikoyat konyekiok asi kikuyen akobo mung'aretab koristo. En nguni ko kikwo barak koitetab biik chebwone tuiyetab isasamet kong'eteen membaek 23 akoi 130. Inome tuiyosiekiok en sait ang'wan akoi sait lo.

Isasametab Kiathathi ko mii Meru Countyako kituitosi en kiwanjetab kanisetab Kiru ACK ne nekitiin ak sukulitab Gikurune Boys High School. Kituitosi en kila kasitab oeng' nebo somok en arawet age tugul. Tuiyetne isibu keyoe en tarikit 17/12/2024. Tuiyosiekiok ko che kiboiboenchin missing'. Obwan ak onetgee kobun echeek.



***Pichitab atuiyet: Membaekab TIST chebo Isasametab Muthengera.***

---

## **Isasametab Muthengera: Kotesak kong'eteen katuiyosiek che mengecheen 10 akoi 50 en raini.**

*Koyoob David Thuku, Kiboitotab Isasamet ak ne chigile ole kiboisioito chepkondook.*

**I**sasametab Muthengera ko kikitou en kenytib 2016 ole kimong'uneen Isasametab Karandi. Kikinaam ak katuiyosiek 10 ako nguni ketindoi katuosiek che mengecheen 50.

Kikenoru kelchin en TIST amun en ketik che logoek en mbarenikiok ak kwenik en ketik che kichoru.

Kikenyoru kelchin kora en rabisiekab aldateab koristo oe kikimuch kelipanjin lagokiok sukul ak kebai korikiok komie.

Kiyoe kandoinatet ne kiwolchinge ako kiboiboi en kandoikiok che choton ko

Kandoindet Michael Macharia: Nambaitab simoit 0712884246

Rubeiwot Rose Waithera: Nambaitab simoit 0721751072

Ne ribe lenguut Geoffrey Karega Gichibu : Nambaitab simoit 0722231753

Sob koik kenya TIST. Sob koik kenya Isasametab Muthengera



***Group photo: TIST members of Muthengera Cluster.***



# Isasametab Nkando N: Kinetgee akobo kachuchuget ak kachorunetab ketik.

*Koyoob Joseph Munene, Kiboitiotab Isasamet ak chigilinetab ole kiboisioitoo chepkondook.*

**K**oyoob sirutikab **Baruetab** **Mazingira Bora**, ko kikineetgee akobo ole kichichuitoo ak kichoor

ketiik ko oret ne kimuche ketes ole rutuntoo ketik. Kikinetgee kora akobo komonutietab ketik en mbarenikiok. En nguni keboisie missing' en ortinwek che chang' kerib ketik.

En tuiyet ne koletu, ko kikinetgee akobo ole kichoruntoo ketik ko oret ne mie nebo ribsetab ketik.

Ng'oliot kichoor ko keisto temenik che mokimoche en ketik en amuneisiek che chang'. Ngemine ketik ko eekitu ak ko eekitu ak iywokto temenik koba ole loo. Oloon kakoba ole loo ko kakoyam kichoor.

Amunee asi kichoor ketik?:

- Imuche kokochi ketik chametab gee oloon kakeisto temenik che kikoyomio anan ko che kikonunio en miondo, che kikonam serik anan ko che kikoilio.
- Ribe boisietab ketik ak koribe ole kiiburto mbaret, tese lelesta en ketik missing' ko

che kikimiin kobunchi lelesta ak chebo ng'otwet, ak kotese itondanyuan.

- Toreti en ribetab oindab ketik ak ole kiiburto
- Toreti en ribetab biik ak tuguk alak, amun temenik che koen ko ng'oen en korik ak lainisiekab sitimet. Nyolu kechigili en abokora asi kimuch keistoenggee ng'oiyondisiek amun chang' che kikikoten en oranoton.
- Kachoruneet ko toreti koko loboietab asista ne noton kobo komonutiet en etunetab ketik, ole kikimiin ketik che terchin ak minutik che kiame, ko bo komonut kichoor ketik asi komuch minutik konyor loboiet ne oo ne yome korutuneen..
- Oloon kakichor ketik, ko che kokichoor koiku kwenik

Ongerib tugul ketikiok amun kikegeer kele noton ko kolong'uneet ne oo missing'!



# Geoffrey Mwanza: Abaibai aik membayatab TIST.

*Koyoob Moses Nduva, Kiboitiotab Isasametab.*

**A**nee Geoffrey Mwanza kobun Isasametab Vota ne boisiechin Moses Nduva. Katuienyun ne Ming'in ko Mavata-2018KE484.

Kiachute tetutietab TIST en kenytab 2018 yekin kotoo isasametab Vota Josphine Muasya-kiboitiondenyon nebo isasamet.

Tetutienyun amun ketik kou temindetab TIST ko kiimak yekin koit kemeut korenyoon. Kin anai akobo kimintoo ketik ak keriiib kobun kiboitiotab isasamet ak somanetab baronokab Mazingira Bora, ko amuche nguni aistaenge kaimutik che terterchin en mbar.

Tesetab Pjeutikab Melekweek en Katuienyun ne ming'in ko kokooneech cherseet kemiin ketik alak che chang' kosir che mii nguni, ko en nguni acheere membaekab katuienyun ak Isasametab Vota komin ak koriib ketik en kenysiek che chang' asi komuuch konyorichigee kelchinoik cheu:

- Konyorichigee melekweek ye kakoalda logoek.
- Anyoru ketik che kitekseen ak kwenik.
- Kikotoldol ng'ung'unyek en mbarenyun ketik kong'eteen kin amin ketik.
- Ketik che kimiine ko olebunu amitwokik ako alak kimuche keyai koik kerichek.

- Konu ketik urweet ak kokararnite korikiok.
- Ribe ketik kondametusi ekiok ak koisto rorunetab beek.

Nebo let, amwachini kongoi kandoinatetab TIST en kanetisiet ne kikenyoru kobun kiboitiotab isasamet Moses Nduva. Baruetab Mazingira Bora ko kikotesweech naetab Tetutietab TIST ak cherseet ne kikokooneech en boisionik che miachen ne kikotoreteech en sobenyoon.

Somenyun en membaek che lelach en TIST komiin ketik ak koriib ketiik ak koik che mutoo akoi koit koko ketik koristo ne kioldoo. En let koite konyorchigee melekweek ak tuguk alak cheisibi kee ak choton. Ngoberur Kiptaiyat TIST.



**Pichiat. Geoffrey Mwanza en mbaretab ketikyik.**