

Mazingira Bora

Newsletter May 2026

tist Growing Trees
Growing Leaders

1. We are Honest
2. We are Accurate
3. We are Transparent
4. We are Servant to each other
5. We are Mutually Accountable to each other

www.tist.org

English Version

TIST is an innovative, time - tested, afforestation program led by the participants.

Dial *709# (Safaricom) or *789*7000# (Other Networks) and get to know more about TIST and your Small Group. Follow the prompts. Safaricom is Free.



**Utetani TIST Cluster meeting held on 16/04/2026.
Next meeting will be held on 14/05/2026.**

- Inside:** ✓ **TIST: Good News! 2025 Profit Share Payments Begin this Month.** Page 2
- ✓ **Leadership and Governance in your Cluster.** Page 3
- ✓ **TIST: Important Reminders for our own safety as we carry out TIST duties.** Page 4



TIST: Good News! 2025 Profit Share Payments Begin this Month.

As we mentioned in the last 2 months of this Newsletter, we are beginning 2025 Profit Share payments.

Beginning this month, Small Groups qualifying for 2025 Profit Share payments will receive a letter with details key among them - their payment amount, total number of trees in their Groves as well as total amount of carbon sequestered. The letter will also allow farmers to sign for payments or have an opportunity to ask questions if they disagree with any of the details in the letter.

Equally, for the Small Groups not qualifying for Payments, they will receive a letter with details in areas that they need to fix. This will start from month of June 2026.

As a reminder, like all other Profit Share payments, Eligibility Requirements for 2025 Profit Share (PS) Payment and continuing Minimum Payments still remain as follows;

- All Groves have been quantified within 12 months (Previously was 18 months)
- Small Group has a GHG contract signed and uploaded
- All Groves have accurate baseline information (ownership, displacement, and deforestation)
- All Groves have approved tracks
- Small Group has at least one active grove
- Small Group is not dropped from TIST database.

- Your Small Group has not lost many trees/tonnes.

Where your Small Group has a missing item, your letter will be specific and will guide you how to get it fixed. Once your Small Group has all the missing items fixed, you will receive another letter – this time a qualifying for payment letter.

Like in previous Profit Share, payments will be made through Mpesa. Mpesa Custodian will receive Payment from Clean Air Action Corporation with an Mpesa Confirmation Message. Withdrawal Changes are added to the payment. Cluster Servant will at the same time, send an e-voucher (Via SMS) to your Small Group two witnesses and Mpesa Custodian. Always, keep safe records of your payments including this letter and other Small Group activities.

Always adhere to TIST Values. Mpesa Custodian have a responsibility to make sure their Phone and Identity Card (ID) numbers are correct. Further, make sure Members get their share of payments promptly. Keep records. It is against TIST Values to share your Small Group payments with any TIST employees or persons whom your Small Group members have not consented to.

If you have questions about your Small Group payments, kindly talk to your Cluster Servant / Cluster Leader or contact Jane 0713 436 028 or Kibe 0722 909 647



Leadership and Governance in your Cluster.

Today, TIST has more than 500 Clusters. In each cluster, Servant Leaders support our success and share their strengths. Each Cluster has governance and leadership as follows:

Elected Cluster Leadership.

- Cluster Leader.
- Cluster Co-leader.
- Cluster Accountability person.

Cluster Leaders, Co-leaders, and Accountability person serve in each position for a period of 4 months. After 4 months of service, the Cluster leader rotates out. The Co-leader becomes the Leader while the Accountability person becomes the Co-leader.

Women and men alternate in the elections. If the Accountability Person is a man, the next one elected will be a woman. Your Cluster should democratically elect a new Accountability person. Cluster elections are important and mandatory for all TIST Clusters.

Role of Cluster Leadership.

Role of a Leader.

- 1) Should be a servant to the whole Cluster and exemplify TIST Values.
- 2) Leads/facilitates Cluster activities: coordinates Cluster meeting, quantification and training schedules with other servant leaders.
- 3) Motivates Groups to achieve big results, especially planting trees and practicing CF.
- 4) Helps the Cluster to remain strong and united.
- 5) Helps plan for well-organized Cluster Meetings with other servant leaders and making sure the meetings are properly led and trained.
- 6) Works with Accountability Person to ensure that Cluster Meeting and Accounting records are kept properly.
- 7) Works with Accountability Person to ensure monthly Cluster reports and Account reports are accurate and sent.
- 8) Helps recruit more Small Groups to be registered.
- 9) Helps Small Groups have their Green House Gas contracts signed, scanned and

uploaded if necessary.

- 10) Welcomes and introduces any new visitor who might attend the meeting.
- 11) For payments, they get vouchers and other materials ready before Cluster meetings. Works with Accountability Person to make sure the proper payment process is followed, and communicates any questions or problems to TIST leaders and Cluster Servants. They remind Small Group members of the next meeting.

Role of an Accountability Person.

- 1) Receives Cluster Budget and announces amount received and spent at each Cluster meeting.
- 2) Works with the Cluster Servant to plan how to use the Cluster Budget to achieve big results.
- 3) Keeps and maintains Cluster records in an organized Cluster record book, accurately and in proper condition.
- 4) Allows inspection of Cluster Records by Cluster members and TIST leaders.
- 5) Organizes with Cluster Servant to send both Monthly Cluster meeting and Accounting reports every month.
- 6) Trains the next accountability person.
- 7) Helps and supports other servants to serve the Small Groups.
- 8) During payments, they hand out vouchers to groups with 2 members present, reviews vouchers, communicates with payment support coordinators, and follows the payment process accurately and honestly.
- 9) Evaluates Quality of Cluster Trainings and reports to GOCC.
- 10) Attend GOCC meetings as Cluster Council Representative.

Role of a Co-leader.

- 1) Takes over when the leader is not there, while the co-leader is to serve both the Cluster members and the Cluster leader.
- 2) Helps keep time during Cluster Meetings.
- 3) Takes records during the Cluster meeting.
- 4) Read the previous minutes to the meeting and keep record of the minutes and discussion held in the cluster.



- 5) Helps train newly elected Accountability People.
- 6) Evaluate Quality of Cluster Trainings and report to GOCC.
- 7) Attend GOCC meetings as Cluster Council Representative.

Role of Group of Clusters Council Representatives.

- 1) Discover and share Best Practices from Clusters.
- 2) Assure high quality training for the Clusters following TIST Values.

- 3) Assure high quality Quantification following TIST Values.
- 4) Maintain working equipment for training and Quantification.
- 5) Report concerns and make recommendations for policies to OLC.
- 6) Expand TIST through present Clusters.
- 7) Hold Administrative Hearings if a Cluster Servant is suspended to investigate facts and make recommendations on suspension.
- 8) Hold Administrative Hearings if a Cluster Leader is not following TIST Values.

TIST: Important Reminders for our own safety as we carry out TIST duties.

Key minimum safety requirements are as follows;

- 1. It is not the policy of TIST, CAAC or any of the partners to put TIST workers in harm's way.
- 2. We want everybody working for TIST to be safe and act safely. And no one is allowed to ask you to do something that is unsafe. You should refuse to do it and report immediately to one of the Kenya Leadership Team members.
- 3. The Recognized Policies will be discussed: Summaries of the recognized policies will be presented. If any of these circumstances are encountered, notify the Kenya Team.
 - a. Matatus and Boda-bodas. Do not take rides if the driver appears to be intoxicated or drives in a reckless manner. If the driver is driving too fast or unsafe tell the driver to drive slower and safer. If it persists, ask to be let out or off the vehicle. In case of a robbery, do not resist and surrender the TIST equipment if it is demanded. Report the incident to the KE Team within 24 hours.
 - b. Snakes. Be aware when moving through areas where you cannot see where you are placing your foot. If unsure, use a long stick to prod the bushes or grass to

identify the presences of snakes. If a poisonous snake is seen, leave the area and notify the farmer. There are NO first aid treatments for poisonous snake bites. If you are bitten by a poisonous snake you must go to the nearest hospital for anti-venom. The bite may be fatal if not treated. You could lose a limb or suffer permanent injury if bitten. You, your partner or the farmer should try to identify the type of snake so that the correct anti-venom can be selected. Even if the snake is killed it can still bite!

- c. Elephants. Elephants are extremely dangerous. The best way to avoid an elephant attack is to not get in that situation. If an elephant is present in a project area, back away trying not to disturb it. If it attacks, your choices are:
 - i. Stand your ground, it may be a bluff charge.
 - ii. If you are close enough to shelter (house, vehicle, fence, large tree), try to back away slowly (keep facing the elephant) and move to the shelter. Elephants run much faster than humans so if you cannot reach shelter, running may just trigger an aggressive response.



- d. Encountering dangerous people. Should you encounter hostile or dangerous TIST or community members, leave the area and try to get to a place where there are other people present. Do not engage in arguments or physical confrontation. If you are with a partner, stay together and support each other. In case of a robbery, do not resist and surrender the TIST equipment if it is demanded.
- e. Sexual Assaults. Females should work with a partner in new areas to avoid sexual assaults. If you end up in a situation where you fear an assault, leave the area and try to get to a place where there are other people present. If attacked, yell for help. Report any assault to the police and to the Kenya Team.
- f. Dogs. If a hostile dog is present or you are concerned about a dog that is present, ask the farmer to secure it until you finish quantifying. If the farmer refuses, leave the area and notify the Kenya Team. If bitten by a dog, go to the doctor. Since dogs can carry rabies, try to determine who owns the dog for incase it needs to be tested. Rabies are fatal without treatment and treatment is necessary within days.
- g. Bees. The effects of bees stings can range from annoying and painful to fatal, depending on whether you are allergic to the venom. Avoid being stung by avoiding swarming bees and try to remain calm if they are present. Do not agitate the bees. Avoid wearing perfume or scents. If stung, remove the stinger as soon as possible because the longer it stays in the body, the more severe the reaction. If you know you are allergic to bee stings; get stung in the mouth, nose or throat; have shortness of breath; or have severe swelling or swelling away from the site of the sting; get medical help immediately. If you know you have severe allergic actions to bees stings, you should carry an epi-pen (ask a doctor about this).
- h. Crossing rivers. Do not attempt to cross

rivers with high, fast flowing water. You could drown.

- i. Working on Steep Slopes. Take extra care when working on steep slope. Do not put yourself in a situation where a fall could kill you.

Grievance Procedure.

The grievance procedure is intended as the tool by members and workers may formally have a grievance heard by TIST management.

All grievances are first brought to the attention of the Leadership Council where the issues are compared to standard TIST policy, TIST values and/or the Greenhouse Gas agreement among the Small Group members and CAAC. TIST policies and values are the subject of training at seminar, cluster meetings, Small Group meetings and are published periodically in the Mazingira Bora. The Leadership Council shall give the aggrieved party an answer within 30 days of receipt of the formal complaint.

If the issue is not resolved within 30 days, the aggrieved party shall be informed that the case must be presented to TIST Management and shall inform TIST Management of the issue. Where precedence or policy exists, TIST Management shall use such documents in final decision making and respond to the aggrieved person within 30 days of their receipt of the formal complaint. Where new issues arise that are outside the existing precedence, or policy, the issue shall be brought to the next seminar or Leadership Council meeting, where decisions are made by representatives of the Small Groups, Kenya Staff and TIST Management.

If conflicts or grievances cannot be resolved internally, CAAC and the aggrieved party shall agree upon a mediator to whom they shall submit the issue. Any grievances not resolved through mediation shall be subject to arbitration in through the Chartered Institute of Arbitrators, Kenya Branch within 30 days of the close of mediation.

**Sexual Harassment Policy.**

TIST is committed to providing a working environment free from discrimination, and to prohibit harassment of its employees and applicants, including sexual harassment.

Sexual harassment is defined as any unwelcome or unwanted sexual advance, request for sexual favors, or other verbal or physical conduct of a sexual nature from someone in TIST that creates discomfort and/or interferes with the job.

Conduct constitutes harassment when:

- Submission to such conduct is made, either explicitly or implicitly, a term or condition of an individual employment;
- Submission to or rejection of such conduct by an individual is used as the basis for employment decisions and/or retaliation; or
- Such conduct has the purpose or effect of interfering with an individual work performance or creating an intimidating, hostile or offensive work environment.

Harassment due to race, religion, sex, sexual harassment, national origin, disability or age status will not be tolerated in TIST. Such conduct is subject to discipline, up to and including termination. Any worker whom believes he or she is a victim of sexual harassment must immediately report any incident to the Leadership Council. TIST will not tolerate retaliation against any worker who complains of sexual harassment or provides information in connection with any such complaint. If you have any questions regarding this policy, please contact the Leadership Council.

According to the preamble of the GhG contract, Member shall abide by each and every

law and regulation that applies to their activities. Sexual harassment is against the law and Members that have been found to sexually harass can be removed from TIST. TIST worker that sexually harass can be dismissed.

Non-Discrimination Policy.

TIST does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, or sexual orientation, in any of its activities or operations. These activities include, but are not limited to, hiring and firing of staff, selection of volunteers and vendors, and provision of services. We are committed to providing an inclusive and welcoming environment for all members of our staff, clients, volunteers, subcontractors, vendors, and clients.

TIST is an equal opportunity employer. We will not discriminate and will take affirmative action measures to ensure against discrimination in employment, recruitment, advertisements for employment, compensation, termination, upgrading, promotions, and other conditions of employment against any employee or job applicant on the bases of race, color, gender, national origin, age, religion, creed, disability, veteran's status, sexual orientation, gender identity or gender expression.

If a TIST member or worker feels that they have been discriminated against, you should contact the Leadership Council and request to begin the formal grievance procedure. According to the preamble of the GhG contract, Member shall abide by each and every law and regulation that applies to their activities. Discrimination is against the law and Members that discriminate can be removed from TIST. TIST worker that discriminate can be dismissed.

Mazingira Bora

Newsletter May 2026

tist Growing Trees
Growing Leaders

1. We are Honest
2. We are Accurate
3. We are Transparent
4. We are Servant to each other
5. We are Mutually Accountable to each other

www.tist.org

Kimernu Version

TIST is an innovative, time - tested, afforestation program led by the participants.

Dial *709# (Safaricom) or *789*7000# (Other Networks) and get to know more about TIST and your Small Group. Follow the prompts. Safaricom is Free.



**Mkutano wa Nguzo wa Utetani TIST uliofanyika tarehe 16/04/2026.
Mkutano ujao utafanyika tarehe 14/05/2026.**

- Inside:** ✓ **TIST: Mantu ja mega! Marihi ja baita ya 2025 jakambiria mweri juu.**
Page 2
- ✓ **Utongeria na witi na mbere ndene ya Cluster.** Page 3
- ✓ **TIST: Kiririrkania kia gitumi kia ugitiri kagita ka gwita ngugi cia TIST.**
Page 4



TIST: Mantu ja mega! Marihi ja baita ya 2025 jakambiria mweri juju.

O ja uria twagwetire Kiri ngatheti mieri 2 ikurukite, Nitukwambiria marihi ja baita ya 2025.

Kwambiria mweri juju, Ikundi iria ikinyaniritie jaria jakwendeka kiri marihi ja baita ya 2025 bakagwata baruga iri na mantu jamwe ja bata jari, mbecha iria bakoona, namba ya miti kiri miunda yao amwe na na kaboni irianikethetwe ni miti yao. Baruga iji ikaejana kanya kiri arimi gucaina bagwata marihi kana kwona kaanya ga kuuria ciuria kethira batagwatanira na mantu jaria jari ndeene ya baruga.

O imwe, ikundi iria itigakinyaniria kiri kugwata marihi, bakagwata baruga iri na mantu jaria jabatarite kuthithua. Untu bubu bukanjiria mweri jwa June 2026.

Ja kiririkania, oja marihi jangi ja baita, mantu jaria jakwendeka kiri baita ya 2025 na nkinya ja minimum ni:-

- Miunda yonthe ni itariri miti ndeene ya kagita ka mieri 12 (au mbere yari mieri 18).
- GHG ya gakundi ni icainitue na yekwa ndeene ya mitandao.
- Miunda yonthe ni ijukirutue ngano jacio baseline na ya uma bungwa (nuu mwene Munda, kuri mantu jaeretue niuntu bwa uandi wa miti, na miti yatemi ri).
- Miunda yonthe ni ijukiritue mbica igwitikirika.
- Gakundi kari na muunda nkinya jumwe juri kiri muradi.

- Gikundi gitaritwa kuuma mitandao ya TIST.
- Gikundi giaku gitanyihia miti imingi kana tani.

Aria gakundi giaku gitiingia jamwe ja mantu jaja, baruga yaku ikoonania bweega na ikwoneria uria jakaingua. Riria gakundi gikaingian mantu jaja jonthe, bakagwata baruga ingi-kagita gaka ni baruga ya kuuga nibakinyaritie jaria jakwendeka bagwata marihi.

Oja uria kwari kiri marihi ja baita jaria jakurukite, marihi jakathithua gukurukiira Mpesa. Uria ugekirua mbecha wa gikundi akagwata ntumiiri kiri thimu ya mbecha kuuma kiri Clean Air Action Corporation. marihi ja kurita mbecha nijongeretue Kiri marihi. Clasta servant nawe agatuma ntumiiri ya thimu kiri akuji bari na nkinya uria watumirwa mbecha. Magita jonthe tigiira ni bugwika rekodi injega jegie marihi ja gakundi na nkinya baruga iji.

Magita jonthe thingatiira TIST values. Uria ugenkirirwa mbecha nonkinya atigiire namba ya thimu na ya nkinya ya kibande ikwandikwa bweega. Nkuruki, tigiira amemba bonthe bakagwata marihi jao kagita kongwa. Ika rekodi. Ni mugaru na watho wa TIST kugaa mbecha cia gakundi na mwandikwa wa TIST kana muntu o wonthe uria gakundi gitetikaniritie. Kethira uri na kiuria kiegie marihi ja gakundi, nibweega warie na clasta servant waku/ Mutongeria wa clasta kana Jane 0713 436 028 kana Kibe 0722 909 647.



Utongeria na witi na mbere ndene ya Cluster.

Narua, TIST irina cluser nkuruki ya 500. O kiri Cluster atongeria, ibagwatagwa mbaru witi na mbere na inya yetu. Witi na mbere na utongeria bwa Cluster ita uju:

Kuthurwa kwa mutongeria wa cluster.

- Mutongeria wa Cluster.
- Munini wa mutongeria.
- Mwitithia na mbere Cluster.

Atongeria ba Cluster, anini bao, na etithia mbere barungamaira o giti kagita ka mieri ina (4 months). Mieri ina ya ngugi ya thira, bakagarurana. Munini wa mutongeria akaethua munene, nawe mwitithia mantu na mbere akaethua munini wa mutongeria. Aka na arume kaba garukanaga kagita ka ihuranu. Kethira mwitithia mbere wa gikundi arari ntomurume, uria ungi akathurwa akethirwa ari muntu muka. Ithurano bia Cluster I bia bata na bi bati kuthithwa ni clusters cionthe cia TIST.

Ngugi ya utongeria bwa cluster.

Ngugi ya mutongeria.

- 1) Ethirwe agitungataira Cluster yonthe na kwonania mikarire ya TIST.
- 2) Gwitithia mbere manto ja Clusters, kubanga micemanio, gutaara na gwitana amwe na aiti ngugi bangi.
- 3) Gwikira inya ikundi kenda biona uumithio nkuruki ta, kuanda miti, na kuthithia CF. Guteetheria Cluster igia na inya na ngwataniro.
- 4) Guteetheria kubanga na witi na mbere bwa micemanio ya Cluster na atongeria bangi.
- 5) Gwitana ngugi na mwitithia mbere wa mibango kenda ripoti na mathabu ja cluster o mweri jagutumwa jaticereri.
- 6) Guteetheria kuthurwa na kuandikithua kwa tukundi tunini.
- 7) Guteetheria Green House Gas cia tukundi tunini ciitikirua.
- 8) Kugwata ugeni muntu umweru uria umba kuriungira gikundi mucemanione.
- 9) Marii: Kuthuranira into bionthe biria bikwendekana mbere ya mucemanio. Gwitana ngugi na muntu wa accountability

kenda amenya njira yonthe ya marii nithingati bwega, kwaraniria mobatu na mathiina kiri anene ba TIST na atongeria ba Cluster.

- 10) Kurikania amemba ba tukundi tunini mucemanio juu jungi.

Ngugi ya muntu wa witi na mbere.

- 1) Kujukia na kuuga bajeti ya Cluster na uria itumirikite kiri o mucemanio jwa cluster.
- 2) Gwitania ngugi na Cluster kubanga uria bajeti igaita maciara.
- 3) Gwika na kumenyera mauku na recondi cionthe cia Cluster.
- 4) Gwitikira gutegwa kwa recondi cia cluster ni amemba ba Cluster na anene ba TIST.
- 5) Gutuma ripoti cionthe cia micemanio ya o mweri na mathabu.
- 6) Kuritana muntu uu ungi wa akaunti.
- 7) Guteetheria na gukira inya ariti bangi ba ngugi guteetheria tukundi tunini.
- 8) Igita ria marii: kunenkanira vucha kiri gikundi kiria amemba bairi bariku, gutega vucha, kwaraniria na antu ba marii na kuthingatira njira ya marii nierekene.
- 9) Gutalama moritani ja Cluster na ripoti cia GOCC.
- 10) Gwita micemanio ya GOCC ja Murungamiri wa Council wa Cluster.

Ngugi cia munini wa mutongeria.

- 1) Gutongeria riria mutongeria atiku. Gutungatira amemba ba cluster na mutongeria wa cluster.
- 2) Guteetheria igita ria micemanio ya Cluster kiri gwika mathaa.
- 3) Kuandika mibango igita ria micemanio ya Cluster.
- 4) Kuthoma miniti cia mucemanio juria jwathirire.
- 5) Gwika mantu ja gikundi na ndwaria iria ciaragua kiri mucemanio.
- 6) Guteetheria kuritana muntu umweru kiri ngugi cia mathabu.
- 7) Gwita micemania ya GOCC ja murungamiri wa Council wa Cluster.

**Ngugi Ya Atoongeria Ba Kanju ya Ikundi bia Cluster.**

- 1) Kumenya na kugaa mantu jaria mega ja o Cluster.
- 2) Kurikithia kwina kuritana kwa njira ee iguru kiri clusters kuthingata utungata bwa TIST.
- 3) Kurikithia umenyeeri bwa iguru buria bukuthingata mantu ja TIST.
- 4) Kumenyeera into bia ngugi bia kurita.
- 5) Kuuga na kwariria mantu jaria jabatere niuntu bwa urungamiri bwa Council.
- 6) Kwaramia TIST gukuriira cluster iria iri o.
- 7) Gwika micemano ya kuthikiira mantu mwiti o ngugi o cluster na kuthingatiira kenda arungikwa.
- 8) Gwika micemano ya mutongeeria uria utikuthingatiira mathithia ja TIST.
- 9) Gwikiira antu ba ikundi bia clusters ngugi ingi cia TIST ja auditor, TSE, Master Trainer na ingi inyingi.
- 10) Kwamukira uritani bwa gutalama riboti na gutuma kiri utongeria bwa council.

TIST: Kiririrkania kia gitumi kia ugitiri kagita ka gwita ngugi cia TIST.

Mantu ja gitumi muno ni:

1. Gutina watho waTIST, CAAC kana antu bangi bagwataniri kuona aruti ngugi a TIST bari thinene.
2. Nitukwenda muntu wonthe ugwita ngugi na Tist akithirwa agitiri na akaimenyeera. Guti muntu etikiritue gukuria wita ngugi atu ari na ugwati. Utigetikire kuthithia uu, tigiira ukuejana ripoti iji kiri timu ya Kenya.
3. Mawatho jagea mbere kwaririrua: kwa njira ikuhi mawatho nijo jaja. Gukagia na mauntu ta jaja menyithia timu ya Kenya.
 - a) Matatu na bodaboda. Utigetithue ni ndereba murebi kana ugwitithia ngari buthuku. Ndereba agetithia ngari na rwiro muno kana bitibuui mwire ete mpaara na njira injega. Enkirega, mwire agukimyithie nthi. Wingicemania na mwamba, utikaregane na into cia ngugi cia TIST kethira nicio akwenda. Ejana ripoti iji kiri timu ya Kenya ndeene ya mathaa 24.
 - b) Njoka. Tigagiira niukwimenyeera riria wiritite guntu ukikuumba kwo a aria ugukinya. Ukethiira ukwiona ja kwina thina, tumiira kamuti riria ukurukirite ithakene na nyakine gutigiira gutina njoka. Ukona njoka ina sumu, uuma munda jou na umenyithie murimi. Guti njira na kwigitira na cumu ya njoka. Ukeja kurumwa ni njoka iri na cumu, nonkinya wite cibitari umuntwe sindano ya kugitira cumu iji. Kurumwa ja guku no kurete thina inene muno gukaaga kurigitwa. No ute kuguru kana ukagwata mbajua ya gutuura. Ugwe kana uria bwitanagia nawe kana murimi butigiire bukumenya muthemba wa njoka iu nikenda buumba kugwata urigiti bubwega. Njoka nkinya ikethira ni yuragi no irumane!
 - c) Njogu. Njogu ni ugwati umunene muno. Njira injega ya kwigitira na njogu ni kurega gwita buru aria iri. Kethira njogu iri aria ugwitira ngugi, ita mpaari utikumitanga ume antu au. Njogu ikabanga gukuthingata, njira ni iji:
 - i. Rungama oo au uri, yoomba gucoka
 - ii. ukethira uri akuhi na antu a gwicitha ja nyomba, ngari, rwego kana muti ju munene geria gucoka mpaara na wite utegeete njogu nkinya wiciithe. Njogu ni imatukaga rwiro gukira antu kwogu ukethiira utikanya bantu ba gwiciitha, kumatuka no gutume njogi ikabanga gukuretera thina.
 - d) Gucemania na antu bari na thina. Ukeja



gumania na amemba bari na thina kana nkinya ntura iri na thina, uuma guntu ja guku wite kungi kuri na antu bangi.

Utigeete kugia na manegene na kuonana. Kethira kuriwe burinawe, ikaraniani amwe na butethanie. Kethira kuri na wamba, utikarege na into cia ngugi cia TIST ukeja gwitua.

- e) Thina ya kiwendo. Aruti ngugi a ekuru nibwega barute ngugi bari na muntu ungi riria bari guntu kugeni kwigitira kwona thina ya kiwendo. Ukeja kwi ithira thinene ja iji, uuma guntu ja guku na wite kungi kuri na antu bangi. Ukeja kwona thina, uga mbuu urombe utethio. Ejana ripoti ja iji kiri polici na timu ya Kenya.
- f) Kuru. Gukethira kuri na kuru ina thina kana ukwona kwomba kwithirwa kuri na thina ya kuru, menyithia murimi akugitire nkinya urikie ngugi. Murimi akeja kurega, uuma guntu ja guku na umenyithie timu ya Kenya. Ukeja kurumwa ni kuru, ita kiri dagtari. Kuru jiomba kwithirwa na murimu jwa rabies, kwogu tigiira ukumenya mwene kuru gwikigia na bata wa kuru iji kuthimwa imenyeka. Rabies ni murimu juri na ugwati muno jwinkiaga kurigitwa na urigiti jutikajukie ntuku nyingi.
- g) Njuki. Murimo jwa kurathwa ni njuki jwomba kuuma kiri kuthuura, kwigua murimo kana ona thina inene, kuringana na kethira muntu oomba kwithua ari na allergy. Imenyeere kurathwa ni njuki na njira kwiebaniria na njuki iri amwe kana gwita ukiriritie aria njuki iri. Utigacumbure njuki. Utigeete kiri njuki wi akite maguta manunki. Ukeja kurathwa ni njuki, ruta muboora na mpui niuntu oo buria jugakaara nou ugeeta mbere kwigua murimo.
- Kethira ni wiji uri allergic kiri kurathwa ni njuki: ukinarathwa kanua, nyuru kana numero, ukinagia na thina ya gwita miruke, kana wagia na wiimba cua urigiti na njira

ya mpui. Ukethira ni wiji uri na allergy ya kurathua ni njuki, tigiira niugukamata epi-pen(uria dagtari).

- h) Kuuna miuro. Utikagerie kuuna miuro iri na ruuji rugwita na mpui. No rugukamate.
- i) Gwita ngugi guntu kuri na irima inene. Imenyeere muno riria ugwita ngugi guntu kuri na irima inene. Utigeete kuria uri na ugwati wa kugua na gukua.

Njira ya gukinyia Mathina.

Njira iji niyo ya amemba na aruti ngugi gukinyithia mathina kiri urungamiri ndeene ya TIST.

Mathina jaja jonthe mbere jakinyagua kiri leadership council aria jategagirua kulingana na mawatho, TIST values, kana contract ya GHG amwe na amemba a tukundi na CAAC. Mawatho jaja na values cia TIST nijo jaragiirua kiri seminar, micemanio ya clasta, micemanio ya tukundi tunini na jekaraga jakiandikagwa kiri mazingira bora. Mwena juria jwareta mathina jao baejagua macokio nyuma ya ntuku 30 kuuma bakinyithia mathina jao.

Kethira thina iji itoomba kuthira kagitene ga ntuku 30, mwene thina iji ni amenyithagua ati arungamiri muradi wa TIST bagakinyirua ni ntumiro iji. Aria kuri na watho wigie thina ja iji, arungamiiri a TIST bagatumira mawatho jau kuejana macokio ja muthiana bamenyithanie nyuma ya ntuku 30 kuuma ripoti yabakinyira. Aria mantu ja mageni jaumiira jaria jati kiri watho, untu ja bubu bwikagua kiri seminar kana mocemanio leadership council aria macokio jaejanagua ni arungamiiri a tukundi tunini, Kenya staff na arungamiiri a TIST.

Kethira mathina jatiumba kuthirua ndeene ya TIST, CAAC na mwene mathina bagetikaniiria niku bakaira mathina jao. Mathina jaria jatikathirua na njira ya gucua wa kubagwatithania jageta kiri chartered institute of



arbitrators, Rwang'i rwa Kenya ndeene ya ntuku 30.

Watho wigie gutangwa ki wendo.

TIST ni irutaniritie gutigiira niikuejaga kaanya ga keega ga gwita ngugi itina kumena bamwe na nkinya kurigiiria gutangwa ki wendo kwa aruti ngugi bayo na nkinya arimi baria bakwija.

Gutangwa ki wendo ni njira o yonthe itigwitikirika kana gukujirirua, kurombwa kwenderua niuntu bwa ki wendo kana ona nkinya kiri ndwaria kana kwonana kwa muthemba o uriku kuuma kiri muntu o wonthe wa TIST buria bwagithagia muntu ukirii kana gutanga muntu kuumba gwita ngugi.

Gutangwa ki wendo kwonekaga riria:

- Wahinyirirua gwitikira utikwenda kana ukaracimithua uri muriti ngugi.
- Kuhinyirirua kana kuregua niuntu bwa murugamo waku kiri kaanya ga kuwaga ngugi kana kurugamua ngugi; kana
- Njira iji iri na mubango wa gutanga muntu gwita ngugi, kumwagithia gitio kana kumwagithia kaanya ga keega ga kurita ngugi.

Gutangwa niuntu bwa ki ndini, rurijo rwenu, kethira wi muntu murume kana mwekuru, kethira uri na thina ya ki mwiri kana miaka yaku gutitikirika kiri TIST. Kuthithia uju nonkinya ugwate adabu nkinya ya kurungamua ngugi. Muriti ngugi o wonthe enkithirwa ari na ugwati wa gutangwa ki wendo nonkinya aejane ripoti kiri leadership council na mpui. TIST itiumiria muntu o wonthe aumba kwithirua agitangaga bangi ki wendo kana aejane ripoti yegie gutangana gwa ki wendo. Ukethira uri na kiuria kiegie watho uju, menyithia leadership council.

Kuringana na maandiko ja mbere kiri form ya kwiandikithia gutuika mumemba wa TIST jayo

GHG, mumemba nonkinya athingatiire mawatho jonthe na mendikithia jaria jakendeka kiri ngugi ya TIST. Gutangana ki wendo gutitikiritue na mumemba uria enkioneka agitangana nika agatuika wa kurutwa kiri muradi wa TIST. Aruti ngugi baria batanganaga ki wendo nabo nika bekibutwa ngugi.

Watho wa kwaga kugaukania.

TIST itigaukania na itakagaukania antu niuntu bwa witikio wao, ni akuru kana ni ekuru, ki miaka, thiguru iria uumite, rangi, waathe wa mwiri, kwithira ugurene kana utigurene, kana ona mwonere wa kiwendo kiri ngugi ciayo cionthe. Ngugi iji na utigutigiira, wandikani na ubuti wa ariti ngugi, kuthuura antu ba kwiritira na endia, kana twanya o tunthe. Turutaniritie kuejana kaanya kagwitikira antu bonthe ba gwita ngugi, aguri, antu ba kwiritira, subcontractors, vendors na a biashara bonthe.

TIST ni mwandikani o ja bangi. Tutigaukania na tukajukia makinya ja meega gutigiira gutikugaukania kiri wandikani, kwandikithia amemba, matangazo ma ngugi, gucokerua into ciaku, kurungamua ngugi, guukiria muradi, guukiria ariti ngugi na mantu jangi jegie wandikwa na mwandikwa kana kuromba wira utigeerete rangi, wi mukuru kana mwekuru, nthiguru iria uumite, miaka, ndini, witikio, waathe, veteran status, kana wendi waku wa ki wendo, buria wimenyithanagia ja mukuru kana mwekuru.

Kethira mumemba wa TIST kana mwiti ngugi nikwigua niagaukanitue, nibwega amenyithie leadership council na ambirie gukinyithia mathina jawe. Kuringana na maandiko ma mbere ma GHG contract, amemba nonkinya bakathingatiira mawatho na mendikithia kiri ngugi ciao. Kugaukania antu guti kiri watho na amemba baria bagaukania bangi no barutwe kiri TIST. Muriti ngugi wa TIST uria ugaukanagia antu nawe no arungamwe ngugi.

Mazingira Bora

Newsletter May 2026

tist Growing Trees
Growing Leaders

1. We are Honest
2. We are Accurate
3. We are Transparent
4. We are Servant to each other
5. We are Mutually Accountable to each other

www.tist.org

Kikuyu Version

TIST is an innovative, time - tested, afforestation program led by the participants.

Dial *709# (Safaricom) or *789*7000# (Other Networks) and get to know more about TIST and your Small Group. Follow the prompts. Safaricom is Free.



**Mucemano wa Utetani TIST clasta uria wahanikire meri 16/04/2026.
Mucemano ucio ungi ugakorwo mweri 14/05/2026.**

- Inside:** ✓ **TIST: Uhoro mwega! Ugayania wa faida cia share kwambiriria mweri uyu.** Page 2
- ✓ **Utongoria na wathani thiini wa Cluster.** Page 3
- ✓ **TIST: Kiririkano kia bata kuri ugitiri witu riria turaruta wira wa TIST.** Page 4



TIST: Uhoru mwega! Ugayania wa faida cia share kwambiriria mweri uyu.

Ota uria twamwirite mieri iri mithiru thiini wa ngathiti ino, ni turambiriria marihi ma faida cia share ma mwaka wa 2025.

Kwambiriria mweri uyu, ngurubu nini iria cihitukitio kurihwo marihi ma faida cia share ma mwaka wa 2025 ni makwamukira marua magitariria hamwe – marihi mao, namba ya miti yao na carbon iria irutite. Marua macio ni magutariria uria murimi a gwikira kirore kana agie na mweke wa kuria ciuria mangiaga kuiguthaniria uria marua maugite.

Hamwe na uguo, ngurubu yothe nini iria itahitukire kwamukira marihi, ni makwamukira marua magitariria gitumi gia kwaga kurihwo na uria maguthondeka. Undu uyu ukwambiriria mweri wa gatandatu 2026.

Ta kiririkanio, ota marihi maria mangi ma faida cia share, kumenyekana mwaka-ini wa 2025 marihi ma faida cia share (PS) na marihi ma hingo ciothe mahana ta uu;

- Miti ya ithaka ni itaritwo thiini wa mieri 12 (tene irari mieri 18).
- Ngurubu nini iri na GHG iri na sign na ikarutwo rurenda-ini.
- Mititu yote iheaniirwo uhoru wa ma (mwene, kugarurira na kugethwo).
- Mititu yothe no irumiririke wega.
- Ngurubu nini iri na mutitu urakura.
- Ngurubu nini ndiri yauma mubango-ini wa TIST.

- Ngurubu yaku nini ndiri yate miti/tonnes.

Kuria ngurubu nini itete kindu, marua manyu ni makumutariria uria mugukiona. Na ngurubu yanyu nini yathondeka indo iria ciurite, ni mukwamukira marua mangi – ma kuga ni mwetikirika kurihwo.

Ota faida cia share cia hau mbere, marihi mothe makurihwo kuhitukira Mpesa. Muigi wa namba ya Mpesa ni akwamukira marihi kuma kuri Clean Air Action Corporation hamwe na message kuma kwa Mpesa. Mbeca cia kuruta ni nyongerere. Muruti wira wa clasta ni a gutuma e-voucher (kuhitukira SMS) kuri andu eri a ngurubu yanyu nini aria mathuritwo na muigi wa Mpesa. Hingo ciothe, igai record cianyu cia marihi wega hamwe na marua maya na indo iria ingi cia ngurubu yanyu nini.

Hingo ciothe rumirirai TIST Values. Muigi wa namba ya Mpesa abatie kumenya ati namba cia thimu na kibandi (ID) ni njega. Hamwe na uguo tigurira ati a memba ni mamukira marihi mao uria kwagiririire. Iga records. Kuringana na TIST Values ndwagiriirwo ni reka muruti wira wa TIST amenye uria murihitwo kana mundu ungi oro wothe ngurubu yanyu nini itetikiritie.

If you have questions about your Small Group payments, kindly talk to your Cluster Servant / Cluster Leader or contact Jane 0713 436 028 or Kibe 0722 909 647

Ungikorwo na kiuria kiigie ngurubu yanyu nini, ariria muruti wira wa clasta / mutongoria wa clasta kana Jane 0713 436 028 kana Kibe 0722 909 647 .



Utongoria na wathani thiini wa Cluster.

Umuthi, TIST iri na makiria ma cluster 500 thiini wa o cluster, atungata nimateithagiriria na magekirana hinya. O cluster iri na wathani na utongoria ta uu.

Aria mathuraguo ni;

- Mutongoria wa Cluster.
- munini wa mutongoria.
- Muigi mabathu.

Mutongoria, munini wake na muigi mathabu matungataga mieri 4 o giti na magathiururukana. Munini wa mutongoria agatuika mutongoria na ke muigi mathabu agatuika munini wa mutongoria. Athuri na atumia nimacenjanagia hari utongoria-angikorwo muigi mathabu ni muthuri, uria ungi uguthurwo thutha wake agukorwo ari mutumia. Clustyer yanyu yagiriirwo gukorwo na githurano kiri na utheri na uigananu riria murathura atongoria. Ithurano cia cluster nicia bata na cia muhak kuri cluster ciothe.

Mawira ma utongoria wa cluster.

Mawira ma mutongoria wa cluster.

- 1) Agiriirwo gukorwo ari ndungata kuri cluster yothe na akorwo na values cia TIST.
- 2) Gutongoria mawira ma cluster: kubanga micemanio ya cluster, utari wa miti na ithomo na atongoria aria angi.
- 3) Gwikira ikundi hinya niguu cigie namaciario mingi hamwe na uhandi wa miti na Kilimo Hai. Guteithiriria cluster kunyitanan na kugia hinya.
- 4) Guteithiriria mibango ya micemanio ya cluster hmwe na atongoria angi na gutigirira micemanio niyathii n-mbere wega.
- 5) Kurutithania wira na muigi mathabu gutigirira ripoti cia mathabu ninginyaniru na niciatumwo.
- 6) Guteithiriria kwandikithia ikundi njeru.
- 7) Guteithiriria ikundu kugia na uiguithanio wa Green Gas Contract, gwikira kirore na gutumwo.
- 8) Kwamukira na kumenyithania geni aria mangikorwo mari mucemanio-ini.
- 9) Hari marihi: kuoya vouchers na indo ingi

nbere ya micemanio. Kurutithania wira na muigi mathabu gutigirira marihi nimarihwo na gukinyi ciuria kana mathina kuri atongoria a TIST na cluster.

- 10) Kuririkania ikundi muthenya wa mucemanio.

Mawira ma muigi mathabu.

- 1) Kwamukira budget ya cluster na kumenyithnia muigana na uria cihuthiritwo o mucemanio.
- 2) Kurutithania wira na cluster kubanga uria budget ikuhuthirwo niguu kuongerera maciario.
- 3) Kuiga nma kumenyerera rekodi cia cluster na njira njega ya nabuku.
- 4) Gwitikiria uthuthuria wa rekodi cia cluster kuri memba a cluster na atongoria a TIST.
- 5) Gutuma ripoti cia micemanio namathabu ma cluster o mweri.
- 6) Guthomithia muigi mathabu uria ukumucoka.
- 7) Guteithiriria atungati angi gutungatira ikundi.
- 8) Mahinda ma marihi: kuheana voucher kuri ikundi riri kuri na amemba 2 kana makiri, kurora vouchers, kwaniriria na atabariri a marihi na kurumirira mitaratara yothe na njira ya utheri na nginyaniru.
- 9) Gwikira githimi kia ithomo hindi ya micemanio ya Cluster na kuheana ripti kuuri GOCC
- 10) Guthii micemanio ya GOCC ta Cluster Council Representative

Mawira ma munini wa mutongoria.

- 1) Kunyitirira riria mutongoria atari kuo. Agiriirwo ni gutungata ari mumemba hamwe na mutongoria.
- 2) Guteithiriria kuiga mathaa micemanio-ini.
- 3) Kuoya rekoti thiini wa micemanio.
- 4) Guthoma minutes cia mucemanio ucio ungi.
- 5) Kuiga mathaa maria mahuthirwo mucemanio-ini.
- 6) Guthomithia muingi mathabu mweru.
- 7) Gwikira githimi kia ithomo hindi ya micemanio ya Cluster na kuheana ripti



- kuuri GOCC.
- 8) Guthii micemanio ya GOCC ta Cluster Council Representative.

Mawira ma GOCC.

- 1) Guthundura na kurumirira mitaratra ya cluster.
- 2) Gutigirira githomo kia iguru nikiaheanwo kuri cikirumirira values cia TIST.
- 3) gutigira utari wa miti muega kuringana na values cia TIST.
- 4) kumenyerera indo cia wira cia uthomithania na utari wa miti.

- 5) kumenyithania mathina na kuheana utaari kuri OLC.
- 6) gutheremia TIST kuhitukira cluster;
- 7) gutabania ciira wa kurugamio kwa atungati niundu wa ungumania.
- 8) gutabania ciira angikorwo mutongoria ndararumirira values cia TIST.
- 9) kuheana andu makiria kuma kuri GOC kuri mawira ta Auditor, TSE kana athomithania anenena mangi maingi.
- 10) Kwamukira ripoti kuuma GOCC na gutuma kuri Leadership Council.

TIST: Kiririkano kia bata kuri ugitiri witu riria turaruta wira wa TIST.

Maundu maria ma bata hari ugitiri witu ni;

1. Ti wendi witu kuiga TIST, CAAC kana aria turutithanagia wira nao kuiga aruti wira a TIST hatika-ini.
2. Turenda muruti wira oro wothe wa TIST akoragwo ari na thayu na mugima. Na gutiitikiritio mundu oro wothe kuria mundu uria ungi gwika uria gutagiriire. Ndwagiriirwo gwitikira na ubatie gucuka mundu ucio kuri amemba a timu ya KE.
3. Maundu maria moikaine ni magirie: Maria metikanirio makerwo muingi. Maundu ta macio mangihanika, menyithia timu ya Kenya.
 - a. Matatu na Boda-bodas. Ndugetikire gukuo ni ndereva muriu kana uratwarithia atari na kihariro. Angikorwo ndereva ni aratwaritha ngari na ihenya inene mwire atwarithie kahora. Angirega, uma ngari iyo. Kungigia na uici, ndukarege kuneana indo cia TIST cingitio. Cukana undu uyu kuri timu ya KE handu-ini ha mathaa 24.
 - b. Nyoka. Wimenyerere riria urathii kuria utarona haria uraranga. Okorwo nduri na

ma, huthira muti kweheria mahuti niuguo umenye haria hari na nyoka. Nyoka ya thumu ingionekana, ehera hau na umenyithie murimi. Gutiri uthondeki wa mbere ungirumwo ni nyoka ya thumu. Ungirumwo ni nyoka ya thumu wagiriirwo ni guthii thibitari uheo ndawa ya kunina thumu. Kurumwo kuu no gukorwo kuri na hathara. No utinio kuguru kana ugie na wonje wa tene na tene. We, muiru waku kana murimi mwagiriirwo ni kumenya mithemba ya nyoka niguo ndawa cia kunina thumu cimenyeke. Ona angikorwo nyoka ni nguu no irume!

- c. Njogu. Njogu ni njuru makiria. Ugitiri uria mwega wa njogu no gucieherera. Angikorwo njogu iri haria murarutira wira, eherai hau na mutikacimakie. Ingigukora, ubatie:
 - i. Rugama haria uri, no icierie kwehera.
 - ii. Angikorwo uri hakuhi na mucii (nyumba, ngari, rugiri, muti muraihu), geria gucoka na thutha kahora (o urorete njogu) na uingire mucii. Njogu



- ni iteng'era gukira mundu na angikorwo ndungikinya nyumba guteng'era no kurakarie njogu muno.
- d. Gucemania na andu oru. Ungicemania na andu arakaru, ehera hau na ugerie guthii kuria kuri na andu angi matari arakaru. Ndukaingirire gucokaniria ciugo kana kurua. Ungikorwo uri na muiruguo, ikarai hamwe na mumaniririe. Hangikorwo hari na uici, manengere indo ciothe cia TIST mangitia.
- e. Kuhahamwo ki mwiri. Atumia mabatie kuruta wira mari hamwe angikorwo ni itura rieru niguo megitire kuhahamwo ki mwiri. Ungiigua nduraiganira na haria uri, ehera hau na wethe handu hangi haria hari andu. Ungitharikirwo, uga mbu witeithie. Thitanga kuri borithi giko kiu oro hamwe na timu ya Kenya.
- f. Ngui. Hangikorwo hari na ngui ndiani kana ni urekuwa ngui, uria mwene amieherie nginyagia murikie uria mureka. Na tondu ngui ni cikoragwo na murimu wa rabies, geria kuria mwene kana ngui yake ni thime. Murimu wa rabies ni muru ungiaga kurigitwo riria kwagiriire.
- g. Njuki. Kurathwo kwa njuki kumanaga na kurakaria njuki na kuri ruo muno, angikorwo ukoragwo uri allergic kuri rubua. Wigitire kurathwo ni njuki iria cirathama na kurugama utaguthii. Ndukarakarie njuki. Ndukehake maguta manungi wega. Ungirathwo, ruta rubua oro naihenya uria ungihota tondu oro uria ruraikara mwiri-ini, noguo mundu aimbaga. Angikorwo ukoragwo uri allergic na ni warathwo kanua, iniuru kana mumero; waremwo ni kuhuhia; kana ukaimba muno thii wamukire urigiti naihenya muno.

- h. Kuringa rui. Ndukagerie kuringa rui riria ruri ruihuru kana riria rurahanyuka. No utwarwo.
- i. Kuruta wira kuria kuinamu muno. Wimenyerere muno riria uraruta wira kuria kuinamu. Ndugaikare handu haria uramenya ati no ugwe tondu no ukue.

Mutaratara wa mateta.

Mutaratara wa mateta ni uteithagia aruti wira guteta kuri utongoria wa TIST.

Mateta mothe mambaga gutwarwo kuri atongoria (Leadership Council) kuria maundu maigananagio na mutaratara wa TIST, maundu ma TIST kana witekanirio wa Greenhouse Gas hari amemba a ngurubu nini na CAAC. Maundu ma TIST ni ta guthomithia, micemania ya clasta, micemania ya ngurubu nini na kwandikwo thiini wa ngathiti ya Mazingira Bora. Atongoria ni maheanaga macokio handu-ini ha thiku 30 thutha wa mateta.

Angikorwo undu ucio ndunahingio handu-ini wa thiku 30, aria mari na mateta ni makwirwo na undu ucio ugatwarwo kuri utongoria wa TIST. Riria mawatho mahingagio, utongoria wa TIST mahuthagira maundu maria mandikitwo gutwithania undu ucio na maumirira makaheanwo handu-ini ha thiku 30 kuma riria mateta maheanirwo. Angikorwo undu ucio nduri mawatho-ini maitu, undu ucio waragirio kigomano-ini kia Leadership Council kiria kirumiriire, kuria wamurani uheanagwo mbere ya ngurubu nini, Kenya Staff na utongoria wa TIST.

Angikorwo mateta maya matingininika, CAAC na aria mari na mateta no metikanirie methe



mwamurani uria mangihe mateta. Mateta macio mangirema kwamurano ni mwamurani no matwarwo kwa (Chartered Institute of Arbitrators, Kenya Branch) handu-ini ha thiku 30.

Watho wa kuhahamwo ki mwiri.

TIST ni merutiire kuhe aruti wira riera riega ritari na muthutukano, na ni kugirie guthumbura kwa aruti wira oro hamwe na kuhahamwo kimwiri.

Uhahami wa kimwiri utauragwo ta kuhutia kana gukoma na mundu atakwenda, kuria mundu mukomanie kana kugweta, gwika ciiko ciigimanie na gukomania iria cingituma mundu thiini wa TIST kwaga thayu/kugiria arute wira.

Mitugo iria itumaga kugie na wagagu:

- Gwitikira maundu macio, mari mega kana moru, ihinda na undu wa mundu wira-ini;
- Gwitikira kana kurega maundu macio hari oro mundu kuhuthika ta wamurani wa mawira kana kurega; kana
- Mitugo ino igatuma wira urege kurutika kana kuhinyiririka kana kwaga thayu.

Kuhahamwo irehagwo ni kabira, kanitha, gukomania ki mwiri, kuhahamwo ki mwiri, bururi uria umite, wonje kana miaka ndungwitikiria thiini wa TIST. Mitugo ino ni ikoerwo ikinya, kana mundu akekeherio ngurubu-ini. Muruti wira oro wothe uria uhitukiire undu uyu abatie kuheana uhoru uyu kuri utongoria wa TIST (Leadership Council). TIST ndigwitikiria maundu maya ma kuhahamwo ki mwiri kuhanika kana gukorwo na mateta ta maya. Ungikorwo na ciuria cigimanie na mateta maya reboti kuri Leadership Council.

Kuringana na mawatho ma GhC contract, mumemba abatie kurumirira mawatho mothe maria mandikitwo. Kuhahama ki mwiri ni mugaru na watho na mumemba oro wothe uria wanyitikana abatie kweherio gwa TIST. Muruti wira wa TIST uria unginyitikana akiahama ki mwiri abatie kubutwo wira.

Watho wa guthutukania.

TIST ndithutukanagia na ndiri hindi igathutukania kumanagia na kabira, rangi, kanitha, mumbire, miaka, kuria umite, wonje, kihiko, wira-ini oro wothe. Maundu maya ni ta, no matiikirirwo mukana, kwandika na kubuta aruti wira, gucagura erutiri wira na kuruta mawira. Ni twirutiire kuheana riera riega kuri amemba othe na aruti wira, aguri, erutiri kuruta wira, aria tuhete contract.

TIST ni iigananagia aruti wira othe. Tutiguthutukania na ni tukwoya makinya marumu kuri aria marathutukania kuri aruti wira, hingo ya guthura andu eru, kwanirira kwa aruti a wira, marihi, kunina contract, kwongerera madaraka na maundu mangi maingi hari aruti wire kana mundu kuria wira hamwe na kabira, rangi, muciarire, bururi, miaka, kanitha, wonje, ukuru, mumbire.

Angikorwo mumemba wa TIST kana muruti wira angiigwa ni arathutukano, ubatie kuriboti kuri Leadership Council na kuria mubango wambiririe wa kuhona. Kumanagia na mawatho ma GhC, mumemba abatie kurumirira mawatho mothe wira-ini oro wothe. Muthutukano ni mugaru na watho na mumemba abatie kweheria gwa TIST. Muruti wira wa TIST uria urathutukania abatie kubutwo wira.

Mazingira Bora

Newsletter May 2026

tist Growing Trees
Growing Leaders

1. We are Honest
2. We are Accurate
3. We are Transparent
4. We are Servant to each other
5. We are Mutually Accountable to each other

www.tist.org

Kiswahili Version

TIST is an innovative, time - tested, afforestation program led by the participants.

Dial *709# (Safaricom) or *789*7000# (Other Networks) and get to know more about TIST and your Small Group. Follow the prompts. Safaricom is Free.



**Mkutano wa Nguzo wa Utetani TIST uliofanyika tarehe 16/04/2026.
Mkutano ujao utafanyika tarehe 14/05/2026.**

- Ndani ya Gazetti:**
- ✓ **TIST: Habari Njema! Malipo ya Mgao wa Faida ya 2025 Yataanza Mwezi huu. Uku. 2**
 - ✓ **Uongozi na Utawala katika Cluster yako. Uku. 3**
 - ✓ **TIST: Vikumbusho Muhimu kwa usalama wetu tunapotekeleza majukumu ya TIST. Uku. 4**



TIST: Habari Njema! Malipo ya Mgao wa Faida ya 2025 Yataanza Mwezi huu.

Kama tulivyotaja katika miezi 2 iliyopita ya Jarida hili, tunaanza malipo ya Hisa ya Faida ya 2025.

Kuanzia mwezi huu, Vikundi Vidogo vinavyohitimu malipo ya Hisa ya Faida 2025 vitapokea barua yenye maelezo muhimu kati ya hizo - kiasi cha malipo yao, jumla ya idadi ya miti katika Mashamba yao pamoja na jumla ya kiasi cha kaboni iliyokatwa. Barua hiyo pia itawaruhusu wakulima kusaini kwa malipo au kupata fursa ya kuuliza maswali ikiwa hawakubaliani na maelezo yoyote katika barua.

Vile vile, kwa Vikundi Vidogo ambavyo havijahitimu Malipo, vitapokea barua yenye maelezo katika maeneo ambayo wanahitaji kurekebisha. Hii itaanza kutoka mwezi wa Juni 2026.

Tunakukumbusha, kama malipo mengine yote ya Hisa za Faida, Masharti ya Kustahiki kwa Malipo ya Hisa ya Faida ya 2025 (PS) na Kiwango cha chini cha Malipo kinachoendelea bado yamesalia kama ifuatavyo;

- Groves zote zimehesabiwa ndani ya miezi 12 (Hapo awali ilikuwa miezi 18).
- Kikundi Kidogo kina mkataba wa GHG uliosainiwa na kupakiwa.
- Groves zote zina taarifa sahihi za msingi (umiliki, uhamishaji, na ukataji miti).
- Groves zote zimeidhinisha nyimbo.
- Kikundi Kidogo kina angalau shamba moja hai.
- Kikundi Kidogo hakijaondolewa kwenye hifadhidata ya TIST.

- Kikundi chako Kidogo hakijapoteza miti/tani nyingi. Ambapo Kikundi chako Kidogo kina kitu ambacho hakipo, barua yako itakuwa mahususi na itakuongoza jinsi ya kukirekebisha.

Pindi Kikundi chako Kidogo kinaporekebisha vitu vyote vilivyokosekana, utapokea barua nyingine - wakati huu barua ya kufuzu kwa malipo.

Kama katika Hisa ya Faida iliyotangulia, malipo yatafanywa kupitia Mpesa. Mlinzi wa Mpesa atapokea Malipo kutoka kwa Shirika la Clean Air Action na Ujumbe wa Uthibitishaji wa Mpesa. Mabadiliko ya Uondoaji huongezwa kwenye malipo. Mtumishi wa Nguzo kwa wakati mmoja atatuma vocha ya kielektroniki (Kupitia SMS) kwa mashahidi wawili wa Kikundi chako Kidogo na Mlinzi wa Mpesa. Daima, weka rekodi salama za malipo yako ikijumuisha barua hii na shughuli nyingine za Kikundi Kidogo.

Fuata Maadili ya TIST kila wakati. Mlinzi wa Mpesa ana jukumu la kuhakikisha nambari zake za Simu na Kitambulisho (Kitambulisho) ni sahihi. Zaidi ya hayo, hakikisha Wanachama wanapata sehemu yao ya malipo mara moja. Weka kumbukumbu. Ni kinyume na Maadili ya TIST kushiriki malipo yako ya Kikundi Kidogo na wafanyakazi wowote wa TIST au watu ambao washiriki wako wa Kikundi Kidogo hawajawaidhinisha.

Ikiwa una maswali kuhusu malipo yako ya Kikundi Kidogo, tafadhali zungumza na Mtumishi wa Kundi/Kiongozi wa Nguzo yako au wasiliana na Jane 0713 436 028 au Kibe 0722 909 647.



Uongozi na Utawala katika Cluster yako.

TIST ina zaidi ya cluster mia tano Katika kila Cluster, viongozi watumishi husaidia katika mafanikio yetu na hugawana nguvu zao nasi. Kila cluster inaa utawala na uongozi kama ifuatavyo:

Viongozi wa cluster waliochaguliwa,

- Kiongozi wa cluster.
- Msaidizi wa kiongozi katika cluster.
- Mwajibikaji wa cluster.

Uchaguzi wa Cluster inafaa na nilazima kwa TIST Clusters. Kiongozi, msaidizi wake na mwajibikaji wa cluster hutumika katika kila nafasi kwa muda wa miezi mine. Baada ya miezi mine ya kutumika, kiongozi wa cluster hutoka uongozini. Msaidizi wake huingia kuwa kiongozi naye Mwajibikaji huwa msaidizi wa kiongozi. Wanawake na wanaume huzungukana katika uchaguzi- kama mwajibikaji ni mwanamume, huyo mwingine atakuwa mwanamke. Cluster yako yafaa kuchagua mwajibikaji mpya kwa njia ya kidemokrasia. Uchaguzi wa cluster ni muhimuna wa lazima kwa cluster zote za TIST.

Majukumu ya viongozi wa cluster.

Majukumu ya kiongozi.

- 1) Anafaa kuwa mtumishi wa cluster yote na kuonyesha maadili ya TIST.
- 2) Huongoza katika shughuli za cluster; huratibu mikutano ya cluster, uhesabu miti na ratiba ya mafunzo pamoja na viongozi wengine.
- 3) Huvipa motisha vikundi kufikia matokeo makubwa, pamoja na kupanda miti na kilimo hai. Husaidi cluster kubaki na nguvu na umoja.
- 4) Husaidia kupanga mikutano ya cluster iliyopangwa vizuri pamoja na viongozi wengine na kuhakikisha mikutano inaongozwa na kufunzwa vizuri.
- 5) Hufanya kazi na Mwajibikaji kuhakikisha kuwa rekodi za mkutano wa cluster na za uwajibikaji zimetunzwa vizuri.
- 6) Husaidia kuingiza vikundi vidogo vingine.
- 7) Husaidia kuhakikisha kuwa kadarasi za GhG za vikundi vidogo zimetwa saine, kuwekwa katika computa na kuingizwa mtandaoni ikitakikana.
- 8) Hukaribisha na kujulisha mgeni yeyote ambaye amehudhuria mkutano.
- 9) Katika malipo: Huleta vocha na vitu vingine

kabla ya mkutano. Hushirikiana na mwajibikaji kuhakikisha mchakato wote wa ulipaji umezingatiwa na kufikisha maswali au shida zozote kwa viongozi wa TIST na watumishi wa cluster.

- 10) Huwakumbusha wanavikundi vidogo kuhusu mkutano unaofuata.

Majukumu ya Mwajibikaji.

- 1) Hufikiwa na bajeti na kutangaza kiasi kilichofika na kutumika katika kila mkutano wa cluster.
- 2) Hushirikiana na cluster kupanga jinsi ya kutumia bajeti ya cluster kufikia matokeo makubwa.
- 3) Huweka na kutunza rekodi za cluster katika kitabu cha rekodi kilichopangwa vizuri cha cluster, kama ilivyo na kwa hali nzuri.
- 4) Huruhusu kuangaliwa kwa rekodi za cluster kwa wanacluster na viongozi wa TIST.
- 5) Hutuma ripoti ya kila mwezi ya mkutano wa cluster na ya uwajibikaji kila mwezi.
- 6) Hufunza mwajibikaji anayemfuata.
- 7) Husaidia watumishi wengine kutumikia vikundi vidogo.
- 8) Wakati wa malipo: hupeana vocha kwa vikundi vyenye memba wawili mkutanoni, hupitia vocha, huwasiliana na ratibu wa kusaidia katika malipo na hufuata mchakato wa malipo umefuatwa kwa usahihi na ukweli.
- 9) Hutathmini ubora wa mafunzo ya cluster na ripoti za GOCC.
- 10) Huhudhuria mikutano ya GOCC kama mwakilishi wa baraza la cluster.

Majukumu ya msaidizi wa kiongozi.

- 1) Hushika usukani kiongozi asipokuwa. Msaidizi wa kiongozi anatumikia memba wa cluster na kiongozi wa cluster.
- 2) Husaidia wakati wa mkutano kuweka masaa.
- 3) Huchukua rekodi wakati wa mkutano wa cluster.
- 4) Husoma yaliyoandikwa katika mkutano uliopiata.
- 5) Huandika masaa na majadiliano yaliyo katika cluster.
- 6) Husaidia kufunza mwajibikaji mpya aliyechaguliwa.
- 7) Hutathmini ubora wa mafunzo ya cluster na ripoti za GOCC.



8) Huhudhuria mikutano ya GOCC kama mwakilishi wa baraza la cluster.

Majukumu ya wawakilishi katika GOCC.

- 1) Kugundua na kugawana njia bora za kufanya mambo kutoka kwa cluster.
- 2) Uhakikikisha mafunzo ya hali yaa juu katika cluster yakifuatilia maadili ya TIST.
- 3) Uhakikisha uhesabu miti wa hali ya juu unaofuatilia maadili ya TIST.
- 4) Hutunza vyombo vya kazi vya ufunzaji na uhesabu miti.
- 5) Huripoti wasiwasi zilizopo na kutoa mapendekezo katika baraza la uongozi.

- 6) Hueneza TIST kupitia cluster zilizopo.
- 7) Huita mikutano ya utawala iwapo mtumishi amesimamishwa kazi ili kuangalia mambo yaliyokuwa na kutoa mapendekezo kuhusu kusimamishwa kwake.
- 8) Huita mikutano ya utawala iwapo kiongozi wa cluster hafuatilii maadili ya TIST;
- 9) Hupendekeza watu katika GOCC watakaongezwa majukumu zaidi kwa mfano mkaguzi, TSE, ama mkufunzi mkuu na kazi zingine.
- 10) Hupata mafunzo mwafaka kuhusu balaza la uongozi.

TIST: Vikumbusho Muhimu kwa usalama wetu tunapotekeleza majukumu ya TIST.

Mahitaji muhimu ya chini ya usalama ni kama ifuatavyo;

1. Sio sera ya TIST, CAAC au washirika wowote kuwaweka wafanyakazi wa TIST katika hatari.
2. Tunataka kila mtu anayefanya kazi kwa TIST awe salama na achukue hatua kwa usalama. Na hakuna mtu anayeruhusiwa kukuuliza ufanye kitu ambacho sio salama. Unapaswa kukataa kuifanya na uripoti mara moja kwa mmoja wa washiriki wa Timu ya KE.
3. Sera Zinazotambuliwa zitajadiliwa: Muhtasari wa sera zinazotambuliwa utawasilishwa. Ikiwa mojawapo ya hali hizi itakabiliwa, ijulishe Timu ya Kenya.
 - a. Matatus na Boda-boda. Usipande magari ikiwa dereva anaonekana kulewa au anaendesha kwa uzembe. Ikiwa dereva anaendesha kwa kasi sana au si salama mwambie dereva aendeshe kwa mwendo wa polepole na salama zaidi. Ikiendelea, omba uruhusiwe kutoka au kutoka nje ya gari. Katika kesi ya wizi, usipinga na kusalimisha kifaa cha TIST ikiwa kitadaiwa. Ripoti tukio hilo kwa Timu ya KE ndani ya saa 24.
 - b. Nyoka. Jihadharini wakati wa kusonga kupitia maeneo ambayo huwezi kuona mahali unapoweka mguu wako. Kama huna uhakika, tumia kijiti kirefu kupeperusha

vichaka au nyasi ili kutambua uwepo wa nyoka. Ikiwa nyoka yenye sumu inaonekana, ondoka eneo hilo na umjulishe mkulima. HAKUNA matibabu ya huduma ya kwanza kwa kuumwa na nyoka wenye sumu. Iwapo utaumwa na nyoka mwenye sumu, lazima uende hospitali ya karibu kwa ajili ya kuzuia sumu. Kuumwa kunaweza kuwa mbaya ikiwa haitatibiwa. Unaweza kupoteza kiungo au kupata jeraha la kudumu ukiumwa. Wewe, mpenzi wako au mkulima jaribu kutambua aina ya nyoka ili dawa sahihi ya kuzuia sumu iweze kuchaguliwa. Hata nyoka akiuawa bado anaweza kuuma!

- c. Tembo. Tembo ni hatari sana. Njia bora ya kuzuia shambulio la tembo ni kutoingia katika hali hiyo. Ikiwa tembo yuko katika eneo la mradi, rudi nyuma ukijaribu kutomsumbua. Ikiwa inashambulia, chaguo zako ni:
 - i. Simama msimamo wako, inaweza kuwa malipo ya bluff.
 - ii. Ikiwa uko karibu vya kutosha kujikinga (nyumba, gari, uzio, mti mkubwa), jaribu kurudi nyuma polepole (endelea kumtazama tembo) na sogea kwenye makazi. Tembo hukimbia kwa kasi zaidi kuliko wanadamu kwa hivyo ikiwa huwezi kufika mahali pa kujificha,



- kukimbia kunaweza kusababisha mwitikio mkali.
- d. Kukutana na watu hatari. Iwapo utakumbana na TIST au wanajamii wenye uhasama au hatari, ondoka eneo hilo na ujaribu kufika mahali ambapo kuna watu wengine waliopo. Usijihusishe na mabishano au makabiliano ya kimwili. Ikiwa uko na mpenzi, kaeni pamoja na kusaidiana. Katika kesi ya wizi, usipinga na kusalimisha kifaa cha TIST ikiwa kitadaiwa.
- e. Mashambulizi ya Ngonzo. Wanawake wanapaswa kufanya kazi na wenza katika maeneo mapya ili kuepuka unyanyasaji wa kijinsia. Ikiwa unaishia katika hali ambayo unaogopa kushambuliwa, ondoka eneo hilo na ujaribu kufika mahali ambapo kuna watu wengine. Ikishambuliwa, piga kelele kwa usaidizi. Ripoti shambulio lolote kwa polisi na kwa Timu ya Kenya.
- f. Mbwa. Ikiwa mbwa mwenye uhasama yupo au una wasiwasi kuhusu mbwa aliyepo, mwombe mkulima amlinde hadi umalize kuhesabu. Ikiwa mkulima atakataa, ondoka eneo hilo na uarifu Timu ya Kenya. Ikiwa mbwa ameumwa, nenda kwa daktari. Kwa kuwa mbwa wanaweza kubeba kichaa cha mbwa, jaribu kuamua ni nani anayemiliki mbwa ikiwa anahitaji kupimwa. Ugonjwa wa kichaa cha mbwa ni mbaya bila matibabu na matibabu ni muhimu ndani ya siku.
- g. Nyuki. Madhara ya kuumwa na nyuki yanaweza kutoka kwa kuudhi na kuumiza hadi kuuu, kulingana na ikiwa una mzio wa sumu. Epuka kuumwa kwa kuepuka nyuki wanaozaga na jaribu kuwa mtulivu ikiwa wapo. Usiwasumbue nyuki. Epuka kuvaa manukato au manukato. Ukiumwa, ondoa mwiba haraka iwezekanavyo kwa sababu kadiri unavyokaa mwilini, ndivyo majibu yanavyokuwa makali zaidi. Ikiwa unajua kuwa una mzio wa kuumwa na nyuki; kuumwa kwa mdomo, pua au koo; kuwa na upungufu wa pumzi; au kuwa na uvimbe mkali au uvimbe mbali na eneo la kuumwa; pata msaada wa matibabu mara moja. Ikiwa

unajua kuwa una athari kali ya mzio kwa nyuki, unapaswa kubeba epi-pen (muulize daktari kuhusu hili).

- h. Kuvuka mito. Usijaribu kuvuka mito yenye maji mengi yanayotiririka kwa kasi. Unaweza kuzama.
- i. Kufanya kazi kwenye Miteremko mikali. Kuwa mwangalifu zaidi unapofanya kazi kwenye mteremko mwinuko. Usijiweke katika hali ambayo kuanguka kunaweza kukuua.

Utaratibu wa Malalamiko.

Utaratibu wa malalamiko unakusudiwa kwani chombo cha wanachama na wafanyakazi kinaweza kusikilizwa rasmi na wasimamizi wa TIST.

Malalamiko yote yanaletwa kwanza kwa Baraza la Uongozi ambapo masuala hayo yanalinganishwa na sera ya kawaida ya TIST, maadili ya TIST na/au makubaliano ya Gesi ya Kuchafua Mazingira miongoni mwa wanachama wa Vikundi Vidogo na CAAC. Sera na maadili ya TIST ni somo la mafunzo katika semina, mikutano ya vikundi, mikutano ya Vikundi Vidogo na huchapishwa mara kwa mara katika Mazingira Bora. Baraza la Uongozi litampa mhusika jibu ndani ya siku 30 baada ya kupokea malalamiko rasmi.

Ikiwa suala halijatatuliwa ndani ya siku 30, mhusika atafahamishwa kwamba kesi lazima iwasilishwe kwa Usimamizi wa TIST na atarifu Usimamizi wa TIST kuhusu suala hilo. Pale ambapo kuna umuhimu au sera, Menejimenti ya TIST itatumia nyaraka hizo katika kufanya maamuzi ya mwisho na kujibu mtu aliyedhulumiwa ndani ya siku 30 baada ya kupokea malalamiko rasmi. Pale ambapo masuala mapya yatatokea ambayo yako nje ya utangulizi, au sera iliyopo, suala hilo litaletwa kwa semina inayofuata au mkutano wa Baraza la Uongozi, ambapo maamuzi hufanywa na wawakilishi wa Vikundi Vidogo, Wafanyakazi wa Kenya na Menejimenti ya TIST.



Iwapo migogoro au malalamiko hayawezi kutatuliwa ndani, CAAC na upande uliodhulumiwa watakubaliana juu ya mpatanishi ambaye watawasilisha suala hilo kwake. Malalamiko yoyote ambayo hayatatatuliwa kwa upatanishi yatakabiliwa na usuluhishi kupitia Taasisi ya Waamuzi, Tawi la Kenya ndani ya siku 30 baada ya kufungwa kwa upatanishi.

Sera ya Unyanyasaji wa Kijinsia.

TIST imejitolea kutoa mazingira ya kazi bila ubaguzi, na kukataza unyanyasaji wa wafanyakazi wake na waombaji, ikiwa ni pamoja na unyanyasaji wa kijinsia.

Unyanyasaji wa kijinsia unafanuliwa kama hatua yoyote ya ngono isiyokubalika au isiyotakikana, ombi la upendeleo wa kingono, au tabia nyingine ya matusi au ya kimwili ya asili ya kingono kutoka kwa mtu katika TIST ambayo inaleta usumbufu na/au kuingilia kazi.

Mwenendo unajumuisha unyanyasaji wakati:

- Uwasilishaji kwa tabia kama hiyo hufanywa, ama kwa uwazi au kwa uwazi, masharti au masharti ya ajira ya mtu binafsi;
- Kuwasilisha au kukataliwa kwa mwenendo kama huo na mtu binafsi kunatumika kama msingi wa maamuzi ya ajira na/au kulipiza kisasi; au
- Mwenendo kama huo una madhumuni au athari ya kuingilia utendaji wa kazi wa mtu binafsi au kuunda mazingira ya kazi ya kuogofya, chuki au kukera.

Unyanyasaji kutokana na rangi, dini, ngono, unyanyasaji wa kijinsia, asili ya kitaifa, ulemavu au hali ya umri hautavumiliwa katika TIST. Mwenendo kama huo uko chini ya nidhamu, hadi na kujumuisha kukomeshwa. Mfanyakazi yeyote ambaye anaamini kuwa yeye ni mwathirika wa unyanyasaji wa kijinsia lazima aripoti tukio lolote kwa Baraza la Uongozi mara moja. TIST haitavumilia kulipiza kisasi dhidi ya mfanyakazi yeyote anayelalamika kuhusu unyanyasaji wa kijinsia au kutoa taarifa kuhusiana na malalamiko

hayo. Ikiwa una maswali yoyote kuhusu sera hii, tafadhali wasiliana na Baraza la Uongozi.

Kulingana na utangulizi wa mkataba wa GhG, Mwanachama atatii kila sheria na kanuni zinazotumika kwa shughuli zao. Unyanyasaji wa kijinsia ni kinyume cha sheria na Wanachama ambao wamegundulika kuwa na unyanyasaji wa kijinsia wanaweza kuondolewa kwenye TIST. Mfanyakazi wa TIST anayenyanyasa kingono anaweza kuachishwa kazi.

Sera ya Kutobagua.

TIST haibagui na haibagui kwa misingi ya rangi, rangi, dini (imani), jinsia, maelezo ya kijinsia, umri, asili ya kitaifa (nasaba), ulemavu, hali ya ndoa, au mwelekeo wa kingono, katika shughuli au shughuli zake zozote. Shughuli hizi ni pamoja na, lakini sio tu, kuajiri na kufukuza wafanyikazi, uteuzi wa watu wa kujitolea na wachuuzi, na utoaji wa huduma. Tumejitolea kutoa mazingira ya kujumuisha na ya kukaribisha wanachama wote wa wafanyikazi wetu, wateja, watu wanaojitolea, wakandarasi wadogo, wachuuzi na wateja.

TIST ni mwajiri wa fursa sawa. Hatutabagua na tutachukua hatua za uthibitisho ili kuhakikisha dhidi ya ubaguzi katika ajira, uajiri, matangazo ya ajira, fidia, kuachishwa kazi, kupandishwa cheo, kupandishwa cheo, na masharti mengine ya ajira dhidi ya mfanyakazi yeyote au mwombaji kazi kwa misingi ya rangi, rangi, jinsia, asili ya kitaifa, umri, dini, imani, ulemavu, hadhi ya mkongwe, mwelekeo wa kijinsia, utambulisho wa kijinsia au kujieleza jinsia.

Ikiwa mwanachama wa TIST au mfanyakazi anahisi kwamba amebaguliwa, unapaswa kuwasiliana na Baraza la Uongozi na uombe kuanza utaratibu rasmi wa kulalamika. Kulingana na utangulizi wa mkataba wa GhG, Mwanachama atatii kila sheria na kanuni zinazotumika kwa shughuli zao. Ubaguzi ni kinyume cha sheria na Wanachama wanaobagua wanaweza kuondolewa kutoka TIST. Mfanyakazi wa TIST anayebagua anaweza kuachishwa kazi.

Mazingira Bora

Newsletter May 2026

tist Growing Trees
Growing Leaders

1. We are Honest
2. We are Accurate
3. We are Transparent
4. We are Servant to each other
5. We are Mutually Accountable to each other

www.tist.org

Kikamba Version

TIST is an innovative, time - tested, afforestation program led by the participants.

Dial *709# (Safaricom) or *789*7000# (Other Networks) and get to know more about TIST and your Small Group. Follow the prompts. Safaricom is Free.



**Visa wa ngwatanio ya TIST Utetani wumbanoni woo matuku 16/04/2026.
Wumbano ula uatiie ni matuku 14/05/2026.**

- Inside:**
- ✓ **TIST: Uvoo museo! Ndivi ya Vaita wa kuaana wa mwaka wa 2025 mkwambiia unenganwa mwai uu. Page 2**
 - ✓ **Utongoi na uungamii wa ngwatanio yaku. Page 3**
 - ✓ **TIST: Mawililikany'o mavata kwitu iulu wa usuviiku witu yila tukwika mawia ma TIST. Page 4**



TIST: Uvoo museo! Ndivi ya Vaita wa kuaana wa mwaka wa 2025 mkwambiia unenganwa mwai uu.

Otondu tunaeleetye nthini wa niusileta sya myai ili ithelu, yu nitukwambiia ndivi sya kuaana sya mwaka wa 2025.

Kwambiaa mwai uu, kakundi kanini nkala kavutukithye kukwata ndivi sya vaita wa kuaana nikeukwata value wina imanyisya sya vata ta :- Ndivi yoo undu yiana, miti yoo ila italikite na undu italilwe nzeve itavisaa. Valua uu nunenga aimi ivuso ya kwikia saii/ngiithilo iulu wa ndivi ingi nimeithiwa matonya ukulya makulyo ethiwa maikwitikilana na kila kiandikitwe valuani uu.

Otauu, tukundi tunini tula tutavitukithitw'e kuivwa nituithiwa tuikwata value ueleetye vala mawonzu moo malikile na niva maile ulungalya/kwailya. Kii kiambiia mwai wa nthathatu (June) 2026.

Ta ulilikanio, otaundu twithitwe tuyika kwa ndivi isu ingi mbituku, ve syindu ila iinyiva syendekaa nikana mutalike kwa ivinda ya kuaana ndivi sya vaita wa kuaana nasyo ni;

- Miti yonthe yaile ithiwa yimivitukithye katikati wa kilungu kya myai 12 (vau mbeeni mbeeni inai myai 18).
- Kakundi kenyu kaile ithiwa kekiite saii wiw'ano wa GHG na ukekiwa mitandaoni.
- Kila miti nonginya yithiwe na uvoo waw'o wa miti ila yaivo mbeeni. (Mwene, uvinduku wa kuthamya/kukuania na mutu kutemwe).
- Miti yoonthe yaile ithiwa na uvoo/thuva utaiika.
- Kakundi kanini kaile ithiwa na miti kisioni kimwe iendee na ikwoneka.

- Kakundi kanini kayumaw'a nthini wa mavuku ma TIST.
- Kakundi kenyu kayaile kwithiwa kaitye miti mingi kana tani.

Vala kakundi kenyu kena uvoo mwau/utevo, value wenyu nuumutetheesya kumanya undu mutonya kwailya lekoti syenyu. Kakundi kenyu kamina kwailya na kunengane uvoo ula uteivo kana wii mwau nikakwataa value ungi – ula ukwonania nimuvitukithitw'e kukwata ndivi.

Uta mavinda ala angi ivindani ya vaita wa kuaana, ndivi syisilaa kwa Mpesa. Ula wina laini wenyu wa Mpesa nukukwata ndivi kuma kwa Clean Air Action Corporation vamwe na uikiithyo wa utumane wa Mpesa. Ndivi sya kumya mbesa isu nikwithiwa itumaniw'e vamwe ma ndivi yenyu. Muthukumi wa ngwatanio yenyu onake nukutuma e-vokya (kwisila SMS) kwa ngusi ingi ili ila mwasakuie na mwii wenyu laini wa mpesa. la lekoti nesa sya ndivi vamwe na value uu wa kakundi kenyu na maundu on the mwikite.

Ivinda yonthe atiiia mawalanio ma TIST. Ula wina simu ya kakundi kenyu niwaile ikalya Kivandi kyake kinananmba syaw'o. Ingi niwaile kukiithya kana kila memba niwakwata ndivi ya uai wake ivindani yila yaile. Kkwia Lekoti nesa. Nikuthi uvathukanu na mawalanio ma TIST kunengane uvoo wa ndivi sya amemba ma kakundi kenyu kwa muthukumi ona umwe wa TIST kana mundu ona wiva ula kakundi kenyu katamwitikilitey.

Ethiwa wina ikulyo iulu wa ndivi sya kakundi kenyu, neena na mutongoi kana muthukumi wa ngwatanio yenyu kana ukunie Jane 0713 436028 kana Kibe 0722 909647.



Utongoi na uungamii wa ngwatanio yaku.

Uimuthi TIST yina ngwatanio mbee wa ngwatanio 500. Nthini wa kila ngwatanio vena mutongoi ula ula ukwete mbau kuendee kwitu na kwithiwa naitu nthini wa mawonzu na molumu maitu. kila ngwatanio yina utongo na uungamii uilyi uu:

Atongoi anyuve ma ngwatanio.

- Mutongoi wa ngwatanio.
- Munini wake.
- Mwii wa kinandu / mwiki wa masavu.

Utongoi uyu wa ngwatanio niwaile uthukuma vandu va myai ina naindi uthi kithyululu vala munini wa mutongoi utwikaa mutongai na mwiki wak masavu aitwika munini wake na vaiyuvwa mundu ungi wa uthukuma ta mwiii wa kinandu kyumanisyo ethiwa mwii wa kiandu ula unaivo ni mundu muka ula usakuawa kumuatiia ethiawa e munduume. ngwatanio yenyu niyo yaile usakuwa ula ukutwika mwii wa kinandu itina wa kila myai ina. uyu ni undu wa lasima kwa kila ngwatanio ya TIST.

Mawia ma utongoi wa ngwatanio.

Mawia ma mutongoi.

- 1) Aile ithiwa e muthukumi kwa ngwatanio yonthe na engelekany'o kwa maundu na walany'o wa TIST.
- 2) Nutongoasya maunduni ma ngwatanio, kuungamia mbumbano sya kila mwai, uvitukithya, umanyisya ena atongoi ala angi.
- 3) Kuthuthya ikundi kuvikia mosyao manene ta kuvanda miti, nima ya kusuvia (CF), kutetheesya ngwatanio kwikala yi numu na yina uumwe.
- 4) Nuthukumaa vamwe na mwii wa kinandu na atongoi ala angi kuikiithya livoti na mathangu ma mbumbano sya ngwatanio nimaie nesa nakuikiithya yila kwina umanyisya na mbumbano nisyeekwa nesa na kwa nzia ila yaile.
- 5) Nuthukumaa vakuvi na mwii wa kinandu kuikiithya kana livoti sya mbumbano na masavu nimaw'o ma kila mwai na niwatunga livoti isu syi nzeo na ite nzelee.
- 6) Nutetheesya kumanyisya tukundi tunini undu tutonya ulika ngwatanioni na kutuandikithya.
- 7) Nutetheesya tukundi tunini kwona contract syoo na Green House Gas nisyeekiwa saii, syeekwa scan nasya likwa kwa internet ethiwa vena vata.
- 8) Nuthokasya na kumanyithany'a mueni ula wavika mbumbanoni syoo.
- 9) Kwa ndivi: Nulatasya mathangu ma ndivi

(voucher) na kila kingi kikwendeka mbee wa mbumbano. Nuthukumaa na mwii wa kinandu kuikiithya nzia ila yaile ya ndivi niyaatiwa, na kuneenany'a ethiwa ve ikulyo kana thina kwi atongoi ma TIST na athukumi ma ngwatanio.

- 10) Kulilkan'ya tukundi iulu wa wumbano ula ungi yila ukethiwa.

Wia wa mwii wa kinandu.

- 1) Nukwataa mbesa sya mbungyeti ya ngwataniona kutangaasa ni mbesa nziana ukwatie na undu itumikie kila wumbanoni wa ngwatanio.
- 2) Nuthukumaa na ngwatanio kwia mivango ya undu meutumia mbesa ithi sya mbugyeti kuvikia usyao munene.
- 3) Niwaa na lekoti na mavuku mangwatanio na kuikiithya mena uw'o na nimaandikitwe nesa.
- 4) Nunengae ene ngwatanio na atongoi ma TIST mwanya wa kunikila mavuku aya na lekoti.
- 5) Nutumaa livoti sya kila mwai itina wa mbumbano sya ngwatanio.
- 6) Numanyiasya mwii wa kinandu ula ungi wasakuwa.
- 7) Nutetheesya athukumi ala angi kuthukuma tukundi tunini.
- 8) Ivindani ya ndivi: nunenganae mathangu ma ndivi (vouchers) kwa ikundi ve ene ikundi eli kuma kila kikundini, nunenansya na ala maivaa na kukwata mbau wia uu na kuatii kwona ndivi yeekwa kwa w'o na kwa nzia ila yaile.
- 9) Kukunikila wailu wa umanyisya wa ngwatanio sya TIST na livoti sya GOCC.
- 10) Kuvika umbanoni wa GOCC ta umwe wa kanzu.

Wia wa munini wa muttongoi.

- 1) Ni ukwatiiaa mawia ma mutongoi yila mutongoi utevo na kuthukuma ene ngwatanio vamwe na mutongoi.
- 2) Nutetheesya yila kwina mbumbano kwa kusyaiisya masaa.
- 3) Ni uandikaa na kwia lekoti na kuandika kila kyaneenwa yila kwina mbumbano.
- 4) Nusomaa kila kyaneenaniw'e yila kwai na wumbano muvituku.
- 5) Niwaa lekoti sya uneenanya ula weethiwa nthini wa ngwatanio.
- 6) Nutetheesya kumanyisya mmwii wa kinandu ula wasakuwa.
- 7) Kukwata wailu wa umanyisya na kitinga livoti kwa utongoi wa kanzu.



Ula withiawa kanzuni ya ikundi vandu wa ngwatanio yake (Cluster representative to the group of Custer Council).

Mawia ma ula withiawa kilioni kya kanzu ino ya ikundi (GOCC).

- 1) Kumatha nzia nzau sya uthukumi kwa ngwatanio
- 2) Kuikiithya umanyisa museo na wa yiulu maatii mawalany'o na myamulo ya TIST.
- 3) Kuikiithya kuvitukithya kwa kila kiseo vaatiiwe mawalany'o ma TIST.
- 4) Kwikalya miio ya uvundisya na uvitukithya ithukuma nesa.
- 5) Kutunga livoti na kunengane woni nthini

- 6) Kuthathsya TISTS maatii ngwatanio ila syivo.
- 7) Kwithiwa na syikalo sya kwithukiisya na kwika ukunikili ethiwa muthukumi wa ngwatanio nimuungamye wiani na kunengane wani iulu wa kuungamw'a kuu.
- 8) Kwithiwa na syikalo sya kwithukiisya ethiwa mutongoi waa ngwatanio nde kuatii mawalany'o ma TIST.
- 9) Kumya woni iulu wa ikundi kuma ngwatanioni kwongelwa wia ni TIST ta Auditor, TSE, Master Trainer na mawia angi.
- 10) Hupata mafunzo mwafaka kuhusu balaza la uongozi.

TIST: Mawililikany'o mavata kwitu iulu wa usuviiku witu yila tukwika mawia ma TIST.

Maundu ala mavata munomebndekaa iulu wa usuviiku / uima witu ni aa maatii:

1. Ti wendi wa TIST, CAAC kana amwe ma ngwatanio yitu. TIST ndyendaa kwika athukumi muisyoni wa kuumia kwa nzia oan imwe.
2. Ndwinda kila umwe ukuthukumia TIST ethiwe e musuviiku na aithukuma esuviite. Na vai mundu utonya ukwia niwike undu utonya ukuetee mbanga. Niwaile ulea mundu anakwia niwike wia utonya ukuwatithya mbanga na uikuna livoti kwa memba umwe wa Timu ya KE.
3. Miao ila yitikiee kuneenaniw'a. Kwokuvi miao ila yisikie ya kwisuvia ikaneenaniw'a. Ethiwa kati wa maundu aa nimeethiwa manyithya Timu Kenya.
 - a. Matatu na bodaboda. Ndukalike matatuni ya ndelewa mumile kana kukuwa ni kamota mutwai wako uilye ta unywite kana ukutwaa ngali kana mota nai. Ethiwa ndelewa nukusembya ngali kuvituka kiasi mutavye aole kusemba, ethiwa niwalea ukwithukiisya mwie aungame wume. Ethiwa ni ungei undee, ndukambiie kukitana na ingei ona ethiwa nimio ya TIST ukuite lekya na uikuna livoti kwa timu ya KE iulu wa kisa kiu mbee wa masaa 24 kuthela.
 - b. Nzoka. Ikala wituie yila walika kithekani

- na kula utatonya kwona vala uukinya. ethiwa ndwina muiikio nakw'o tumia muti kuthookanga nyeki kana ikuthu nikana umanye kana nivethwa nzoka yivithitevo. Etho nzoka yisumu niyooneka uma kisioni kiu na uimanyithya muimi ula ni mwene kitheka. Vai utethyo wambee wa mundu aumwa ni nzoka yina sumu. Ethiwa niwaumwa ni nzoka yi sumu niuseo kusembwa sivitali ila yivakui kuitwa. Kuumwa kuu nikutonya ithiwa kwa muisyo walea kuitwa. Nutonya kwasya ona imutha ya mwii kana kukwata uumisye wa kwikala waumwa. Ula winake kana muimi ula wivakui niwaile utata amanye waumwa ni muthemba wiva wa nzoka nikana wavika sivitali unewe ndawa ila yaile. onaethiwa nzoka niyooawa nitonya kumana!
- c. Nzou. Nzou nimuisyo munene. Nzia ila nzeo ya kulea kuumiw'a niyo nikwikala vaasa yano na kulea umikyokosa. Ethiwa nzou yi kisioni kila kina wia wenyu tata na vinya ndukamitelemye ekana na u wia. Ethiwa niyaamua kumusyima ika uu:
 - i. Ungama vala uui uteithingithanga.
 - ii. Ethiwa wivandu vakui ulika ta nyumba, ngali, wiio kana muti munene wisesyany'a naw'o, enda ombola kyamutete usyaiisye inzou mbaka wivithe.



- Ndukasembe mundu ndemauu utia nzou, kwoou ithiwa ndivandu wivitha ndukasembe nundu nutonya utuma iusembanya na kukuumisya.
- d. Kukomana na ing'endili: Undu ukomana nandu mengoo thuku na mena ung'endu kwa andu ala angi kana kwa TIST, uma kisioni kiu na utata uvike vandu ve andu angi ndukethiwe wi weka. Ndukakwatane na ngavano, iteta kana kau. Ethiwa wina mundu ingi ikalai vamwe na mwikiane vinya. Ethiwa ni ung'ei/ivenani muikaembe na mii/syindu ona ethiwa ni sya TIST maekeei ethiwa nisyo mekwenda.
- e. Kuthinw'a kwa ki muvai. Aka maile uthukuma na andu angi isio ila nzeu nikana maikathinwe. Indi ukeyithia vandu uukia kuthinw'a nundu wa muvai waku, uma kisioni kiu na uthi vandu vana andu aingi ala mevo, kana ethiwa niuukwatwa uua mbu witye utethyo. Kuna livoti kiseseni kya polisi na kwa Kenya timu.
- f. Ngiti. Ethiwa vala wanthi niweenthiana na ngiti yikau, kulya muimi amyove muvaka umine wia wa uthianana na kuvitukithya. Ethiwa muimi usu niwalea, uma kisioni kiu na uimanyithya timu Kenya. Ethiwa niwaumwa ni ngiti ona ndakitali. Nundu ngiti nisyithiawa na mungethya, manya mwene ngiti nikana undu vendeka kithimo. Mungethya nimuisyo munene walea kuiitwa kwa mithenya ila yaile.
- g. Nzuki. Mathina ma kuumwa ni nzuki ni kuma kunyata nginya kwithiwa na woo mwingi, kulinganana kana niwimbiawa. Ivathane na kuumwa ni nzuki kwa kwikalala uteuthingithanga kana kuithinya ethiwa niweethiana nasyo syumbiie vandu. Ndukevuvu manukato ethiwa nuuvika vandu kana kithaka kisungi. Waumwa kua umoa wa nzuki okwamituki uteketeela nundu undu umoa wekala mwiini now'o ukueteae woo wiana. Ethiwa niwisi nimuthuanite na umoa wa nzuki, waumwa onaethiwa waumwa kanyw'a, iny'uu, muluku na kana ethiwa ukwatawa ni kwimba, kuemwa ni uveva, ikiithya niwakwata utethyo wa sivitali kwa mituki.

- Ethiwa niwisi nuthuanite na umoa wa nzuki kua ndawa yitawa "Epi Pen" (No ukulya ndakitali iulu wayo ethiwa ndumisi)
- h. Kukila usi: Ndukakile usi usie kiw'u na munomuno kiw'u kisablete, niuu kuwa na uthita witwe.
- i. Kuthukuma itiuukoni. yila uthukuma kundu kula kutiuuku ithiwa wimetho na wituie. Ndukeyikie muisyoni wa kutiuuka na kulika ukongoni no uumie kana ukakw'a.

Kuthinikia mathina / kulea kwianiwa.

Nzia ya kuthinikia mathina kana imena ila syivo ni muio kwa amemba na athukumi undu itonya kuneenaniw'a ni uvisi wa TIST.

Mathina na kulea kwianiwa kwaumila kwambaa kuetwe methoni ma utongoi wa kanzu ya TIST vala isianiw'a na mawalanio sya TIST, kyavata kwa TIST na/kana wiw'ano wa Greanhouse Gas kati wa amemba ma tukundi tunnini na CAAC. Mawalanio na kyavata kwa TIST nisyo kyongo kya momanyisyo nthini wa semina, mbumbano sya ngwatanio, mbumbano sya tukundi na ithangu ya Mazingira Bora yila yitumbithaw'a mavinda kwa mavinda.

Utongoi wa kanzu ninengae ula utemwianie kana wina nthina na utw'i wivo usungop nthini wa mithenya 30 itina wa kutwaa kulea kwianiwa kwa ula uetete ukuklyo. Ethiwa nthina usu nduto uthinikiwa na mithenya 30, memba ula waetie vata uu nutavaw'a kana vata wake nuuvikw'a kwa uungamii na utongoi wa TIST na niwaile utavya uungamii wa TIST iulu wa vata uu.

Vala ve mawalanio na nzia syovo sya kuatiia, utongoi wa TIST nutumiaa maandiko asu mevo kumya utwi na kusungia ula wina nthina nthini wa mithenya 30 kuma makwata kiovisi vata uu wake. Vala nimaundu meu maumila kivathukanio na ala maaitiwa, nthina uyu ukaetwe kwa semina kana umbanoni wa utongoini wa kanzu ya TIST vala utw'io ukekwa ni ala maungeme kilioni kya tukundi tunini, athukumi na utongoi wa TIST.



Kenyiwa mathina kana kulea kwianiwa maitonya uthiniwiwa vaa nthini wa tist CAAC ba ula mwene vata nimakwataniaa undu matonya nuu ula meutwaia nthina uyu. Nthina ula waema kunthinikliwa kwa nzia ya kueleanwa nutwaawa wa Arbitration kwisila kwa Chartered Institute of Arbitrators, uvonge wa kenya nthini wa mithenya 30 itina wa kuema ukwatania/kueleanwa.

Walanio wa Kuthinwa nundu wa muvai.

TIST niyiyumitye kunengane mawithyululuko maseo ma utukumia mena uthasyo navate kuvathukania na kulena na kuthinwa kwa nthukuni na amemba kwa nzia ona yiva muvaka ndwaile uthininwa nundu wa muvai waku. kuthinw'a nundu wa muvai withiawa ni kwamundu kwenda kumanyana kimwii kana kutwata isio sya mwii wa mundu atekwenda kana kwa vinya, kana kwenda unew'e kyendi uitumia nzia ya mwii ila nditikilitw'e kwa TIST nundu ietae kuemanwa na kulikiliila wia. Ila italikaa ta uthinio yila:

- Kwinyivya kwa mundu waete kivuthya kii kwa kwiyelesya na kwa tavia ya mundu ya luandikwa.
- Kwinyivya kana kulea tavia isdu kwa mundu nikusumiaa ta unyuvi na utwi wa kuandikwa kana kwiivanisya; kana
- Tavia ino nitumiawa kwa vata kana kuete kulikiliila mundu uthukumini wake kana kuete kivuthya, kimena na kuemanwa isioni sya uthukumi.

Kunthinwa nundu wa mbai, muikiio, muvai, wumo waku, uema/mamutha mosu, ukuu kana ukwati kii

kiyitikilika na kiyumiiw'a nthini wa TIST. Tavia ya muthemba uyu niyoseawa itambya ya kulunga na vaemela ona kuvutwa. Muthukumi ona wiva ula ukuikiwa ni muthiny'e kwa nzia imwe kana ingi niwaile kwa mituki kumanyithya utongoi wa kanzu. TIST nditonya kumiisya itambya kwa muthukumi uetete kuthinwa kimwii kana kunengane uvoo ukonanyite na kuteta nundu wa kuthinwa ni mundu ukwenda mumanyane kimwii. Ethiwa wina ikulyo iulu wa undu uu, kwandaia neenania na atongoi ma kazu.

Kwianana na kwielesya kwa ukwatiano wa GhG, memba aile kwikala aatii miao na kwika meko ala maile kwianana na wia ula wivo. Kuvuthw'a na kuthinwa kimuvai nileetwe ni miao na amemba ala mekwithiwa maithinanya kwa kwenda umathanya kimwii nimekumwa nthini wa TIST, muthukumi wa TIST ulu ukuthinania kwa nzia ya kwenda umanyana kimwii niwaile uvitwa.

Walanio utewa kuvathania/kutenga.

TIST ndikwataa mbau kuete uvathukanu kwa nzia ya kavila, muvai, langi, muikiio, mundu muka kana

munduume, mwaka, w'umo, wonzu wa mamutha/uema, utwae, nthini wa maundu moo kana mawiko.

Mawiko na maundu moo nita kuandika, na kuvuta athukumi, kusakua andu ma kwiyumya na atandithya na anengani ma uthukumi. nitwiyumitye kunengane mawithyululuko matena uvathukanu na mekwendeesya kwa amemba, athukumi, aui, endu ma kwiyumya, na atandithya.

TIST niyiandikanaa kwa wiananu kwianana na ivuso. Tuyiikia uvathukanu kana kwosa itamyua ya kuikiithya iulu wa uandikani, kumanyiany'a, kutangaasithya wia, kuivana, kuvutana, kwambatia kiwango, kukanthiia na maundu ang ma uandikani iulu wa mundu ukwenda kwia kana muandikwa tuyiatiia kavila/mbai, langi, muvai, nthi ila wumite, ukuu wa mundu, muikiio wa mundu, uema/wosu kana muvai wa kwiyelekania.

Ethiwa memba wa TIST kana muthukumi nukwiw'a kana nimutenge/nimuvathule, niwaile uvikia utongoi wa kanzu na ayitya mwanya wa kuete nthina wake kwa nzia ila yaile, kwianan na uelesyo wa wiw'ano wa GhG.

Memba niwaile kuatiia kila mwiao ula wikiitwe kwa kila wiko/uthukumi. Kutenga/kivathukanio ni uteena miao na memba ula ukuete uvathukanu niwaile umwa nthini wa TIST. muthukumi wa TIST ula ukuete kutenga/kuvatha niwaile uvutwa.

Mazingira Bora

Newsletter May 2026

tist Growing Trees
Growing Leaders

1. We are Honest
2. We are Accurate
3. We are Transparent
4. We are Servant to each other
5. We are Mutually Accountable to each other

www.tist.org

Kipsigis Version

TIST is an innovative, time - tested, afforestation program led by the participants.

Dial *709# (Safaricom) or *789*7000# (Other Networks) and get to know more about TIST and your Small Group. Follow the prompts. Safaricom is Free.



**Mkutano wa Nguzo wa Utetani TIST uliofanyika tarehe 16/04/2026.
Mkutano ujao utafanyika tarehe 14/05/2026.**

- Inside:** ✓ **TIST: Logoiwek Che Miach! Inome Pjeutikab Melekweekab 2025 en Arawani. Page 2**
- ✓ **Kandoinatet ak ngatutik en Kilasta. Page 3**
- ✓ **TIST: Tuguk che nyolu obwat akobo ole kiyooitoo boisionik en TIST en oret ne kiribootik. Page 4**



TIST: Logoiwek Che Miach! Inome Pjeutikab Melekweekab 2025 en Arawani.

Kou ye kikakimwa en arawek oeng' che kakosirto en baruani bo logoiwek, ko kinome lipanosiekab Pjeutikab Melekweek en kanametab arawani.

En taunetab arawani, ko Katuiyosiek che Mengechen che itin makutikab lipanosiekab Pjeutikab Melekweek, ko tun nyoru barueta neiboru tuguk cha alak ko – kit ne teen lipanosiek, koitetab ketik tugul che mi timtonyuan (osnenyuan) ak koristo tugul kikakitet kialda. Baruanoton kokochin kora temik konde seii lipanosiek, anan koteeb tebutik angot ko moyongintos ak logoiwek alak tugl en baruanoton.

Kora, en katuiyosiek che Mengechen che moityin makutikab lipanosiek, ko nyoru barueta ne aroru kole ano ole nyolu kolitit. Inoni konoome en arawetab Baki (arawetab Lo) 2026. Ko kobwotutiet, kou lipanosiek tugul chebo Pjeutikab Melekweek, Makutikab Keiti Lipanosiekab Pjeutikab Melekweek ak Lipanosiek che Mi Ng'wony ko tese taa kou ole isibu:

- Nyolu ko kikiit timwek tugul en arawek 12 (en taa ko ki arawek 18).
- Katuiyet ne Ming'in ko kikoyai koyonchinetab GhG ako kikinde siyet/seii ak kiyokto.
- Timwek tugul ko tindoo logoiwek tugul chebo kanamet (nebo mbaret, kosiptoet, ak baretab osnet).
- Timwek tugul ko tindoo ole kisiptoo.
- Katuiyet ne ming'in ko tindoo akot agenge en timwek che boisie.

- Tomo keisto katuiyet ne Ming'in en logoiyuekab koitetab TIST.
- Tomo kobeet katuoyeng'ung' ne ming'in ketik che chang anan ko tanisiek che chang'.

Angot ko tindo kiy ne betoot katuiyeng'ung' ne ming'in, ko aroru barueta ako mwoun ole kilititoo. Ingobo konyoru katuiyeng'ung' ne ming'in tugul tugul komii komie en oret ne litit, onyoru barueta age – inoniito ko nemwoe kole onyoru lipanosiek.

Kou en Pjeutikab Melekweek che kikosirto, keyoe lipanosiek koyob Mpesa. Nyoru ripindentab rabisiek Lipanosiek koyob Clean Air Action Corporationak koyook Logoiyot ne Nwach en simoit (SMS). Rapisiek che kinemunen ketesin lipanosiechoton. Kiboitiotab Isasamet en kasaraton koyokto vochait nebune koristo (kobun SMS) koiti baorinik oeng ak ripindentab rabisiek (legut). En kasarta age tugul ko nyolu iriib logoiwek tugul chebo lipanosiek koboto baruani ak boisionik tugul chebo katuiyet ne ming'in.

En abokora ko nyolu iriib Magutik che Miach chebo TIST. Ripindentab legutab Mpesa ko nyolu kogeer kole mi en oret ne litit nambaitab simoit ak nambaitab kipandet. Kora, ko nyolu igeer ile koiti membaek tugul pjeutikuak chebo lipanosiek en chokinet. Rip logoiwek tugul. Machamtaiyat en TIST kepjeichi kiboitinikab TIST rabisiek alak tugul chebo Katuiyet ne Ming'in amo en chomchinetab membaekab katuiyet ne ming'in.

Angot itindoi tebut age tugul akobo lipanosiek cheitin Katuiyet ne Ming'in, ko kaikai ng'ololchin Kiboitiotab Isasamet/Kanoindetab Isasamet anan ibirchi simoit Jane en 0713 436 028 anan ko Kibe en 0722 909 647.



Kandoinatet ak ngatutik en Kilasta.

En raini, ko tindoo TIST Isasamook che sire 500. En Isasametage tugul, koboitinik che indoe ko tie tunemeet nebo TIST ak kopje kimnatosiekiok. Isasamet age tugul ko tindoo telechinet ak kandoinatet kou ole isibu:

Kondoik chelewenotin:

- Kondoitetab kilasta.
- Rubeiyot.
- Chemotogo.

En kibotinik chetonkotinye boronodo nebo orowek angwa koboisie yeibata komanda kondaitetab kilasta konyon konomchi rubeiyot koik kondoitet neo, konyo akine chemotogo koik rubeiyot en let kelewen chemotogon ne lelel. Tinye boroindo kwonyik agichek koik kondoik. Bogomunet niton kayai lewenisiet en tist kilasta tugul.

Boisietab kondoikab kilasta.

Boisietab kondoitet.

- 1) Koik kiboitiyotab kilasta tugul ak kobor totochikab TIST.
- 2) Kondoik chetolonchin boisionikab kilasta, koitikab ketik kotet konetulik ak kiboitinik alak.
- 3) Konet kurubisiek konyor melekwek chechang, kobo komin ketik, koyai (CF) ak kotoret kilasta kotuiya asi kogimit.
- 4) Kotet agobo tuyosekab kilasta ak kiboitinik alak.
- 5) Kobois ak chemotogo agoger kole kogerib sirutik komobetiyo, ak kiyoto rebotisiek tugul

- 6) Kotach kurubisiek che lelach.
- 7) Kotoret kiyoto (koyososiekab kurubisiek chelelach).
- 8) Kotoch toek ak konet yon kabwa tuiyet.
- 9) Koger kole konyor kurubisiek vochaisiek yon miten kotomo kinan tuiyet. Ak kosib kon ole nyoluncho.
- 10) Kobwotik biik agobo tuiyet nrnyone.

Boisietab chemotogo.

- 1) Kotoch che kochut legut ak komwochi biik ak chegagiboisien en betutab tuiyet.
- 2) Kotet ak tuiyet ole kiboisionto asi kenyor melekto neo.
- 3) Korib ak kosir wolutik en kitabu en oret neiyat ak kogonor komie.
- 4) Koyonchi kondoikab TIST kosuwa ak chebo kilasta.
- 5) Koyoto rebotisiek tugul chebo kilasta.
- 6) Konet chemotogo ne isibu inendet.
- 7) Kotoret ak konet kiboitinikab kurubit.
- 8) Kotoret kogoito vochaisiek en kastab libanet en kurubit nemiten biik oeng kawekta vochait ak kongalal ak chito ne tonouchi libanet.

Boisietab rubeiyot

- 1) Kotonchi tuiyet yon momiten kondointet ak. kotoret membaek and kondochi yuiyetab kilasta.
- 2) Koribchi tuiyet saisek.
- 3) Kosir walutik en tuiyet.
- 4) Kosomochi tuiyet wolulikab arawet ne gosirto.
- 5) Korir walutik ak kit neganga lalen tuiyet.
- 6) Konet chemotogo lelel.

**Boisietab kondoikab council.**

- 1) Konger agobchei boisionik chemiten kilasta
- 2) Konger kole koitik konetisosiek kilasta ak tolochikab TIST.
- 3) Kotononchi masinisiek chekiboisien ak koitetab ketik.
- 4) Koyoto reboisiek kon olenyolu koba tuiyetab (OLC).
- 5) Kotech kilasta koet.
- 6) Kotononchi kiboitunikab kilasta.
- 7) Kotononchi kondointetab kilasta ak kogas ingoboisie ago isibi tolochikab TIST.
- 8) Kongolonchi biik agobo tesetabtain agobo TIST.
- 9) Kotonchin agobo koitosiekab ketik ngosibi tolochigab TIST kou chigilisiet tse ak kibotunik tugul.

TIST: Tuguk che nyolu obwat akobo ole kiyooitoo boisionik en TIST en oret ne kiribootik.

Ortinwek che ribootik ko cheu che isibu:

1. Mo tetutietab TIST, CAAC anan ko kwanet che boisie tugul konde ole ng'oi kiboitunik en TIST.
2. Kimoche chi tugul ne boisie ne TIST koteb en oret ne mo ng'oi ak kobois en oret ne mie. Ako momi chi ne kechomchin komwowochi chi ko bois en oret ne ng'oi. Nyolu iyiesie iyai kiit ne ng'oi ako nyolu imwaite koityi membaekab kibagengeitab KE.
3. Tetutik che iyonotik keng'ololeen. Tetutichoton che iyonotik kekoonu en nwokinto. Angot kenyoor agetugul en tuguchu ko nyolu kemowchi KE Team.
 - a. Matatoisiek ak boda bodaisiek. Mat in kimutin angot igeere ile bokiti ndereba anan ko kete en oret ne ya. Angot ko kete ndereb en chepchindo ne bob arak anan ko oret ne ng'oi missing, imwochi ndereba koget mutio ak en oret ne mie. Angot ko siten, isoom kiregun en garit. Inda mi chorset nebo kimnatet, ko mat igilgee, igoiten tugukab TIST angot kemach. Ak ibir repot koityi KE Team komoobek saisiek 24.
 - b. Ndarook (erenook. Nai komie ole itiche olon motoogu komie ole itieche en susweek anan ko timto. Angot ko mengen komie, iboisien krogto ne koi itwaitwai timto asinai angot ko mi erenook. Angot igeer indaret nebo sumu, iistegee ak imwochi nebo mbaret en chokinet. Momi kerichiek chebo choginet che kinyoen susetab ndaret. Angor ko susun ndaret nebo sumu, iwe sainoton akoi sipitalit ne negit kinyain ak kerichiekab sumu chebo ndaret. Angot ko mewe kinyain komuche koib meet sumu chebo ndaret. kimuche kemut keldsng'ung' anan kogonin koimutik chebo kipchulio. Inye anan ko chito ne omii tuan ko nyolu onai ole ndarte ne kasusin ko ainoon asikimuch kinya keboisien kerichiek che chototn. Angot matin ko kakebar ndaret komuche kora kosus chito!
 - c. Beleek. Beleek ko ng'oen missing'. Oret ne mie ne kimuche keistoengee kakotonosiek anan ko ng'oiyonditab beleek ko iistegee ne ole mii. Angot ko mii neleek ole oboisien oistoengee mutyo mutyo ak obe ole mii got. Angot kobokiok ko omuche oyai tuguk cheuchu:
 - i. Telelen ole imii. Imuche ko komuiset kitoy.
 - ii. Angot ko inekit en got anan garit anan



- ng'otwet anan ko ketit neo, iwe mutyo ak itestai igeer beliot ak iwe got orit. Beliot komuche kolabat en chepchepindo ne mii barak missing kosir chito, kou noton ko angot ko memuche ilbata missing akoi go orit, ko angot ilbata ko kekochi kokolkoliit missing.
- d. Ketuiyo ak biik che ng'oan. Angot inyoru mebaekab TIST che yachen anan ko ng'oan, iistegee en yoton ak iwe ole mi biik alak. Matitorchigee anan otiye anan omach obirgee. Angot omi akchito ne kobendoti tuan, otoretgee. Angot komi chorset nebo kimnatet, ko matigilgee, iyan kora ogoite tugukab TIST angot kemach choriik.
- e. Nyerseet: Kiboitiot ne kwondo ko nyolu kobois ak kiboitiot age en emet ne leel asikomuch koistoengee nyerseet. Angot imgoen ile kimuche kenyereen, iistegee en yptpn ak iwe olemii biik alak. Angot kibokyin, iwaach ak igurse ketoretin. Igoiten ripot nebo nyerseet en kapolis ak en KE Team.
- f. Ng;ogiik (sesenik). Angot inyoru anan ing'oan akobo ng'ogto ne kolkol, imwachi nebo ,baret korat kotogor itar koitiset ne keyoe. Angot koyesio nebo mbaret, iwe en yoton ak iripoten en KE Team. Angot kosusin ng'ogto, iwe inyoru daktari. Ng;ogik alak kotinye miondab rabies, yom inai ile bo mg'oo ng'ogoton inda kimoche kechigil angot ko mioni. Miondab rabies ko ya ako imuche kobar chito angot komakinya en choginet komaba betusiek.
- g. Segemik. Angout biik segemi ko konu ng'woninto, anan koime biik anan akot kobar chito, kotienggee angot onamegee anan ko monomegee ak segemik. Yom igeer ile mooutin segemik, istenggee en segemik chon chang'ak iyoom isisigee en olemiiten segemik. Matikal segemik. Matiilenggee tuguk che ng'uu. Angot koutin, ing'usu koteet en choginet amun angot kogagee koyaitu en borto. Angot ingen ile itinye tamis en kotetab segemiat anan keutin ng'elyepta, serut anan ko mogto, anan inyoru koimutik an kabuset, anan kobwa olekokiutin anan ko mi ole kaibwa en yelo ne ye kokiutin, icheng; konyoiset en chokinet. Angot ingen ile monomegee missing ak kotetab segemiat, ko nyolu iyai che kiguren *epi-pen* (nyorun daktari asi komwoun akobo noton).
- h. Kelndaen oinet. Mat iyom ilandaen oinet ne chang beek ako rwoe missing. Imuche iliis.
- i. Kebois en tulonok che keikei. Ripgee missing olon iboisie en emet ne keikei. Mat indegee oleimuche ichapaite ak kobarin.

Ole kiteptoo koimutik

Ole kiteptoo koimutik ko oret ne imche membaekak kiboitinik kokosi Telechinetab TIST koimutik che tinye.

Koimutik tugul ko nyolu korook keib kobwa taitab Council nebo Kandoinatet ole kigerchindos ak makutik chebo TIST, ak chebo koyomchinetab Greenhouse Gas en mambaekab Kotuiyosiek che Mengechen ak CAAC. Tetutiak ak Makutikab TIST ko tuguk che kinete en konetitiesiet ak tuiyosiekab isasamook, tuiyosiekab katuiyosiek che mengechenak tuguk che kisire en Mazingira Bora en abokora. Kansol nebo Kandoinatet ko konu walutik koiti biik che kotinye konyonyet en betusiek che mosire 30 kongeten ingonam konyonyonoton.

Angot komakitar komutichoton en betusiek 30, kemwochin biik che kotinye koimutik kelenchi kikose koimutichoton en Che telelchin TIST.

Angot komokimuche kilitit terchinosiek en orit, konyolu koyonchin CAAC ak bichoton akobo



biik che imuche kotononchi ng;ololutik. Terchinosiek che makimuch kilitit keibchin Chartered Institute of Arbitrators, Mornetab Kenya komobek betusiek 30 kong'eteen ingeger ng'alaletab kochomiet.

Ng'atutietab Nyerseet.

Tetat TIST kogo ole kimuche keboisien ko momi kolotunet age tugul, kotiib kiboitnik komakinyalil ak biik che tinyenge tiliantit kobot nyerseet.

Nyerseet ko kimuche kemwa kele ortinwek tugul che matagaat che togingee anan ko magutikab kesesnotet asikomugak ketoret chito, che choton komuche kobun ng;ololutik sns ko kimnatetab borto kong'eteen agenge en bikab TIST che konu koimutik en borto anan ko en boisiet.

Tuiyet komi ortinwek cheu chu:

- Konunetab gee en tuiyet neu ni keyoe en toginetab gee anan ko en otinwek alak kotogingee boisietab chito.
- Ingoyesio anan koyan chito keboisien en siretab kasit en chitchoton anan ko en tiletab kiy anan ko yagtaetab mugetut anan
- Atebeet neu noton kotogingee koim chito en yaeab boisienyin anan koib komuiset anan ko kolkoliet anan ko usisiet en ole kiyoen kasit.

Kanyalilet kotiengee kabiletab chi, dini, ole kikiyaita chito (kwony anan ko muren), emet neyobu, kenyisiekab chi, olekikiyaita bortab chi (solomwet_, ko mokikochin kasarta en TIST. Atebet neu noton kikochin kergong'et akoi ak kobot kitelelsi chito en boisiet. Kiboitiot agetugul nebo TIST ne ingen kole kakinyalil en nyerseet ko nyolu komwaita koityi Kansil nebo Kandoinatetab TIST. Mo yebchinit TIST ng'alekab yaftaetab mugetit amun angot kemwa kele mi kiboitiot ne kayagta mugetut keibchin

kergonget ne ngwan ako nyolu kemwochi Kansil Nebo Knadoinatetab TIST.

Kotiengee ng;oliotab taa nebo koyonchinet ak GhG, ko membayat age tugul ko nyolu kosib ng'otutik tugul che tinyegee ak boisienywan. Kanyalilet netinyegee ak nyerseet ko mi kiptuibotoi ak ng'otutik ako agetugul ne kokinyorchi lelutionoton keisto en TIST. Kiisto en boisiet kiboitiot age tugul nebo TIST ne kayai lelutionoton.

Tetutiet yete Kolotunet.

Moilotu chi TIST kotiengee bororiot, rankiat, dinit, itondo ko muren anan ko kwony. Kenyisiek, ak emet ne bunu, ngo solomwo, anan ko boisietab tuguchu tugul. Boisionichu ko boto ako moregunen ng'wony en siretab anan ko istoetab kiboitnik, lewenetab che konugee ak kokoitoetab boisionik. Kitoginige kikoiten boisionik ak itondab emet ne mie en mebaek tugul ak kiboitnik, oolik, bikab eut, ak oldoik. TIST ko motindoo kolotuneet. Mo kilotuu ako kikoitoi kergeindo en siretab kiboitnik, kabaeastaetab boisionik, wegunetab besenwokik, kotonosiet, kanabtaet, ak tugul alak chebo boisiet en kiboitnik anan ko sometab boisiet kotiengee bororiot, emet nebunu chi, kenyisiek/yosindab chi, kamugetab chi ak oleu chito en borto.

Angot kobwote kiboitiotab TIST anan ko membayat kole kokiyochi kolotunet, ko nyolu komwochi Kansil Nebo Kandoinatetab TISTak konaam kekosyi kosibgee ak ortinwek che nyolunot. Kotingee Logoiyot nebo taa nebo GhG, ko membayat agetugul ko nyolu kosib ng'otutik tugul chebo boisionik. Kolotunet ko ma chamtayay en membaek tugul ako kiisto chito age tugul ne kayai kolotunet en TIST. Kiboitiot age tugul ne yoe kolotunet en TIST keisto en boisiet.