

Mazingira Bora

Not for sale

tist Growing Trees
Growing Leaders

1. We are Honest
2. We are Accurate
3. We are Transparent
4. We are Servant to each other
5. We are Mutually Accountable to each other

www.tist.org

Newsletter August 2026

English Version

TIST is an innovative, time - tested, afforestation program led by the participants.

Dial *709# (Safaricom) or *789*7000# (Other Networks) and get to know more about TIST and your Small Group. Follow the prompts. Safaricom is Free.



Ntue TIST Cluster meeting held on 16/07/2026.

Next meeting will be held on 20/08/2026.

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TIST: The Carbon Gleaning.

In order to improve services to you, TIST has introduced a new service in its projects, called “The Carbon Gleaning Project”.

This service seeks to bring back farmers who were formerly in TIST, but were dropped because of harvesting their trees. Some of those farmers however, replanted, others didn't. Both categories can still come back to TIST as long as they are willing to do so.

Therefore, cluster servants are informed to identify such farmers, ask them if they are willing to come back to TIST, talk to other group members where they

belonged, for their consent and update their groves.

Likewise, farmers who harvested and were dropped, but replanted, should contact their cluster servants to help them through the processes of coming back to TIST.

Farmers who harvested and never replanted are urged/ encouraged to replant and also rejoin.

Share this news during your cluster and small group meetings, so that members who are willing to come back to TIST, will not miss this opportunity.

Small Group Best Practices: Action Steps and Action Planning.

TIST groups do a lot of practical activities: Planting trees and improving agricultural techniques. When there is a lot of work to be done, it is good to create **action steps**. Each group member should tell the group what they are going to achieve that week. We are going to teach you and your Small Group how to do action planning. Please share this with other members of your Small Group during your meeting.

An action step is something that is:

- Specific.
- Observable (a fly on the wall can see you do it!).

- Measurable.
- Has a beginning and an end.
- Make sure your action step is realistic and that you can achieve it!

For example, saying ‘I will plant trees’ is not an action step because it is too general. ‘I will work on three mornings this week to transplant 75 seedlings into our new grove’ is an action step because it is **specific** (transplant 75 seedlings), **observable** (people can see you do it), measurable (75 seedlings, 3 mornings) and **has a beginning and an end** (at the end of three days you can see the results).



When your group meets again, allow ten minutes near the end of the small group meeting for each person to report on his or her action step. Each person quickly:

(1) Tells the group what their action step was for the past week.

(2) States what they actually did.

(3) States what action step they will take for the following week.

If the person succeeded in his or her action step, the group celebrates the success.

If, as often happens to start with, the group member met only part of his goal, the group encourages him / her and does not criticize or blame. When people are able to freely share their successes and failures they will be encouraged to do better each week. Encourage your Small Group members to think of possible action steps. Make sure each is specific, measurable and realistic! Share and celebrate the action steps that your Small Group has accomplished.

Action Steps for Action Planning.

A similar method can be used when planning. Here an example is given in brackets. When your group is planning what to do, make sure your plans are:

Specific (Our TIST Small Group will plant 1000 trees at the local hospital by November 30)

Measurable (How many? - 1000 trees will be planted)

Achievable/Realistic (Our TIST Small Group can plant 1000 trees in 5wks – 100 trees per Tuesday and Thursday, 10 trees per person/per day)

Time-bound (Has a beginning and an end - we will plant the trees between October 15 to November 30)

Observable (A fly on the wall can see us planting)

This is the guide and test of your action steps for your plan and helps you be specific:

- 1) **What** – (Planting 1000 trees).
- 2) **Who** – (TIST Small Group members by name).
- 3) **When** – (October 15 – November 30).
- 4) **Where** – (At the hospital).
- 5) **How** – (We meet every Tuesday and Thursday afternoon after the heat of the day and dig holes, then plant the trees).
- 6) **Why** – (To improve the area around the hospital, have more shade for patients and visitors, people can sit under trees and the shade will make the hospital cooler).

Now, try to practice action planning in your next Small Group meeting.



TIST: Kujengana - Don't miss the blessing for your Small Group and Cluster.

Kujengana is a very important part of your Cluster monthly meeting and Small Group weekly meeting. It says in Ephesians 4:15, 16 that we are to build each other up into the fullness of Christ. Each person in your TIST Small Group brings his or her own special talents and gifts to the entire group. One of the wonderful things that happen in the Small Group is recognizing, sharing and using those God-given talents. Kujengana is a way to let those talents be seen and utilized. There are two parts to Kujengana:

- Before the closing prayer, every person in the group says one specific, positive thing that the leader did at that meeting. For example: they smiled, kept to time, made good plans, encouraged all group members to speak, greeted me and made me feel welcome, pointed out something that was going very well at the meeting or in the work the group was doing, etc. Each member needs to say something different. This is not optional. Everyone gives Kujengana to the Servant Leader. Some groups also give Kujengana to the co-leader.
- In addition, if someone sees a gift shown by the leader, a group member can also say that. With Rotating

Leadership, each week a new leader will receive Kujengana. Through Kujengana, we encourage each other on the good things that week's leader did in the meeting and the talents the person showcased. Kujengana is also the way we learn to look for positive things about people and then say them. We all need to train our tongues to say the positive. In addition, the whole group learns what it is that the group thinks is important in a Servant Leader. The next leaders will benefit from what they have heard in Kujengana about previous leaders and know what the groups think is important in a Servant Leader.

In response to Kujengana, that week's Servant Leader says, "Thank you" after each group member's specific, positive statement. There is no discussion about how it could have been done better, or differently. Often, the person is happy when he or she is told the good things they did during the meeting. Sometimes we learn things about ourselves we didn't know! Kujengana helps the leader on that day to recognize his or her talents. Kujengana also helps the Small Group because the members improve their servant leadership as they learn. Kujengana is a double blessing!



TIST: Important Reminder – New Groups, New Groves, New Trees.

When NEW farmers join TIST, they often ask whether their existing trees in their farms will be counted as TIST Trees for Carbon business. The answer to this is **NOT YET!** Right Now - New Groves should have New Trees.

Carbon projects are initiatives designed to reduce, avoid or remove Greenhouse gas (GhG) emissions from the atmosphere. In some cases, these projects generate **carbon credits** that can be sold in compliance and voluntary markets and earn revenue/income for the project.

There are many categories for different carbon projects. Examples are

1. Afforestation, Reforestation (A/R) carbon project – TIST
2. Reducing Emissions from Deforestation & Degradation (REDD+)
3. Energy Efficiency projects such as Cookstoves
4. Soil carbon Sequestration e.g. adopting Conservation Farming
5. And many more.

TIST currently operates under Afforestation, Reforestation (A/R) carbon project. This category requires the project to plant NEW trees (afforestation) or restoring forests (reforestation) in areas where forests were previously absent or degraded.

In other words, in order for TIST members to earn Carbon Credits, they need to establish new forests (Groves) on non-forested land (afforestation) or replanting trees in deforested or degraded areas (reforestation) in areas that were not a forest in the last 10 years. To earn carbon credits under this category, the carbon Accounting measures look at the amount of carbon removals from the atmosphere as trees grow.

To summarize, in order for your Trees to qualify for A/R carbon credits, you should plant new trees when you join TIST. In the same note, if you establish a new TIST Grove, that Grove should also have new trees.

It is important to note TIST gets audited by international Verifiers who must ensure we are adhering to the rules under Afforestation, Reforestation (A/R) methodology. Today, the world technology is so advanced that people in faraway continents can know when your trees were planted. If one farmer is caught cheating, all of TIST suffers.

Therefore, let's all remain Honest, Accurate and Transparent in our TIST and other daily activities. When a Cluster Servant visit your farm, let them know the Accurate age of your trees. If some of them were planted before the Small Group knew about TIST, will be considered **Baseline Trees**. TIST is now working to develop the ability to have the Baseline Trees also count toward carbon credits. We will keep you informed as we make progress!

We should ALL help others TIST Farmers understand Carbon Business.



Growth in TIST: Is your Cluster and Small Group Growing?

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TIST Vision is to empower **Small Group members to reverse the devastating effects of deforestation, drought, and famine** through identifying local sustainable development goals that include tree planting, sustainable agriculture, health education and nutrition. TIST also strives to provide long-term revenue for the Small Group participants through the sale of greenhouse gas credits (GhG).

The individual growth of a Small Group is paramount. It is the desire of TIST to see each individual member of a Small Group reap TIST benefits that help raise their livelihoods and income. Through tree planting, a number of TIST farmers have reported to have earned more income, or made household savings through selling of fruits, firewood, fodder for livestock, honey, increased soil fertility and biodiversity, and improved water level in our streams. In practicing Conservation Farming, a significant number of farmers have witnessed increased crop harvest, more soil fertility, reduced soil erosion, and less farm labour, among other benefits. Health and nutrition education has helped many household take preventive measures against diseases and nutritional deficiency issues. Further, through TIST energy saving jiko, many families have made significant savings in wood fuel, as well as in reducing indoor smoke pollution.

Growth in your Small Group?

Your Small Group should now sit down and evaluate its growth since joining TIST. How many trees have you planted? How many of those trees are fruit and indigenous? How many farmers in your group have practiced Conservation farming? How were the results in comparison with conventional farming? How many members have the TIST clean and energy saving jiko? Have any of your group members done a raised seed-bed? How are the results?

What goals do you have for this coming rainy season? How many additional trees are you going to plant? How many plots of CF are you preparing? How many raised-seeds and seedlings do you require for this coming rainy season and the next? What other goals do you have?

Remember, for a Small Group to be profitable for its members, it should plant more than 5,000 trees within the first five years of joining TIST.

Please prepare your Small Group report and present to other groups in your next Cluster meeting. Ask for help and ideas from other Small Groups to improve your **Action Plan for growth with goals (Conditions of Satisfaction - COS)**.

Growth in your Cluster?

At your Cluster meeting, please evaluate your growth as well. How many trees does your Cluster have? How many Small Groups have been registered? How many additional trees have been planted each year? How many CF plots have been done this and last season? How many farmers are doing CF, honey, riparian, fruit trees, stoves, raised-seed beds?

What are your goals for this year? How many additional trees, CF, energy saving stoves, raised-seed beds, fruit and indigenous trees? What other goals do you have?

In Quantification, how many of your Small Groups have been quantified in the last 18 months? What are your plans to get every Small Group quantified within 18 months period?

In Small Group payments, how many groups have received tree incentives? How many are qualifying for tree incentives, having achieved more than 1,000 trees, has signed GhG contract agreement form and has been quantified in the last 18 months? How many are not qualifying? What are the reasons for not qualifying? How are you going to help or encourage those not qualifying? What are your Conditions of Satisfaction / goals in Small Group payments?

Cluster leaders are requested to work with your Cluster Servant to prepare a report and an **Action Plan for growth with goals (Conditions of Satisfaction - COS)** and present it in the next Cluster meeting and further to the GOCC.

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**Ntue TIST Cluster wakiwa kwa mkutano wao tarehe 16/07/2026.
Mkutano ujao utakuwa tarehe 20/08/2026.**

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TIST: Gutheria Carbon.

Nikenda tuumba gwitithia mbere utungata Kiri bwii,TIST ni iruguritie utungata ju mweru Kiri muradi jugwitwa “The Carbon Gleaning Project”.

Utungata bubu nibugucua gucokia ringi arimi baria au mbere Bari ndeene ya TIST,no bakiritwa niuntu bwa gutema miti.Bamwe ba arimi baba kunari uu,nibaandire miti ringi na bangi bataanda.Antu Baba Nandi boomba gucokeria kiri TIST o bunka kethira nibakwenda.

Niuntu bubu,clasta servant nibakumenyithua boombe kumenya arimi ja baba,na baboorie kethira nibakwenda ringi gucoka ndeene ya TIST,bwarie na amemba bangi ba gakundi

aria ari mumemba,nikenda ba mwitikirie na mwiunda yawe icokue ringi.

Nkinya amemba baria bakethire miti yao na bakiritua Kiri muradi,no nibaandire miti ringi,Nibwega baria na clasta servant abatetherie Kiri njira ya gucoka ringi Kiri TIST.

Arimi baria nabo bakethire miti na bataanda ringi ni bagwikirwa inya baanda ringi na bacoke Kiri TIST.

Menyithia amemba bangi ndeene ya micemano ya clasta na ya ikundi mageni jaja,nikenda amemba baria bakwenda gucoka ringi Kiri TIST,batikaage kaanya gaka.

Mitire iria miega buru ya ikundi bibinini: Matagaria na kubangira matagaria.

Ikundi bia TIST nibiritaga ngugi inyingi iria cionekaga: kuanda miti na kuthongomia njira cia kurima. Riria kurina ngugi inyingi cia kugita, nibwega kubangira matagaria. O mumemba wa gikundi nabati kwira gikundi nimbi bakomba gukinyira kiumia kiu. Tukaburitana na kuritana gikundi giaku uria matagaria jabangagirwa. Itu gaana bubu na amemba bangi ba gikundi giaku igitene ria mucemano jwenu.

Itagaria ni gintu kiri:

- Gikwirungamira kiongwa.
- Gikwonekana (ngi iri ruthingone yomba gukwona ukithithia!).
- Gikuthimika.

- Kirina mwambirio na muthia.
- Menyeera ati itagaria riaku rikombika na rikathithika!

Mung’uanano,kuuga ‘Nkaanda miti’ ti itagaria niuntu giki ni gintu gikiarie. ‘Nkarita ngugi mithenya ithatu kiumia giki kuthamiria miti ya kuanda mirongo mugwanja na itano muundene jwetu jumweru’ ni itagaria niuntu ni gintu gikwirungamira (kuthamia miti mirongo mugwanja na itano), gikwoneka (antu bagakwona ukithithia uju), gikuthimika(miti mirongo mugwanja na itano, mithenya ithatu) na kirina mwambirio na muthia (nyuma ya ntuku ithatu ukoona maciara).



Riria gikundi giaku gigatirimana kairi, ejana dagika ikumi muthiene jwa mucemano jwa gikundi gikinini nikenda o muntu wonthe aejana ripoti ya itagaria riawe. O muntu wonthe nampwi:

(1) Eere gikundi itagaria riawe ria kiumia kiu kithiri.

(2) Akauga nimbi yongwa athithirie.

(3) Akauga itagaria riawe ria kiumia kiu kithingatite.

Kethira muntu uju noombanire kiri itagaria riawe, gikundi nikigwiranagirua amwe.

Kethira, ja uria jaria maingi kwithagirwa gukari, mumemba wa gikundi nombire kuthithia gicunci kia uria eendaga, gikundi nikimwikagira inya na gitimuthumbagia. Riria antu boomba kugaana batigukirana kuumbana na kugwa kwao, bagekirwa inyo kuthithia bwega nkuruki o kiumia. Ikira inya amemba ba gikundi giaku kuthuganiria matagaria jaria boomba kujukia. Menyeera ati o itagaria nirikwirungamira, ni rikuthimika na rikoombika! Gaana na bugwirirue matagaria jaria gikundi kienu gikinini kijukitie.

Matagaria riria bukubangira mantu jaria bukathithia

Njira ikwenda gukara uju no itumirwe kubangira. Aja mung'uanano nijuejani. Riria gikundi giaku gikubangira jaria gikathithia, menyeera ati mibango yenu iri:

Specific- Yakuirungamira yongwa (Gikundi gikinini gietu gia TIST gikaanda miti ngiri cibitari iria iri akui igikinya mweri jwa ikumi na jumwe tariki mirongo ithatu)

Measurable- Ikuthimika (Ing'ana? – Miti ngiri ikaandwa)

Achievable/Realistic- Igakinyirika (Gikundi gikinini gietu gia TIST kiomba kuanda miti ngiri ndene ya biomia bitano-miti igana o Jumanne na Alhamisi, miti ikumi o muntu o ntuku)

Time-bound- Ithimiri mathaa (Burina mwambirio na muthia – tukaanda miti gati gati ka Mweri jwa ikumi tariki ikumi na ithano na mweri jwa ikumi na jumwe tariki mirongo ithatu)

Observable-Ikooneka (Ngi iri ruthingone igatwona tukianda) SMARTO!

Jaja nijo ubati kuthingata kiri kuthithia matagaria ja mubango jwenu nijagutethagia kuuga jaria jongwa bukwenda jairungamirite:

- 1) **Nimbi**– (Kuanda miti ngiri imwe).
- 2) **Nuu** – (Amemba ba gikundi gikinini gia TIST).
- 3) **Rii** – (October 15 – November 30).
- 4) **Naa** – (Cibitari).
- 5) **Atia** – (Tugatirimana o jumanne na jumatano ugoro mwanki jwa ntuku jwathira na kwinja marinya, riu tuande miti).
- 6) **Niki**– (Kuthongomia aria kuthiurukite cibitari, kugia irundu bia aajii na ageni bibingi nkuruki, antu no bakare rungu rwa miti na kirundu gigatuma cibitari igie gapio).

Nandi, gerieni bubangire matagaria jenu ndene ya mucemano jou jungi jwa gikundi gikinini.



Gwakana: Bukaaga kitharimo kia gikundi kienu.

Gwakana ni gicunci kirina bata mono ndene ya mucemanio jwa gikundi kienu jwa o kiumia. Iugaga ndene ya Aefeso 4:15,16 ati nitubati gwakana tugakinyira uujuru bunthe bwa Kristo. Muntu wonthe ndene ya gikundi gikinini gia TIST naretaga talanta na biewa bia mwanya kiri gikundi kionthe. Gintu kimwe kiria kiri gia kurigaria kiria gikarikaga ndene ya gikundi gikinini ni kwona, kugaana na gutumira talanta iu tuei ni Murungu.

Gwakana ni njira ya kureka talanta iu cionwa na citumirwa. Kurina icunci biiri ndene ya Gwakana:

- Mbele ya iromba ria muthia, o muntu ndene ya gikundi auge gintu kimwe gikieega gikwirungamira kiria mutongeria athithirie ndene ya mucemanio. Mung'uanano, nathekerie, nekire mathaa, nathithirie mibango imiega, neekire amemba bonthe inya, nanketherie na natumire ndaigua nkinyite, naugire akwona gintu gigita bwega mucemanione kana ngugine ya gikundi, na jangi jamaingi. O mumemba nagwitia kuuga gintu mwanya. Bubu ti bwa kwithurira. Muntu wonthe naakaga mutongeria wa uthumba. Ikundi bimwe ibakaga kinya mutetheria wa mutongeria.
- Kwongera, kethira muntu akwona kiewa ndene ya mutongeria, mumemba noauge.

Gukurukira utongeria bwa kithiuruko, o kiumia mutongeria umweru agakwa. Gukurukira Gwakana, nitwikanagira inya kiri into bibiega biria mutongeria wa kiumia athithitie mucemanione na talanta iria muntu ou onenie. Gwakana ni njira ya kinya kuthoma mantu jamega kwegie antu na riu kujauga. Twinthe nitugwitia gwitana nduume cietu kuuga mantu jamega. Kwongera, gikundi kionthe nikimenyaga jaria gikundi kithuganagia jarina bata kiri mutongeria wa uthumba. Atongeria bangi bakoona baitakuumania na jaria baigitue ndene ya Gwakana kwegie atongeria bangi na bakamenya jaria gikundi kithuganagia jarina bata kiri mutongeria wa uthumba

Arikia gwakwa, mutongeria wa kiumia kiu naugaga, 'lbwega' nyuma ya o mumemba wa gikundi auga gintu gikithongi na gikwirungamira. Gutikwariria uria aringi kuthithia bwega nkuruki kana na njira ya mwanya. Jaria maingi, muntu nethagirwa akeni erwa mantu jamega jaria athithirie mucemanione. Rimwe na rimwe nitumenyaga mantu kwegie twingwa jaria tutikwiji! Gwakana nigutethagia mutongeria wa ntuku iu kumenya talanta ciawe na gwita na mbele gwitumira. Gwakana kinya nigutethagia gikundi gikinini niuntu amemba bonthe nibamenyaga gutongeria bwega nkuruki o uria bakuthoma. Gwakana ni kitharimo nteere ijiri!



TIST: Kiririkania kia gitumi - Ikundi injeru, miunda imieru, miti imieru.

Riria arimi eeru bathungira ndeene ya TIST, niboragia kethira miti iria ithagirwa ndeene ya muunda yomba gutarwa ja miti ya TIST niuntu bwa biashara ya kaboni. Macokio ja kiria giki ni Ari ,kagita gatakinya! Kagitene gaka - miunda imieru nonkinya iandwe miti imieru.

Miradi ya kaboni ni mibango ya kunyihia, kurigiriria kana kurita ngasi cia greenhouse (GhG) kuuma kiri riera. Kagita kamwe, miradi iji ni ithithagia **kaboni krediti** iria ciumba kwendua thokone ciegie mawatho na ingi cia kwiritira na kuumba kuleta mbeca kiri muradi.

Kuri na iwango mwanya cia miradi ya kaboni.Kwa ngerekano:-

1. Kuanda miti kuria gutari na miti,kuanda miti ringi kuria kwaritirwe miti (A/R)muradi wa kaboni- TIST.
2. Kunyia ruuko rugone rureti ni ugitangi miitu na na kwinyangika kwa miunda (REDD+).
3. Utumiri umukai wa nku ja mariko ja kuruga.
4. Kaboni kumania na mithetu ja kuthithia urimi bubwega (CF).
5. Na ingi inyingi.

TIST nandi itumagira kiwango kia kuanda miti kuria gutari na miti,kuanda miti ringi guntu kuria yaandi yatemwa (A/R).Kiwango giki,gitikagiiria uandi wa miti imieru kuria gutari na miti kana kuanda miti ingi imieru kuria miti yariti kuria gutari na miitu kana yenyangua.

Na njira ingi, Nikenda arimi a TIST boomba

kwona mbeca cia Kaboni,nonkinya baande miitu imieru (miunda) guntu kuria gutina miitu kana baande miti ingi imieru guntu kuria kwari miitu kagita yenyangua kana kuria miunda yenyangitue. Guntu ja guku nonkinya kwithirwe gutari mwiitu mia ikumi miituku. Kugwata mbeca cia kaboni kiri kiwango giki,njira cia gutegeera kaboni ni kwona ni kaboni ing'ana iriti rerene o uria miti igukura.

Kwa njira ikuhi,nikenda miti yaku yona mbeca kiri muradi juu jwa A/R, nonkinya ukaanda miti imieru riria wathungira ndeene ya TIST. Na ringi, riria wagia kamunda kangiga TIST, kamuunda gaka nonkinya kethirwe kari na miti imieru.

Nibwega kumenya ati TIST ni itegagirwa ngugi yayo ni Verifiers kuuma oome ya nthiguru baria batigagiira ni tukuthingatiira mawatho ja kuanda miti imieru,kuanda ringi miti imieru kuria yatemi (A/R) methodology. Narua iji, technology ya nthiguru iri kirathi kia iguru muno ati ati bari kuraja na natwi boomba kumenya riria miti yaku yaandi.Kethira murimi umwe akugwatwa akiria marongo,muradi jwa TIST junthe ni jionaga thina.

Niuntu bubu,nituikare turi antu ba gwitikua, antu ba uuma bungwa na antu bari na utheri kiri ngugi cia TIST na ngugi ingi cia umuthenya.Riria mutari miti eja muundene jwaku, tiigiira niakumenya miaka yongwa ya miti yaku.Kethira miti imwe ni yaandi mbere ya gakundi kamenya TIST, miti iji ijukagua iri **baseline trees** (kana miti imikuru). TIST ni igwita ngugi kwona miti iji kethira yomba gutarwa ikareta mbeca cia kaboni. Tugeeta mbere gukumenyithia o uria tugwita mbere!

Nonkinya twinthe tutethie arimi bangi ba TIST kumenya biashara ya kaboni.



Gukura ndeene ya TIST: Cluster yenu na ikundi bienu biniini ibigukura?

Kioneki gia TIST ni gwikira inya amemba ba ikundi biniini gutetheria gucokia na nyuma mantu jamathuku jaria jaretagwa ni gutema miti, mpara na thano gukurukira gutegeza njira injega cia gutetheria gukuria ntura cietu na mwioroto ya waandi bwa miti, urimi bubwega, kithomo gia ugima bwa mwiri na irio bibiega bia mwiri. TIST nigeragia kwejana mbeca iria iriagwa nyuma ya igita kiri arimi ba ikundi biniini gukurukira wendia bwa marandu ja riera ria Carbon kuuma kiri nyomba cia waandi cia marataci.

Gukura gwa ogikundi kiniini kuri na gitumi gikinene. Ni wendi bwa TIST kwona o mumbemba wa gikundi kiniini nakwona mawega jonthe ja TIST gutigiira bagukiria uturo bwao na mbeca ciao.

Gukurukira waandi bwa miti arimi babaingi ba TIST nibaringite riboti mpongeri ya mbeca ciao kana uria batigaragia mbeca inyingi gukurukira wendia bwa mbegu cia miti, matunda, nku, iria ria nyomoo cia ndithia, naincu, mpongeri cia muthetu jumunoru na mpongeri cia kithimi kia ruuji miuro yetu. Kiri urimi bwa kurigiria, arimi babaingi nibonete mpongeri ya maketha, mpongeri ya muthetu jumunoru, kutauka kwa muthetu gukamatwa ni ruuji, kunyiya mbeca iria itumirikaga kiri kurima miunda amwe na mawega jangi jamaingi. Kiri kithomo gia ugima bwa mwiri na irio bibiega, nigitethetie nja inyingi kumenya njira inyingi cia kurigiria mirimo na kwaga irio bibiega. Ogukurukira TIST na njira ya riko riria rititumagira nku inyingi, nja inyingi nicithithitie mpongeri cia mbeca cia gwika kiri kugura nku na makara jakuruga amwe na kuthiria togi nyomba.

Gukura gwa Gikundi Kienu Kiniini?

Gikundi kienu kiniini kibwiri gukura nthi na gutege gukura kwenu kuuma bugutonya TIST. Ni miti ing'ana bwandite? ni miti ing'ana kiri iria bwandite iri ya matunda na ing'ana iri ya gintwire? Ni arimi banga'na kiri gikundi kienu bathithagia urimi bwa kurigiria? mpumi cienu ciringathanitue na urimi buu bungi ikari atia? Ni arimi bang'ana bari na riiko riritheru riti ria gutumira nku inyingi? Kuri na arimi kiri gikundi kienu bathithitie munanda jukiritue? Mpumi ikari atia?

Ni mworoto juriku buri naju igita riri ria mbura rijite? Ni mathithio jariku bukajukia kenda bwona mawega jamaingi ja amemba ba gikundi? Ni miti ing'ana mpongeri bubangite kwaanda? ni tumiunda tung'ana twa CF bukuthuranira? ni mbegu ing'ana

cia minanda yukiritue bukeenda niuntu bwa mbuura iji ijite na iu ingi? Ni mioroto iriku ingi buri nayo?

Rikaneni, kenda gikundi kiniini kiona baita kiri amemba bakio, kibwiri kwaanda nkuruki ya miti ngiiri ithano (5,000) ndeene ya miaka itano ya gutonya mubangone jwa TIST. arimi baria baingi ba TIST batiromba gukinyira mworoto juu indi babaingi ibakinyirite mworoto juu.

Nibukurombwa kuthithia riboti ya gikuundi kiniini na kumireta na kumionania kiri ikundi bingi kiri mucemano juu jungi jwa Cluster. Burie utethio na mathuganio ja ikundi bingi biniini kenda butethia mubango na mworoto jwenu jwa witi na mbeere na gukura (**Action Plan for Growth with goals (Conditions of Satisfaction – COS)**)

Gukura Ndene ya Cluster.

Kiri Micemano yenu ya Cluster, nibukurua butegere gukura kwenu kinya ku. Ni miti ing'ana Cluster yenu iri nayo? Ni ikundi biniini bing'ana biciandikithitie? Ni miti ingana mpongeri bwandite omwaka omwaka? Ni timiunda tung'ana twa CF buthithitie sisoni iji na iria nthiru? Ni arimi bang'ana bakuthithia CF, naincu, miti ya matunda, mariiko na minanda yukiritue?

Ni mioroto iriku buri nayo mwaka juu? Ni miti ingana ya mpongeri, CF, mariiko ja kwonokia mwanki, Minanda yukiritue, na miti ya matunda naya gintwire? Ni mioroto ingi iriku buri nayo?

Kiri utari, ni ikundi bingana bitariri miti ndene ya mieri ikumi na inana (18 months) ithiri? Ni mibango iriku buri nayo ya gutigira ati ogikundi kiniini ni gitari ndene ya mieri ikumi na inana (18 months) ijite?

Kiri marii ja ikundi biniini ni ikundi bing'ana biamukirite marii ja miti? Ni bang'ana bagwitikirua kuwera marii jaja barikithie gukinyithia miti nkuruki ya 1,000 na basaina witikanario bwa GhG na batarirwa ndene ya mieri ikumi na inana ithiri? Ni bang'ana baitigukuruka? Ni mawatho jariku bwikirite kenda jaingua na mioroto ya marii ja gikundi kiniini?

Atongerira ba Cluster nibakurua kuritaniria ngugi na ariti ngugi ba Cluster na bathuranire riboti ba mubango na mworoto jwenu jwa witi na mbeere na gukura (**Action Plan for Growth with goals (Conditions of Satisfaction – COS)**) na buminenkanire kiri mucemano juu jungi jwa Cluster na bumitume kiri GOCC na atongerira ba kancu.

Mazingira Bora

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Newsletter August 2026

Kikuyu Version

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**Ntue TIST Cluster mari mucemani-ini wao uria wari mweri 16/07/2026.
Mucemania ucio ungi ugekika meri 20/08/2026.**

- Inside:**
- ✓ **TIST: Guthambia Carbon.** Page 2
 - ✓ **Mitaratara miega ya ikundi nini: Makinya ma ciiko na makinya ma mibango.** Page 2
 - ✓ **Gwakana: Ndukahitukwo ni irathimo thiini wa gikundi kianyu.** Page 4
 - ✓ **TIST: Kiririkano kia bata – Ngurubu Njeru, Gikundi Kieru, Miti Mieru.** Page 5
 - ✓ **Gutherema thiini wa TIST: Gakundi gaaku na Cluster yaku niokeretwo igikura?** Page 6



TIST: Gutheria Carbon.

Niguo kwagirithia mibango miega kuri we, TIST ni twambiriirie mubango mweru witagwo "The Carbon Gleaning Project".

Mubango uyu urenda gucokia arimi are mari a TIST, no makiuma niundu wa kugetha miti yao. Amwe a arimi angi, makihanda ringi , angi ti guo. Muthemba o wothe no macoke gwa TIST angikorwo ni marenda.

Kwa ugwo, aruti wira a clasta ni marorio methane na ari ta aya, mamorie kana ni makwenda gucoka gwa TIST, marie na amemba aria angi a ngurubu kuria maumite, niguo metikire gucoka ikundi-ini ciao nini.

Hamwe na uguo, arimi aria magehire miti yao na makieherio, no makihanda ingi, methane na muruti wira wa clasta niguo mamateithie mubango-ini wa gucoka gwa TIST.

Arimi aria magehire no matiahandire ingi ni marorio/marathaithwo kuhanda miti ingi na gucoka gwa TIST.

Tambia uhoro uyu ngurubu-ini cia clasta na micemano-ini ngurubu-ini cianyu nini, niguo amemba aria mangienda cucoka gwa TIST, matikage mweke uyu.

Mitaratara miega ya ikundi nini: Makinya ma ciiko na makinya ma mibango.

Ikundi cia TIST niciikaga maundu maingi makwoneka: kuhanda miti na kwagirithia urimi. Riria kuri na wira muingi wa kurutwo, niwega guthondeka makinya ma ciiko. O memba wa gikundi niagiriirwo nikwira aria angi uria magiriirwo ni gwicka kiumia kiu. Nituguguthomithia ohamwe na gikundi kianyu uria muguthondeka mubango wa ciiko. Menyithia amemba aria angi uhoro uyu mucemano-ini.

Mubango uyu ni kindu ta giki:

- Maundu ma bata.
- Maundu maria maroneka.

- Maundu maria mangithimika.
- Maundu maria mari na kiambiriria na muthia.
- Tigirira makinya maku nomahoteke.

Kwa muhiano, kuga niukuhanda muti ti giiko. Kuga (giroko ithatu niguhanda miti 75 mugunda-ini) ni giiko tondu undu ucio uri na bata na niurauga kaundu(kuhanda miti 75), niuroneka (andu nimakuona) nouthimike (miti 75, irooko 3) na uri na kiambiriria na muthia (thutha wa matuku 3 niukuona maciaro).



Gikundi giaku giacemania ringi, itikiria ndagika 10 mucemano ugithira niguu o munda aheane mubango wake wa ciiko. Omundu naihehanya:

(1) Ira gikundi mubango wao wa kiumia kihituku.

(2) Hutia maundu maria mekite.

(3) Uga mibango iria igukorwo kuo kiumia giukite.

Murimi angihota gukinyaniria mubango wa ciiko aria angu nimagiriirwo ni kumukenerera.

Na angikorwo, ta uria maita maingi gukoagwo andu makiambiriria ati mukinyaniirie ciiko imwe, gikundi nikiagiriirwo gwikira murimi hinya na matikamurute mahitia. Riria andu maria na kamweke ga kwiwaria na kuga maria mahotete na maria matanahota nimahotaga kugia na hinya wa guthii na mbere a kiumia. Hinyiriria arimi a gikundi giaku makorwo na mubango wa ciiko ungihoteteka. Tigirira ati mubango uciu niuraririria kindu! Araniriai na muonanie ciiko iria muhotete.

Makinya ma mbango wa ciiko.

Njira ihanaine no ihuthirwo riria urehariria. Haha hari na cionereria.

Kwaririria kindu (gikundi gitu kia TIST nigikuhanda miti 1000 thibitari-ini tugikinyiria November 30)

mangithimika (Miti iigana? Miti 1000 niyo ikuhandwo)

Ingihoteteka (Gikundi gitu gia TIST nokihande miti 1000 hari ciumia 5 – miti 100 o wakeri na wakana, miti 10 o munda o muthenya.)

Mahinda (turi na kiambiriria na muthia-nitukuhanda miti gatagati ka October 15 – November 30)

Ingioneka (nginya ngi niirakwona ukihanda miti)
Smarto.

Giki nikigeranio giakuonania kana niurarumirira mubango waku:

1. **Kii?** (Kuhanda miti 1000).
2. **Uu?** (Riitwa ria memba wa TIST).
3. **O ri?** (October 15 – November 30).
4. **O ku?** (Thibiari-ini).
5. **Atia** (tucemanagia o wa-keri na wakana miaraho thutha wa kuruta wira na tukenja marima na tukahanda miti).
6. **Niki?** (niguu kwagirithia thibitari niguu kuhe arwaru handu ha kiiruru).

Niwega kugeria maundu macio mucemano-ini wa ikundi cianyu.



Gwakana: Ndukahitukwo ni irathimo thiini wa gikundi kianyu.

Gwakana ni gicunji kia bata thiini wa TIST micemano-ini ya o wiki. Thiini wa Ephisians 4:15,16 ati twakane turi thiini wa Kristo. O mundu thiini wa gikundi kinini kia TIST arehage kiheo giake kia mwanya na akahe gikundi giothe. Maundu mamwe ma magegania mahanikaga thiini wa gikundi ni gukurana na kuhuthira iheo iria mahetwo ni Ngai.

Gwakana ni njira ya kuona na kurutithia iheo wira. Kuri na miena iiri thiini wa gwakana:

- Mbere ya mahoya ma kuhinga, o mundu thiini wa gikundi akauga kindu kime kirahutia kaundu ka uthii wa na-mbere karia mutongoria eka thiini wa mucemano. Kwa muhiano, atheka, aiga mathaa, akorwo na mubango mwega, ekira arimi hinya kwaria, angeithia na atuma njigue ndi mucii, auga kaundu thiini wa mucemano na gatuma mucemano uthii na-mbere wega. O mundu agiriirwo nikuga kaundu ngurani. Kaundu gaka ni ka muhaka. O mundu auge kaundu ga gwakana kuri atungata. Ikundi ingi niciheanaga kujengana kuri munini wa mutongoria.
- Na makiria, angikorwo mundu nionete kiheo kuma kuri mutongoria, no age uguo.

Tukihuthira utongoria wa guthiururukana, o kiumia mutongoria mweru niakwamukira kujengana. Kuhitukira gwakana, niturahinyiriria arimi na mutongoria guthii na-mbere na maundu mega kiumia kiu.

Gwakana ni njira njega ya gukurana na kumenya kiria mundu arathimiirwo. Ithuothe twirute kwaragia maundu meega. Na makiria gikundi gikona maundu maria mega na mabata mekitwo ni atungati. Mutongoria uria uguka niagukorwo athomete kuma kuri atongoria aria angi.

Hari kujengana ututngati wa kiumia kiu agacokeria andu ngatho o thutha wa o mumemba kuheana uhoro wake. Mutikariririe uria kaundu kangiekirwo wega na njira ngurani. Muno, mundu niakenaga riria erwo maundu mega maria ekite thiini wa mucemano na makiria nituthomaga maundu maitu maria tutoi!

Gwakana niguteithagia mutongoria kumenya kiheo giake na guthii na-mbere na gugitumira. gwakana niguteithagia atongoria kwagirithia utongoria o magithomaga, gwakana ni kirathimo maita meeri.



TIST: Kiririkano kia bata – Ngurubu Njeru, Gikundi Kieru, Miti Mieru.

Riria arimi eru maingira TIST, ni moragia kana miti yao iria mari nayo migunda-ini yao no itarwo thiini wa biacara ya TIST ya Carbon. Anja ni **ACA!** Mahinda maya – Ikundi nini cibatie gukorwo na miti mieru.

Projects cia Carbon ciambiriirio kunyihia, kweheria kana kunina kuruta Greenhouse gas (GhG) kuma riera-ini. Mahinda mangi, mibango ino irutaga **carbon credits** iria cingiendio kuringana na uigiririki na kwirutira thoko-ini na kugia na mbea kumanagia na mubango uyu.

Kuri na ikundi nyingi cia carbon projects. Kwa muhiano:-

1. Kuhanda miti, kwongerera uhandi wa miti (Afforestation, Reforestation (A/R)) carbon project – TIST.
2. Kunyihia kura kwa riera kumanagia Deforestation & Degradation (REDD+).
3. Mahuthiro ma mwaki wa riko ta Cookstoves.
4. Ugitiri wa tiri ta kumenyerera tiri ukirima.
5. Na mangi mainigi.

TIST mahinda maya iraruta wira rungu rwa Afforestation, Reforestation (A/R) carbon project. Ngurubu ino irabatarania project kubanga uhandi wa miti mieru (afforestation) kana gucokia mititu (reforestation) kuria mititu yari kana kuria mititu yatheririo.

Hamwe na uguo, niguo mumemba wa TIST agie na mbea cia Carbon Credits, no nginyagia tugie na mititu mieru (Groves) kuria kuri na migunda iria itari mihande (afforestation) kana kuhanda miti kuria miti itemetwo kana kuhanda kuria gutari kuhande (reforestation) matura-ini maria gutari mititu miaka 10 mithiru. Guthukuma na carbon credits rungu rwa category, gutarwo gwa carbon kuroragwo carbon iria irutagwo kuma riera-ini o uria miti irakura.

Kurikiriria, niguo miti ihituke ya A/R carbon credits, ubatie kuhanda miti mieru riria waingira TIST. Oro hau, wambiririe githaka kieru, githaka kiri na miti mieru.

Ni wega kumenya ati TIST ihuthagira atari kuma mabururi ma nja (international verifiers) aria matigagirira ati mitaratara rungu rwa Afforestation, Reforestation (A/R) ni rwamirirwo. Umuthi, techonology ni ithiete na mbere muno ati andu mari thi cia kuraya no mamenye riria miti yaku yahandirwo. Murimi umwe anginyitikana ahenanitie, TIST yothe igiaga na thina.

Kwa uguo, rekei tuikare turi ehokeku, tukiaria uhoro wa ma na waragania thiini wa TIST oro hamwe na maundu ma oro muthenya. Riria muruti wira wa Clasta uka mugunda-ini waku, rekei mamenye ukuru wa miti yanyu. Angikorwo kuri yahandirwo mbere ya kuingira ngurubu nini rekei TIST imenye, na niigukorwo iri **miti ya kiambiriria**. TIST riu ni irathugunda kurora kana miti ya kiambiriria no ituike ya gutarwo thiini wa carbon credits. Ni tukumumenyithia oro uria tuguthii na mbere!

Ithui othe ni tuguteithia arimi a TIST kumenya uhoro wa biacara ya Carbon.



Gutherema thiini wa TIST: Gakundi gaaku na Cluster yaku niokeretwo igikura?

Kioneki gia TIST nikuhe arimi a ikundi nini uhoti wa kuhurana na thiina wa kunina mititu, kuhurana na ng'aragu, arimi oo ene makiamurira njira iria njega na ciagutura kahinda karaya iria imwe iri uhandi wa miti, urimi mweka wa CF, githomo kia ugima wa mwiri, na mirire miega. TIST no igeragia gwethera arimi thoko ya riera ria carbon nigetha makona mbeca.

Gukura gwa gikundi giaku nikwabata muno. Ni wendi wa TIST kuona ati o mumemba wa gikundi niona maciaro ma TIST maria makumuhotithia kugaciria miikarire yake na kumuhe mbeca. Hari uhandi wa Miti, arimi angi nimonete faida hari wendia wa miti ya nathari, matunda, ngu, irio cia mahiu, uuki, kuongerereka kwa unoru wa tiiri, na maa niuini makongerereka na guthera.

Kumanagia na urimi wa Conservation Farming (CF), arimi aingi nimote wongereku wa mageha, unoru wa tiri, ugitiri wa tiri kuuma kuri kiguo, wira munini wa mugunda na uguni ungi muingi. Githomo kia ugima wa mwiri na mirire miega nigeteithitie micii miingi kuhurana na mirimu ngurani. Makiria ya uguo, Mariko mega ma TIST nimateithitie hari gutumira ngu nini na kunyigia ndogo njuru.

Gikundi giaku nigikurite?

Gikundi giaku nimwagiriirwo muikare thin a mwicuranie uria mureweto mugitherema kuuma mwangiira TIST. Muhandite miti iigana? Hari miti iyo, ni iigana ya matunda na ya kiunduire? Ni amemba aigana mageretie CF? Ni amemba aigana mena riiko ria TIST? Ni amemba aigana mena na ciito cia kuoyo na iguru?

Mwina matanya mariku hari kimera giiki kia mbura kiroka? Matanya manyu nimariku kuona o mumemba niagia na utethio? Mutanyite kuhanda miti iigana? Muhaririirie migunda iigana ya CF? Nathari ya miti ya kuoya na iguru mwana cigana? Muratanya atia?

Ririkana, nigetha gakundi kanyu kagie na faida njega, mwagiriirwo ni kuhanda makiria ya miti ngiri ithano muri inyothe thutha wa kahinda ka miaka itano. Ikundi nyingi itiri irakinyaniria hau, no imwe ni ikinyite.

Niwega muhbaririe riboti ya gikundi kianyu na muthii na riboti iyo mucemano-ini wa Cluster. Niwega mucenjanie meciria na amemba aa Cluster nigetha muhote kugaciria mubango wanyu uria twitaga **Action Plan for growth with goals (Conditions of Satisfactions - COS)**

Cluster yaku niikuraga?

Muri mecemano-ini wanyu wa Cluster, ikirani Cluster yangu ratiri-ini. Cluster yanyu ina miti iigana? Mwina ikundi cigana? Mukoretwo mukihanda miti iigana o mwaka? Ni migunda iigana ya CF kimera giiki na kihituku? Ni amemba aigana mena CF, Miatu, miti ya njuu-ini nay a matunda, mariko ma TIST, ciito njoye na iguru?

Matanya manyu ma mwaka uyu ni mariku? Mukuongera miti iigana? Li CF? Ii Mariko? Li nathari cia miti? Li miti ya matunda nay a kiunduire? Muoroto ucio ungi wanyu niuriku?

Hari utari wa miti. Ni ikundi cigana ndarire miti gwa kahinda ka mieri 18? Mibango yanyu ihana atia kuona o gikundi kianyu nigiatarirwo miti o mwaka na nuthu?

Hari marihi ma miti. Ni ikundi cigana ndihe miti yao? Ni ikundi cigana ikitie ikiro cia kurihwo –ati ciri na miti makiria ya ngiri imwe (1,000), niciikirite kirore ngirimiti ya GhG na niitariirwo miti gwa kahinda ka mwaka umwe na nuthu? Iria itakiritie ikiro, gitumi nikii? Muguteithia ikindi icio atia nigetha ikinyithie ikiro? Mubango wanyu ni uriko hari marihi uria twitaga Conditions of Satisfactions / goals in Small Group payments?

Atongoria anyu a Cluster nimekurio marutithanie wira na mutari wa miti (Cluster Servant) nigetha muthondeke mubango wanyu wa gutheremia na gukuria Cluster yanyu uria tugwita **Action Plan for growth with goals (Conditions of Satisfactions - COS)** na urehwo Cluster-ini nigetha wariririo na thutha utumiwro GOCC na Leadership Council.

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**Ntue TIST Cluster wakiwa kwa mkutano wao tarehe 16/07/2026.
Mkutano ujao utakuwa tarehe 20/08/2026.**

- Ndani
ya
Gazetti**
- ✓ **TIST: Uvunaji wa Carbon. Uku. 2**
 - ✓ **Mienendo bora zaidi ya vikundi vidogo ya kufanya mambo tofauti: Hatua za kuchukua na kupangia hatua. Uku. 2**
 - ✓ **Kujengana: Msikose baraka ya kikundi chenu. Uku. 4**
 - ✓ **TIST: Kikumbusho muhimu -Vikundi vipya, vichaka vipya, miti mipya. Uku. 5**
 - ✓ **Ukuaji katika TIST: Je, Cluster yako na kikundi chako kidogo kinakua? Uku. 6**



TIST: Uvunaji wa Carbon.

Li kuboresha huduma kwako, TIST imeanzisha huduma mpya katika miradi yake, inayoitwa "The Carbon Gleaning Project".

Huduma hii inalenga kuwarudisha wakulima ambao hapo awali walikuwa katika TIST, lakini waliachishwa kazi kwa sababu ya kuvuna miti yao. Baadhi ya wakulima hao hata hivyo, walipanda upya, wengine hawakupanda. Kategoria zote mbili bado zinaweza kurudi kwa TIST mradi tu ziko tayari kufanya hivyo.

Kwa hivyo, watumishi wa vikundi wanaarifiwa kuwatambua wakulima kama hao, waulize kama wako tayari kurudi TIST,

kuzungumza na wanavikundi wengine walikokuwa, kwa ridhaa yao na kuboresha mashamba yao.

Vilevile, wakulima waliovuna na kuangushwa, lakini wakupanda tena, wanapaswa kuwasiliana na watumishi wa nguzo ili kuwasaidia kupitia taratibu za kurejea TIST.

Wakulima ambao walivuna na hawakupanda tena wanasisitizwa/ wanahimizwa kupanda tena na pia kujiunga tena.

Shiriki habari hizi wakati wa mikutano ya vikundi na vikundi vidogo, ili washiriki ambao wako tayari kurejea TIST wasikose fursa hii.

Mienendo bora zaidi ya vikundi vidogo ya kufanya mambo tofauti: Hatua za kuchukua na kupangia hatua.

Vikundi vingi vya TIST hufanya kazi nyingi zinazoonekana: kupanda miti na kuboresha mbinu za ukulima. Wakati kuna kazi nyingi inayohitaji kufanyika, ni vizuri kufanya mpango wa hatua zitakazochukuliwa. Kila mwanakikundi afaa kuambia kikundi ni kitu gani wataweza kufanya katika wiki hiyo. Tutawafunza nyinyi na kikundi chenu jinsi ya kufanya mpango wa hatua zitakachochukulia kufanya kazi hiyo. Tafadhali gawana haya na wanakikundi wengine wakati wa mkutano.

Hatua ya Utekelezaji ni iliyo:

- Maalum.
- Inayoonekana (Nzi iliyo ukutani yaweza kukuona ukifanya!)

- Inayopimika.
- Iliyo na mwanzo na mwisho.
- Hakikisha hatua yako ya utekelezaji ni itakayowezekana na unayoweza kufikia!

Kwa mfano, kusema 'Nitapanda miti' si hatua ya Utekelezaji kwa sababu ni taarifa ya ujumla. 'Nitafanya kazi asubuhi tatu wiki hii kupandikiza miche sabini na tano shambani letu jipya' ni hatua ya utekelezaji kwa sababu ni **iliyo maalum** (kupandikiza miche sabini na tano), **inayoonekana** (watu waweza kukuona ukifanya), **inayopimika** (miche sabini na tano, asubuhi tatu) na **ina mwanzo na mwisho** (mwishoni mwa siku tatu utaona matokeo).



Kikundi chako kitakapokutana tena, ruhusu dakika tano mwishoni mwa mkutano ili kila mtu aripoti kuhusu hatua yake mwenyewe ya utekelezaji. Kila mtu haraka:

(1) Aambie kikundi hatua yake ya utekelezaji ya wiki iliyopita.

(2) Aseme ni nini chenyewe alichofanya.

(3) Aseme hatua yake ya utekelezaji ya wiki inayofuata.

Kama huyo mtu alifanikiwa katika hatua yake ya utekelezaji, kikundi kinasherehekea fanikio hilo.

Ikiwa, kama mara mengi inavyotokea, mwanakikundi ameweza kufanikiwa kufikia kiwango fulani cha lengo lake, kikundi kintie nguvu na kisimkosoe au kumtia lawama. Watu wanapoweza kugawana bila hofu kuhusu mafanikio na kutofaulu kwao, watahimizwa kufanya vyema zaidi wiki inayofuatilia. Himiza wana kikundi chako kufikiria hatua za utekelezaji zinazowezekeka. Hakikisha kila mojawapo ni maalum, inapimika na inawezekana! Gawana na msherehekee hatua za utekelezaji kikundi chako kilichotimiza.

Hatua za utekelezaji unapofanya hatua za mipango

Njia sawa yaweza kutumiwa unapopangia kitu. Hapa ni mfano katika mabano. Wakati kikundi chako kinapopanga kitakavyofanya, hakikisha mipango yenu ni:

Specific- Maalum (Kikundi chetu cha TIST kitapanda miti elfu moja katika hospitali mtaani kabla ya tarehe thelathini, Novemba).

Measurable- Inapimika (Ngapi? - Miti elfu moja itapandwa).

Achievable/Realistic – Inayoweza kufikiwa (Kikundi chetu cha TIST chaweza kupanda miti elfu moja katika muda wa wiki tano- miti mia moja kila jumanne na alhamisi, miti kumi kwa kila mmoja kila kila siku).

Time-bound- Inapimiwa muda (Ina mwanzo na mwisho- tutapanda miti kati ya tarehe kumi na tano, Octoba hadi tarehe thelathini Novemba).

Observable- Inaonekana (Nzi ukutani yaweza kutuona tukipanda miti.)
SMARTO!

Huu ni mwongozo na kipimo cha hatua zako za utekelezaji na unakusaidia kuwa maalum:

- 1) **Nini** – (Kupanda miti elfu moja).
- 2) **Nani** – (Wana Kikundi kidogo cha TIST kwa jina).
- 3) **Lini** – (Octoba 15 – Novemba 30).
- 4) **Wapi** – (Hospitalini).
- 5) **Aje** – (Tutakutana kila Jumanne na Alhamisi alasiri baada ya joto la siku na kuchimba mashimo, halafu tupande miti).
- 6) **Kwa nini** – (Kuboresha eneo linalozunguka hospitali, tuwe na kivuli zaidi kwa wagonjwa na wageni, watu waweze kukaa chini ya miti na kivuli kitafanya hospitali iwe baridi zaidi).

Sasa, jaribu kujizoesha kufanya hatua za mipango katika mkutano wako wa kikundi kidogo ujao.



Kujengana: Msikose baraka ya kikundi chenu.

Kujengana ni sehemu muhimu sana ya mkutano wa kila wiki wa kikundi chako. Inasema katika Aefeso 4:15,16 kuwa tujengane hadi tuwe na utimilifu wa Kristu. Kila mtu katika Kikundi chako cha TIST huleta talanta na zawadi zake maalum kikundini. Moja ya vitu vya kuajabisha inayotokea katika kikundi kidogo ni kujua, kugawana na kutumia talanta hizo ulizopewa na Mungu.

Kujengana ni njia moja ya kufanya hizo talanta kuonekana na kutumika. Kuna sehemu mbili za Kujengana:

- Kabla ya ombi la kufunga, kila mtu katika kikundi aseme kitu kizuri maalum ambacho kiongozi amefanya katika mkutano huo. Kwa mfano, alitabasamu, aliweka masaa, alifanya mipango mizuri, aliwatia nguvu wanakikundi wote kuongea, alinisalimu na alinifanya nijisikie nimekaribishwa, alisema kitu kilichokuwa kinaendelea vizuri katika mkutano ama katika kazi iliyokuwa ikifanywa na kikundi, na kadhalika. Kila mwanakikundi anahitajika kusema kitu tofauti. Hili si la kujichagulia. Kila mtu ajenge kiongozi wa utumishi. Vikundi vingine hujenga hata msaidizi wa kiongozi.
- Kuongezea, ikiwa mtu ameona zawadi iliyoonyeshwa na kiongozi, mwanakikundi anaweza pia kusema ni zawadi ipi.

Kwa kupitia uongozi wa mzunguko, kila wiki kiongozi mpya hujengwa. Kupitia Kujengana, tunatiana nguvu kati yetu kuhusu vitu vizuri alivyofanya kiongozi wa wiki hiyo mkutanoni na talanta alizoonyesha mtu huyo.

Kujengana pia ni njia ya kujua kuangalia vitu vizuri kuwahusu watu halafu kuvisema. Sote twahitaji kufunza ndimi zetu kusema yaliyo mazuri. Kuongezea, kikundi chote hujua ni nini kikundi kinafikilia ni muhimu katika kiongozi mtumishi. Viongozi wanaofuata watafaidika kupitia waliyosikia katika Kujengana kuhusu viongozi waliopita na kujua ni nini muhimu katika kuwa kiongozi.

Kujibu wakati wa kujengana, kiongozi wa wiki hiyo atasema, “Asante.” baada ya kila mwanakikundi kusema taarifa nzuri iliyo maalum. Hakuna kujadiliana kuhusu vipi kungekuwa kuzuri zaidi ama tofauti. Mara nyingi, mtu huyo hufurahi anapoambiwa kuhusu mambo mazuri aliyofanya wakati wa mkutano. Wakati mwingine, huwa tunajua mambo kujihusu ambayo hatukuwa tunajua! Kujengana husaidia kiongozi wa siku hiyo kujua talanta zake na kuzidi kuzitumia. Kujengana pia husaidia kikundi kidogo kwa sababu wana kikundi wote huboresha uongozi wao wa utumishi wanapozidi kujifunza.

Kujengana ni baraka mara mbili!



TIST: Kikumbusho muhimu -Vikundi vipya, vichaka vipya, miti mipya.

Wakulima WAPYA wanapojiunga na TIST, mara nyingi huuliza kama miti yao iliyopo kwenye mashamba yao itahesabiwa kama Miti ya TIST kwa biashara ya Kaboni. Jibu la hili **BADO!** Hivi sasa - Miti Mipya inapaswa kuwa na Miti Mipya.

Miradi ya kaboni ni mipango iliyoundwa ili kupunguza, kuepuka au kuondoa utoaji wa gesi joto (GhG) kutoka angahewa. Katika baadhi ya matukio, miradi hii hutoa **mikopo ya kaboni** ambayo inaweza kuuzwa kwa kufuata sheria na masoko ya hiari na kupata mapato/mapato ya mradi.

Kuna kategoria nyingi za miradi tofauti ya kaboni. Mifano ni:-

1. Upandaji miti, upandaji miti upya (A/R) mradi wa kaboni – TIST.
2. Kupunguza Uzalishaji wa hewa ukaa kutokana na Ukataji miti na Uharibifu (REDD+).
3. Miradi ya Ufanisi wa Nishati kama vile Cookstoves.
4. Kuondoa kaboni ya udongo k.m.kupitisha Kilimo Hifadhi.
5. Na mengine mengi.

TIST kwa sasa inafanya kazi chini ya mradi wa kaboni wa Upandaji miti, Upandaji miti (A/R). Kundi hili linahitaji mradi kupanda miti MPYA (upandaji miti) au kurejesha misitu (upandaji miti) katika maeneo ambayo hapo awali misitu haikuwapo au kuharibiwa.

Kwa maneno mengine, ili wanachama wa TIST wapate Mikopo ya Carbon, wanahitaji kuanzisha misitu mipya (Groves) kwenye

ardhi isiyo na misitu (upandaji miti) au kupanda tena miti katika maeneo yaliyokatwa miti au yaliyoharibiwa (upandaji miti) katika maeneo ambayo hayakuwa msitu katika kipindi cha miaka 10 iliyopita. Ili kupata mikopo ya kaboni chini ya kategoria hii, hatua za Uhasibu wa kaboni huangalia kiasi cha uondoaji wa kaboni kutoka angahewa miti inapokua.

Kwa muhtasari, ili Miti yako ifuzu kwa salio la A/R la kaboni, unapaswa kupanda miti mipya unapojiunga na TIST. Katika maelezo sawa, ukianzisha TIST Grove mpya, Grove hiyo inapaswa pia kuwa na miti mipya.

Ni muhimu kutambua kwamba TIST hukaguliwa na Wathibitishaji wa kimataifa ambao lazima wahakikishe tunafuata sheria chini ya mbinu ya Upandaji miti, Upandaji Misitu (A/R). Leo, teknolojia ya ulimwengu imeendelea sana hivi kwamba watu katika mabara ya mbali wanaweza kujua wakati miti yako ilipandwa. Ikiwa mkulima mmoja atakamatwa akidanganya, TIST yote huathirika.

Kwa hivyo, hebu sote tubaki Waaminifu, Sahihi na Wazi katika TIST yetu na shughuli nyingine za kila siku. Mtumishi wa Nguzo anapotembelea shamba lako, wajulishe umri Sahihi wa miti yako. Ikiwa baadhi yao yalipandwa kabla ya Kikundi Kidogo kujua kuhusu TIST, itachukuliwa kuwa **Miti ya Msingi**. TIST sasa inafanya kazi kukuza uwezo wa kuwa na Miti ya Msingi pia kuhesabiwa kuelekea mikopo ya kaboni. Tutaendelea kuwajuza kadri tunavyopiga hatua!

SOTE tunapaswa kuwasaidia wengine Wakulima wa TIST kuelewa Biashara ya Carbon.



Ukuaji katika TIST: Je, Cluster yako na kikundi chako kidogo kinakua?

Maono ya TIST ni ya kuwawezesha wanachama wa vikundi vidogo kubadilisha madhara ya ukataji wa miti, ukame, na njaa kwa kutambua malengo ya visingi vya maendeleo endelevu ambayo ni pamoja na kupanda miti, kilimo endelevu, elimu ya afya na lishe. TIST pia inajitahidi kutoa mapato ya muda mrefu kwa ajili ya washiriki wa vikundi vidogo kupitia mauzo ya mikopo gesi chafu (*Greenhouse Gas credits (GHG)*).

Ukuaji binafsi wa vikundi vidogo una muhimu mkubwa. Ni hamu ya TIST kuona kila mmoja wa wanachama wa vikundi vidogo wakivuna faida za TIST ili kusaidia kuongeza maisha yao pamoja na mapato yao. Kwa kupanda miti, idadi kubwa ya wakulima wa TIST wametuarifu kuwa wameyapata mapato zaidi au waliweka akiba nyumbani kwa njia ya kuuza miche, matunda, kuni, chakula cha mifugo, asali, kuongeza rutuba ya udongo na viumbe hai pamoja na kuboresha viwango vya maji katika mito yetu. Katika mazoezi ya utunzaji wa shamba, idadi kubwa ya wakulima imeshuhudia kuongezeka kwa mavuno ya mazao, uzazi zaidi wa udongo, mmomonyoko wa udongo kupunguzwa, kazi shambani kupunguzika pamoja na faida nyingine. Afya na lishe elimu imesaidia wengi nyumbani kuchukua hatua za kujizuia dhidi ya magonjwa na masuala ya lishe pungufu. Zaidi ya hayo, kupitia jiko la TIST la kuhifadhi nishati, familia nyingi zimeweza kufanya akiba kubwa kwa kuni na pia katika kupunguza uchafuzi wa mazingira kupitia moshi.

Je, kuna ukuajaji katika kikundi chako kidogo?

Vikundi vyenu vidogo sasa lazima viketi chini na kutathmini ukuaji wake tangu kujiunga na TIST. Je, ni miti mingapi imepandwa? Je, katika miti hiyo, mingapi ni ya matunda na asilia? Ni wakulima wangapi katika kikundi chenu wanafanya mazoezi na kilimo hai? Matokeo yalikuwa vipi yakilinganishwa na yakilimo cha kawaida? Ni wanachama wawangapi wana jiko la kuhifadhi nishati la TIST? Je, kuna mwanachamayeyote wa kikundi chako ambaye amejaribu kukulia mbegu-kitanda? Matokeo ni ya aina gani?

Mna malengo yepi ya msimu huu wa mvua unaokuja? Ni hatua gani ambazo zinaweza kuchukuliwa kutoa faida kwa wanachama wa kikundi chako? Mnaenda kupanda miti ngapi ya ziada? Mmeandaa viwanja vingapi vya CF? Ni mbegu ngapi za kukulia na miche zinahitajika katika msimu ujao wa mvua na utakaofuata? Mna malengo mengine gani?

Kumbuka, ili kikundi kidogo cha TIST kiwe na faida kwa wanachama wake, ni lazima wapande miti zaidi ya 5,000 ndani ya miaka mitano ya kwanza ya kujiunga na TIST. Vikundi vingi vya TIST havijaweza kufanikia lengo hili, lakini wengi wameweza.

Tafadhali andaa taarifa yako ya kikundi kidogo ili uweze kuiwasilisha kwa vikundi vingine katika mkutano ujao wa Cluster. Unaweza kuomba msaada na mawazo kutoka kwa vikundi vingine vidogo ili kuboresha mpango wako kwa ajili ya ukuaji wa uchumi na malengo (Masharti ya Kuridhisha – **(Conditions of Satisfaction (COS))**).

Kuna ukuaji wowote katika Cluster?

Katika mkutano wako wa Cluster, tafadhali tathmini ukuaji wako pia. Cluster yako ina miti mingapi? Ni vikundi vingapi vidogo vilivyoandikishwa? Ni miti mingapi ya ziada iliyipandwa kila mwaka? Ni viwanja vingapi vya CF vimefanyika katika huu msimu na uliopita? Ni wakulima wangapi wanafanya CF, asali, kandokando ya mto, miti ya matunda, majiko, vitanda vya kukulia mbegu?

Malengo yako kwa mwaka huu ni yepi? Ni miti mingapi ya ziada, CF, majiko sanifu ya kuhifadhi nishati, vitanda ya kukulia mbegu, matunda na miti ya asili? Una malengo gani mengine?

Katika upimaji, ni idadi ipi ya vikundi vidogo vilivyokaguliwa katika miezi 18 iliyopita? Una mipango ipi ili kuhakikisha kwamba vikundi vyote vidogo vimekaguliwa ndani ya kipindi cha miezi 18? Katika malipo ya vikundi vidogo, ni vikundi vingapi ambavyo vimepokea motisha ya miti? Ni vikundi vingapi ambavyo vimefuzu kupata motisha ya miti kwa kuwa na miti zaidi ya elfu moja (1,000), vimetia saini fomu ya mkataba wa maelewano wa GhG na vimekaguliwa katika miezi kumi na nane (18) iliyopita? Ni vikundi vingapi ambavyo havijafuzu? Sababu za kutofuzu ni zipi? Wewe utawasaidiaje na kuwatia moyo waliokosa kufuzu? Je masharti ya kuridhika kwako ni yepi? Malengo ya malipo katika kikundi kidogo ni yepi?

Viongozi wa cluster wanaombwa kufanya kazi na watumishi wao ili kuandaa ripoti na Mpango Kazi kwa ajili ya ukuaji na malengo (Masharti ya Kuridhisha – **(Conditions of Satisfaction (COS))**) na waziwasilishe katika mkutano ujao wa Cluster na pia waitume kwa GOCC na Baraza la Uongozi.

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Newsletter August 2026

Kikamba Version

TIST is an innovative, time - tested, afforestation program led by the participants.

Dial *709# (Safaricom) or *789*7000# (Other Networks) and get to know more about TIST and your Small Group. Follow the prompts. Safaricom is Free.



**Ntue TIST Cluster wakiwa kwa mkutano wao tarehe 16/07/2026.
Mkutano ujao utakuwa tarehe 20/08/2026.**

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 - ✓ **Mawiko maseo ma tukundi tunini, matambya maosa na walany'o wa meko/wiko. Page 2**
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TIST: Kuthesya Nzeve itavisaa.

Nikana kwailya uthukumi wa TIST, TIST niyongelile walany'o ungi ukwitwa "Kuthesya nzeve itavisaa" (The Carbon Cleaning Project").

Walany'o uu niwa kutungiana aimi vamwe ala mai ma TIST na mauma nundu wa kwenga kana kutema miti. Amwe kati wa aimi asu nimavandie miti ingi na amwe mayaavanda. Aimi aa mena ivuso yta kusyoka nthini wa TIST ethiwa nimekwenda.

Kwoou, Athukumi ma ngwatanio nimamanyithitw'e kusianya na aimi ta asu, mamakulye kana nimethwa mena wendi wa kusyoka nthini wa TIST, no maneene na aimi ma ikundi isu syoo na kumakulya matonye kwitikila kukwatana imwe namo ingi.

Oingi, aimi ala makethete miti yoo na kuvetwa ngwatanioni na nimavandie miti nimaile uneenany'a na athumumi ma ngwatanio syoo kumatetheesya undu wa kusyoka nthini wa TIST.

Otauu, Aimi ala makethete kana kutemanga miti yoo na maumw'a ngwatanioni onamo namaile ukulua na kuthuthw'a mavande miti ingi na kulika ingi nthini wa TIST.

Nyaiikyai uvoo uu nthini wa ngwatanio sya ikundi, mbumbanoni sya tukundi nikana amemba ala mena wendi wa kusyoka nthini wa TIST maikakose ivuso yii.

Mawiko maseo ma tukundi tunini, matambya maosa na walany'o wa meko/wiko.

Ngwatanio na ikundi sya TIST nisyikaa maundu maingi ta kuvanda miti na kwongela utuika wa nima. Yila kwina wia mwingi ni useo kwosa matambya na kutavya kila umwe kila wailwe nikwithiwa avikiite kyumwa kiithela. Nituu mumanyisya undu wa kuvanga na matambya maosa. kwandaia neenanisyai kana utavye anga ma kakundi kenyu yila mwakomana mbumbanoni.

Itambya ya meko ni kindu:-

- Kiamuitwe nikiva.
- Kitonya kwoneka.

- Kitonya uthimwa.
- Kina mwambiio na muthya.
- Ikiithya itambya na wiko yila woosa noyivikike na yina kitumi.

Kwa ngelekany'o 'Ni nguvanda miti' usu nuneeni ti wiko . "Kyumwa kii nithukuma mithenya itatu kumya miti 75 kivuioni na kumivanda vala yaile" yii ni itambya ya meko nundu niwinengete nginya ivinda ya kukuna wia uu. No yoneke nundu nukwoneka uivanda, ve kwambiia na kumina nundu itina wa ila mithenya itatu nitukwona undu wikite.



Yila kakundi kenyu koombana mwiikithya nimwoosa ndatika ta 20 kila umwe kuweta itambya ya meko yila wosete okwa mituki.

Kila umwe akaweta:- Itambya yila wosete kyumwani kiu kithelu Mawete kila mekite Na maiweta ni itambya na wia ungi mwau mekwika kyumwa kiatie.

Kethiwa umwe ni wa vitukiwa ni itambya yake kikundi kyothe kikatana nundu wa kwithiwa niwikite nesa.

Na ethiwa mundu akivikia yusu ya walany'o wake kikundi kikamuthuthya kumina indi ti kumutula muti na kumutalila makosa. Nundu yila andu meyelene na ukethia useo kwa umwe kana uvaluku nomawetanie na kuthuthania kwindu wa kwika nesa mbee. Thuthania tukundi tunini na kutaana iulu wa matambya na mawalany'o ala mutonya kwika kwona kila umwe akitana na kuvikia mawendi ma TIST kwa vamwe.

Itambya ya wiko na walany'o wa itambya

Nzia ino no itumike kwia walany'o ta wa mbee kwa ngelekany'o yila kakundi kenyu ke kwia walany'o ikiithya.

Amuai undu mukwika (Kakundi kaitu ka TIST nikeuvanda miti 1,000 tuivika November 30th)

Kithimo (Yiana? - 1000 miti nikuvandwa)

Niuvikiika (kakundi kaitu no kavande miti 1000 kwa ivinda ya sumwa itano - 100miti kila wakeli na waka, miti ikumi kwa kila umwe kwa muthenya mithenyani isu)

Ivinda (vena kwambiia na kumina - ta twivanda miti kuma October 15 kinya November 30)

Kwoneka (wia uyu no woneke ona ni kaki ke ukutani)

UI! Kii ni kithimi kya matambya na mawiko na ni kitetheeasya kwithiwa na kuamua:

1. **Ata** - Kuvanda miti 1000.
2. **Nuu** - Kakundi kanini ka TIST - ene kwa masyitwa.
3. **Indii** - Oct 15 - Nov 30.
4. **Va** - kiwanzani kya sivitali.
5. **Kwa nzia yiva** - Kukomana kila wakeli na wakana iya mawiyoo na kwisa maima naindi kuvanda miti.
6. **Niki** - Kwailya mawithyululuko ma sivitali , kwithiwa vena muunyi awau na ala mavika vau sivitali matonya kwikala na kuikiithya ona sivitali niyeethiwa na uthithu kumana na nzeve ila ikuma mitini.

Yu tatai kwosa itambya ya kwika itambya ya wiko yila muukomana ingi wumbanoni.



Kwakana: Ndukavitukwe ni uathimo wa kakundi kaku kanini.

Kwakana ni kwavata muno nthini wa kakundi kanini yila mwakomana kila kyumwa. Nthini wa Aveso 4:15 - 16 yiasya tuthuthanie ithyi kw aithyi kwindu wa uima wa Klisto. Kila umwe kakundini kenyu kanini nuetae kinengo kivathukany'o kwa kakundi kenyu. Kindu kimwe mwaile ni kwika ni kwona na kwakana na inengo ila Ngai umunengete.

Kwakana ni kueba inengo ila mwinasyo kwoneka kila kimwe kiithukuma. Ve nzia ili sya kwakana

- Mbee wa mboya sya mwisu/kuvinga wumbano kila umwe niwaile uweta undu wa kuthuthia ula mutongoi wikie nthini wa wumbano usu. Kwa ngelekany'o, kukeny'a, kusuvia masaa, walany'o museo wa mivango, uneeni wa uthuthia andu maneene, ngethi itumie mundu ew'a e muthokye wumbanoni, kumya mwolooto iulu wa undu uwetiwe na weekwa ni kakundi kaa na weethiwa wi museo mbee kwa kila umwe na angi maingi. Kila umwe nowaile uneena undu onakau ni kwenda kwa mwene.
- Ethiwa nimwoona kineng'o kinenganitwe ni mutongoi wenyu nimwaile ukiweta nikana onake amanye na kwiyikia vinya.

Na utongoi wa kumanisya/kithyululu kila kyumwa mutongoi mweu akaakawa. Kwakanani kila umwe watongosya kyumwa kiiu akeethiawa akikite nundu kinengo kyake kila kiteni ungi akeethiawa atonya utavya na kuthuthw'a iulu wakyo ni amemba ala angi yila meuneenea kwakana.

Kwakana ni nzia ingi ya kuisya maundu ala maseo munduni na kumaweta, ithyoonthe nitwailwe uvundisya nimi situ kuneena mauseo ma umwe kuthi ula ungi. Nikana withie kila umwe niwoona na kusoma kuma utongoini wa uthukumi wa kila umwe wanyuvwa kutongosya. Mutongoi ula ungi mukanyuva akeethiwa emanyiiti'e maundu meu kuma kwakanani kwenyu kula mwaaka mutongoi ula ei mbee wake. Ethiwa mukaneenany'a kwa kwakana ukeethia vaina mundu ukuthi anyungunyisya ayasya undu, unduu uu wialile kwikwa nundu kila umwe ena muyo na nimwianie nikwithiwa ethiwa motongoi ona akitie kwasya "nimuvea" kila umwe ena muyo na vai mundu ukwiw'a ataile na mundu atavya useo wake nutanaa na kumanya undu uteisi iulu wake mwene. Kwakana ni uathimo keli nundu ula uteisi kinengo kyake akimanya nuendeeaa na kukitumia na ungi akevundisya kuma kwake kwoondu wa utongoi ula wanengwa.



TIST: Ulilikany'o wavata - Ikundi Nzau, Ikuthu Nzau na Miti myeu.

Yila aimi eu malika nthini TIST, Kaingi nimakulasya miti ila meitwie nayo kana ikatalika ta ya viasala wa nzeve itavisaa ya TIST. Usungio ni **TI OYU!** Kwa yu ikuthu nzau syaile ithiwa na miti myeu.

Ilelelo sya nzeve itavisaa syithiawa na walanio wa kuola kana kuveta nzeve sya Nyumba sya ngilini (kikusuni) (Greenhouse Gas) ila ilikaa mawithyululukoni. Kundu kumwe, Miti ino na ilelelo sya miti ino nitumikaa kuete carbon Credits ila itonya utewa mwa kwiyumya sokoni na kuseuvya ueti kwa mwolooto uu.

Ve ngelekanio mbingi ila itumikaa ta kileelo. Kwa ngelekanio:-

1. Kuthungya mititu, Kuvanda miti kula miteme (A/R) kieleelo kya nzeve itavisaa na TIST.
2. Kuola wanangiko kumana na kutemwa kwa miti na muthanga kukuwa (REDD+).
3. Nzia sya kusuvia mwaki ta maiko ma matuku aa.
4. Kwailya nzeve muthangani kwa nzia ya nima ya kithyululu, (CF).
5. Na maundu angi maingi.

TIST yithukuma ungu wa kuthungya mititu na kuvanda miti kula yatemiwe / itekw'o (A/R) (Carbon Project). Kiwango kii kyendaa kuvandwa kwa miti MYEU (Kuvanda miti kula kutai) kana kuvanda miti kula yatemiwe mitituni kula myanangiku (Reforestation) kula tene kwai mititu.

Kwa ndeto ingi, nikana memba wa TIST kuivika kumana na nzeve itavisaa (carbon credit), nimambiia na kuvanda miti weu ta

kamutitu (Groves) vala vatai miti (afforestation) kana kuvanda mitiangwa kana yaanangika (reforestation) vala vethiitwe vate miti kana yimioleku kwa ivinda ya ta myaka ikumi (10) mithelu. Nikana kuivika ungu wa walanio uyu, eki ma masavu ma nzeve itavisaa nimasyaasya na kwika masavu ma nzeve itavisaa ila yosetwe ni miti ino kwianana na undu yianite.

Kwa ukuvi, nikana uvitukithw'e kukwata ndivi ya nzeve itavisaa kuma uvandini wa miti kwa A/R, Niwailite uvanda miti walika nthini wa TIST. Ingi niwaile umanya wambiia uvanda miti myeu kwa ukuthu, ikuthu isu nisyale ithiwa na miti myeu.

Ingi niundu wa vata kumanya kana TIST yikiawa ukunikiliwa masavu ni Nthi yonthe (International Verifiers) ala maile kuikiithya miao ila itumikaa kwa uvandi wa miti (A/R). Umunthi tekinolongyi yi yiulu tita tene yu andu ona me vaasa nimesi yila na vala maile uvanda miti. Ethiwa muimi umwe nukukengana akatuma aimi othe ma TIST mathinika.

Kwoou, twikale na uikiiku, Uw'o na kwika maundu Kyenini nthini wa TIST yitu maunduni maitu ma kila muthenya. Yila muthukumi wa ngwatanio ya TIST wathoka muundani kwaku, mumanyithye ukuu wa miti yaku ula waw'o. Ethiwa imwe yavandiwe mbee wa utamanyite iulu wa TIST, ikatalika ta miti ya mwambiio (**Baseline trees**). Kwayu TIST niendee na uthukuma kuseuvya nzia ya umanya utalo wa miti ya kwambiia (base line) nicana italike nthini wa soko ya nzeve itavisaa (Carbon Credit). Nitukukwikala tuumanyithye oundu tuendee!

Nitwaile kutethya kila muimi wa TIST aelewe iulu wa utandithya uu wa nzeve itavisaa.



Kwiana thini wa TIST: Ngwatanio yaku na kikundi ni iendee na kwiana?

Woni wa TIST ni kwikia **tukundi vinya na memba maasyo vamwe na kuola mathina ala maetetwe** ni utemi wa miti, yua na munyao kwa nzia ya kwona nzia ila nzeo ya kuete maendeeo ma kwikala ta uvandi wa miti, nima itonyeka, uima wa mwii na liu. TIST ingi nitatite kunengane utethyo wa ivinda iasa kwa ala me tukundini tunini kwa nzia ya kuta greenhouse gas Credits (GhG).

Kwina kwa kila kakundi nikwavata na niwendi wa TIST kwona kila memba wa kakundi aiketha vaita wa tist ula utonya utetheesya kwailya mathayu na ukwati wa kila memba. Kwisila nzia ya uvandi wa miti, aimi amwe ma titi nimatungite livoti ya ngwatha nzeo, ukwati onakuvikia kwia kilungu kwimwe kwa ikundi sya kutethania kwa nzia ya kuta miti ya uvanda, ngu, matunda, liu wa indo, uki wa nzuki, wongeleku wa unou wa muthanga na kwaila kwa muthanga kwa kuthambalalia kiw'u. Kwa nzia ya nima ya kusuvia, aimi nimakusiie wongeleku wa ngetha, unoi wa muthanga, uoleku wa muthanga kukuwa, minoo minini ya nima na moseo angi. Uima wa mwii na kisomo iulu wa maliu nutetheesye aingi kwisuviana na mauwau ala maetawe ni kukosekana kwa maliu amwe mwiini. Ingi kwisila kwa maiko ma TIST ma usuvia mwaki uoleku wa ngu na syuki ivinda ya kuua.

Wianu nthini wa kakundi kenyu?

Kakundi kenyi kanini nikaile kwikala nthi na kusisya mwianite ata kuma mwalika nthini wa TIST. Muvandite miti yiana? nimitiyiana ata ya matunda na ya kiene? Ni aimi meana ata menyu matatite nima ya kusuvia (CF)? Ngethat ya nima ya kusuvia na ngetha ila ingi syina kivathukano? Ni memba meana mena maiko ma usuvia? Ve umwe wenyu utatite kuseuvya kivuio kya kitanda?

Wakwata mausungio mailye ata? Mwina mawalanio mau ma mbua yukite? ni itambya yau ukwosa ya unenge ngwatanio yaku vaita?

Ni miti yiana ata uvangite kwongela kwa kuvanda mbua ino? Wina isio siana ata useuvitye kwondu wa nima ya kusuvia? mwienda ivuio sya kitanda siana ata na syina mbeu yiana ata kwondu wa mbua ino na ila yukite? Wina mawalanio angi meva? lilikana, kwa kakundi kanini kwithiwa na vaita kwa ene, nimaile uvanda miti mbee wa ngili itano nthini

wa myaka itano yambee mamina uklika nthini wa Tist. Ikundi imwe sya tist iyaaisa uvikia mwolooto woo, onakau mbingi nivikiie.

Kwandaia umbania livoti ya kakundi kaku unengane nthini wumbano wa ngwatanio yenyu. Itya utethyo na mawoni kuma tukundini tungi kwailya Waliano wa meko menyu mena woni **(Action plan for growth with goals) (Conditions of satisfaction - COS)**.

Vena Kwiana nthini wa ngwatanio yenyu?

Nthini wa wumbano wa ngwatanio yenyu kunikilai kwiana kwenyu. Ni miti yiana ata ila ngwatanio yenyu yinayo? mwina tukundi twiana tuandikithye? Mwina miti yiana ata ila muvandite kila mwaka? Mwina isio siana ata sya nima ya kusuvia ila muneekie mbua thelu na mukwika mbua ino? Mwina aimi meana ata mekwika nima ya kusuvia, uki wa nzuki, kuvanda miti nguumoni sya mbusi, kuvanda miti ya matunda, maiko ma usuvia mwaki, ivuio sya kitanda?

Mwina mwolooto mwau wa mwaka uyu? ni miti yiana ata mukwongela, nima ya kusuvia, maiko ma usuvia mwaki, ivuio sya kitanda, miti ya matunda na ya kiene? Mwina mwolooto ingi mwau mwinaw'o? Thini wa uthiani, ni tukundi twiana ata tunavitukithw'e nthini wa myai 18 mithelu? mwina mivango myau kutuma kila kakundi kavitukithw'a nthini wa mya 18?

Nthini wa ndivi ya tukundi tunini, ni ikundi siana ata iokwatite ndivi ya Uthuthio? na niikundi siana mbitukithye kukwata ndivi ya uthuthio nundu wa uvikia miti 1,000, nimeekiie saii wiw'ano wa GhG na ni avituikithye nthini wa myai 18? na nimena mateavitukithye? kutumi kya ulea uvitukithw'a nikyau? Mwiika atana kumatethya na kumathuthya ala mateavitukithye? Mwina miao yiva ya kwianiwa na kuvikia mwolooto nthini wa ndivi ya tukundi?

Atongoi ma ngwatanio mekulw'a kuthukuma vamwe na athukumi ma ngwatanio **kuseuvya livoti na Itambya ya kwika kuvikia kwiana na mwolooto (Conditions of satisfaction - COS)** na kumaente nthini wa wumbano wukite wa ngwatanion na kutuma nthini wa GOCC na utongoi wa kanzu.

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Newsletter August 2026

Kipsigis Version

TIST is an innovative, time - tested, afforestation program led by the participants.

Dial *709# (Safaricom) or *789*7000# (Other Networks) and get to know more about TIST and your Small Group. Follow the prompts. Safaricom is Free.



**Ntue TIST Cluster wakiwa kwa mkutano wao tarehe 16/07/2026.
Mkutano ujao utakuwa tarehe 20/08/2026.**

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TIST: Wegunetab Koristo.

Asi kimuch ketes boisiet koituok, ko kokotoo TIST tetutiet ne leel, ne kigureen carbon 'Gleaning Project'.

Tetutioni ko tokingee koweek temiik che kimii TIST en taa, kobaaten kikiisto amun kikatil ketikuak. Alak en temichoton ko kikomiin ketik ago alak ko kimata komin. Tugul komuche koweek kobwa TIST ta kota komache koweek.

Kou noton, kemwochin Kiboitinikab Isasamet kocheng' temik cheu choton, ak kotebeen icheeck angot komache koweek kobwa TIST, ak kong'alalchi membaek alak

chebo katuiyet nebo icheek, asi kogeer angot koyani kileliit timwekuak.

Kora, ko temik che kikakotil ketikuak ak komiin alak komuche kong'alalchi kiboitinikab isasamet asi kotoreet en oleimuktoo koweek kobwa TIST.

Temik che kikotil ako matakomiin alak kecheere komiin alak ak koweek kobwa TIST.

Oyogten logoiwechu en tuiyosiekab Isasamet ak katuiyosiek che mengechen, asi kosich membaek che moche koweek kobwa TIST koweek ago mosirtoen kelchinoni.

Practice che koron en Groupishek che meng'ech: Steps chebo boishonik ak panganet.

Gropishek en TIST koyoe kasishek che hchang che practical: minet'ab ketik ak ripetnywai, ak koimproven temishet. Yon miten kasit newo ne keyoe , ko kararan kechob **action steps**. Membayat ake tugul komwoi ki neyochin groupit wiki noton. Kipendi kinetok ak groupishek kwok o;e kichopto action planing. Kaikai omdechin membaek alak chebo groupishek chemeng'echen yon omi tuyet.

Action step ko kit ne:

- Mwoe direct.
- Tokunot.
- Pimonoshek.
- Tinye kanamet ak mwisho.
- Yoche ko itchinoshek panganet!

Yon kotuyo kora gropitngung', ichomchi minutishek tamain ko aror chitugul agobo action plan nenyinet. Chi ake tugul en harak:



(1) Kit ne kiu action plan nenywan.

(2) komwa tuguk che kiyai.

(3) Komwa action plan che tinye en wikit ne isupu.

Ango ko kibor chito en action plan nenyinet koboiboyenchin groupit.

Angot koimuch kotimisan membayat action plan nenyinet, kokochin muguleldo groupit inendet. Yon kakomuch pik kopchei kabutoshechwaik ak siroshekchwai koibu ki bageng'e en groupit. Igil membaek chebo groupishek che meng'echen koker ole tot kochopto action steps chechwaget. Yoche ko pimonoksek, itchinoksek alak tugul en action steps ichuton. Yon kokotar chi tugul, obchei chuton akityo oboiboyenchi chuton.

Action Steps chebo Action Planning:

Kimuche kora keboishen oret noton yon kiyoe planning. Ne isubu ko koborunet. yon yoe groupit neng'ung pang'anet iker ile pangonuti choton kou ni:

Che tetoyotin (Groupishek che meng'ech en TIST ko mine ketik 1000 en sipitalishek chebo karibu kotomo koit November 30).

Pimanoksei (Ata? – Ketik 1000, che kemine)

Itchinoksei, (Groupishek che meng'ech komuche komin ketik 1000 en 5wks – 100 ketik en Tuesday ak Thursday, ketik 10, chito age tugul kila petut).

Tinye kanamet ak mwisho (October 15 agoi November 30).

Togu. SMARTO!

Inoni ko kit ne iborun ako testen action plan ne karo chob:

- 1) **Ne**– (Minet 'ab ketik 1000).
- 2) **Ng'o**– (TIST membaek 'ab groupishek che meng'echen).
- 3) **ou'**– (Oct 15 – Nov 30).
- 4) **Ano** – (En sipitali).
- 5) **namna gani**– (kituitosi kil Tuesday ak Thursday jioni yon kokobata asita nepele ketik , akityo kemin ketik).
- 6) **Amune** – (Kikararanit compound nepo sipitali ak kechopchi uronok pik che mionidos ak pik chenyokokotisie).

Ingunon jaribunanan oyai action planning en tuyet ne isubu nebo groupit.



TIST: Kujengana – Mat ibakach kaberuret en Katuiyeng’ung’ ne Ming’in ak Isasamet.

Kujengana (ketechgee) ko bo komonutiet missing en tuiyetab Isasameng’ung’ en arawet age tugul ak tuiyetab wikit age tugul nebo Katuiyet ne Ming’in. mwoe en Ephesoek 5:15, 16 kole kiiku che techegee akoi keit mitunet tugul nebo Kristo. Chi tugul en Katuiyeng’ung’ ne Ming’in koibu talentaisiekchik ak konunotoek koiti Katuiyet ne Ming’in. Agenge en tuguk che togu en Katuiyet ne Ming’in ko kegeer, keppei ak keboisien talentaisiek che kigoneechg Kamuktoindet.

- Ketechgee (kujengana) ko oret ne kiboisien talentaisiechoton. Mi kebeberuwk oeng en kujengana: Kotomo kekerr en saet, ko mwoe chi tugul kiit agenge ne mie akobo kiy ne kayai kandoindet en tuiyet. En korogut, kinyimio, kirib saisiek, kiyai tetutik che kororoon, kicher membaekab katuiyet ne ming’in, kocher membaek tugul kong’alalso, kiigatan, kiibor kiit ne mie ne kiteset taa en tuiyet anan ko en tuiyet anan ko en boisiert. Nyolu komwa kiymembayat age tugul ne ter. Igochin age tugul kujengana kandoindet. katuiyosiek alak kogochin rubeiywot kujengana.
- Kora, angot kogeer membayat agenge konunotiot ne ko go kandoindet, komuche komwa kora. En kandoinatet ne kiwolchinge, ko wikit age tugul ko nyolu konyor kandindet age tugul

kujengana en wikit age tugul en kujengana, kecheregee en kit ne kayai kandoindet en wikinoton en tuiyet ak talenytaisiek che kaiboor chito. Kujengana kora ko oret ne kimuche kecheng’ tuguk che miachen akobo biik ak kemwa. Kimoche tugul kinet ng’eliepikiok kemwa tuguk che kororon. Kora, komuche konetgee katuiyet katugul konai kole nee ne kaibwat katuiyet katugul kobunchikamanut en kandoindet. Kandoik che isibu ko nyoru kelchinet en tuguk che kakimwa en kujengana akobo kandoik chebo taaak tuguk che bo kamanut che ibwote katuiyet akobo Kandoindet.

En walutiet koiti Kujengana, kandoindetab wikinoton ko kimwa kole, ‘Kongoi’ en chi tugul en tuguk che kamwa en katuiyet, ng’alek che miachen. Momi ole kimuche kemaw kele kotaimuche ko kakiakit kosir yoton. En abokora, ko bainbai chito ngemwochi tuguk che miachemn che kayai en tuiyet. En kasarta age kineteegee akobo tuguk che kimakingen akobo echeek! Kujengana ko toreti kandoindet en betunoton konai talentaisiekyik che kimakongen. Kora, kujengana ko toreti katuiyosiek che mengechen amun membaek komuche kotes kandoinatenyuan ak koneteegee. Kujenana ko koberuret ne nyilen oeng’!



TIST: Kobwotutiet nebo komonutiet - Katuiyosiek che lelach, Timwek che lelach, Ketik che lelach.

Oloon kochut temik che lelach TIST, kotebe en abokora angot kite ketikuak che mi mbarenikuak koik che chute Mungaretab Aldaetab koristo nebo Ketikab TIST. Walutiet ko **TOMO KOITYI!** En nguni, Timwekche Lelach ko nyolu kotindoo ketik che lelach.

Tetutikab koristo ko tetutik che kirindoo, istoengee anan ko istoo koristo ne ya en emeet. En kasarta age, tetutichu ko konu carbon credit che choto ko che kioldoo kou en ng'otutik ak ndonyo ne bo chametab chi ak konyorchigee rabisiek en tetutiet.

Mi konyil che chang' tetutikab koristo ne kioldoo. Korogutiet ko:

1. Taunetab osnosiek, Kolelitetab osnosiek, tetutietab koristo - TIST.
2. Kachuchugetab Iyeet koyoob tiletab osnosiek ak g'emisiet.
3. Tetutik che ribe Kimnotosiek che kilole cheu jikosiek che ribe maat.
4. Kotorchinetaab koristo en ng'ug'unyeek kou Temisiet nebo Ribetab Emeet.
5. Ak alak che chang'.

En kasari ko boisie TIST en Taunetab Osnosiek, Wekunetab Osnosiek ko tetutietab koristo. Ichochu ko moche kemin ketik CHE LELACH (Taunetab Osnosiek) anan ko kewek osnosiek che kikobetyo en komosuek che m Kimakomii osnosiek anan ko che kimii osnosiek en taa ako kikeng'em.

En ng'alek alak, asi komuch membaekab TIST koyorchigee rabisiek en Aldaetab Koristo, ko nyolu ko too osnosiek che lelach en ole

momii osnet anan komiin ketik en ole kiketilen osnosiek anan ko ole kikeng'emen osnosiek anan komiin ketik en olikmakomii osnosiek en kenyisiek 10 che kokosirto. Asikimuch keyor rabisiek en orani, ko nyolu en chigiletab rabisiek ko keer kole koristo ne ya ne tiana ne kokiisto en emeet en kasarta ne tesetaa korutu ketik.

En nwogindo, asi komuch ketikuk konyorchigee rabisiekab aldaetab koristo, ko nyolu imiin ketik che lelach oloon kechut buch TIST. En mwaanoton kora, angot itou Timtone Leel en TIST, ko nyolu en timoton kora konyor ketik che lelach.

Bo komonutiet kenai kele TIST ko chigili biik che chigil rabisiek en ng'wony tugul che kere kole kokisib ng'otutik tugul chebo ole kiyooitoo Taunetab Osnosiek, Wegunetab Osnosiek che Kiketil. En raini, ko biik che mii ole loo en ole imenye konoe kobun musognotet nebo kasari kole kiimine au ketikuk. Angot kenyor temindet agenge en katuiyet kele koboisien ng'olseet, ko ite koseretio membaek tugul chebo katuiyonoton.

Kou noton, onkeigun tugul che yoe imanit, che moichilie ako che togunotin en TIST nenyon ak boisionikab betusiek tugul. Olon korutechi Kiboitiotab Isasamet mbareng'ung', ibakack konai kenyisiek chebo ketikuk. Angot kokimiine alak kotomo konai Katuiyet akobo TIST, ko nyolu keyai choton koik cheiboru kiwotetab ole kimiine ketik. En nguni ko tete TIST kamugetab keyai Ketik cheiboru kiwoto koik che kite akichek en aldaetab koristo. Kitesetaa kemwowok logoiwechu olon kitesetaa en boisiet!

Nyolu en echeek tugul ketoret temikab TIST alak kokuyo akobo Mung'aretab Koristo.



Yetunet en TIST: Tesetai kurupisiekwok che mengechen koyegegitui?

TIST Visionko moche kokimiit **Kurupisiekwok Che Mengechen koweek osnosiek che kikakobetyo, koisto kemeut ak rupeeten** oret ne cheng'e tetutiet ne kimuche ketepto koi keny kou minsetab ketik, temisietab ripetab itondab emet, konetisietab tililindo ak amitwokik. Testeai kora TIST koroapta melekweek chebo kasarta ne koi koityi Kurupisiekwok Che Mengechen che tesetai kobun aldaetab koristo ne kikuren greenhouse gas credits (GhG).

Yetunetab Kurupit agetugul ne Mingin kobo komonutiet. Magetab TIST ko keer kole membayat agetugul nebo Kurupit ne Mingin konyorchige melekweek asi komuch kotes sobenywan ak konyorchige melekweek. Kobun minsetab ketiik ko kikomwa temik che chang' kole kikonyorchige melekweek che chechang' anan ko kikoalda logoe km kwenik, susweekab tuga, komeek, konyor toldolindab ng'ung'unyeekak terchinosiekab emet ak kotes beek en oinosiek. Ingeyai temisietab ripetab emet ko kikonyorchige temik che chang' kesutik che chang', toldolindab ng'ung'unyeek ak boisiet nekitikin, en alak. Kanetisietab tililindo ak amitwokikko kikotoret korik che chang' koib kokwoutikab kirindaetab mionwokik ak rorunetab amitwokik. Kora, kobun koitab ma/jiketab TIST ne ripe maat ko kikonyorchige korik che chang' ripetab kwenik, ak kochuchuch koimutikab iyeet.

Yetuneet en Kuruping'ung' ne Mingin?

Nyolu koteb ng'wony kuruping'ung' ne mingin ak kochigil yetunenynin kong'eten kinkochut TIST. Ata ketik che kionmin? Ata en ketichu chebo logoe ak chebo kipgaa? Ata temik en kuruping'wong' che yoe temisietab ripetab emet? Uu ne wolutchoton ingekerchin ak temisietab kotugul? Ata temik che tindo jikosiek che ripe maat? Ata en temik che tindo betisiek che tororeen? Uu ne wolutchoton?

Ne kokwoutik cheotinye en kasarta ne nyone nebo ropweek? Ata ketik che obendi omine? Ata mabarenik che obendi oyae temisietab ripetab emet? Ata betisiek che tororen ak ketik che obendi omine en kasartab ropweek chebwone ak che rupe? Ne tetutik alak che otindoi?

Onai ole, asi konyorchige melekweek che yeechen Kurupi Ne Mingin koityi membaekchik ko nyolu komiin ketik che sire 5000 en kasartab kenysiek 5 che tai kong'eten ingochut TIST.

Kaikai tet report nebo Kurupit Ne Mingin ak okochi krupisiekwok alak en tuiyosiek cheisipu. Soom toreteet ak ng'alek kobun kurupisiekwok alak che mengechen asomuch otes **Tetutikab Panagneng'wony kosipge ak (Conditions of Satisfactions - COS)**.

Yetunetab Kurupit neo?

En tuiyeng'wony nebo kurupit neo, ko kaikai ochigil yetunenynin kora. Ata ketik che kiomin? Ata ketik chetindo kuruping'wong' neo? Ata kurupisiekwok che mengechen che kikesir? Ata ketik che kikemin en kenyit agetugul? Ata mabrenik che kiketoo temisietab ripetab emet en kasari ak kasarikonye? Ata temik che yoe temisietab ripetab emet, baetab segemik, ripetab oratinwekab beek, minsetab logoe, jikosiek, ak betisiek che tororen?

Ne tetutikwok en kenyini? Otese ketik ata, temisietab ripetab emet, jikosiek che ripe maat, betisiek che tororen, logoe ak ketikab kipgaa? Ne tetutik alak?

En koitosiek, ko ata kurupisiekwok che mengechen che kikiit en arawek 18 che kosirto? Ne tetutik cheotindoi asikimuch kiit kurupit agetugul ne mingin en arawek 18?

En lipanetab kurupisiekwok che mengechen, ko ata kurupisiekwok che kikonyor chersdeetab ketiik? Ata che imuche konyorchige chersdeetab ketiik, ak che kikonyor ketiik 1,000, at ache kikonde sei kyonchinet ak GhG ak kiit en arawek 18 che kokosirto? Ata che moimuche konyorchige? Amune asimaimuch konyorchige? Ata cheomuche otoret anan ocher chemoimuche konyorchige? Ne nenyolchingee kurupisiekwok che mengechen en kabwateng'wong' asikonyor lipanet?

Kandoikab kurupisiekwok che yechen kesooome kobois ak kiboitinikab kurupisiekwok che mengenechen ak kochob report nebo **Action Plan for growth with goals (Conditions of Satisfactions - COS)** ak kokoito en tuiyet neisipu nebo kurupit neo ak koyokto kwo GOCC.